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Kansas Aging Resource Guide



Northwest Kansas Area Agency on Aging Directory of Resources

Kansas Aging Resource Guide

Updated August 2026

Kansas
Department for Aging
and Disability Services

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KANSAS ADVOCATES for BETTER CARE

better elder care, no matter where

Welcome to our resource guide tailored for adults aged 60 and above, their dedicated caregivers, and professionals committed to their well-being. Within these pages, you'll find a wealth of support, guidance, and essential numbers to navigate the various aspects of aging with confidence and ease.

With over 19,000 older adults residing in the Northwest Area Agency on Aging region, a number projected to surge steeply until 2050, the demand for long-term care services is set to escalate. Long-term care encompasses a wide spectrum of services, often necessitating urgent decisions. We trust that this guide will empower you to make well-informed choices as you explore your options.

Whether you're seeking assistance with healthcare, housing options, social services, or more, this guide aims to be your trusted companion in accessing the resources available in Northwest Kansas.

Kansas Advocates for Better Care (KABC) is a statewide nonprofit founded in 1975 as Kansans for Improvement of Nursing Homes by community activist Anna “Petey” Cerf and women from the Lawrence and Topeka area. Today, KABC continues their legacy by advocating for dignity, quality long-term care, and consumer rights across Kansas, providing guidance to older adults and families, training caregivers, and working with policymakers.

Our Mission

Kansas Advocates for Better Care is dedicated to improving the quality of long-term care for older Kansans, at home and in residential care settings.

Our Vision

All older Kansans receive good quality long-term health care in the setting of their choice.

<u>Contact Information:</u>

536 Fireside Court, Suite B
Lawrence, KS 66049
785-842-3088

info@kabc.org
www.kabc.org

Alzheimer's Disease and Related Dementias

Dementia is not a single disease, rather an overall term to describe a collection of symptoms that one may experience if they are living with a variety of diseases, including Alzheimer's. Alzheimer's disease ranks as the 6th leading cause of mortality in the US (CDC) or the 7th leading cause of mortality in Kansas (CDC). Diseases grouped under the general term "dementia" are caused by abnormal brain changes. Dementia symptoms trigger a decline in thinking skills, also known as cognitive abilities, severe enough to impair daily life and independent function. They also affect behavior, feelings and relationships. In cases where a primary care physician suspects mild cognitive impairment or potential Alzheimer's disease, they may opt to refer the patient to specialists such as geriatricians, geriatric psychiatrists, neurologists, or neuropsychologists. To diagnose Alzheimer's, physicians may use medical history, mental status tests, physical and neurological exams, diagnostic tests and brain imaging.

The Alzheimer's Association 24/7 Helpline (800-272-3900) is a free service offering support for people living with dementia, caregivers, families and the public. Connect with a live person who can provide information, local resources, crisis assistance and emotional support.

The Alzheimer's Association in your area offers support groups, caregiver and healthcare professionals training, access to a video/book library, various publications and newsletters, outreach services, a safe return registry, and referral services.

Central and Western Kansas Chapter
535 West Douglas Avenue, Suite 150
Wichita, KS 67213
316-267-7333
www.alz.org/cwkansas

Kansas Dementia Road Map
The Kansas Dementia Road Map: A Guide for People Impacted by Dementia, created by the Kansas Department of Aging and Disability Services, offers practical information to families as they enter into, live with, and navigate the dementia journey. The Roadmap offers guidance about what to do when a person experiences changes in memory and thinking. It also offers information and tips about what to expect and steps to take if someone in your family has been diagnosed with Alzheimer's or other dementia.

Alzheimer's Disease and Related Dementias

To receive a copy of the Kansas Dementia Road Map:

- Contact your Local Area Agency on Aging (see map on page 4)
- Contact the Alzheimer's Association
- Email KDADS.Dementia@ks.gov
- Or download a copy online via the QR code below

K-RAD Program

Kansas Respite for Alzheimer's and Dementia (K-RAD) is a resource for family caregivers with limited access to respite care and/or other supports through current systems. The purpose is to provide relief to unpaid caregivers of individuals with a diagnosis or probable diagnosis of Alzheimer's disease or related dementia. The Kansas Department for Aging and Disability Services administers the program through the Area Agencies on Aging.

For more information regarding eligibility for the K-RAD program, please visit www.kdads.ks.gov/services-programs/aging/alzheimer-s-disease-and-dementia/respite-for-alzheimer-s-dementia-program or email KDADS.Dementia@ks.gov

Area Agencies on Aging

Area Agencies on Aging (AAA) were established under the Older Americans Act in 1973 to respond to the needs of older adults and caregivers in every local community. AAAs are organizations charged with helping vulnerable older adults live with independence and dignity in their homes and communities. Locally managed with federal, state, and local funding resources, service delivery decisions are made at the community level, often in the private homes of the individuals who need services.

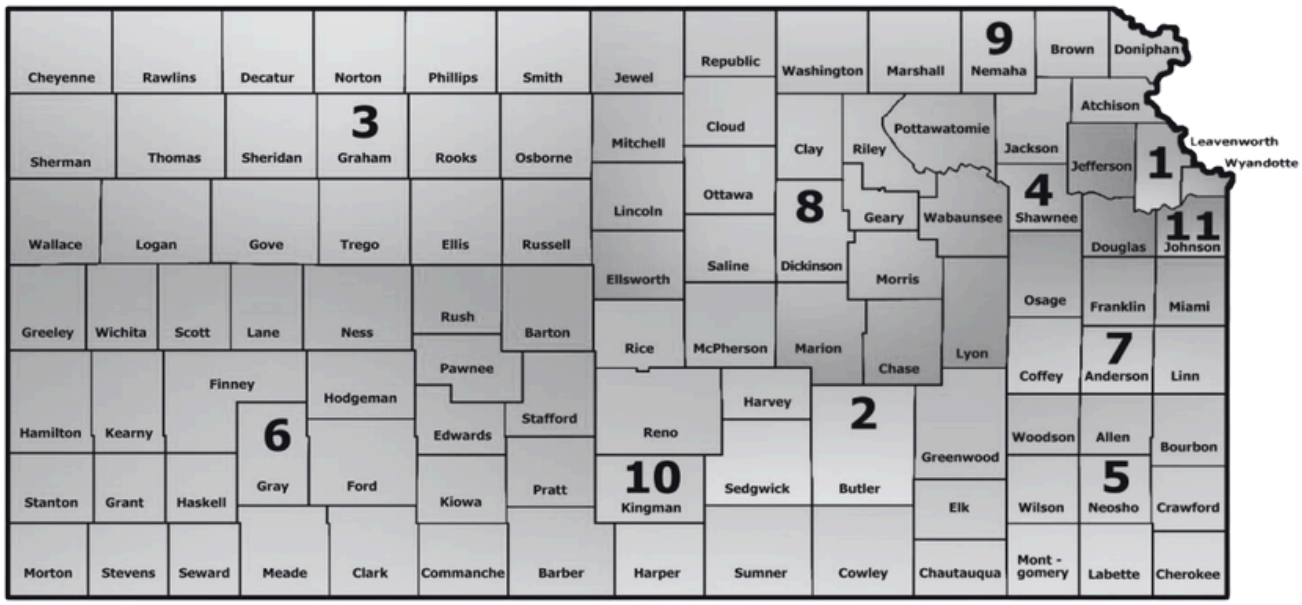
Please see page 4 for the Kansas AAA coverage map and page 10 for specific services covered through the Senior Care Act and Older Americans Act.

AAAs provide services that fall into five broad categories:

- Information and Access services
- Community Services
- In-Home services
- Housing
- Elder Rights

Services such as meals and a range of in-home services make independent living a viable option.

Area Agencies on Aging



1. Wyandotte-Leavenworth AAA
849 North 47th Street, Suite C
Kansas City, KS 66102
913-573-8531
www.wycokck.org

2. Central Plains AAA
271 West 3rd Street North,
Suite 500
Wichita, KS 67202
800-367-7298
www.cpaaa.org

3. Northwest Kansas AAA
510 West 29th Street, Suite B
Hays, KS 67601
785-628-8204 or 800-432-7422
www.nwkaaa.com

4. Jayhawk AAA
2910 Southwest Topeka Boulevard
Topeka, KS 66611
785-235-1367 or 800-798-1366
www.jhawkaaa.org

5. Southeast Kansas AAA
1 West Ash
Chanute, KS 66720
620-431-2980 or 800-794-2440
www.sekaaa.com

6. Southwest Kansas AAA
236 San Jose Avenue
Dodge City, KS 67801
620-225-8230 or 800-742-9531
www.swkaaa-aging.org

7. East Central Kansas AAA
117 South Main Street
Ottawa, KS 66067
785-242-7200 or 800-633-5621
www.eckaaa.org

8. North Central/Flint Hills AAA
401 Houston Street
Manhattan, KS 66052
785-776-9294 or 800-432-2703
www.ncfhaaa.com

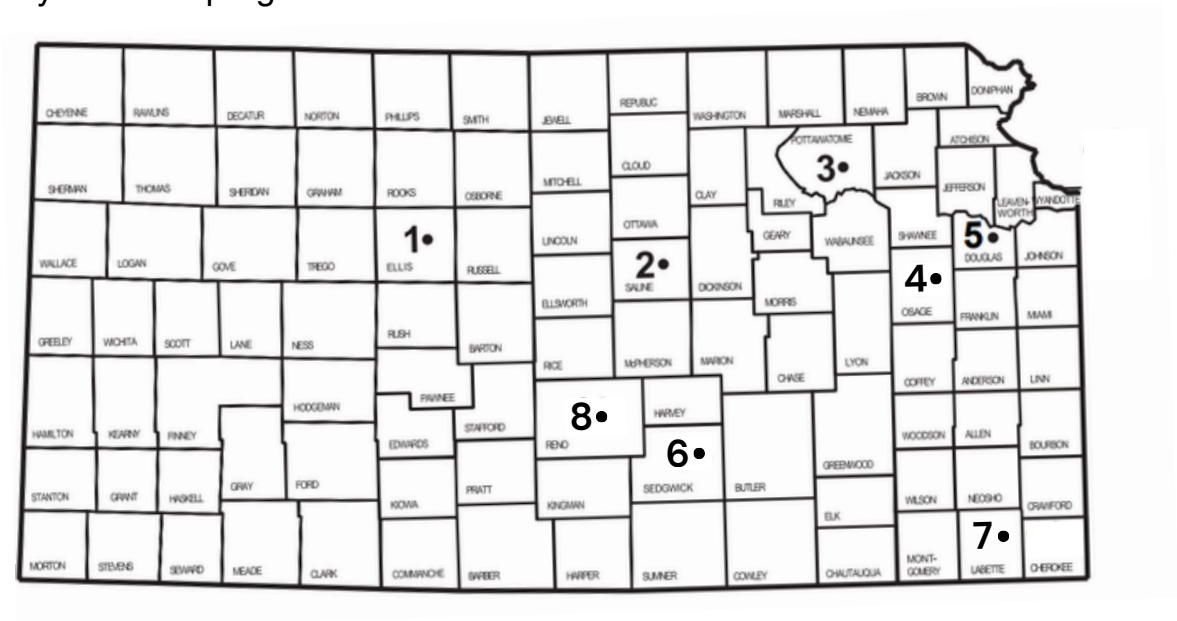
9. Northeast Kansas AAA
1803 Oregon Street
Hiawatha, KS 66434
785-742-7152 or 800-883-2549
www.nekaaa.org

10. South Central Kansas AAA
304 South Summit Street
Arkansas City, KS 67005
620-442-0268 or 800-362-0264
www.sckaaa.org

11. Johnson County AAA
11811 Sunset Drive, Suite 1300
Olathe, KS 66061
913-715-8861
www.jocogov.org

Centers for Independent Living

Centers for Independent Living (CILs) are non-residential, community-based, private, non-profit organizations that are designed and operated by individuals with disabilities. The Centers for Independent Living offer varied services which may include individual and system advocacy, information and referral services, peer counseling, independent living skills, training, advocacy and legal services, housing assistance, personal skills instructions, help in obtaining assistive devices, communication services, and services through the Home and Community Based Waiver Services for the Physically Disabled program.



1. LINK, Inc.
2401 East 13th Street
Hays, KS 67601
785-625-6942
www.linkinc.org

2. Independent Connection
436 South Ohio Street
Salina, KS 67401
785-452-9580
www.indconnectinc.com

3. Three Rivers
504 Miller Drive, PO Box 408
Wamego, KS 66547
785-456-9915
www.threeriversinc.org

4. Resource Center for Independent Living
PO Box 257
1137 Laing Street
Osage City, KS 66523
785-528-3105
www.rcilinc.org
Multiple office locations

5. Independence, Inc.
2001 Haskell
Lawrence, KS 66044
785-841-0333
www.independenceinc.org

6. Independent Living Resource Center
3033 West 2nd Street North
Wichita, KS 67203
316-942-6300
www.ilrcks.org

7. Southeast Kansas Independent Living
1801 Main Street
P. O. Box 957
Parsons, KS 67357
620-421-5502
www.skilonline.com
Multiple office locations

8. Beyond Barriers
115 East 4th Street
Hutchinson, KS 67501
620-663-3989
www.beyondbarriersks.com

Frauds and Scams

Frauds and scams targeting older adults are a pervasive threat, preying on trust and vulnerability. These deceptive schemes come in various forms, including fake lotteries, phishing emails, and fraudulent investment opportunities. Perpetrators often employ sophisticated tactics, exploiting seniors' unfamiliarity with technology or financial intricacies. Common warning signs include unsolicited requests for personal information, pressure to act quickly, and promises of unrealistic returns. To protect against such exploitation, it's crucial for older adults to stay informed, verify the legitimacy of offers, and seek advice from trusted sources before making any financial decisions. Vigilance and awareness are key defenses in safeguarding against these harmful schemes.

Helpful Resources and Contacts

Federal Trade Commission
877-438-4338
www.ftc.gov

For a Free Credit Report: Equifax, Experian, Trans Union
877-322-8228
www.annualcreditreport.com

KanCare Ombudsman
855-643-8180
www.kancare.ks.gov/members/help-resources/kancare-ombudsman

Kansas Attorney General Consumer Protection Hotline
800-432-2310
www.ksag.org

Kansas Charity Check
www.kscharitycheck.org

Kansas Insurance Department
800-432-2484
www.insurance.kansas.gov

Kansas Senior Medicare Patrol (SMP)
800-432-3535
www.kdads.ks.gov/services-programs/aging/medicare-programs/kansas-senior-medicare-patrol-smp

Medicaid Fraud and Abuse
800-447-8477
www.oig.hhs.gov/fraud

National Do Not Call Registry
888-382-1222
www.donotcall.gov

Postal Inspection Services
877-876-2455
www.uspis.gov

Senior Health Insurance Counseling For Kansas (SHICK)
800-860-5260
www.kdads.ks.gov/services-programs/aging/medicare-programs/senior-health-insurance-counseling-for-kansas-shick

Stop: Don’t give out your information. Hang up the phone, don’t click on buttons or links, and don’t respond to messages from potential scammers.

Verify: Check if the person trying to reach you is legitimate by verifying the source. Asking for help from someone you trust, like your bank, your family, or your friends, will help to relieve some of the stress of the situation and ensure you locate the right information.

Report: If you or someone you know has been scammed or may be at risk of exploitation, call the Kansas Protection Report Center hotline at 1-800-922-5330.

Reporting scam activity helps improve efforts to shut down scams and scammers and prevent future scam victims. Financial scams are everyone’s business.

How to Choose a Nursing Facility

At some point, many of us will require more care than we can receive in our home. Maybe an injury or illness has occurred that requires full-time skilled care. The onset of Alzheimer's Disease or other forms of dementia can make it difficult and unsafe to live at home. Choosing a nursing facility or other type of long-term care facility can be an overwhelming prospect. *Where do I begin? What do I look for? How can I tell if it's the right one for me?*

First, a CARE assessment (Client Assessment and Referral Evaluation) is required to enter a Medicare/Medicaid certified nursing facility to determine the appropriate level of care needed. This can be done in your home by a CARE specialist from the Northwest Kansas Area Agency on Aging. The Level I CARE assessment will provide a "level of care score" to the KanCare Clearinghouse for those wishing to utilize Medicaid as payment for nursing facility care. The Level I screens for "functional eligibility" only; the KanCare clearinghouse determines fiscal eligibility for Medicaid. If you are in a hospital, the social worker or discharge planner can complete the assessment. Once your level of care has been determined, you can begin the search for facilities in your desired area.

Choosing a nursing home or other long-term care facility is an important decision that often begins when an individual's needs require more support than can be provided at home. Experts recommend first identifying the person's care needs, preferences, and priorities — such as medical services, social activities, location near family, or specialized memory care. Talking with health professionals, friends, community groups, or others who have experience with local facilities can also help narrow options.

Visiting several facilities is ideal whenever possible. During visits, pay attention to cleanliness, staff interactions with residents, activity options, safety features, licensing and certification status, and overall atmosphere. Asking detailed questions about staffing, medical care, activities, costs, and contracts can help ensure expectations are clear before making a decision.

If you can't tour the facilities, request virtual tours or photos/videos from staff, review publicly available inspection reports and complaint histories, and ask detailed questions by phone about staffing levels, services, person-centered care, and daily routines.

Inspection reports are available online www.kdads.ks.gov/licensing-policy/adult-care-home-directory

How to Choose a Nursing Facility

Each facility is different, so get detailed information about costs and which services are included. Find out if Medicare, Medicaid, or long-term care insurance will pay for any of the costs. The facility may have a financial office that can help you determine what assistance is available.
The average cost for a semi-private nursing home room in Kansas is over $6,000 a month.

Once you select a facility, read the contract carefully. Make sure all the agreements are clear and ask questions about anything you don't understand. Read over the contract again before signing it.

Medicaid (KanCare)
Pays for nursing facility costs for those with limited income and assets, after personal resources have been exhausted.

Medicare
Pays under limited circumstances, short-term following a qualified hospital stay.

Medicare Supplemental Insurance
Usually dependent on if Medicare will pay.

Long-Term Care Insurance
Private insurance that pays for a variety of services. Coverage varies per policy.

Personal Resources
Savings or investments.

PEAK Program

A pay-for-performance Medicaid program to increase the adoption rate of person-centered care practices in Kansas nursing homes.

Below are the PEAK Levels. Please see "*Nursing Facilities*" under Community Resources and Services to see which facilities in your area are part of the PEAK Program.

Mentor Homes (Level 8)
The highest level homes that excel in person-directed practices and help guide other homes

Sustained Person-Centered Care Home (Level 7)
Long-term leaders and homes that maintain excellent person-directed practices

Person-Centered Care Home (Level 6)
Full person-centered directed homes that meet all current standards

Level 5 Homes
Homes close to reaching full person-directed practices

Level 4 Homes
Homes implementing and sustaining several person-directed practices

Level 3 Homes
Homes improving in multiple person-directed areas

Level 2 Homes
Homes actively working on person-directed changes in a few, targeted areas

Level 1 Homes
Homes beginning to make person-directed changes

Foundation Homes

In-Home Services

Kansas Aging and Disability Resource Center

The Kansas Aging and Disability Resource Center (ADRC) is a comprehensive service resource catering to individuals of all ages, abilities, and income levels, along with their caregivers, to address long-term service and support needs.

The ADRC, operated by Liberty Healthcare Corporation (Liberty), provides objective information and personalized options counseling to help older adults and people with disabilities make informed choices about their services and supports. Liberty provides coverage across Kansas and offers a wide range of long-term support options, connecting people to services that match their preferences, strengths, and values. Additionally, ADRC provides a statewide call center (855-200-2372) staffed with knowledgeable personnel, delivering information, referrals, and assistance for community services.

A variety of in-home services are available, each with different payment and funding sources and eligibility criteria. Here are a few examples to help you understand your options:

AAA Services

The **Senior Care Act** program was established by the Kansas Legislature to assist Kansas residents age 60 or older who have functional limitations in self-care and independent living, but who are able to reside in a community-based residence if some services are provided.

The program provides in-home services to persons who contribute to the cost of services based on their ability to pay. Services vary by county but may include attendant care, respite care, homemaker support, chore services, and adult day care. KDADS administers the program through the AAAs.

The **Older Americans Act** (OAA) was enacted by Congress in 1965 to address the lack of community social services for older adults. It established grants for community planning, social services, research, and training in aging. OAA provides legal assistance, caregiver support, in-home services, transportation, and nutrition programs to older adults. Services are offered on a free or contribution basis. KDADS administers the program through the AAAs.

More detailed information about services offered through the OAA can be found on page 10.

In-Home Services

Older Americans Act, Continued

Legal Assistance

Legal assistance and elder rights programs work in conjunction with other Administration on Aging (AoA) programs and services to maximize the independence, autonomy and well-being of older persons.

Title III-B attorneys provide legal assistance nationwide on issues such as income security, health care, long-term care, nutrition, housing, utilities, protective services, defense of guardianship, abuse, neglect, and age discrimination. Legal assistance is targeted towards older individuals in social and economic need.

Legal assistance is available in older Kansans through contracts between the Area Agencies on Aging and Kansas Legal Services. Kansas Legal Services may be contacted thru the Kansas Elder Law Hotline at 888-353-5337 from 9:00 a.m. to 4:00 p.m. Monday thru Friday.

Caregiver Support

Annually, each AAA will receive an allocation of limited federal funds for Family Caregiver Support Program (FCSP) services. The services that may be available include: information, assistance, caregiver training, individual counseling, support groups, supplemental services, and respite care. Respite enables a caregiver to be temporarily relieved from their caregiving responsibilities.

Supportive Services

Home and Community-Based Supportive Services grants fund a broad array of services that enable seniors to remain in their homes for as long as possible. These services include but are not limited to:

- Access services such as transportation, case management, and information and assistance;
- In-home services such as personal care, chore, and homemaker assistance; and
- Community services such as legal services, mental health services, and adult day care.

This program also funds multi-purpose senior centers that coordinate and integrate services for the older adults such as congregate meals, community education, health screening, exercise/health promotion programs and transportation.

Nutrition Programs

The OAA nutrition program is designed to:

- Reduce hunger and food insecurity,
- Promote socialization, and
- Support health and well-being among older adults.

Under Title III-C, services include congregate meals (group dining settings), home-delivered meals (for homebound individuals), and approved alternatives such as grab-and-go or carryout meals when permitted.

Eligibility generally includes individuals age 60 or older (and in some cases their spouses or eligible individuals with disabilities living with them), with priority given to those with the greatest economic or social need.

In-Home Services

Home Health Services following an injury or hospital stay

If you are under a physician's care and are prescribed home health care services, Medicare or Medicaid may cover in-home services for short-term needs, as long as a care plan is established. You must use a home health agency certified to provide Medicare and Medicaid services. Private insurance, Medicare supplement, or long-term care insurance may also cover some home health care expenses. Many home health agencies offer private pay options.

Medicaid (KanCare) Services

To participate in HCBS programs, you must be approved for Medicaid (KanCare) and meet the functional eligibility criteria. The initial functional assessment is completed by Maximus.

The HCBS programs are coordinated by the current Managed Care Organizations (MCOs) under KanCare. Care Managers set up a plan of care to determine the number of hours and types of service needed.

HCBS Frail Elderly (FE) Waiver

For adults age 65+. Must meet criteria for nursing home placement, be Medicaid eligible, and need help with activities of daily living. Services may include: Adult day care, personal care services, personal emergency response, home telehealth, medication reminders, enhanced care services, and more.

Medicaid (KanCare)

KanCare is the program through which the State of Kansas administers Medicaid. Kansas has contracted with three health plans, or MCOs, to coordinate health care for all people enrolled in Medicaid. KanCare health plans are required to coordinate all of the different types of care a consumer receives. The goals of the KanCare program are to improve overall health outcomes while slowing the rate of cost growth over time.

KanCare can be used in conjunction with Medicare benefits and covers some services not covered by Medicare, including nursing home and long-term care services. Participants may also receive financial assistance for Medicare Part D (prescription drug) expenses.

For more information or to apply online, visit www.kancare.ks.gov or call the KanCare Clearinghouse at 800-792-4884 to be mailed a paper application.

Who is eligible?

KanCare provides health coverage for: Qualifying children under age 19, pregnant women, adults, non-disabled, non-elderly parents or caregivers of children younger than 19, individuals age 65 and over, and individuals with disabilities.

Medicaid (KanCare)

KanCare Ombudsman

The KanCare Ombudsman provides an independent and confidential resource for Kansas Medicaid recipients. The KanCare Ombudsman office can assist with answering questions, resolving issues, completing applications or renewals, and learning about in-home services.

Contact Information

KanCare.Ombudsman@ks.gov
855-643-8180
www.kancare.ks.gov/members/help-resources/kancare-ombudsman

Navigating Medicare

Medicare is a federal health insurance program in the United States that provides coverage primarily for people age 65 and older, as well as certain younger individuals with disabilities and people with end-stage renal disease.

Medicare.gov is the official U.S. government website for Medicare and is managed by the U.S. Centers for Medicare & Medicaid Services (CMS). The site serves as a source for all things Medicare and is loaded with helpful information, useful tools and more. Please visit www.medicare.gov or call 1-800-MEDICARE (1-800-633-4227).

Senior Health Insurance Counseling for Kansas (SHICK)

SHICK is a free program offering Kansans an opportunity to talk with trained, community volunteers and get answers to questions about Medicare and other insurance issues. SHICK counselors are located throughout the state and can help individuals stay informed on changing conditions in health care insurance. Counselors receive training on Medicare, Medicare Supplemental Insurance, Long-Term Care Insurance, and other health insurance subjects that concern older Kansans. They do not work for any insurance company. The goal is to educate and assist the public in making informed decisions.
To contact SHICK, please call 800-860-5260 or visit www.kdads.ks.gov/services-programs/aging/medicare-programs/senior-health-insurance-counseling-for-kansas-shick

Need Help Paying Premiums?

Medicare Savings Program

The Medicare Savings Program is a federal initiative designed to aid Medicare beneficiaries in managing the costs associated with Part A, Part B, and Part D premiums, as well as deductibles and co-pays, based on their income level. Eligibility for this program is contingent upon meeting monthly income criteria and adhering to maximum asset thresholds. Interested individuals can request a Medicare Savings Program application from their local SHICK office by calling 800-860-5260 or apply online at www.kancare.ks.gov/apply-now.

Navigating Medicare

Extra Help

Medicare Part D provides prescription drug coverage. The Extra Help program helps with the cost of prescription drugs, deductibles and copays. You can apply for Extra Help any time before or after you enroll in Part D. Apply online at www.ssa.gov/medicare/part-d-extra-help or contact your local Social Security Office.



Red Flags for Elder Abuse and Neglect

Every year an estimated 5 million, or 1 in 10 older Americans experience elder abuse, neglect, or exploitation.

Elder abuse refers to any form of mistreatment or harm inflicted upon an older person, typically aged 60 or above. Abuse can occur within various relationships including family, caregiver, or institutional settings. Types of abuse can include physical abuse, sexual abuse, emotional and psychological abuse, verbal abuse, neglect, passive neglect, willful deprivation, and financial exploitation.

Signs of physical abuse include hitting, pinching, shoving, force-feeding, and rough handling, along with physical indicators such as bruises, skin tears, absence of hair, cuts, rope marks, over-medication, chemical restraint, and reports from the individual of being abused. Signs of neglect can include weight loss due to lack of assistance with eating and drinking, delayed response to restroom requests leading to loss of bladder or bowel control, unpleasant body odors from lack of hygiene, pressure sores, dehydration, lack of mental, medical, or dental care, reduced mobility due to lack of walking assistance, ignoring cries for help, and failure to administer prescribed medication.

How to Report Elder Abuse

If you or someone you know is in a life threatening situation or in immediate danger, contact 911 or local law enforcement.

Report as soon as you have a concern!

To report suspected abuse, neglect, or exploitation in the community or in facilities licensed by the Kansas Department for Aging and Disability Services when the perpetrator is not a resident of or staff of the facility, contact Adult Protective Services at 800-922-5330.

How to Report Elder Abuse Continued

To report suspected abuse, neglect, or exploitation in an adult care home (nursing facility, assisted living facility, home plus, adult day care...), in a medical care facility, or occurring with a home health agency, contact Kansas Department for Aging and Disability Services at 800-842-0078.

To report suspected abuse, neglect, or exploitation in states other than Kansas, contact the Kansas Aging and Disability Resource Center for information at 855-200-2372.

Social Security Information

Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) are federal programs administered by the Social Security Administration (SSA) to provide financial assistance to individuals with disabilities and unable to work.

Social Security Disability Insurance
SSDI provides benefits to individuals who have a disability that prevents them from engaging in substantial gainful activity and have worked and paid Social Security taxes for a certain period. Eligibility for SSDI is based on work history and work credits earned through payment of Social Security taxes. The number of credits needed depends on the age at which the individual became disabled.

Supplemental Security Income
SSI provides monthly payments to people with disabilities, people who are blind, and older adults who have little or no income or resources. Workers who have paid Social Security taxes for 10 years or more and are age 62 are eligible for early social security benefits. SSDI will convert to Social Security retirement benefits at “full retirement age”.

How to Apply?
Apply online at www.ssa.gov/apply, by phone, on in person at your local office.

Appeal a Decision
You have a right to appeal a decision made by the Social Security Administration.
To learn more, visit www.ssa.gov/apply/appeal-decision-we-made or call 800-772-1213 for assistance.

Website:
www.ssa.gov

Phone number:
800-772-1213
Available Monday- Friday (8:00 a.m. – 7:00 p.m.)

Local Office:
1212 East 27th Street
Hays, KS 67601



What are my Long-Term Care Housing Options?

Independent Living

A variety of housing options, including apartments, duplexes, and condominiums are accessible, offering both private pay and subsidized arrangements (such as through HUD or other income-based rent programs). The amenities, services, and activities offered differ among these options, and certain choices may require an application process and waitlist. Independent living communities are not regulated or licensed by the state.

Continuing Care Retirement Communities (CCRCs)

CCRCs, or life care communities, offer a continuum of care so residents can move from independent living to higher levels of care without leaving the community. However, they can be expensive and typically require a significant upfront "buy-in" cost.

Home Plus

Home Plus are residences or facilities caring for no more than 16 individuals who, due to functional impairment, need personal care and may need supervised nursing care to compensate for activities of daily living limitations. Home Plus are not regulated by the federal government but are licensed by the Kansas Department for Aging and Disability Services.

Assisted Living/ Residential Health Care Facilities

Assisted living facilities and residential health care facilities (RHCF) offer a residential care setting for older adults who want their own living space. Residents may need help with dressing, bathing, eating, and toileting, but do not require the intensive medical and nursing care provided in a nursing home. RHCFs are very similar to assisted living facilities but do not offer kitchenettes in an individual's room. Assisted living facilities and RHCFs are not regulated by the federal government but are licensed by the Kansas Department for Aging and Disability Services.

Nursing Facility

Nursing facilities provide 24-hour care for individuals who can no longer live independently. A nursing facility setting also may be appropriate for people who need extended post-operative care, complex medical monitoring, nursing, medical, social and rehabilitative care. All nursing facilities are licensed and regulated by state governments, while those licensed by Medicaid/Medicare are additionally regulated by the federal government.

**Names and ownership of long-term care facilities can change frequently. While this guide is accurate to the best of our knowledge at the time of publication, details may have changed. For the most up-to-date information, please visit www.kdads.ks.gov/licensing-policy/adult-care-home-directory*

Adult Day Care

Adult day care refers to a supervised program providing activities and support services for older adults during the day, typically outside of their homes.

Decatur County

Good Samaritan
108 East Ash Street
Oberlin, KS 67749
785-470-6909
www.good-sam.com/locations/decatur-county

Norton County

Andbe Home
201 West Crane Street
Norton, KS 67654
785-877-2601

Phillips County

Phillipsburg Retirement Center
1302 State Street
Phillipsburg, KS 67661
785-543-2131
www.phillipscountyretirement.org

Osborne County

Downs Care & Rehab Center
1218 Kansas Street
Downs, KS 67437
785-454-3321
www.missionhealthcommunities.com/downs-care-and-rehab

Rawlins County

Good Samaritan
650 Lake Road
Atwood, KS 67730
785-513-2593
www.good-sam.com/locations/atwood

Smith County

Smith Center Health and Rehab
117 West 1st
Smith Center, KS 66967
785-282-6696

Assisted Living Facilities

Cheyenne County

Cheyenne County Village
820 South Denison Street
St. Francis, KS 67756
785-332-2531
www.ccvillages.com/assisted-living-apartments.html

Ellis County

Brookdale Hays
1801 East 27th Street
Hays, KS 67601
785-628-1111
www.brookdale.com/en/communities/brookdale-hays.html

Homestead of Hays
2929 Sternberg Drive
Hays, KS 67601
785-498-8181
www.midwest-health.com/homesteadofhays

Norton County

Andbe Home Acres
200 Whispering Pines Avenue
Norton, KS 67654
785-877-2601

Phillips County

Logan Manor Assisted Living
302 West Logan Street
Logan, KS 67646
785-689-4227

Rooks County

Redbud Estates Assisted Living
110 Southwest 10th Street
Plainville, KS 67663
785-688-4136
www.redbudvillage.org

Russell County

Homestead of Russell
1070 East Wichita Avenue
Russell, KS 67665
785-347-6755
www.midwest-health.com/russell

Sherman County

Wheat Ridge Acres Assisted Living
707 Wheat Ridge Circle
Goodland, KS 67735
785-899-0100
www.hhmsi.com/facilities/kansas/wheat-ridge-acres

Smith County

Sunporch of Smith County
920 East Kansas Avenue
Smith Center, KS 66967
785-282-6722
www.sunporchsmith.org

Thomas County

Fairview Estates Retirement Community
1630 Sewell Avenue
Colby, KS 67701
785-462-2154

Trego County

Trego Lempke
320 North 13th Street
WaKeeney, KS 67672
785-743-5586
www.tclmh.org/services/ltc-assisted-living/assisted-living

Assistive Technology and Medical Equipment

Assistive devices and technology refer to tools or equipment utilized to enhance, sustain, or improve functional abilities.

All Counties

Assistive Technology (AT) for Kansans
620-421-8367
www.atk.ku.edu
atkapps@ku.ed

K-Loan
620-421-6554
www.k-loan.net

Kansas Telecommunications Access Program (KS-TAP)
www.atk.ku.edu/kansas-telecommunications-access-program

Link, Inc
2401 East 13th Street
Hays, KS 67601
785-625-6942
www.linkinc.org

Talking Books
800-362-0699
www.library.ks.gov/talking-books

Western Assistive Technology (AT) Access Site- Assistive Technology Department of Northwest Kansas Educational Service Center (NKESC)
703 West Second Street
Oakley, KS 67748
785-672-3125
www.nkesc.org

Decatur County

Decatur County Health Department
PO Box 28, 902 West Columbia Street
Oberlin, KS 67749
785-475-8118
www.dccoks.org/health

Ellis County

Lincare
1106 East 27th Street
Hays, KS 67601
785-628-3819
www.lincare.com/en/locations/hays-lincare

Midwest Family Health
210 West Mill Street
Plainville, KS 67663
785-434-4615
www.midwestfamilyhealth.com/plainville-pharmacy

Graham County

Midwest Family Health
210 West Mill Street
Plainville, KS 67663
785-434-4615
www.midwestfamilyhealth.com/plainville-pharmacy

Osborne County

Main Street Drug
103 West Main Street
Osborne, KS 67473
785-346-2136
www.facebook.com/MSDPharmacy

Phillips County

Midwest Family Health
300 State Street
Phillipsburg, KS 67661
785-543-5131
www.midwestfamilyhealth.com/phillipsburg-pharmacy

Rooks County

Midwest Family Health
210 West Mill Street
Plainville, KS 67663
785-434-4615
www.midwestfamilyhealth.com/plainville-pharmacy

Russell County

Midwest Family Health
208 South Fossil Street
Russell, KS 67665
785-483-2119
www.midwestfamilyhealth.com/russell-pharmacy

Sheridan County

AmberMed
826 18th Street
Hoxie, KS 67740
785-675-3281
www.ambermed.com

Sherman County

Lincare
1013 Main Street
Goodland, KS 67735
785-899-6848
www.lincare.com/en/locations/goodland-lincare

Smith County

Midwest Family Health
317 East Highway 36
Smith Center, KS 66967
785-282-3333
www.midwestfamilyhealth.com/smith-center-pharmacy

Smith County Memorial Hospital
921 East Highway 36
Smith Center, KS 66976
785-282-6845
www.scmhks.org/services

Thomas County

Citizens Medical Center
100 East College Drive
Colby, KS 67701
785-460-1269
www.cmciks.com/citizens-medical-center/durable-medical-equipment

Trego County

Gibson Health Mart
125 North Main Street
Wakeeney, KS 67672
785-743-5753
www.gibsonhealthmart.com

Trego County Health Department
201 North Main Street
Wakeeney, KS 67672
785-743-6348
www.tregocountyks.gov/health-community-services

Caregiver Support

AARP Kansas
866-448-3619
www.aarp.org/states/kansas

Alzheimer's Association- Central and Western Kansas Chapter
535 West Douglas, Suite 150
Wichita, KS 67213
316-267-7333
24/7 Helpline 800-273-3900
www.alz.org/cwkansas

American Lung Association in Kansas
8400 West 110th Street, Suite 130
Overland Park, KS 66210
913-353-9165
www.lung.org/ks

American Stroke Foundation
6405 Metcalf Avenue, Suite 214
Overland Park, KS 66202
913-649-1776
www.americanstroke.org

Arthritis Foundation of Kansas & Kansas City
800-283-7800
www.arthritis.org/local-offices/ks

Caregiver Action Network
855-227-3640
www.caregiveraction.org

Family Caregiver Alliance
www.caregiver.org/connecting-caregivers/support-groups

National Alliance for Caregiving
202-918-1013
www.caregiving.org

Northwest Kansas Area Agency on Aging
510 West 29th Street
Hays, KS 67601
785-628-8204
www.nwkaaa.com

Ellis County

A Different Mindset Association
PO Box 211
Victoria, KS 67671
785-269-1928
www.adiffmindsetassoc.org

Hays Regional Parkinson's Support Network
Messiah Lutheran Church
2000 Main Street
Hays, KS 67671
785-628-5366
www.facebook.com/people/Parkinsons-Disease-Support-Group-of-Hays

Hays Senior Center
2510 Canterbury Drive
Hays, KS 67601
785-621-2294
www.hayssenioreenter.org

Continuing Care Retirement Communities

Ellis County

Via Christi Village Hays
2225 Canterbury Drive
Hays, KS 67601
785-628-3241
www.vcvhays.com

Phillips County

Phillips County Retirement Center
1300 State Street, PO Box 628
Phillipsburg, KS 67661
785-543-2131
www.phillipscountyretirement.org

Dental Services

Offers discounted services, payment plans, or accepts Medicare and/or Medicaid

All Counties

Donated Dental Services
785-273-1900
www.dentallifeline.org/kansas

Kansas Dental Association
5200 Southwest Huntoon
Topeka, KS 66604
785-272-7360
www.ksdental.org

Oral Health Kansas
785-235-6039
www.oralhealthkansas.org

Ellis County

First Care Clinic - Dental
105 West 13th Street
Hays, KS 67601
785-621-4990
www.firstcareclinic.com

Gove County

Blackwood Family Dentistry
314 North Main Street
Quinter, KS 67752
785-754-2441
www.drblackwood.com/staff/eric-blackwood-dds

Graham County

Miller, William
305 West Main Street
Hill City, KS 67642
785-421-3492

Logan County

Oakley Family Dentistry
418 Hudson Avenue
Oakley, KS 67748
785-672-3101
www.oakleyfamilydentistryks.com

Phillips County

Miller, William
252 F Street
Phillipsburg, KS 67661
785-543-2123

Patton & Patton Family Dentistry
730 4th Street
Phillipsburg, KS 67661
785-543-5123

Rawlins County

Rawlins County Dental Clinic
104 South 4th Street
Atwood, KS 67730
785-626-8290
www.rcdentalclinic.com

Sheridan County

AmberMed Dental
600 Main Street
Hoxie, KS 67740
785-677-4160
www.ambermed.com

Smith County

Smith Center Dental Clinic
108 West Kansas Street
Smith Center, KS 66967
785-212-8282
www.smithcenterdentalclinic.com

Hearing and Vision Services

All Counties

Audio-Reader Network
1120 West 11th Street
Lawrence, KS 66044
785-864-4600
www.reader.ku.edu

EyeCare America
877-887-6327
www.aao.org/eyecare-america

Kansas Commission for the Deaf
& Hard of Hearing
555 South Kansas Avenue, 3rd Floor
Topeka, KS 66603
785-368-8034, videophone: 785-246-5077
www.kcdhhs.ks.gov

Kansas Talking Books
1 Kellogg Circle, Box 4055
Emporia, KS 66801
800-362-0699
www.library.ks.gov/talking-books

Cheyenne County

Cheyenne County Hospital-McArthur
Audiology
210 West 1st Street
St Francis, KS 67756
719-346-5717
www.mcarthuraudiology.com

Vision Source of St Francis
103 West Washington Street
St Francis, KS 67756
785-332-2500
www.visionsource-stfrancis.com

Decatur County

Lifetime Eyecare Specialist
105 South Penn Avenue
Oberlin, KS 67749
785-475-1200

Ellis County

Eye Specialists Associated, PA
2214 Canterbury Drive, #312
Hays, KS 67601
785-628-8218
www.hayseyespecialists.com

eyeSmile Vision and Dental
1300 Main Street
Hays, KS 67601
785-621-4242
www.eyesmilehays.com

Hattan and Mondero Family Eye Care
1517 East 27th Street
Hays, KS 67601
785-625-2226
www.hayseyecare.com

Hearing Solutions, LLC
2517 Canterbury Drive
Hays, KS 67601
785-621-4327
www.hearingsolutionsllc.net

Miracle-Ear Hearing Aid Center
4333 Vine Street, Suite 20
Hays, KS 67601
785-329-4509
www.miracle-ear.com/stores-near-me/hearing-aids-hays-ks

Vision Source of Hays
2203 Canterbury Drive
Hays, KS 67601
785-625-3937
www.vshays.com

Werth Eye Group
625 East 8th Street
Hays, KS 67601
785-625-2922

Gove County

Kinderknecht Travis, OD
1201 Castle Rock Street
Quinter, KS 67752
785-754-2494

Logan County

McArthur Audiology
404 East Front Street
Oakley, KS 67748
719-346-5717
www.mcarthuraudiology.com

Vision Source of Oakley
210 Center Avenue
Oakley, KS 67748
785-672-4271
www.visionsource-oakley.com

Norton County

Cole Family Eyecare
114 North Kansas Avenue
Norton, KS 67654
785-877-5115

Osborne County

Solomon Valley Vision, LLC
101 West Main Street
Osborne, KS 67473
785-346-5437

Phillips County

Junemann Family Eyecare
655 5th Street
Phillipsburg, KS 67661
785-543-2715

Midwest Hearing Aids Inc
279 F Street
Phillipsburg, KS 67661
785-543-5079
www.midwesthearingaids.com/phillipsburg-hearing-aids

Rawlins County

Vision Source of Atwood
312 State Avenue
Atwood, KS 67730
785-726-9234
www.visionsource-atwood.com

Russell County

Midwest Hearing Aids
319 West Wichita Avenue
Russell, KS 67665
785-445-4125
www.midwesthearingaids.com/russell-hearing-aids

Paul M. Lampert, OD PA
124 East Wichita Avenue
Russell, KS 67665
785-483-2291
www.visionsource-drlampert.com

Russell Eyecare Center
702 North Kansas Street
Russell, KS 67665
785-483-2451
www.10thstreeteyecare.com

Russell Regional Specialty Clinic
222 South Kansas Street
Russell, KS 67665
785-445-4085
www.russellhospital.org/specialty-clinic

Rooks County

Solomon Valley Vision
418 Main Street
Stockton, KS 67669
785-425-6381

Sherman County

McArthur Audiology
220 West 2nd Street
Goodland, KS 67735
719-346-5717
www.mcarthuraudiology.com

Newman Vision Care
919 Main Street
Goodland, KS 67735
785-890-3937

Vision Source of Goodland
1018 Main Avenue
Goodland, KS 67735
785-899-3654
www.visionsource-goodland.com

Smith County

The EyeCare Center
128 West Kansas Street
Smith Center, KS 66967
785-282-6086
www.goeyecarecenter.com/smith-center-kansas

Trego County

Heather A Robben, OD
310 North 6th Street
Wakeeney, KS 67672
785-743-5522

Thomas County

Citizens Medical Center - Specialty Clinic
1525 South Franklin Avenue
Colby, KS 67701
785-460-1223
www.cmciks.com

Hearing Solutions, LLC
990 South Range Avenue, #1
Colby, KS 67701
785-460-4327

Miracle Ear Hearing Aid Center
175 West 3rd Street, Suite 1
Colby, KS 67701
786-628-3279
www.miracle-ear.com/stores-near-me/hearing-aids-colby-ks

Sam R. Funk, OD
505 North Franklin Avenue, Suite B
Colby, KS 67701
785-462-3348
www.nwkseyes.com

Vision Source of Colby
1005 South Range Avenue, Suite 100
Colby, KS 67701
785-462-8231
www.visionsource-colby.com

Home Health Services

All Counties

Angels Care Home Health
519 Russell Avenue
WaKeeney, KS 67672
785-268-3825
www.angelscarehealth.com/location/wakeeney-ks

Guardian Home Health
785-622-4254
www.guardianks.com

Northwest Kansas Area Agency on Aging
510 West 29th Street
Hays, KS 67601
785-628-8204
www.nwkaaa.com

Cheyenne County

Good Samaritan- Northwest Kansas Home Health
217 US Highway 36 Frontage Road
St. Francis, KS 67756
785-332-9331
www.good-sam.com/locations/nw-kansas-home-health

L&C Home Health Agency
1105 Taylor Avenue
Colby, KS 67701
785-465-7444
www.lchha.org

Decatur County

Good Samaritan- Northwest Kansas Home Health
217 US Highway 36 Frontage Road
St. Francis, KS 67756
785-332-9331
www.good-sam.com/locations/nw-kansas-home-health

L&C Home Health Agency
1105 Taylor Avenue
Colby, KS 67701
785-465-7444
www.lchha.org

Ellis County

Amazing Grace Homecare
785-390-8993
www.amazinggracestaffing.com

Angels Care Home Health
802 North Maple Street
Russell, KS 67665
785-205-1690
www.angelscarehealth.com/location/russell-ks

Good Samaritan - Home Health of Central Kansas
2710 Canal Boulevard
Hays, KS 67601
785-471-2003
www.good-sam.com/locations/home-health-of-central-kansas

L&C Home Health Agency
1105 Taylor Avenue
Colby, KS 67701
785-465-7444
www.lchha.org

Lincoln Park Manor Home Health
113 South 5th Street
Salina, KS 67401
785-420-0095
www.lpmhh.com

Gove County

Good Samaritan - Home Health of Central Kansas
2710 Canal Boulevard
Hays, KS 67601
785-471-2003
www.good-sam.com/locations/home-health-of-central-kansas

Good Samaritan- Northwest Kansas Home Health
217 US Highway 36 Frontage Road
St. Francis, KS 67756
785-332-9331
www.good-sam.com/locations/nw-kansas-home-health

L&C Home Health Agency
1105 Taylor Avenue
Colby, KS 67701
785-465-7444
www.lchha.org

Graham County

Amazing Grace Homecare
785-390-8993
www.amazinggracestaffing.com

Good Samaritan - Home Health of Central Kansas
2710 Canal Boulevard
Hays, KS 67601
785-471-2003
www.good-sam.com/locations/home-health-of-central-kansas

L&C Home Health Agency
1105 Taylor Avenue
Colby, KS 67701
785-465-7444
www.lchha.org

Logan County

Good Samaritan- Northwest Kansas Home Health
217 US Highway 36 Frontage Road
St. Francis, KS 67756
785-332-9331
www.good-sam.com/locations/nw-kansas-home-health

L&C Home Health Agency
1105 Taylor Avenue
Colby, KS 67701
785-465-7444
www.lchha.org

Logan County Health Department
216 Maple Avenue
Oakley, KS 67748
785-671-4502
www.logancountyhealth.com/services
Home visits (see website for services)

Norton County

Good Samaritan- Northwest Kansas Home Health
217 US Highway 36 Frontage Road
St. Francis, KS 67756
785-332-9331
www.good-sam.com/locations/nw-kansas-home-health

L&C Home Health Agency
1105 Taylor Avenue
Colby, KS 67701
785-465-7444
www.lchha.org

Norton County Home Health
801 North Norton Avenue
Norton, KS 67654
785-877-5745
www.nortoncountyks.gov/departments/health/HomeHealth

Osborne County

Amazing Grace Homecare
785-390-8993
www.amazinggracestaffing.com

Angels Care Home Health
802 North Maple Street
Russell, KS 67665
785-205-1690
www.angelscarehealth.com/location/russell-ks

Good Samaritan - Home Health of Central Kansas
2710 Canal Boulevard
Hays, KS 67601
785-471-2003
www.good-sam.com/locations/home-health-of-central-kansas

Lincoln Park Manor Home Health
113 South 5th Street
Salina, KS 67401
785-420-0095
www.lpmhh.com

Phillips County

Amazing Grace Homecare
785-390-8993
www.amazinggracestaffing.com

Angels Care Home Health
802 North Maple Street
Russell, KS 67665
785-205-1690
www.angelscarehealth.com/location/russell-ks

Good Samaritan - Home Health of Central Kansas
2710 Canal Boulevard
Hays, KS 67601
785-471-2003
www.good-sam.com/locations/home-health-of-central-kansas

L&C Home Health Agency
1105 Taylor Avenue
Colby, KS 67701
785-465-7444
www.lchha.org

Lincoln Park Manor Home Health
113 South 5th Street
Salina, KS 67401
785-420-0095
www.lpmhh.com

Phillips County Home Health
784 6th Street
Phillipsburg, KS 67661
785-543-6850
www.phillipscountyks.org/departments/CountyHealthDepartment/home-health

Rawlins County

Good Samaritan- Northwest Kansas Home Health
217 US Highway 36 Frontage Road
St. Francis, KS 67756
785-332-9331
www.good-sam.com/locations/nw-kansas-home-health

L&C Home Health Agency
1105 Taylor Avenue
Colby, KS 67701
785-465-7444
www.lchha.org

Rooks County

Amazing Grace Homecare
785-390-8993
www.amazinggracestaffing.com

Angels Care Home Health
802 North Maple Street
Russell, KS 67665
785-205-1690
www.angelscarehealth.com/location/russell-ks

Good Samaritan - Home Health of Central Kansas
2710 Canal Boulevard
Hays, KS 67601
785-471-2003
www.good-sam.com/locations/home-health-of-central-kansas

L&C Home Health Agency
1105 Taylor Avenue
Colby, KS 67701
785-465-7444
www.lchha.org

Lincoln Park Manor Home Health
113 South 5th Street
Salina, KS 67401
785-420-0095
www.lpmhh.com

Russell County

Amazing Grace Homecare
785-390-8993
www.amazinggracestaffing.com

Angels Care Home Health
802 North Maple Street
Russell, KS 67665
785-205-1690
www.angelscarehealth.com/location/russell-ks

Good Samaritan - Home Health of Central Kansas
2710 Canal Boulevard
Hays, KS 67601
785-471-2003
www.good-sam.com/locations/home-health-of-central-kansas

Lincoln Park Manor Home Health
113 South 5th Street
Salina, KS 67401
785-420-0095
www.lpmhh.com

Sheridan County

Good Samaritan- Northwest Kansas Home Health
217 US Highway 36 Frontage Road
St. Francis, KS 67756
785-332-9331
www.good-sam.com/locations/nw-kansas-home-health

L&C Home Health Agency
1105 Taylor Avenue
Colby, KS 67701
785-465-7444
www.lchha.org

Sherman County

Good Samaritan- Northwest Kansas Home Health
217 US Highway 36 Frontage Road
St. Francis, KS 67756
785-332-9331
www.good-sam.com/locations/nw-kansas-home-health

L&C Home Health Agency
1105 Taylor Avenue
Colby, KS 67701
785-465-7444
www.lchha.org

Smith County

Angels Care Home Health
802 North Maple Street
Russell, KS 67665
785-205-1690
www.angelscarehealth.com

Good Samaritan - Home Health of Central Kansas
2710 Canal Boulevard
Hays, KS 67601
785-471-2003
www.good-sam.com/locations/home-health-of-central-kansas

Lincoln Park Manor Home Health
113 South 5th Street
Salina, KS 67401
785-420-0095
www.lpmhh.com

Smith County Public Health Department
119 South Main
Smith Center, KS 66967
785-282-6656
www.ks1495.cichosting.com/main/departments/health-department

Thomas County

Good Samaritan- Northwest Kansas Home Health
217 US Highway 36 Frontage Road
St. Francis, KS 67756
785-332-9331
www.good-sam.com/locations/nw-kansas-home-health

L&C Home Health Agency
1105 Taylor Avenue
Colby, KS 67701
785-465-7444
www.lchha.org

Trego County

Amazing Grace Homecare
785-390-8993
www.amazinggracestaffing.com

Good Samaritan- Northwest Kansas
Home Health
217 US Highway 36 Frontage Road
St. Francis, KS 67756
785-332-9331
www.good-sam.com/locations/nw-kansas-home-health

L&C Home Health Agency
1105 Taylor Avenue
Colby, KS 67701
785-465-7444
www.lchha.org

Wallace County

Good Samaritan- Northwest Kansas
Home Health
217 US Highway 36 Frontage Road
St. Francis, KS 67756
785-332-9331
www.good-sam.com/locations/nw-kansas-home-health

L&C Home Health Agency
1105 Taylor Avenue
Colby, KS 67701
785-465-7444
www.lchha.org

Home Plus Facilities

Ellis County

The Willow House
2900 Willow Street
Hays, KS 67601
785-621-4959

Rawlins County

Wheat Haven Home
304 Marion Avenue
McDonald, KS 67745
785-999-1433

Hospice and Palliative Care

Cheyenne County

Hospice Services, Inc
424 8th Street
Phillipsburg, KS 67661
800-315-5122 or 785-543-2900
www.hospicenwks.net

Decatur County

Hospice Services, Inc
424 8th Street
Phillipsburg, KS 67661
800-315-5122 or 785-543-2900
www.hospicenwks.net

Ellis County

HaysMed - Hospice and Palliative Care
2220 Canterbury Drive
Hays, KS 67601
785-623-6200
www.haysmed.com/services/hospice-palliative-care

Gove County

Hospice Services, Inc
424 8th Street
Phillipsburg, KS 67661
800-315-5122 or 785-543-2900
www.hospicenwks.net

Graham County

Hospice Services, Inc
424 8th Street
Phillipsburg, KS 67661
800-315-5122 or 785-543-2900
www.hospicenwks.net

Norton County

Hospice Services, Inc
424 8th Street
Phillipsburg, KS 67661
800-315-5122 or 785-543-2900
www.hospicenwks.net

Osborne County

Hospice Services, Inc
424 8th Street
Phillipsburg, KS 67661
800-315-5122 or 785-543-2900
www.hospicenwks.net

Solomon Valley Hospice
400 West 8th Street
Beloit, KS 67420
785-738-9260
www.mchks.com/getpage.php?
name=Hospice_Home_Page&sub=Services

Phillips County

Hospice Services, Inc
424 8th Street
Phillipsburg, KS 67661
800-315-5122 or 785-543-2900
www.hospicenwks.net

Rawlins County

Hospice Services, Inc
424 8th Street
Phillipsburg, KS 67661
800-315-5122 or 785-543-2900
www.hospicenwks.net

Rooks County

Hospice Services, Inc
424 8th Street
Phillipsburg, KS 67661
800-315-5122 or 785-543-2900
www.hospicenwks.net

Sheridan County

Hospice Services, Inc
424 8th Street
Phillipsburg, KS 67661
800-315-5122 or 785-543-2900
www.hospicenwks.net

Sherman County

Hospice Services, Inc
424 8th Street
Phillipsburg, KS 67661
800-315-5122 or 785-543-2900
www.hospicenwks.net

Smith County

Hospice Services, Inc
424 8th Street
Phillipsburg, KS 67661
800-315-5122 or 785-543-2900
www.hospicenwks.net

Trego County

Hospice Services, Inc
424 8th Street
Phillipsburg, KS 67661
800-315-5122 or 785-543-2900
www.hospicenwks.net

Thomas County

Hospice Services, Inc
424 8th Street
Phillipsburg, KS 67661
800-315-5122 or 785-543-2900
www.hospicenwks.net

Wallace County

Hospice Services, Inc
424 8th Street
Phillipsburg, KS 67661
800-315-5122 or 785-543-2900
www.hospicenwks.net

House, Utility, and Rent Assistance

All Counties/Most Counties

Catholic Charities
112 East 12th Street
Hays, KS 67601
785-625-2644
www.ccnks.org/hays
Cheyenne, Decatur, Ellis, Gove, Graham, Logan, Norton, Phillips, Rawlins, Rooks, Russell, Sheridan, Sherman, Thomas, Trego, Wallace counties

Cold Weather Rule
800-662-0027
www.kcc.ks.gov/consumer-information/cold-weather-rule

Kansas Association of Community Action Programs, Inc- Harvest America Corporation
913-342-2121
www.kacap.org/harvest-america

Kansas Corporation Commission - Utility & Weatherization Related Assistance Programs
www.kcc.ks.gov/public-affairs-and-consumer-protection/utility-weatherization-related-assistance-programs

Kansas Housing Corporation
785-217-2001
www.kshousingcorp.org

Kansas Property Tax Relief for Low Income Seniors
785-368-8222
www.ksrevenue.gov/safesenior.html

Low Income Energy Assistance Program (LIEAP)
833-765-2003
www.dcf.ks.gov/services/ees/Pages/EnergyAssistance.aspx

Northwest Kansas Housing Inc.
319 North Pomeroy POB 248
Hill City, KS 67642
785-421-2151
www.nwkpdc.com

Ellis County

First Call for Help
607 East 13th Street
Hays, KS 67601
785-623-2800
www.firstcallelliscounty.com/services

Habitat For Humanity of Ellis County
P.O. Box 444
Hays, KS 67601
785-623-4200
www.hfhec.org

Hays DCF Office
2250 East 22nd Street
Hays, KS 67601
785-628-1066
DCF.NorthWestResourceAgent@ks.gov

Norton County
Norton First United Methodist Church - Ministerial Alliance Program
805 West Wilberforce Street
Norton, KS 67654
785-877-2196

Phillips County
Phillipsburg DCF Service Center
111 East Highway 36
Phillipsburg, KS 67661
785-543-5258
DCF.NorthWestResourceAgent@ks.gov

Sherman County
Goodland DCF Office
812 Broadway Avenue
Goodland, KS 67735
785-462-6760
DCF.NorthWestResourceAgent@ks.gov

Thomas County
Colby DCF Office
1135 South Country Club Drive, Suite 1
Colby, KS 67701
785-462-6760
DCF.NorthWestResourceAgent@ks.gov

Information and Referral Assistance

AARP Kansas
6220 Southwest 29th Street, Suite 300
Topeka, KS 66614
866-448-3619
www.aarp.org/states/kansas

Abuse, Neglect, or Exploitation (ANE) Hotline (in adult care facility)
800-842-0078
kdads.complainthotline@ks.gov

Abuse, Neglect, or Exploitation (ANE) Hotline (in the community)
800-922-5330
www.dcf.ks.gov/Pages/Report-Abuse-or-Neglect.aspx

Disability Rights Center
214 Southwest 6th Avenue, Suite 100
Topeka, KS 66603
785-273-9661
www.drckansas.org

Goodland Public Library
812 Broadway Avenue
Goodland, KS 67735
785-899-5461
www.goodlandlibrary.org

Hays Public Library
1205 Main Street
Hays, KS 67601
785-625-9014
www.hayslibrary.org

Kansas Advocates for Better Care
536 Fireside Court, Suite B
Lawrence, KS 66049
785-842-3088
www.kabc.org

KanCare Ombudsman
855-643-8180
www.kancare.ks.gov/members/help-resources/kancare-ombudsman

Kansas Adult and Child Protective Services (APS)
800-922-5330, 785-296-4653
www.dcf.ks.gov/services/PPS/Pages/APS/AdultProtectiveServices.aspx

Kansas Department for Aging & Disability Services (KDADS)
503 South Kansas Avenue
Topeka, KS 66603
800-432-3535, 785-296-4986
www.kdads.ks.gov

Kansas Department for Children and Family Services (DCF) - Older Adults and People With Disabilities Programs
555 South Kansas, 3rd Floor
Topeka, KS 66603
785-368-7143
www.dcf.ks.gov/services/RS/Pages/OlderAdultsPeopleWDisabilities.aspx

Kansas Health Institute
212 Southwest 8th Avenue
Topeka, KS 66603
785-233-5443
www.khi.org

Kansas Legal Services
316-267-3975
www.kansaslegalservices.org

Kansas Long-Term Care Ombudsman
877-662-8362
www.ombudsman.ks.gov

Link, Inc
2401 East 13th Street
Hays, KS 67601
785-625-6942
www.linkinc.org

Liberty Healthcare Corporation
Kansas Aging Disability Resource Center
855-200-2372
www.libertyhealthcare.com/kansas-adrc

Maximus
Kansas Statewide HCBS Assessing Organization
785-268-3600
www.maximusclinicalservices.com/svcs/ks/hcbs.html

National Eldercare Locator Services
800-677-1116
www.eldercare.acl.gov

Northwest Kansas Area Agency on Aging
510 West 29th Street
Hays, KS 67601
785-628-8204
www.nwkaaa.com

Pioneer Memorial Library
375 West 4th Street
Colby, KS 67701
785-460-4470
www.colbylibrary.com

United Way of Ellis County
1200 Main Street, Suite 102
Hays, KS 67601
785-628-8281
www.liveunited.us

Legal Assistance

Providing elder law and/or associated services, free services

All Counties

Disability Rights Center of Kansas
214 Southwest 6th Avenue, Suite 100
Topeka, KS 66603
785-273-9661
www.drckansas.org

Kansas Attorney General
120 Southwest 10th Avenue, 2nd floor
Topeka, KS 66612
785-296-2215
www.ag.ks.gov

Kansas Elder Law Hotline
316-267-3975
www.kansaslegalservices.org

Kansas Guardianship Program
3248 Kimball Avenue
Manhattan, KS 66503
785-587-8555
www.ksgprog.org

Kansas Judicial Branch Self-Help
www.self-help.kscourts.gov/Home/FindingAttorney

Kansas Legal Services
2017 North Vine
Hays, KS 67601
785-625-4514
www.kansaslegalservices.org

Ellis County

Clinkscales Elder Law Practice PA
1407 Main Street, Suite A
Hays, KS 67601
785-625-8040
www.clinkscaleslaw.com/location/hays-elder-law-office

Graham County

Elliott Law Office, PA
301 North Pomeroy Avenue, PO Box 128
Hill City, KS 67642
785-421-2288
www.jillelliottlaw.com

Mental Health and Substance Use Support

All Counties

988 Lifeline and Veterans Crisis Line
Dial 988
www.988lifeline.org
www.veteranscrisisline.net

Alcoholics Anonymous
www.ks-aa.org/locations

High Plains Mental Health Center
Main Office
208 East 7th Street
Hays, KS 67601
785-628-2871 or 800-432-0333
www.hpmhc.com

NAMI Kansas
1-800-273-8255 (Crisis line)
1-800-950-6264 (National helpline)
www.namikansas.org

Narcotics Anonymous
Find a meeting in your area
www.marscna.net

SAMHSA (Substance Abuse & Mental Health Services Administration)
877-726-4727
www.samhsa.gov

Ellis County

AIC Counseling
205 East 7th Street, Suite 126
Hays, KS 67601
785-639-1081
www.aicounseling.org

Dream Inc.
1011 West 27th Street, #4
Hays, KS 67601
785-628-6655
www.dreamhays.com

High Plains Mental Health Center-Woodhaven
1412 East 29th Street
Hays, KS 67601
785-625-2400
www.hpmhc.com

Smoky Hill Foundation for Chemical Dependency, Inc
2714 Plaza Avenue
Hays, KS 67601
785-625-5521
www.smokyhillfoundation.net

Norton County

High Plains Mental Health Center
211 South Norton Avenue
Norton, KS 67654
785-877-5141
www.hpmhc.com

Valley Hope of Norton
709 West Holme Street
Norton, KS 67654
785-877-5101
www.valleyhope.org/locations/kansas/norton-treatment-center

Osborne County

High Plains Mental Health Center
209 West Harrison Street
Osborne, KS 67473
785-346-2184
www.hpmhc.com

Phillips County

High Plains Mental Health Center
783 7th Street
Phillipsburg, KS 67661
785-543-5284
www.hpmhc.com

Smoky Hill Foundation for Chemical Dependency, Inc.
945 2nd Street
Phillipsburg, KS 67661
785-543-5583
www.smokyhillfoundation.net

Rawlins County

Rawlins County Health Center
707 Grant Street
Atwood, KS 67730
785-626-3241
www.rchc.us/Our-Services/Behavioral-Health

Sheridan County

AmberMed Clinic
826 18th Street, Suite A
Hoxie, KS 67740
785-675-3018
www.ambermed.com/medical-clinic/medical-services

Sherman County

High Plains Mental Health Center
723 Main Street
Goodland, KS 67735
785-899-5991
www.hpmhc.com

Smith County

Smith County Memorial Hospital
921 East Highway 36
Smith Center, KS 66967
785-282-6845
www.scmhks.org/services/mental-behavioral-health

Thomas County

Heartland Rural Counseling Services, Inc
485 West 4th Street
Colby, KS 67701
785-460-7588
www.heartlandruralcounseling.com

High Plains Mental Health Center
750 South Range Avenue
Colby, KS 67701
785-462-6774
www.hpmhc.com

Smoky Hill Foundation for Chemical Dependency, Inc.
300 North Court
Colby, KS 67665
785-625-5521
www.smokyhillfoundation.net

Trego County

Trego County Lemke Memorial Hospital - Senior Life Solutions
320 North 13th Street
Wakeeney, KS 67672
785-743-2182 ex 258
www.tclmh.org/services/senior-life-solutions

Nursing Facilities

Cheyenne County

Cheyenne County Village (**Foundation**)
820 South Denison Street
St. Francis, KS 67756
785-332-2531
www.ccvillages.com

Decatur County

Good Samaritan- Decatur County
108 East Ash Street
Oberlin, KS 67749
785-470-6909
www.good-sam.com/locations/decatur-county

Ellis County

Good Samaritan- Ellis
1101 Spruce Street
Ellis, KS 67637
785-471-2013
www.good-sam.com/locations/ellis

Good Samaritan- Hays (**Foundation**)
2700 Canal Boulevard
Hays, KS 67601
785-301-8601
www.good-sam.com/locations/hays

Graham County

Dawson Place (**Level 1**)
208 West Prout Street
Hill City, KS 67642
785-421-3414

Logan County

Logan County Senior Living (**Level 1**)
615 Price Avenue
Oakley, KS 67748
785-672-8109
www.logancountyseniorliving.org

Norton County

Andbe Home
201 West Crane Street
Norton, KS 67654
785-877-2601

Osborne County

Downs Care & Rehab Center
1218 Kansas Street
Downs, KS 67437
785-454-3321
www.missionhealthcommunities.com/downs-care-and-rehab

Parkview Health & Rehab Center
811 North 1st Street
Osborne, KS 67473
785-425-2500
www.parkviewhrc.com

Phillips County

Logan Manor Community Health Services (**Level 1**)
415 North Washington Street
Logan, KS 67646
785-689-4201
www.loganmanorcare.com

Rawlins County

Good Samaritan-Atwood (**Level 1**)
650 Lake Road
Atwood, KS 67730
785-626-9015
www.good-sam.com/locations/atwood

Rooks County

Redbud Village (**Level 2**)
1000 South Washington Street
Plainville, KS 67663
785-688-4136
www.redbudvillage.org

Solomon Valley Manor
315 South Ash Street
Stockton, KS 67669
785-425-6754
www.stocktonks.com/2205/Solomon-Valley-Manor

Russell County

Wheatland Nursing Center
320 South Lincoln Street
Russell, KS 67665
785-483-5364
www.americareusa.net/senior-living/wheatland-nursing-center-russell-ks

Sherman County

Topside Manor, Inc (**Foundation**)
210 Kansas Avenue
Goodland, KS 67735
785-890-7517
www.topsidemanor.org

Smith County

Smith Center Health & Rehab
117 West 1st Street, #369
Smith Center, KS 66967
785-282-6696
www.missionhealthcommunities.com/smith-center-health-and-rehab

Sunporch of Smith County (**Level 5**)
920 East Kansas Avenue
Smith Center, KS 66967
785-282-6722
www.sunporchsmith.org

Thomas County

Colby Health & Rehab
105 East College Drive
Colby, KS 67701
785-462-6721
www.missionhealthcommunities.com/colby-health-and-rehab

Nutrition and Meal Services

All Counties

Commodity Supplemental Food Program
888-369-4777
www.dcf.ks.gov/services/ees/Pages/USDA-Commodity-Programs/CSFP/CSFP.aspx

Double Up Heartland
816-701-8286
www.doubleupheartland.org

Kansas Department for Children and Families- Food Assistance
888-369-4777
www.dcf.ks.gov/services/ees/Pages/Food/FoodAssistance.aspx

Kansas Food Source
www.kansasfoodsource.org

Kansas Senior Farmers Market Nutrition Program
785-296-4782
www.kdhe.ks.gov/1041/Kansas-Senior-Farmers-Market-Nutrition-P

Northwest Kansas Area Agency on Aging
Homestead Nutrition Project- Home delivered meals and congregate meals
785-628-8204
www.nwkaaa.com/services

Cheyenne County

Bird City Immanuel United Methodist Church
116 East 4th Street
Bird City, KS 67731
785-734-2739

Cheyenne County Food Bank
405 Lorraine Street
St. Francis, KS 67756
785-332-4860
www.facebook.com/Cheyenne.Co.KS.FoodBank

St. Francis Senior Center
332 West Washington Street
St. Francis, KS 67756
785-332-2945

Decatur County

Decatur Food Pantry - United Methodist Church
102 North Cass Avenue
Oberlin, KS 67749
785-475-3067

Golden Age Recreational Center
105 West Maple Street
Oberlin, KS 67749
785-475-3222
www.facebook.com/oberlinseniorcenter

Ellis County

Catholic Charities of Northern Kansas
1011 Centennial Boulevard
Hays, KS 67601
785-625-2644
www.ccnks.org/foodandhygiene

Community Assistance Center
1108 Oak Street
Hays, KS 67601
785-625-9110
www.hayscac.com

Ellis Nutrition Center (Senior Citizens Center)
103 West 8th Street
Ellis, KS 67637
785-726-3388

First Call for Help - Ellis
607 East 13th Street
Hays, KS 67601
785-623-2800
www.firstcallelliscounty.com/food-pantry

Hays Commodity Distribution - Unite Free Shelves (Inside The Gamers Guild)
200 East 8th Street
Hays, KS 67601
785-259-2539

Hays Senior Center
2510 Canterbury Drive
Hays, KS 67601
785-621-2294
www.hayssenioorcenter.org

North Oak Community Church
3000 Oak Street
Hays, KS 67601
785-628-8887
www.northoak.net

St. Joseph Catholic Church
215 West 13th Street
Hays, KS 67601
785-625-7356
www.stj-church.com/parish-life/food-pantry-diaper-closet

The Basilica of St. Fidelis
900 Cathedral Avenue
Victoria, KS 67671
785-735-2777
www.stfidelischurch.com

Gove County

Gove County Food Pantry
323 Main Street
Quinter, KS 67752
785-789-4030

Grainfield Senior Center (Community Building)
224 Main Street
Grainfield, KS 67737
913-484-6145

Grinnell Senior Center
105 South Adams Street
Grinnell, KS 67738
785-824-3228

Quinter Senior Center
300 Main Street
Quinter, KS 67752
785-754-3598

Graham County

Graham County Community Center
700 West Main Street
Hill City, KS 67642
785-421-2246 (location only)
TEFAP Distribution Site-
Must call 1-800-432-7422

Graham County Food Pantry
217 North 4th Street
Hill City, KS 67642
785-421-2558

Logan County

Logan County Senior Living
615 Price Avenue
Oakley, KS 67748
785-672-8109
www.logancountyseniorliving.org

Oakley Food Pantry (God's Food Pantry)
611 Maple Avenue
Oakley, KS 67748
785-443-0086

Norton County

Clayton United Methodist Church
709 Kansas Avenue
Clayton, KS 67629
785-693-4102

God's Pantry of Norton
319 North State Street
Norton, KS 67654
785-877-3807

Lenora Senior Center
170 South Main
Lenora, KS 67645
785-567-4541

Norton County Senior Center
208 West Main
Norton, KS 67654
785-877-5352
www.nortonsenior.com

Osborne County

Downs Food Bank
1000 Morgan Avenue
Downs, KS 67437
785-454-3327

Natoma UMC Food Pantry
602 Elm Street
Natoma, KS 67651
785-623-3973

Osborne Food Pantry
105 North 3rd Street
Osborne, KS 67473
785-346-2333

Osborne Senior Center
108 West Main Street
Osborne, KS 67473
785-454-2303

Senior Citizen's Center
514 Morgan Avenue
Downs, KS 67437
785-454-6228

Phillips County

Golden Years Center
638 3rd Street
Phillipsburg, KS 67661
785-543-6297

Rawlins County

Atwood Senior Center
205 South 5th
Atwood, KS 67730
785-626-3341

Herndon Senior Center
522 Quincy Avenue
Herndon, KS 67739
785-322-5375

Rawlins County Food Pantry
510 Main Street
Atwood, KS 67730
785-626-6499

Rooks County

Plainville Food Pantry
206 North Washington Street
Plainville, KS 67663
785-434-4658

Plainville Senior Center
108 South Jefferson
Plainville, KS 67663
785-434-2056

Stockton Food Pantry
602 North Main Street
Stockton, KS 67669
785-425-6562

Stockton Senior Center
201 South Walnut
Stockton, KS 67669
785-425-6926

Walker Senior Center
1650 West 2nd Street
Stockton, KS 67669
785-425-6926

Russell County

Lucas Golden Age Center
210 South Main Street
Lucas, KS 67648
785-525-6286

Luray Food Pantry
113 North Fairview Avenue
Luray, KS 67649
785-324-0741

Luray Senior Center
100 Main Street
Luray, KS 67649
785-698-2405

Otterbein Methodist Church / Agape Family Center
527 North Maple
Russell, KS 67665
785-483-2629

Russell County Food Pantry
15 Front Street
Russell, KS 67665
785-483-4113

Russell Senior Center
518 North Main Street
Russell, KS 67665
785-483-2008

Sheridan County

Hoxie Area Ministerial Alliance Food Pantry
900 12th Street
Hoxie, KS 67740
785-675-9038
www.sheridancountyks.gov/hoxie-area-ministerial-alliance-food-pantry

Hoxie Nutrition Center
925 8th Street
Hoxie, KS 67740
785-675-2154

Selden Community Center
110 Nebraska
Selden, KS 67757
785-386-4326

Sherman County

Genesis Food Bank - Sherman County
320 East 6th Street
Goodland, KS 67735
785-890-2299

Senior Adult Center
208 West 15th Street
Goodland, KS 67735
785-890-7764

Smith County

Food Pantry of Smith County
117 West Kansas Street
Smith Center, KS 66967
785-686-4212

Kensington Senior Community Center
102 East Pine Street
Kensington, KS 66951
785-476-2224

Lebanon Community Food Bank
300 North Main Street
Lebanon, KS 66952
785-434-2335

Srader Center
119 West Court Street
Smith Center, KS 66967
785-282-3800
www.smithcenterks.com/meal-site

Thomas County

Genesis – Thomas County Inc.
350 South Range Avenue, Suite 13
Colby, KS 67701
785-460-7930

Senior Progress Center
165 Fike Park Street
Colby, KS 67701
785-460-2901

Trego County

Trego County Food Pantry
332 North 6th
WaKeeney, KS 67672
785-743-2096

Trego County Senior Center
413 Russell Avenue
WaKeeney, KS 67672
785-743-5449

Wallace County

Wallace County Ministerial Alliance
Food Pantry
110 South Main Street
Sharon Springs, KS 67758
620-290-1809

Residential Health Care Facilities

Sherman County
Wheat Ridge Acres Assisted Living
707 Wheat Ridge Circle
Goodland, KS 67735
785-899-0100
www.hhmsi.com/facilities/kansas/wheat-ridge-acres

Wallace County
Hope Springs
608 North Kennedy Street
Sharon Springs, KS 67758
785-821-0190

Respite Care

Cheyenne County
Cheyenne County Village
820 South Denison Street
St. Francis, KS 67756
785-332-2531
www.ccvillages.com

Decatur County
Good Samaritan-Decatur County
108 East Ash Street
Oberlin, KS 67749
785-881-1695
www.good-sam.com/locations/decatur-county

Ellis County
Amazing Grace Homecare
785-390-8993
www.amazinggracestaffing.com/ellis-home-care

Good Samaritan Hays
2710 Canal Boulevard
Hays, KS 67601
785-301-8601
www.good-sam.com/locations/hays

Good Samaritan-Home Health of Central Kansas
2710 Canal Boulevard
Hays, KS 67601
785-498-4349
www.good-sam.com/locations/home-health-of-central-kansas

Via Christi Village Hays
2225 Canterbury Drive
Hays, KS 67601
785-628-3241
www.vcvhays.com

Graham County
Amazing Grace Homecare
785-390-8993
www.amazinggracestaffing.com/ellis-home-care

Osborne County
Amazing Grace Homecare
785-390-8993
www.amazinggracestaffing.com/ellis-home-care

Downs Care and Rehab
1218 Kansas Street
Downs, KS 67437
785-454-3321
www.missionhealthcommunities.com/downs-care-and-rehab

Parkview Healthcare & Rehab Center
811 North 1st Street
Osborne, KS 67473
785-346-2114
www.parkviewhrc.com

Phillips County
Amazing Grace Homecare
785-390-8993
www.amazinggracestaffing.com/ellis-home-care

Logan Manor
415 North Washington
Logan, KS 67646
785-689-4201
www.loganmanorcare.com

Rawlins County
Good Samaritan- Atwood
650 Lake Road
Atwood, KS 67730
785-661-1688
www.good-sam.com/locations/atwood

Rooks County
Amazing Grace Homecare
785-390-8993
www.amazinggracestaffing.com/ellis-home-care

Russell County
Amazing Grace Homecare
785-390-8993
www.amazinggracestaffing.com/ellis-home-care

Smith County
Smith Center Health & Rehab
117 West 1st Street
Smith Center, KS 66967
785-282-6696
www.missionhealthcommunities.com/smith-center-health-and-rehab

Trego County
Amazing Grace Homecare
785-390-8993
www.amazinggracestaffing.com/ellis-home-care

Senior Centers

Cheyenne County
Bird City Senior Center (Bird City Area on Aging)
122 West 4th Street
Bird City, KS 67731
785-734-7369

Saint Francis Senior Center
332 West Washington Street
St. Francis, KS 67556
785-332-2945

Decatur County
Golden Age Recreation Center
105 West Maple Street
Oberlin, KS 67749
785-475-3222

Ellis County

Ellis Senior Center (Ellis Nutrition Center)
103 West 8th Street
Ellis, KS 67637
785-726-3388

Hays Senior Center
2510 Canterbury Drive
Hays, KS 67601
785-621-2294
www.hayssenioricenter.org

Gove County

Grainfield Senior Center (Community Building)
224 Main Street
Grainfield, KS 67737
913-484-6145

Grinnell Senior Center
105 South Adams Street
Grinnell, KS 67738
785-824-3228

Quinter Senior Center
300 Main Street
Quinter, KS 67752
785-754-3598

Graham County

Graham County Community Center
700 West Main Street
Hill City, KS 67642
785-421-2246

Norton County

Lenora Senior Center
170 South Main
Lenora, KS 67645
785-567-4541

Norton County Senior Center
208 West Main
Norton, KS 67654
785-877-5352
www.nortonsenior.com

Osborne County

Downs Senior Center
514 Morgan Avenue
Downs, KS 67437
785-454-6228

Osborne Senior Center
108 West Main Street
Osborne, KS 67473
785-346-2303

Phillips County

Golden Years Center- Phillipsburg
638 3rd Street
Phillipsburg, KS 67661
785-543-6297

Rawlins County

Atwood Senior Center
205 South 5th
Atwood, KS 67730
785-626-3341

Herndon Senior Center
522 Quincy Avenue
Herndon, KS 67739
785-322-5375

Rooks County

Palco Senior Center
608 Main Street
Palco, KS 67657
785-737-5216

Plainville Senior Center
108 South Jefferson
Plainville, KS 67663
785-434-2056

Stockton Senior Center
201 South Walnut
Stockton, KS 67669
785-425-6926

Russell County
Lucas Golden Age Center
210 South Main Street
Lucas, KS 67648
785-525-6286

Luray Senior Center
100 Main
Luray, KS 67649
785-698-2405

Russell Senior Center
518 North Main Street
Russell, KS 67665
785-483-2008

Sherman County
Goodland Senior Center
208 West 15th Street
Goodland, KS 67735
785-890-7764

Smith County
Kensington Senior Center
102 East Pine Street
Kensington, KS 66951
785-476-2224

Srader Center
119 West Court Street
Smith Center, KS 66967
785-282-3800

Thomas County
Brewster Senior Center
327 Kansas Avenue
Brewster, KS 67732
785-694-2645

Colby Senior Progress Center
165 Fike Park
Colby, KS 67701
785-460-2901

Trego County
Trego County Senior Center
413 Russell Avenue
WaKeeney, KS 67672
785-743-5449

Transportation

All Counties

AARP Driver Safety
800-350-7025
www.aarpdriversafety.org

CHORUS Clearinghouse for
Older Road User Safety
www.roadsafeseniors.org/guides/older-drivers

Kansas Rides
www.ksrides.org
General public transportation resource

Lyft Silver
www.lyft.com/rider/silver

MTM Transportation
Healthy Blue Kansas Members
888-972-5808
www.healthybluekansas.com/medicaid/extras/transportation

Sunflower SafeRide
Sunflower Health Plan Members
877-917-8162
www.sunflowerhealthplan.com/members/medicaid/benefits-services/transportation.html

United Healthcare Community Plan Transportation
United Healthcare Community Plan Members
877-796-5847
www.uhc.com/communityplan/kansas

Cheyenne County

Cheyenne County Transportation
785-772-1053
www.cncoks.us/rides

Decatur County

Decatur County Transportation Bus
785-475-8102
www.dccoks.org/transportation-bus

Ellis County

ACCESS Transportation
785-628-1052
www.sites.google.com/mydsnwk.org/access

Logan County

Logan County Health Services Transportation
Office: 785-672-8144
Bus: 785-672-2467
www.logancountyhospital.org/transportation-2

Osborne County

Solomon Valley Transportation
785-534-2395
www.solvaltrans.com

Phillips County

Phillipsburg General Public Transportation
785-543-6685
www.cityofphillipsburg.com/131/General-Public-Transportation

Rawlins County

Rawlins County Public Transportation
785-626-9625
www.rawlinscounty.org/transportation/index.php

Rooks County

Rooks County Health Center
785-434-4553
www.rookscountyhealthcenter.com

Russell County

Russell Public Transit Program
785-483-2525
www.russellcity.org/188/Public-Transit-Program

Sherman County

Goodland Public Transportation
785-899-5082
www.testing.goodlandks.gov/departments/public-transportation

Smith County

Smith Center Public Transportation
City limits service-785-620-7526;
County and extended area service (direct)-785-282-4248
www.smithcenterks.com/public-transportation

Thomas County

Thomas County Transportation Van
785-443-9208
www.thomascountyks.gov/1219/Transportation-Van

Trego County

WaKeeney Public Transportation
785-743-8150
www.tregocountyks.gov/city-of-wakeeney



Veterans Services

American Legion
www.legion.org
Option to "Find a Post" or "Find a Service Officer" to locate local American Legion

Hays VA Clinic
4107 Vine Street
Hays, KS 67601
888-878-6881, Ext. 41000
www.va.gov/wichita-health-care/locations/hays-va-clinic

Kansas Legal Services (KLS) Legal Assistance for Veterans
316-267-3975
www.kansaslegalservices.org/kls-legal-assistance-veterans

Kansas Office of Veterans Services
785-296-3976
www.kovs.ks.gov/veteran-services/programs-and-services

Kansas Veterans Service Representatives (VSR) Office- **Colby**
990 South Range Avenue, Suite 3
Colby, KS 67701
785-443-0120
www.kovs.ks.gov/veteran-services/field-office-locations/colby
Cheyenne, Decatur, Gove, Logan, Rawlins, Sheridan, Sherman, Thomas, and Wallace counties

Kansas Veterans Service Representatives (VSR) Office- **Hays**
205 East 7th Street, Suites 106 & 107
Hays, KS 67601
785-625-8532 or 785-259-0364
www.kovs.ks.gov/veteran-services/field-office-locations/hays
Ellis, Graham, Norton, Osborne, Phillips, Rooks, Russell, Smith, and Trego counties

National Call Center for Homeless Veterans
877-424-3838

Northwest Kansas Area Agency on Aging
510 West 29th Street
Hays, KS 67601
785-628-8204
www.nwkaaa.com

VFW- Find a Post
www.vfw.org/find-a-post
Option to find a local VFW Post



Other Resources

AARP Kansas
6220 Southwest 29th Street, Suite 300
Topeka, KS 66614
866-448-3619
www.aarp.org/states/kansas

AARP Tax Aide
888-227-7669
www.aarp.org/money/taxes/aarp-taxaide

American Red Cross of Greater Kansas
990 Southwest Fairlawn Road
Topeka, KS 66604
785-354-9238
www.redcross.org/local/kansas/about-us/locations/greater-kansas.html

Center for Practical Bioethics
13725 Metcalf Avenue, #427
Overland Park, KS 66223
816-221-1100
www.practicalbioethics.org

Cheyenne County Hospital
210 West 1st Street
St. Francis, KS 67756
785-332-2104
www.cheyennecountyhospital.com

Citizens Medical Center
100 East College Drive
Colby, KS 67701
785-462-7511
www.cmciks.com/citizens-medical-center

Decatur Health
810 West Columbia Street
Oberlin, KS 67749
785-475-2208
www.decaturhealth.org

First Care Clinic
Multiple locations
785-621-4990
www.firstcareclinic.com

Goodland Regional Medical Center
220 West 2nd Street
Goodland, KS 67735
785-890-3625
www.goodlandregional.com

Gove County Medical Center
520 West 5th Street
Quinter, KS 67752
785-754-3341
www.gcmc.org

Graham County Hospital
304 West Prout Street
Hill City, KS 67642
785-421-2121
www.grahamcountyhospital.com

HaysMed
2220 Canterbury Drive
Hays, KS 67601
855-429-7633
www.haysmed.com

Kansas Advocates for Better Care
536 Fireside Court, Suite B
Lawrence, KS 66049
785-842-3088
www.kabc.org

Logan County Health Services
211 Cherry Avenue
Oakley, KS 67748
785-672-3211
www.logancountyhospital.org

Norton County Hospital
102 East Holme Street
Norton, KS 67654
785-877-3351
www.ntcohosp.com

Osborne County Memorial Hospital
237 West Harrison Street, Suite 100
Osborne, KS 67473
785-346-2510
www.ocmh.org

Phillips County Hospital
1150 State Street
Phillipsburg, KS 67661
785-543-5226
www.phillipshospital.org

Rawlins County Health Center
707 Grant Street
Atwood, KS 67730
785-626-3211
www.rchc.us

Rooks County Health Center
1210 North Washington Street
Plainville, KS 67663
785-434-4553
www.rookscountyhealthcenter.com

Rooks County Health Center
1210 North Washington Street
Plainville, KS 67663
785-434-4553
www.rookscountyhealthcenter.com

Russell Regional Hospital
200 South Main Street
Russell, KS 67665
785-483-3131
www.russellhospital.org

Selden Community Clinic
112 North Kansas Avenue
Selden, KS 67757
785-386-4380
www.ambermed.com

Senior Companion Program
Fort Hays State University - 600 Park Street
Hays, KS 67601
785-628-5809
www.fhsu.edu/seniorcompanions

Sheridan County Hospital
826 18th Street, PO Box 167
Hoxie, KS 67740
785-675-3281
www.ambermed.com

Smith County Memorial Hospital
921 US-36 East
Smith Center, KS 66967
785-282-6845
www.scmhks.org

Trego County Lemke Memorial Hospital
320 North 13th Street
WaKeeney, KS 67672
785-743-2182
www.tclmh.org

Women Who Lead (Senior Supper
& Social events)
contact@womenwholead.org
www.womenwholead.org

Important Numbers

Abuse, Neglect, Exploitation
In the Community: 800-922-5330
In an Adult Care Facility: 800-842-0078

Disability Rights Center of Kansas
877-776-1541

Elder Law Hotline
888-353-5337

Northwest Kansas Area Agency on Aging
785-628-8204

KanCare Ombudsman
855-646-8180

Kansas Department for Aging and Disability Servies (KDADS)
785-296-4986 or 800-432-3535

Kansas Long-Term Care Ombudsman
785-296-3017 or 877-662-8362

Medicaid Fraud Hotline
800-432-3913

Social Security Administration
800-772-1213

Suicide & Crisis Lifeline
Dial 988

Notes

My Important Contacts

Name:
Address:
Email:
Phone Number:
Website:

Name:
Address:
Email:
Phone Number:
Website:

Name:
Address:
Email:
Phone Number:
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Name:
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Email:
Phone Number:
Website:

Name:
Address:
Email:
Phone Number:
Website:

Name:
Address:
Email:
Phone Number:
Website:

Kansas Department for Aging and Disability Services
Central Office
503 South Kansas Avenue
Topeka, KS 66603
800-432-3535
www.kdads.ks.gov

Kansas Advocates for Better Care
536 Fireside Court, Suite B
Lawrence, KS 66049
785-842-3088
www.kabc.org