

2025 SWAT Winter GP Presented by A3 Performance**Presented by A3 Performance****Session Report**

Session: 1 Friday

Day of Meet: 1 Starts at 06:05 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 12 & Under 500 Freestyle	23	3 u	06:05 PM	_____
Finals	2 Boys 12 & Under 500 Freestyle	15	2 u	06:33 PM	_____
Finals	3 Girls 13 & Over 500 Freestyle	29	3 u	06:49 PM	_____
Finals	4 Boys 13 & Over 500 Freestyle	4	1 u	07:11 PM	_____
Finals	5 Girls 11 & Over 400 IM	6	1 u	07:18 PM	_____
Finals	6 Boys 11 & Over 400 IM	1	1 u	07:25 PM	_____
Finals	7 Girls 11 & Over 1000 Freestyle	8	1 u	07:30 PM	_____
Finals	8 Boys 11 & Over 1000 Freestyle	5	1 u	07:47 PM	_____
	Swimmers Counts for Warm-ups: 90	=====	=====		
	Entry / Heat Totals:	91	13		
	Finish Time			08:03 PM	_____
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	Team - #Entries - #Athletes				
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COHO	Coho Swim Club	15	15		
DCST	DeKalb County Swim Team	16	16		
RA	Rocket Aquatics	15	15		
RMSC	Rockford Marlins Swim Club	5	5		
SWAT	Southwest Aquatic Team	28	27		
SUP	Team Supreme	3	3		
TOSA	Tosa Swordfish	9	9		

2025 SWAT Winter GP Presented by A3 Performance**Presented by A3 Performance****Session Report**

Session: 2 Saturday A (13+)

Day of Meet: 2 Starts at 08:35 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	9 Girls 13 & Over 50 Freestyle	84	9	08:35 AM
Prelims	10 Boys 13 & Over 50 Freestyle	25	3	08:44 AM
Prelims	11 Girls 13 & Over 100 Breaststroke	41	5	08:47 AM
Prelims	12 Boys 13 & Over 100 Breaststroke	16	2	08:57 AM
	Break: 10 Minutes: Comp Pool Closed			
Prelims	13 Girls 13 & Over 100 Backstroke	44	5	09:12 AM
Prelims	14 Boys 13 & Over 100 Backstroke	15	2	09:22 AM
Prelims	15 Girls 13 & Over 100 Butterfly	29	3	09:27 AM
Prelims	16 Boys 13 & Over 100 Butterfly	8	1	09:33 AM
	Break: 10 Minutes: Comp Pool Closed			
Prelims	17 Girls 13 & Over 200 IM	29	3	09:45 AM
Prelims	18 Boys 13 & Over 200 IM	6	1	09:56 AM
Prelims	19 Girls 13 & Over 100 Freestyle	77	8	10:00 AM
Prelims	20 Boys 13 & Over 100 Freestyle	24	3	10:12 AM
	Swimmers Counts for Warm-ups: 138	=====	=====	
	Entry / Heat Totals:	398	45	
	Finish Time			10:18 AM
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Team - #Entries - #Athletes				
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COHO	Coho Swim Club	35	12	
DCST	DeKalb County Swim Team	67	23	
LAKE	Lake Country Swim Team	12	4	
RA	Rocket Aquatics	81	27	
RMSC	Rockford Marlins Swim Club	17	6	
SWAT	Southwest Aquatic Team	130	47	
SUP	Team Supreme	5	2	
TOSA	Tosa Swordfish	51	17	

2025 SWAT Winter GP Presented by A3 Performance**Presented by A3 Performance****Session Report**

Session: 3 Saturday B (12u)

Day of Meet: 2 Starts at 11:35 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	21 Girls 12 & Under 50 Freestyle	112	12	11:35 AM
Prelims	22 Boys 12 & Under 50 Freestyle	67	7	11:49 AM
Prelims	23 Girls 12 & Under 50 Breaststroke	65	7	11:57 AM
Prelims	24 Boys 12 & Under 50 Breaststroke	39	4	12:07 PM
	Break: 5 Minutes: Comp Pool Closed			
Prelims	25 Girls 12 & Under 50 Backstroke	81	9	12:18 PM
Prelims	26 Boys 12 & Under 50 Backstroke	53	6	12:31 PM
Prelims	27 Girls 12 & Under 50 Butterfly	52	6	12:40 PM
Prelims	28 Boys 12 & Under 50 Butterfly	23	3	12:48 PM
	Break: 5 Minutes: Comp Pool Closed			
Prelims	29 Girls 12 & Under 100 IM	54	6	12:57 PM
Prelims	30 Boys 12 & Under 100 IM	27	3	01:11 PM
Prelims	31 Girls 12 & Under 100 Freestyle	53	6	01:18 PM
Prelims	32 Boys 12 & Under 100 Freestyle	35	4	01:30 PM
	Swimmers Counts for Warm-ups: 225	=====	=====	
	Entry / Heat Totals:	661	73	
	Finish Time			01:39 PM
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Team - #Entries - #Athletes				
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COHO	Coho Swim Club	84	28	
DCST	DeKalb County Swim Team	81	27	
LAKE	Lake Country Swim Team	41	14	
RA	Rocket Aquatics	84	28	
RMSC	Rockford Marlins Swim Club	30	10	
SWAT	Southwest Aquatic Team	260	89	
SUP	Team Supreme	16	7	
TOSA	Tosa Swordfish	65	22	

2025 SWAT Winter GP Presented by A3 Performance**Presented by A3 Performance****Session Report**

Session: 4 Saturday Finals

Day of Meet: 2 Starts at 04:35 PM Heat Interval: 35 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	9 Girls 13 & Over 50 Freestyle	40	4 u	04:35 PM	_____
Finals	10 Boys 13 & Over 50 Freestyle	25	4 u	04:40 PM	_____
Finals	21 Girls 12 & Under 50 Freestyle	40	4 u	04:44 PM	_____
Finals	22 Boys 12 & Under 50 Freestyle	40	4 u	04:48 PM	_____
Finals	11 Girls 13 & Over 100 Breaststroke	40	4 u	04:53 PM	_____
Finals	12 Boys 13 & Over 100 Breaststroke	16	4 u	05:01 PM	_____
Finals	23 Girls 12 & Under 50 Breaststroke	40	4 u	05:09 PM	_____
Finals	24 Boys 12 & Under 50 Breaststroke	39	4 u	05:15 PM	_____
Finals	13 Girls 13 & Over 100 Backstroke	40	4 u	05:20 PM	_____
Finals	14 Boys 13 & Over 100 Backstroke	15	4 u	05:28 PM	_____
Finals	25 Girls 12 & Under 50 Backstroke	40	4 u	05:37 PM	_____
Finals	26 Boys 12 & Under 50 Backstroke	40	4 u	05:43 PM	_____
Finals	15 Girls 13 & Over 100 Butterfly	29	4 u	05:49 PM	_____
Finals	16 Boys 13 & Over 100 Butterfly	8	4 u	05:56 PM	_____
Finals	27 Girls 12 & Under 50 Butterfly	40	4 u	06:03 PM	_____
Finals	28 Boys 12 & Under 50 Butterfly	23	4 u	06:08 PM	_____
Finals	17 Girls 13 & Over 200 IM	29	4 u	06:13 PM	_____
Finals	18 Boys 13 & Over 200 IM	6	4 u	06:26 PM	_____
Finals	29 Girls 12 & Under 100 IM	40	4 u	06:39 PM	_____
Finals	30 Boys 12 & Under 100 IM	27	4 u	06:48 PM	_____
Finals	19 Girls 13 & Over 100 Freestyle	40	4 u	06:56 PM	_____
Finals	20 Boys 13 & Over 100 Freestyle	24	4 u	07:03 PM	_____
Finals	31 Girls 12 & Under 100 Freestyle	40	4 u	07:10 PM	_____
Finals	32 Boys 12 & Under 100 Freestyle	35	4 u	07:17 PM	_____
Swimmers Counts for Warm-ups: 311		=====	=====		
Entry / Heat Totals:		756	96		
Finish Time				07:25 PM	_____

2025 SWAT Winter GP Presented by A3 Performance**Presented by A3 Performance****Session Report**

Session: 5 Sunday AM (13+)

Day of Meet: 3 Starts at 08:35 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	33 Girls 13 & Over 200 Freestyle	66	7	08:35 AM
Finals	34 Boys 13 & Over 200 Freestyle	19	2	08:55 AM
Finals	35 Girls 13 & Over 200 Freestyle Relay	13	2	09:02 AM
Finals	36 Boys 13 & Over 200 Freestyle Relay	2	1	09:07 AM
	Break: 5 Minutes: Comp Pool Closed			
Finals	37 Girls 13 & Over 200 Backstroke	40	4	09:14 AM
Finals	38 Boys 13 & Over 200 Backstroke	10	1	09:28 AM
Finals	39 Girls 13 & Over 200 Breaststroke	30	3	09:32 AM
Finals	40 Boys 13 & Over 200 Breaststroke	9	1	09:43 AM
	Break: 5 Minutes: Comp Pool Closed			
Finals	41 Girls 13 & Over 200 Butterfly	11	2	09:52 AM
Finals	42 Boys 13 & Over 200 Butterfly	8	1	09:59 AM
Finals	43 Girls 13 & Over 100 IM	51	6	10:03 AM
Finals	44 Boys 13 & Over 100 IM	12	2	10:14 AM
	Swimmers Counts for Warm-ups: 99	=====	=====	
	Entry / Heat Totals:	271	32	
	Finish Time			10:18 AM
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	Team - #Entries - #Athletes			
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COHO	Coho Swim Club	45	14	
DCST	DeKalb County Swim Team	35	13	
RA	Rocket Aquatics	77	28	
RMSC	Rockford Marlins Swim Club	14	5	
SWAT	Southwest Aquatic Team	80	30	
SUP	Team Supreme	2	1	
TOSA	Tosa Swordfish	18	8	

2025 SWAT Winter GP Presented by A3 Performance**Presented by A3 Performance****Session Report**

Session: 6 Sunday PM (12u)

Day of Meet: 3 Starts at 11:35 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	45 Girls 8 & Under 25 Freestyle	20	2	11:35 AM	_____
Finals	46 Boys 8 & Under 25 Freestyle	9	1	11:37 AM	_____
Finals	47 Girls 10 & Under 100 Freestyle	38	4	11:38 AM	_____
Finals	48 Boys 10 & Under 100 Freestyle	19	2	11:47 AM	_____
Finals	49 Girls 10 & Under 200 Freestyle Relay	10	1	11:51 AM	_____
Finals	50 Boys 10 & Under 200 Freestyle Relay	2	1	11:55 AM	_____
Finals	51 Girls 12 & Under 200 Freestyle Relay	9	1	11:58 AM	_____
Finals	52 Boys 12 & Under 200 Freestyle Relay	6	1	12:01 PM	_____
Finals	53 Girls 8 & Under 25 Backstroke	18	2	12:04 PM	_____
Finals	54 Boys 8 & Under 25 Backstroke	9	1	12:06 PM	_____
Finals	55 Girls 9-12 100 Backstroke	61	7	12:07 PM	_____
Finals	56 Boys 9-12 100 Backstroke	32	4	12:23 PM	_____
Finals	57 Girls 8 & Under 25 Breaststroke	20	2	12:33 PM	_____
Finals	58 Boys 8 & Under 25 Breaststroke	5	1	12:35 PM	_____
Finals	59 Girls 9-12 100 Breaststroke	62	7	12:36 PM	_____
Finals	60 Boys 9-12 100 Breaststroke	28	3	12:53 PM	_____
Finals	61 Girls 8 & Under 25 Butterfly	15	2	01:00 PM	_____
Finals	62 Boys 8 & Under 25 Butterfly	0	0	01:02 PM	_____
Finals	63 Girls 9-12 100 Butterfly	26	3	01:02 PM	_____
Finals	64 Boys 9-12 100 Butterfly	15	2	01:08 PM	_____
Finals	65 Girls 9-12 200 IM	47	5	01:13 PM	_____
Finals	66 Boys 9-12 200 IM	23	3	01:32 PM	_____
Swimmers Counts for Warm-ups: 158		=====	=====		
Entry / Heat Totals:		474	55		
Finish Time				01:44 PM	_____
=====					
Team - #Entries - #Athletes					
=====					
COHO	Coho Swim Club	80	25		
DCST	DeKalb County Swim Team	61	20		
RA	Rocket Aquatics	70	22		
RMSC	Rockford Marlins Swim Club	15	6		
SWAT	Southwest Aquatic Team	223	72		
SUP	Team Supreme	10	8		
TOSA	Tosa Swordfish	15	5		