

12 B NARS SECOND TEAM

TRAINING PLAN

FALL: NOVEMBER & DECEMBER

WINTER: JANUARY & FEBURARY

SPRING: MARCH, APRIL

TRAININGS WILL BE HELD ON SUNDAY EVENINGS AT THE NATIONAL SPORTS CENTER. SCHEDULE WILL BE RELEASED BY SEPTEMBER

LEAGUE PLAN

NO LEAGUE PLAY

TOURNAMENT PLAN

GULF COAST INVITATIONAL FEB. 6TH - 8TH

ALL TOURNAMENTS ARE OPITONAL BUT ENCOURAGED FOR PLAYERS TO ATTEND. WE WILL DO OUR BEST TO ALSO WORK WITH HOME CLUB SCHEDULES TO AVOID CONFLICTS