

Resilient Responder Training

Presented by Tracie Rutherford Self, PhD, LMHC
and Darcie Davis-Gage, PhD, LMHC

Saturday, April 11th, 2026

8am-4pm

**United Hospital District
515 S. Moore St.
Blue Earth, MN 56013**

This course features a specialized form of mental and physical preparedness designed to equip first responders (police, fire, EMS, and dispatch) with the tools to increase career longevity, improve focus and decision-making during critical incidents, and provide a better quality of personal well-being.

This **FREE** workshop is open to the first 20 participants, so reserve your spot today!

**To register, click the link or
scan the QR code**

<https://www.surveymonkey.com/r/ResilientResponder2026>



Lunch and refreshments will be provided, and all participants completing the program will be awarded 8 CEUs

Sponsored by South Central MN EMS, and United Hospital District Ambulance, with grant funding provided by the Minnesota Office of EMS

