

2026 SWAT Summer Grand Prix
Presented by A3 Performance
Wisconsin Swimming Sanction WI-26-2023

Held under the sanction of USA Swimming. In granting this sanction/approval, it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

GENERAL INFORMATION

June 12-13, 2026 at Pleasant Prairie Rec Plex, 9900 Terwall Terrace, Pleasant Prairie, WI 53158

The pool is a 10-lane, 50-meter pool with a minimum depth of 7' throughout the competition course. The starting blocks are 30" high and are equipped with track-style wedges and Colorado backstroke ledges. The meet host will ensure the required course dimensions.

The pool uses a fully automatic Colorado System 7 timing system with a full video display board, beep starts, and touch pads on both ends of the pool. One button and one stopwatch will be used for back-up times.

SPECTATOR ADMISSION

All admission costs are included in the athlete surcharge for entry into the meet. Heat sheets will be available to print at no cost on the SWAT website.

MEET MANAGEMENT

Meet Referee:	Mike Mellock	mikemellock@gmail.com	414-687-5456
Entry Chair/Admin Official:	Brian Temke	entrychair@swimswat.org	414-688-3475
Meet Director:	Brian Temke	temke@yahoo.com	414-688-3475

MEET FORMAT

The following age group classifications will be used for scoring: 9 & Under, 10, 11, 12, 13, 14, and Open/Senior. *Awards will only be offered to 12u athletes.*

Friday's events are all timed finals. The entire session will be positive check. Positive check will close at 2:15 PM on Friday to ensure adequate time to seed the session

Saturday's individual events are prelim/final events. Saturday's relays are timed finals. The top 10 swimmers from age 9U, 10, 11, 12, 13, and 14 will return for evening finals. The top 20 15-and-over (Open) swimmers will return for evening finals. Swimmers will have 30 minutes after the posting of prelim results to scratch from finals. A scratch table will be set up either in the Shark Room or adjacent to it. Signage will direct those looking to scratch to the correct location. There is no penalty for not scratching from finals, but ***please be courteous*** and scratch if there is a doubt.

Relays will be removed from the meet, and entry fees will be refunded if necessary. Relay listings are due to the Entry Chair before the start of the session.

MEET RESERVATIONS

Reservations will not be accepted. This meet is closed to teams without an invitation. Teams interested in attending may contact entrychair@swimswat.org to determine availability.

ENTRY INFORMATION

Athletes may participate in a maximum of three (3) events each day, plus relays.

Individual Event Entry Fee: \$7.00 per event

Relay Event Entry Fee: \$16.00 per event

Athlete Surcharge: \$29 (LSC \$4, Rec Plex \$10, Admission \$15)

Entries must be submitted via e-mail in Hy-Tek format. Entries must be received no later than 8:00 PM on Thursday, June 4th. Coaches may provide updated times through 8:00 PM on Monday, June 8th. **NO NEW ENTRIES MAY BE ADDED TO THE UPDATE WITHOUT THE APPROVAL OF THE ENTRY CHAIR.**

E-mail the entry file to entrychair@swimswat.org. Please bring the waiver and payment to the pool.

Deck entries are allowed at the discretion of meet management. \$10 per event. \$20 per relay.

Deck Registration WILL NOT BE AVAILABLE OR ACCEPTED AT THIS MEET.

MEET SCHEDULE

Friday	2:00 PM Warm-Up	3:05 PM Timed Finals
SWIMMERS MUST PROVIDE A TIMER AND COUNTER FOR EVENT 9/10		
Saturday AM (13+)	7:30 AM Warm-Up	8:35 AM Prelims
Saturday PM (12u)	Warm-Up will start 10 minutes after end of AM Session. Racing will start 75 minutes after the end of the AM Session.	
Saturday Finals	TBD. Warm-up will not start before 4:00 PM. Finals will not start before 5:00 PM. At least 60 minutes of warm-up will be available.	

Circle swimming only, except in designated lanes and times. All entry to pools during open warm-up cool down periods shall be feet first three-point entry from the start end. No snorkels, kickboards or other training devices are allowed during warm-ups. Teams should plan to do starts, sprint and pace work within their assigned warm-up time. Swimmer(s) without a coach present are to report to the Meet Director prior to warm-ups for lane assignment

AWARDS

Awards will only be offered to 12u athletes.

Medals will be awarded to the top 10 finishers in individual events at the 9u, 10, 11, and 12 age groups.

Ribbons will be awarded to the top 3 finishers in relay events at the 10u and 11-12 age groups.

Awards will be bagged and should be picked up at the end of the meet by the coaches.

RESULTS

Meet results will be e-mailed to the person identified as the entry contact at the conclusion of the meet. Results will also be posted to the SWAT website and submitted to Wisconsin Swimming for posting on their website and entry into the SWIMS database. Hard copies of results WILL NOT be posted.

FIRST AID

All injuries should be reported to the lifeguard on duty. First aid equipment and directions to the nearest AED are available from lifeguard staff.

CONCESSIONS

The Rec Plex may offer concessions at the stand near the facility's main entrance.

RULES AND PROCEDURES

This meet is sanctioned by USA Swimming and Wisconsin Swimming, Inc. All USA Swimming and WSI rules apply including safety rules, which will be strictly enforced.

All swimmers must be current 2026 registered athlete members of USA Swimming. Athlete age will be determined as of June 12, 2026. Coaches must be in good standing and show proof of current membership prior to the start of each session. The official mobile application of USA Swimming may be used for proof of USA Swimming membership.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves.

Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms, or locker rooms.

Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Wisconsin Swimming and the meet host under the conditions authored by Wisconsin and USA Swimming,

and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Wisconsin Swimming competition to promote such competitions.

All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. This includes participation as a member of a relay. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.

PARA SWIMMERS

Coaches should notify meet management and the meet referee of any additional needs PRIOR to the start of the meet. [LINK](#) to Para Accommodation/Modification Form

SAFE SPORT 360

The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.

The Minor Athlete Abuse Prevention Policy prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Adult Participants are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report.

All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after 4/17/26, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after 4/17/26, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

ORDER OF EVENTS

Friday Distance (Timed Finals)

Girls	Event	Boys
1	Open 200 Free	2
3	Open 400 Free	4
5	Open 200 IM	6
7	Open 400 IM	8
9	Open 800 Free**	10

All events will be positive checked.

200m events will swam slow to fast, girls to completion, then boys.

400m and longer will be swam fast to slow alternating sexes

** The 800 Free may be limited to three total heats, with at least one full heat available for each sex.

ATHLETES WILL NEED THEIR OWN TIMER AND COUNTER FOR THE 800 FREE

Saturday AM Prelims

Girls	Event	Boys
21	13 and Over 50 Free Prelims	22
23	13 and Over 100 Breast Prelims	24
25	13 and Over 100 Back Prelims	26
27	13 and Over 100 Fly Prelims	28
29	13 and Over 100 Free Prelims	30

SWIM-UPS WILL NOT BE ALLOWED IN PRELIM EVENTS

Saturday PM Prelims

Girls	Event	Boys
11	12 and Under 50 Free Prelims	12
13	12 and Under 50 Breast Prelims	14
15	12 and Under 50 Back Prelims	16
17	12 and Under 50 Fly Prelims	18
19	12 and Under 100 Free Prelims	20

Saturday Finals

(NOTE: Events do not follow numerical order!)

11	12 and Under 50 Free (9u, 10, 11, 12)	12
21	13+ 50 Free (13, 14, B/A Open)	22
13	12 and Under 50 Breast (9u, 10, 11, 12)	14
23	13+ 100 Breast (13, 14, B/A Open)	24
15	12 and Under 50 Back (9u, 10, 11, 12)	16
25	13+ 100 Back (13, 14, B/A Open)	26
17	12 and Under 50 Fly (9u, 10, 11, 12)	18
27	13+ 100 Fly (13, 14, B/A Open)	28
19	12 and Under 100 Free (9u, 10, 11, 12)	20
29	13+ 100 Free (13, 14, B/A Open)	30

WAIVER AND ENTRY SUMMARY FORM

Southwest Aquatic Team
Summer Grand Prix
June 12-13, 2026
Sanction # WI-26-2023

In consideration of the acceptance of this entry, I/we hereby for myself, ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming, Inc., the Village of Pleasant Prairie, the Pleasant Prairie Rec Plex, and the Southwest Aquatic Team, their staff and volunteers for injuries and expenses incurred by me/us at the meet or while on the road to and from the meet. I/we are bonifide amateur athletes and eligible to compete in all events I/we have entered.

I/we also understand that our club will be responsible financially for any damage done to the facility by our athletes at the meet. All athletes entered are current members of USA/Wisconsin Swimming, Inc.

Club Name: _____ Abbreviation: _____

Entry Chair Name: _____

Entry Chair Phone and E-Mail: _____

Head/Lead Coach Name: _____

Head/Lead Coach Phone and E-Mail: _____

Coaches Attending (please list all...required for deck access)

Signature of Team Representative: _____ Title: _____

Entry Fee Summary

Total Individual Events: _____ x \$7.00 = \$ _____ (A)

Total Relay Events: _____ x \$16.00 = \$ _____ (B)

Total Athletes in Meet: _____ x \$29.00 (\$4 LSC, \$10 Rec Plex, \$15 Adm)= \$ _____ (C)

TOTAL DUE = \$ _____

(add together A, B, and C for total)