2025 DALE SCHRANK MEMORIAL MEET - WARM UP ASSIGNMENTS

FRIDAY PM - 6:05 PM Timed Finals

	1	2	3	4	5	6	7	8
5:00-6:00	NO ASSIGNED WARM-UP (Start/Pace Lanes will open at 5:45 PM)							

SATURDAY AM - 8:35 AM Timed Finals

	1	2	3	4	5	6	7	8
7:30-7:55	SWAT	SWAT	SWAT	SWAT	SWAT	SWAT	SWAT	LIFE/FAST
7:55-8:20	TOSA	TOSA	TOSA/LAKE	LAKE	OZ	OZ	NBSC	NBSC
8:20-8:30	SPRINTS						PACE	PACE

SATURDAY PM - Approximately 1:35 PM Timed Finals

(Approx Times)	1	2	3	4	5	6	7	8
11:30-11:55	SWAT	SWAT	SWAT	SWAT	SWAT	SWAT/NBSC	NBSC	FAST
11:55-12:20	LAKE	LAKE	LAKE	OZ	OZ	TOSA	TOSA	LIFE
12:20-12:30	SPRINTS						PACE	PACE