



**2026 SWAT LC May-Hem
Wisconsin Swimming Sanction WI2026-xxx**

Held under the sanction of USA Swimming. In granting this sanction/approval, it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

MEET MANAGEMENT

Meet Directors	Mike Mellock	mikemellock@gmail.com	414-687-5456
	AND		
	Brian Temke	office@swimswat.org	414-688-3475
Meet Referee	Mike Mellock	mikemellock@gmail.com	414-687-5456
Entry Chair/Admin Official	Brian Temke	entrychair@swimswat.org	414-688-3475
	AND		
	Thomas May		

GENERAL INFORMATION

May 16-17, 2026 at Pleasant Prairie RecPlex, 9900 Terwall Terrace, Pleasant Prairie, WI 53158

The pool is a 10-lane, 50-meter pool with a minimum depth of 7' throughout the competition course. The starting blocks are 30" high and are equipped with track-style wedges and Colorado backstroke ledges. The meet host will ensure the required course dimensions.

The pool uses a fully automatic Colorado System 7 timing system with a full video display board, beep starts, and touch pads on both ends of the pool. One button and one stopwatch will be used for back-up times.

ADMISSION

Admission will be collected as part of the registration process. Heat sheets will be available to print at no cost on the SWAT website. Hard copies WILL NOT be available at the pool.

MEET FORMAT/AWARDS

All events are timed final events. Ribbons will be awarded to the top 8 in the following age groups: 8u, 9-10, 11-12. No awards will be given for open events. No team scores or high points are calculated.

ENTRY/RESERVATION INFORMATION

Athletes may participate in a maximum of three (3) events each day. Athlete's age is determined as of May 16, 2026. Meet management may restrict entries in the 400M races.

All swimmers must be current 2026 registered athlete members of USA Swimming. Coaches must be in good standing and show proof of current membership prior to the start of each session. The official mobile application of USA Swimming may be used for proof of USA Swimming membership.

Entries must be submitted via e-mail in Hy-Tek format. Entries must be received no later than 8:00 PM on Thursday, May 7th. Coaches may provide updated times through 8:00 PM on Monday, May 12th.

NO NEW ENTRIES MAY NOT BE ADDED TO THE UPDATE WITHOUT PRIOR APPROVAL FROM THE ENTRY CHAIR.

E-mail the entry file to entrychair@swimswat.org. Please bring waiver and payment to the pool. A final amount due will be shared the week of the meet.

ENTRY FEES

Individual Event Entry Fee: \$7.00 per event

Meet Surcharges: \$23 per swimmer (LSC \$4, Rec Plex \$7, Admission \$12)

Deck entries are allowed at the discretion of meet management. \$10 per event. Deck Registration WILL NOT BE AVAILABLE OR ACCEPTED AT THIS MEET.

MEET SCHEDULE

Saturday/Sunday AM Session (12u)

7:30 AM Warm-Up

8:35 AM Timed Finals

Saturday/Sunday PM Session (Open)

60 minutes of warm-up after AM Session

Circle swimming only, except in designated lanes and times. All entry to pools during open warm-up cool down periods shall be first three-point entry from the start end. No snorkels, kickboards or other training devices are allowed during warm-ups. Teams should plan to do starts, sprint and pace work within their assigned warm-up time. Swimmer(s) without a coach present are to report to the Meet Director prior to warm-ups for lane assignment

RESULTS

Unofficial results may be available on Meet Mobile if technology allows. Results will also be posted to the SWAT website and submitted to Wisconsin Swimming for posting on their website and entry into the SWIMS database. HARD COPY RESULTS WILL NOT BE POSTED ON SITE.

RULES AND PROCEDURES

This meet is sanctioned by USA Swimming and Wisconsin Swimming, Inc. All USA Swimming and WSI rules apply including safety rules, which will be strictly enforced.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves.

Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms, or locker rooms.

Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Wisconsin Swimming and the meet host under the conditions authored by Wisconsin and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Wisconsin Swimming competition to promote such competitions.

All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. This includes participation as a member of a relay. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.

PARA SWIMMERS

Coaches should notify meet management and the meet referee of any additional needs PRIOR to the start of the meet. The appropriate form is available at [WISCONSIN SWIMMING](http://www.wisconsin-swimming.org) website.

FIRST AID/INJURIES

All injuries should be reported to the lifeguard on duty. An AED is available in the pool lobby area.

CONCESSIONS

Concessions may be available by the facility-operated or sub-leased concessions tenant at the meet.

ORDER OF EVENTS

SATURDAY AM		
1	12u 100 Free	2
3	12u 50 Back	4
5	12u 100 Breast	6
7	12u 50 Fly	8
9	12u 200 IM	10

SATURDAY PM				
	Girls		Boys	
11	Open 200 Free		Open 100 Free	12
13	Open 100 Back		Open 200 Back	14
15	Open 200 Breast		Open 100 Breast	16
17	Open 50 Free		Open 200 Fly	18
19	Open 100 Fly		Open 200 IM	20
21	Open 400 IM*		Open 400 Free*	22

** heats of 400m races may be limited to meet session length requirements.*

SUNDAY AM		
23	12u 50 Free	24
25	12u 100 Back	26
27	12u 50 Breast	28
29	12u 100 Fly	30
31	12u 200 Free	32

SUNDAY PM				
	Girls		Boys	
33	Open 100 Free		Open 200 Free	34
35	Open 200 Back		Open 100 Back	36
37	Open 100 Breast		Open 200 Breast	38
39	Open 200 Fly		Open 50 Free	40
41	Open 200 IM		Open 100 Fly	42
43	Open 400 Free*		Open 400 IM*	44

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WAIVER AND ENTRY SUMMARY FORM

Southwest Aquatic Team

LC May-Hem 2026

May 17-18, 202

Sanction # WI2026-xxx

In consideration of the acceptance of this entry, I/we hereby for myself, ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming, Inc., the Village of Pleasant Prairie, the Pleasant Prairie Rec Plex, and the Southwest Aquatic Team, their staff and volunteers for injuries and expenses incurred by me/us at the meet or while on the road to and from the meet. I/we are bonifide amateur athletes and eligible to compete in all events I/we have entered.

I/we also understand that our club will be responsible financially for any damage done to the facility by our athletes at the meet. All athletes entered are current members of USA/Wisconsin Swimming, Inc.

Club Name: _____ Abbreviation: _____

Entry Chair Name: _____

Entry Chair Phone and E-Mail: _____

Head/Lead Coach Name: _____

Head/Lead Coach Phone and E-Mail: _____

Coaches Attending (please list all...required for deck access)

Signature of Team Representative: _____ Title: _____

Entry Fee Summary

Total Individual Events: _____ x \$7.00 = \$ _____ (A)

Total Relay Events: _____ x \$16.00 = \$ _____ (B)

Total Athletes in Meet: _____ x \$23.00 (\$4 LSC, \$7 Rec Plex, \$12 Adm)= \$ _____ (C)

TOTAL DUE = \$ _____

(add together A, B, and C for total)