



BlueCross BlueShield of Texas

Welcome

Get the Most from Your Benefits



The choices you make each day affect your health now and in the future. That's why Blue Cross and Blue Shield of Texas (BCBSTX) has been committed to the wellbeing of the communities we serve. We provide a range of online tools and resources to help you plan and manage your health care.

With a BCBSTX HMO-based plan, you can:

Choose from a large provider network.

The BCBSTX HMO network includes a range of independently contracted hospitals, doctors and other health care providers. HMO members must choose a primary care physician (PCP). If you do not, one will be assigned.

Your PCP is the ideal place to start when you need care. Your doctor:

- Becomes familiar with your health care needs and medical history
- Provides basic medical care
- Prescribes medication
- Refers you to a specialist, when needed

Use our wellness resources.

We provide helpful articles, emails and text alerts about general and specific health issues to support you.

Find information about doctors.

Search our online directory to find a PCP, hospital and other providers in the network. Follow these steps:

- Go to **bcbstx.com**
- Click **Find Care**
- Answer a few questions and follow the prompts

Get deals and discounts.

Save money on fitness gear, family activities, healthy eating choices and more from local and national retailers.

Check out our free app.

Access all of our mobile websites and services in one spot. Text* **BCBSTXAPP** to **33633** to learn more.

* Message and data rates may apply. Terms, conditions and privacy policy can be found at **bcbstx.com/mobile/text-messaging**.

Find More Online

After you receive your member ID card, go to **bcbstx.com** to sign up for Blue Access for MembersSM. You can use this secure website from your desktop or mobile device to:

- Check the status of a claim and your claims history
- See who is covered under your plan
- Review articles on health and wellness topics
- Print a temporary ID card
- Find a doctor, hospital or other health care provider in the network
- Get answers to frequently asked questions

Use your benefits wisely. If you have questions, BCBSTX Customer Service Advocates can help. Call the number on the back of your member ID card, Monday through Friday, 8 a.m. to 6 p.m. CT.

Thank you for being a
Blue Cross and Blue Shield
of Texas member!

bcbstx.com

