9

Kansas Aging Resource Guide



Northeast Kansas Area Agency on Aging Directory of Resources

Kansas Aging Resource Guide

Updated May 2026



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KANSAS ADVOCATES for BETTER CARE

better elder care, no matter where

Welcome to our resource guide tailored for adults aged 60 and above, their dedicated caregivers, and professionals committed to their well-being. Within these pages, you'll find a wealth of support, guidance, and essential numbers to navigate the various aspects of aging with confidence and ease.

With over 15,000 older adults residing in the Northeast Kansas Area Agency on Aging region, a number projected to surge steeply until 2050, the demand for long-term care services is set to escalate. Long-term care encompasses a wide spectrum of services, often necessitating urgent decisions. We trust that this guide will empower you to make well-informed choices as you explore your options.

Whether you're seeking assistance with healthcare, housing options, social services, or more, this guide aims to be your trusted companion in accessing the resources available in the Northeast Kansas region.

Kansas Advocates for Better Care (KABC) is a statewide nonprofit founded in 1975 as Kansans for Improvement of Nursing Homes by community activist Anna “Petey” Cerf and women from the Lawrence and Topeka area. Today, KABC continues their legacy by advocating for dignity, quality long-term care, and consumer rights across Kansas, providing guidance to older adults and families, training caregivers, and working with policymakers.

Our Mission

Kansas Advocates for Better Care is dedicated to improving the quality of long-term care for older Kansans, at home and in residential care settings.

Our Vision

All older Kansans receive good quality long-term health care in the setting of their choice.

Contact Information:

536 Fireside Court, Suite B
Lawrence, KS 66049
785-842-3088

info@kabc.org
www.kabc.org

Alzheimer's Disease and Related Dementias

Dementia is not a single disease, rather an overall term to describe a collection of symptoms that one may experience if they are living with a variety of diseases, including Alzheimer's. Alzheimer's disease ranks as the 6th leading cause of mortality in the US (CDC) or the 7th leading cause of mortality in Kansas (CDC). Diseases grouped under the general term "dementia" are caused by abnormal brain changes. Dementia symptoms trigger a decline in thinking skills, also known as cognitive abilities, severe enough to impair daily life and independent function. They also affect behavior, feelings and relationships. In cases where a primary care physician suspects mild cognitive impairment or potential Alzheimer's disease, they may opt to refer the patient to specialists such as geriatricians, geriatric psychiatrists, neurologists, or neuropsychologists. To diagnose Alzheimer's, physicians may use medical history, mental status tests, physical and neurological exams, diagnostic tests and brain imaging.

The Alzheimer's Association 24/7 Helpline (800-272-3900) is a free service offering support for people living with dementia, caregivers, families and the public. Connect with a live person who can provide information, local resources, crisis assistance and emotional support.

The Alzheimer's Association in your area offers support groups, caregiver and healthcare professionals training, access to a video/book library, various publications and newsletters, outreach services, a safe return registry, and referral services.

Heart of America Chapter
8001 Conser, Suite 240
Overland Park, Kansas 66204
913-831-3888
www.alz.org/kansascity

Kansas Dementia Road Map
The Kansas Dementia Road Map: A Guide for People Impacted by Dementia, created by the Kansas Department of Aging and Disability Services, offers practical information to families as they enter into, live with, and navigate the dementia journey. The Roadmap offers guidance about what to do when a person experiences changes in memory and thinking. It also offers information and tips about what to expect and steps to take if someone in your family has been diagnosed with Alzheimer's or other dementia.

Alzheimer's Disease and Related Dementias

To receive a copy of the Kansas Dementia Road Map:

- Contact your Local Area Agency on Aging (see map on page 4)
- Contact the Alzheimer's Association
- Email KDADS.Dementia@ks.gov
- Or download a copy online via the QR code below

K-RAD Program

Kansas Respite for Alzheimer's and Dementia (K-RAD) is a resource for family caregivers with limited access to respite care and/or other supports through current systems. The purpose is to provide relief to unpaid caregivers of individuals with a diagnosis or probable diagnosis of Alzheimer's disease or related dementia. The Kansas Department for Aging and Disability Services administers the program through the Area Agencies on Aging.

For more information regarding eligibility for the K-RAD program, please visit www.kdads.ks.gov/services-programs/aging/alzheimer-s-disease-and-dementia/respite-for-alzheimer-s-dementia-program or email KDADS.Dementia@ks.gov

Area Agencies on Aging

Area Agencies on Aging (AAA) were established under the Older Americans Act in 1973 to respond to the needs of older adults and caregivers in every local community. AAAs are organizations charged with helping vulnerable older adults live with independence and dignity in their homes and communities. Locally managed with federal, state, and local funding resources, service delivery decisions are made at the community level, often in the private homes of the individuals who need services.

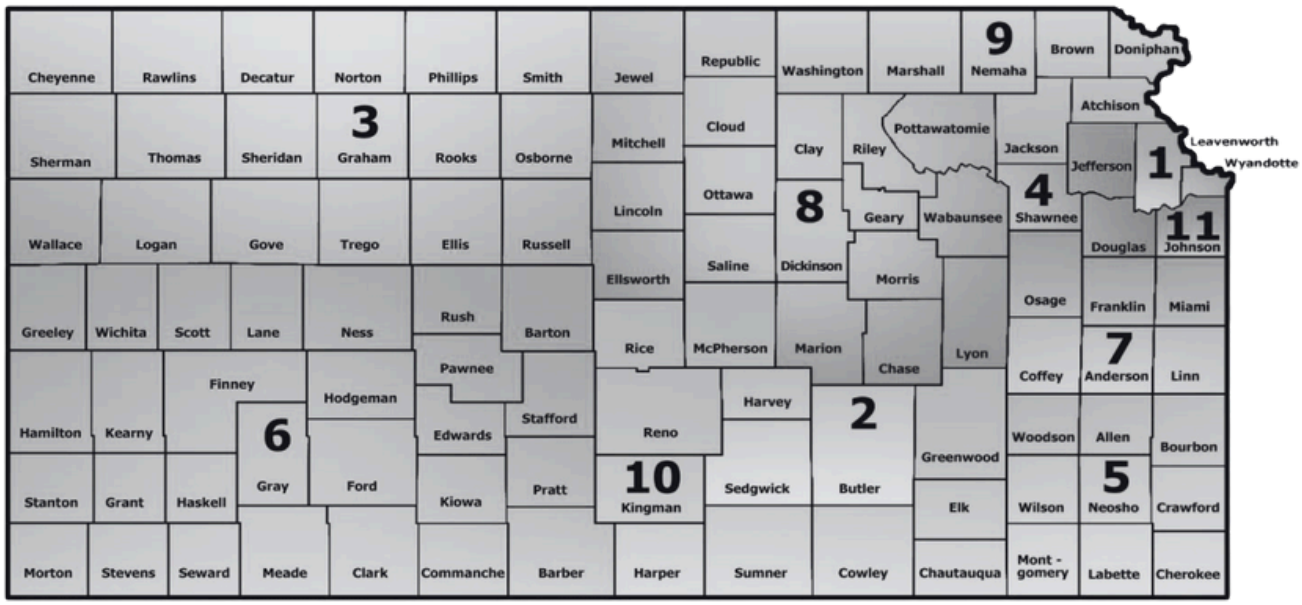
Please see page 4 for the Kansas AAA coverage map and page 10 for specific services covered through the Senior Care Act and Older Americans Act.

AAAs provide services that fall into five broad categories:

- Information and Access services
- Community Services
- In-Home services
- Housing
- Elder Rights

Services such as meals and a range of in-home services make independent living a viable option.

Area Agencies on Aging



1. Wyandotte-Leavenworth AAA
849 North 47th Street, Suite C
Kansas City, KS 66102
913-573-8531
www.wycokck.org

2. Central Plains AAA
271 West 3rd Street North,
Suite 500
Wichita, KS 67202
800-367-7298
www.cpaaa.org

3. Northwest Kansas AAA
510 West 29th Street, Suite B
Hays, KS 67601
785-628-8204 or 800-432-7422
www.nwkaaa.com

4. Jayhawk AAA
2910 Southwest Topeka Boulevard
Topeka, KS 66611
785-235-1367 or 800-798-1366
www.jhawkaaa.org

5. Southeast Kansas AAA
1 West Ash
Chanute, KS 66720
620-431-2980 or 800-794-2440
www.sekaaa.com

6. Southwest Kansas AAA
236 San Jose Avenue
Dodge City, KS 67801
620-225-8230 or 800-742-9531
www.swkaaa-aging.org

7. East Central Kansas AAA
117 South Main Street
Ottawa, KS 66067
785-242-7200 or 800-633-5621
www.eckaaa.org

8. North Central/Flint Hills AAA
401 Houston Street
Manhattan, KS 66052
785-776-9294 or 800-432-2703
www.ncfhaaa.com

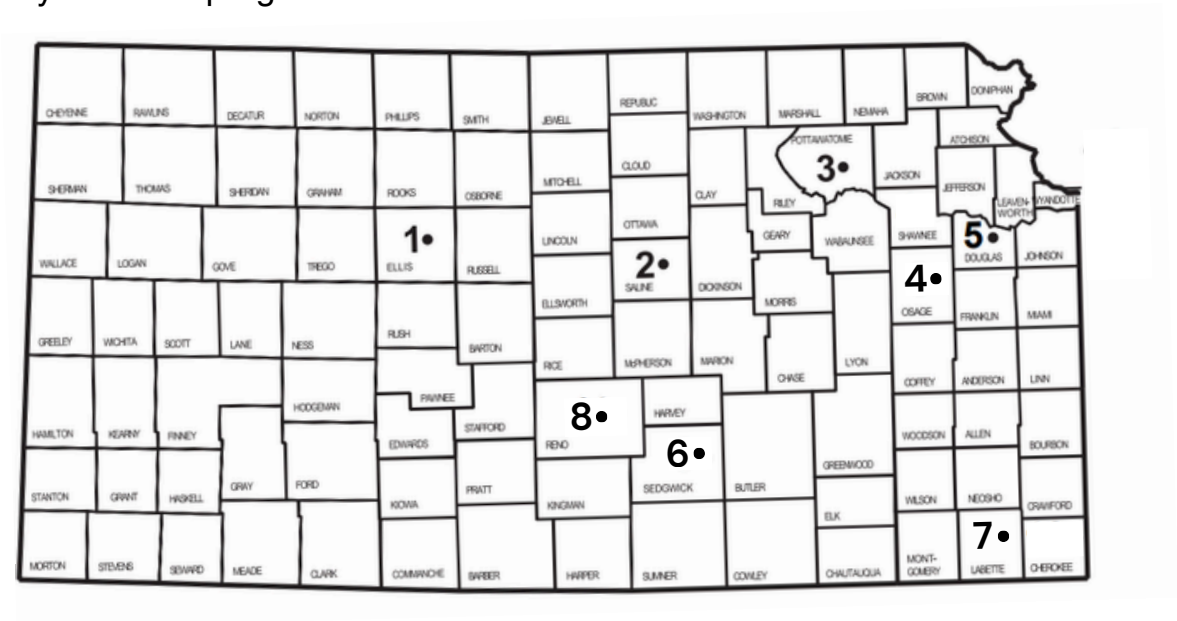
9. Northeast Kansas AAA
1803 Oregon Street
Hiawatha, KS 66434
785-742-7152 or 800-883-2549
www.nekaaa.org

10. South Central Kansas AAA
304 South Summit Street
Arkansas City, KS 67005
620-442-0268 or 800-362-0264
www.sckaaa.org

11. Johnson County AAA
11811 Sunset Drive, Suite 1300
Olathe, KS 66061
913-715-8861
www.jocogov.org

Centers for Independent Living

Centers for Independent Living (CILs) are non-residential, community-based, private, non-profit organizations that are designed and operated by individuals with disabilities. The Centers for Independent Living offer varied services which may include individual and system advocacy, information and referral services, peer counseling, independent living skills, training, advocacy and legal services, housing assistance, personal skills instructions, help in obtaining assistive devices, communication services, and services through the Home and Community Based Waiver Services for the Physically Disabled program.



1. LINK, Inc.
2401 East 13th Street
Hays, KS 67601
785-625-6942
www.linkinc.org

2. Independent Connection
436 South Ohio Street
Salina, KS 67401
785-452-9580
www.indconnectinc.com

3. Three Rivers
504 Miller Drive, PO Box 408
Wamego, KS 66547
785-456-9915
www.threeriversinc.org

4. Resource Center for Independent Living
PO Box 257
1137 Laing Street
Osage City, KS 66523
785-528-3105
www.rcilinc.org
Multiple office locations

5. Independence, Inc.
2001 Haskell
Lawrence, KS 66044
785-841-0333
www.independenceinc.org

6. Independent Living Resource Center
3033 West 2nd Street North
Wichita, KS 67203
316-942-6300
www.ilrcks.org

7. Southeast Kansas Independent Living
1801 Main Street
P. O. Box 957
Parsons, KS 67357
620-421-5502
www.skilonline.com
Multiple office locations

8. Beyond Barriers
115 East 4th Street
Hutchinson, KS 67501
620-663-3989
www.beyondbarriersks.com

Frauds and Scams

Frauds and scams targeting older adults are a pervasive threat, preying on trust and vulnerability. These deceptive schemes come in various forms, including fake lotteries, phishing emails, and fraudulent investment opportunities. Perpetrators often employ sophisticated tactics, exploiting seniors' unfamiliarity with technology or financial intricacies. Common warning signs include unsolicited requests for personal information, pressure to act quickly, and promises of unrealistic returns. To protect against such exploitation, it's crucial for older adults to stay informed, verify the legitimacy of offers, and seek advice from trusted sources before making any financial decisions. Vigilance and awareness are key defenses in safeguarding against these harmful schemes.

Helpful Resources and Contacts

Federal Trade Commission
877-438-4338
www.ftc.gov

For a Free Credit Report: Equifax, Experian, Trans Union
877-322-8228
www.annualcreditreport.com

KanCare Ombudsman
855-643-8180
www.kancare.ks.gov/members/help-resources/kancare-ombudsman

Kansas Attorney General Consumer Protection Hotline
800-432-2310
www.ksag.org

Kansas Charity Check
www.kscharitycheck.org

Kansas Insurance Department
800-432-2484
www.insurance.kansas.gov

Kansas Senior Medicare Patrol (SMP)
800-860-5260
www.kdads.ks.gov/services-programs/aging/medicare-programs/kansas-senior-medicare-patrol-smp

Medicaid Fraud and Abuse
800-447-8477
www.oig.hhs.gov/fraud

National Do Not Call Registry
888-382-1222
www.donotcall.gov

Postal Inspection Services
877-876-2455
www.uspis.gov

Senior Health Insurance Counseling For Kansas (SHICK)
800-860-5260
www.kdads.ks.gov/services-programs/aging/medicare-programs/senior-health-insurance-counseling-for-kansas-shick

Stop: Don’t give out your information. Hang up the phone, don’t click on buttons or links, and don’t respond to messages from potential scammers.

Verify: Check if the person trying to reach you is legitimate by verifying the source. Asking for help from someone you trust, like your bank, your family, or your friends, will help to relieve some of the stress of the situation and ensure you locate the right information.

Report: If you or someone you know has been scammed or may be at risk of exploitation, call the Kansas Protection Report Center hotline at 1-800-922-5330.

Reporting scam activity helps improve efforts to shut down scams and scammers and prevent future scam victims. Financial scams are everyone’s business.

How to Choose a Nursing Facility

At some point, many of us will require more care than we can receive in our home. Maybe an injury or illness has occurred that requires full-time skilled care. The onset of Alzheimer's Disease or other forms of dementia can make it difficult and unsafe to live at home. Choosing a nursing facility or other type of long-term care facility can be an overwhelming prospect. *Where do I begin? What do I look for? How can I tell if it's the right one for me?*

First, a CARE assessment (Client Assessment and Referral Evaluation) is required to enter a Medicare/Medicaid certified nursing facility to determine the appropriate level of care needed. This can be done in your home by a CARE specialist from Northeast Kansas Area Agency on Aging. The Level I CARE assessment will provide a "level of care score" to the KanCare Clearinghouse for those wishing to utilize Medicaid as payment for nursing facility care. The Level I screens for "functional eligibility" only; the KanCare clearinghouse determines fiscal eligibility for Medicaid. If you are in a hospital, the social worker or discharge planner can complete the assessment. Once your level of care has been determined, you can begin the search for facilities in your desired area.

Choosing a nursing home or other long-term care facility is an important decision that often begins when an individual's needs require more support than can be provided at home. Experts recommend first identifying the person's care needs, preferences, and priorities — such as medical services, social activities, location near family, or specialized memory care. Talking with health professionals, friends, community groups, or others who have experience with local facilities can also help narrow options.

Visiting several facilities is ideal whenever possible. During visits, pay attention to cleanliness, staff interactions with residents, activity options, safety features, licensing and certification status, and overall atmosphere. Asking detailed questions about staffing, medical care, activities, costs, and contracts can help ensure expectations are clear before making a decision.

If you can't tour the facilities, request virtual tours or photos/videos from staff, review publicly available inspection reports and complaint histories, and ask detailed questions by phone about staffing levels, services, person-centered care, and daily routines.

Inspection reports are available online www.kdads.ks.gov/licensing-policy/adult-care-home-directory

How to Choose a Nursing Facility

Each facility is different, so get detailed information about costs and which services are included. Find out if Medicare, Medicaid, or long-term care insurance will pay for any of the costs. The facility may have a financial office that can help you determine what assistance is available.
The average cost for a semi-private nursing home room in Kansas is over $6,000 a month.

Once you select a facility, read the contract carefully. Make sure all the agreements are clear and ask questions about anything you don't understand. Read over the contract again before signing it.

Medicaid (KanCare)
Pays for nursing facility costs for those with limited income and assets, after personal resources have been exhausted.

Medicare
Pays under limited circumstances, short-term following a qualified hospital stay.

Medicare Supplemental Insurance
Usually dependent on if Medicare will pay.

Long-Term Care Insurance
Private insurance that pays for a variety of services. Coverage varies per policy.

Personal Resources
Savings or investments.

PEAK Program

A pay-for-performance Medicaid program to increase the adoption rate of person directed care practices in Kansas nursing homes.

Below are the PEAK Levels. Please see "*Nursing Facilities*" under Community Resources and Services to see which facilities in your area are part of the PEAK Program.

Mentor Homes (Level 8)
The highest level homes that excel in person-directed practices and help guide other homes

Sustained Person-Centered Care Home (Level 7)
Long-term leaders and homes that maintain excellent person-directed practices

Person-Centered Care Home (Level 6)
Full person-centered directed homes that meet all current standards

Level 5 Homes
Homes close to reaching full person-directed practices

Level 4 Homes
Homes implementing and sustaining several person-directed practices

Level 3 Homes
Homes improving in multiple person-directed areas

Level 2 Homes
Homes actively working on person-directed changes in a few, targeted areas

Level 1 Homes
Homes beginning to make person-directed changes

Foundation Homes

In-Home Services

Kansas Aging and Disability Resource Center

The Kansas Aging and Disability Resource Center (ADRC) is a comprehensive service resource catering to individuals of all ages, abilities, and income levels, along with their caregivers, to address long-term service and support needs.

The ADRC, operated by Liberty Healthcare Corporation (Liberty), provides objective information and personalized options counseling to help older adults and people with disabilities make informed choices about their services and supports. Liberty provides coverage across Kansas and offers a wide range of long-term support options, connecting people to services that match their preferences, strengths, and values. Additionally, ADRC provides a statewide call center (855-200-2372) staffed with knowledgeable personnel, delivering information, referrals, and assistance for community services.

A variety of in-home services are available, each with different payment and funding sources and eligibility criteria. Here are a few examples to help you understand your options:

AAA Services

The **Senior Care Act** program was established by the Kansas Legislature to assist Kansas residents age 60 or older who have functional limitations in self-care and independent living, but who are able to reside in a community-based residence if some services are provided.

The program provides in-home services to persons who contribute to the cost of services based on their ability to pay. Services vary by county but may include attendant care, respite care, homemaker support, chore services, and adult day care. KDADS administers the program through the AAAs.

The **Older Americans Act** (OAA) was enacted by Congress in 1965 to address the lack of community social services for older adults. It established grants for community planning, social services, research, and training in aging. OAA provides legal assistance, caregiver support, in-home services, transportation, and nutrition programs to older adults. Services are offered on a free or contribution basis. KDADS administers the program through the AAAs.

More detailed information about services offered through the OAA can be found on page 10.

In-Home Services

Older Americans Act, Continued

Legal Assistance

Legal assistance and elder rights programs work in conjunction with other Administration on Aging (AoA) programs and services to maximize the independence, autonomy and well-being of older persons.

Title III-B attorneys provide legal assistance nationwide on issues such as income security, health care, long-term care, nutrition, housing, utilities, protective services, defense of guardianship, abuse, neglect, and age discrimination. Legal assistance is targeted towards older individuals in social and economic need.

Legal assistance is available in older Kansans through contracts between the Area Agencies on Aging and Kansas Legal Services. Kansas Legal Services may be contacted thru the Kansas Elder Law Hotline at 888-353-5337 from 9:00 a.m. to 4:00 p.m. Monday thru Friday.

Caregiver Support

Annually, each AAA will receive an allocation of limited federal funds for Family Caregiver Support Program (FCSP) services. The services that may be available include: information, assistance, caregiver training, individual counseling, support groups, supplemental services, and respite care. Respite enables a caregiver to be temporarily relieved from their caregiving responsibilities.

Supportive Services

Home and Community-Based Supportive Services grants fund a broad array of services that enable seniors to remain in their homes for as long as possible. These services include but are not limited to:

- Access services such as transportation, case management, and information and assistance;
- In-home services such as personal care, chore, and homemaker assistance; and
- Community services such as legal services, mental health services, and adult day care.

This program also funds multi-purpose senior centers that coordinate and integrate services for the older adults such as congregate meals, community education, health screening, exercise/health promotion programs and transportation.

Nutrition Programs

The OAA nutrition program is designed to:

- Reduce hunger and food insecurity,
- Promote socialization, and
- Support health and well-being among older adults.

Under Title III-C, services include congregate meals (group dining settings), home-delivered meals (for homebound individuals), and approved alternatives such as grab-and-go or carryout meals when permitted.

Eligibility generally includes individuals age 60 or older (and in some cases their spouses or eligible individuals with disabilities living with them), with priority given to those with the greatest economic or social need.

In-Home Services

Home Health Services following an injury or hospital stay

If you are under a physician's care and are prescribed home health care services, Medicare or Medicaid may cover in-home services for short-term needs, as long as a care plan is established. You must use a home health agency certified to provide Medicare and Medicaid services. Private insurance, Medicare supplement, or long-term care insurance may also cover some home health care expenses. Many home health agencies offer private pay options.

Medicaid (KanCare) Services

To participate in HCBS programs, you must be approved for Medicaid (KanCare) and meet the functional eligibility criteria. The initial functional assessment and annual waiver assessments are completed by Maximus.

The HCBS programs are coordinated by the current Managed Care Organizations (MCOs) under KanCare. Care Managers set up a plan of care to determine the number of hours and types of service needed.

HCBS Frail Elderly (FE) Waiver

For adults age 65+. Must meet criteria for nursing home placement, be Medicaid eligible, and need help with activities of daily living. Services may include: Adult day care, personal care services, personal emergency response, home telehealth, medication reminders, enhanced care services, and more.

Medicaid (KanCare)

KanCare is the program through which the State of Kansas administers Medicaid. Kansas has contracted with three health plans, or MCOs, to coordinate health care for all people enrolled in Medicaid. KanCare health plans are required to coordinate all of the different types of care a consumer receives. The goals of the KanCare program are to improve overall health outcomes while slowing the rate of cost growth over time.

KanCare can be used in conjunction with Medicare benefits and covers some services not covered by Medicare, including nursing home and long-term care services. Participants may also receive financial assistance for Medicare Part D (prescription drug) expenses.

For more information or to apply online, visit www.kancare.ks.gov or call the KanCare Clearinghouse at 800-792-4884 to be mailed a paper application.

Who is eligible?

KanCare provides health coverage for: Qualifying children under age 19, pregnant women, adults, non-disabled, non-elderly parents or caregivers of children younger than 19, individuals age 65 and over, and individuals with disabilities.

Medicaid (KanCare)

KanCare Ombudsman

The KanCare Ombudsman provides an independent and confidential resource for Kansas Medicaid recipients. The KanCare Ombudsman office can assist with answering questions, resolving issues, completing applications or renewals, and learning about in-home services.

Contact Information

KanCare.Ombudsman@ks.gov
855-643-8180
www.kancare.ks.gov/members/help-resources/kancare-ombudsman

Navigating Medicare

Medicare is a federal health insurance program in the United States that provides coverage primarily for people age 65 and older, as well as certain younger individuals with disabilities and people with end-stage renal disease.

Medicare.gov is the official U.S. government website for Medicare and is managed by the U.S. Centers for Medicare & Medicaid Services (CMS). The site serves as a source for all things Medicare and is loaded with helpful information, useful tools and more. Please visit www.medicare.gov or call 1-800-MEDICARE (1-800-633-4227).

Senior Health Insurance Counseling for Kansas (SHICK)

SHICK is a free program offering Kansans an opportunity to talk with trained, community volunteers and get answers to questions about Medicare and other insurance issues. SHICK counselors are located throughout the state and can help individuals stay informed on changing conditions in health care insurance. Counselors receive training on Medicare, Medicare Supplemental Insurance, Long-Term Care Insurance, and other health insurance subjects that concern older Kansans. They do not work for any insurance company. The goal is to educate and assist the public in making informed decisions.
To contact SHICK, please call 800-860-5260 or visit www.kdads.ks.gov/services-programs/aging/medicare-programs/senior-health-insurance-counseling-for-kansas-shick

Need Help Paying Premiums?

Medicare Savings Program

The Medicare Savings Program is a federal initiative designed to aid Medicare beneficiaries in managing the costs associated with Part A, Part B, and Part D premiums, as well as deductibles and co-pays, based on their income level. Eligibility for this program is contingent upon meeting monthly income criteria and adhering to maximum asset thresholds. Interested individuals can request a Medicare Savings Program application from their local SHICK office by calling 800-860-5260 or apply online at www.kancare.ks.gov/apply-now.

Navigating Medicare

Extra Help

Medicare Part D provides prescription drug coverage. The Extra Help program helps with the cost of prescription drugs, deductibles and copays. You can apply for Extra Help any time before or after you enroll in Part D. Apply online at www.ssa.gov/medicare/part-d-extra-help or contact your local Social Security Office.



Red Flags for Elder Abuse and Neglect

Every year an estimated 5 million, or 1 in 10 older Americans experience elder abuse, neglect, or exploitation.

Elder abuse refers to any form of mistreatment or harm inflicted upon an older person, typically aged 60 or above. Abuse can occur within various relationships including family, caregiver, or institutional settings. Types of abuse can include physical abuse, sexual abuse, emotional and psychological abuse, verbal abuse, neglect, passive neglect, willful deprivation, and financial exploitation.

Signs of physical abuse include hitting, pinching, shoving, force-feeding, and rough handling, along with physical indicators such as bruises, skin tears, absence of hair, cuts, rope marks, over-medication, chemical restraint, and reports from the individual of being abused. Signs of neglect can include weight loss due to lack of assistance with eating and drinking, delayed response to restroom requests leading to loss of bladder or bowel control, unpleasant body odors from lack of hygiene, pressure sores, dehydration, lack of mental, medical, or dental care, reduced mobility due to lack of walking assistance, ignoring cries for help, and failure to administer prescribed medication.

How to Report Elder Abuse

If you or someone you know is in a life threatening situation or in immediate danger, contact 911 or local law enforcement.

Report as soon as you have a concern!

To report suspected abuse, neglect, or exploitation in the community or in facilities licensed by the Kansas Department for Aging and Disability Services when the perpetrator is not a resident of or staff of the facility, contact Adult Protective Services at 800-922-5330.

How to Report Elder Abuse Continued

To report suspected abuse, neglect, or exploitation in an adult care home (nursing facility, assisted living facility, home plus, adult day care...), in a medical care facility, or occurring with a home health agency, contact Kansas Department for Aging and Disability Services at 800-842-0078.

To report suspected abuse, neglect, or exploitation in states other than Kansas, contact the Kansas Aging and Disability Resource Center for information at 855-200-2372.

Social Security Information

Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) are federal programs administered by the Social Security Administration (SSA) to provide financial assistance to individuals with disabilities and unable to work.

Social Security Disability Insurance
SSDI provides benefits to individuals who have a disability that prevents them from engaging in substantial gainful activity and have worked and paid Social Security taxes for a certain period. Eligibility for SSDI is based on work history and work credits earned through payment of Social Security taxes. The number of credits needed depends on the age at which the individual became disabled.

Supplemental Security Income
SSI provides monthly payments to people with disabilities, people who are blind, and older adults who have little or no income or resources. Workers who have paid Social Security taxes for 10 years or more and are age 62 are eligible for early social security benefits. SSDI will convert to Social Security retirement benefits at “full retirement age”.

How to Apply?
Apply online at www.ssa.gov/apply, by phone, on in person at your local office.

Appeal a Decision
You have a right to appeal a decision made by the Social Security Administration.
To learn more, visit www.ssa.gov/apply/appeal-decision-we-made or call 800-772-1213 for assistance.

Website:
www.ssa.gov

Phone number:
800-772-1213
Available Monday- Friday (8:00 a.m. – 7:00 p.m.)

Local Offices:
600 Southwest Commerce Place
Topeka, KS 66615

850 Nebraska Avenue
Kansas City, KS 66101



What are my Long-Term Care Housing Options?

Independent Living

A variety of housing options, including apartments, duplexes, and condominiums are accessible, offering both private pay and subsidized arrangements (such as through HUD or other income-based rent programs). The amenities, services, and activities offered differ among these options, and certain choices may require an application process and waitlist. Independent living communities are not regulated or licensed by the state.

Continuing Care Retirement Communities (CCRCs)

CCRCs, or life care communities, offer a continuum of care so residents can move from independent living to higher levels of care without leaving the community. However, they can be expensive and typically require a significant upfront "buy-in" cost.

Home Plus

Home Plus are residences or facilities caring for no more than 16 individuals who, due to functional impairment, need personal care and may need supervised nursing care to compensate for activities of daily living limitations. Home Plus are not regulated by the federal government but are licensed by the Kansas Department for Aging and Disability Services.

Assisted Living/ Residential Health Care Facilities

Assisted living facilities and residential health care facilities (RHCF) offer a residential care setting for older adults who want their own living space. Residents may need help with dressing, bathing, eating, and toileting, but do not require the intensive medical and nursing care provided in a nursing home. RHCFs are very similar to assisted living facilities but do not offer kitchenettes in an individual's room. Assisted living facilities and RHCFs are not regulated by the federal government but are licensed by the Kansas Department for Aging and Disability Services.

Nursing Facility

Nursing facilities provide 24-hour care for individuals who can no longer live independently. A nursing facility setting also may be appropriate for people who need extended post-operative care, complex medical monitoring, nursing, medical, social and rehabilitative care. All nursing facilities are licensed and regulated by state governments, while those licensed by Medicaid/Medicare are additionally regulated by the federal government.

**Names and ownership of long-term care facilities can change frequently. While this guide is accurate to the best of our knowledge at the time of publication, details may have changed. For the most up-to-date information, please visit www.kdads.ks.gov/licensing-policy/adult-care-home-directory*

Adult Day Care

Atchison County

Gran Villas Atchison
1635 Riley Street
Atchison, KS 66002
913-367-2077
www.granvillasatchison.com

Medicalodges Atchison
1637 West Riley Street
Atchison, KS 66002
913-367-6066
www.medicalodgesatchison.com

Brown County

Maple Heights Nursing & Rehabilitation
302 East Iowa Street
Hiawatha, KS 66434
785-742-7465
www.mapleheightsrehab.org

The Pines of Hiawatha
1480 230th Street
Hiawatha, KS 66434
816-863-3030
www.thepinesofhiawatha.com

Doniphan County

The Willow
2125 Highway 36
Wathena, KS 66090
785-990-4663

Marshall County

Blue Valley Health and Rehabilitation Center
710 Western Avenue
Blue Rapids, KS 66411
785-363-7777
www.bluevalleyhrc.com

Cambridge Place Senior Village
1110 North 15th Street
Marysville, KS 66508
785-562-5321
www.cambridgeplacesv.com

Nemaha County

Apostolic Christian Retirement Village
511 Paramount Street
Sabetha, KS 66534
785-284-3471
www.apostolicsabetha.com

Crestview Nursing and Residential Living
808 North 8th Street
Seneca, KS 66538
785-336-2156
www.crestviewseneca.com

Sabetha Manor
1441 Oregon Street
Sabetha, KS 66534
785-284-3411
www.americareusa.net/senior-living/sabetha-manor-sabetha-ks

Washington County

Linn Community Nursing Home
612 3rd Street
Linn, KS 66953
785-348-5551
www.linncomm.org

Assisted Living Facilities

Atchison County

Gran Villas Atchison
1635 Riley Street
Atchison, KS 66002
913-367-2077
www.granvillasatchison.com

Homestead of Atchison
1301 North 4th Street
Atchison, KS 66002
913-358-5283
www.midwest-health.com/atchison

Brown County

Homestead of Hiawatha
400 Kansas Avenue
Hiawatha, KS 66434
785-741-8253
www.midwest-health.com/hiawatha

Jackson County

Homestead of Holton
410 Juniper Drive
Holton, KS 66436
785-329-0958
www.midwest-health.com/holton

Marshall County

Country Living in Marysville
1149 Country Place Drive
Marysville, KS 66508
785-562-4001
www.countrylivinginmarysville.com

Nemaha County

Credo Senior Living of Seneca
1700 Community Drive
Seneca, KS 66538
785-336-6868
www.credosl.com/kc_residences/seneca-ks

Assistive Technology and Medical Equipment

All Counties

CMH (Community Memorial Healthcare) Home Care
805 Broadway
Marysville, KS 66508
785-562-4062
www.cmhcare.org

Kex Rx
807 Main Street
Atchison, KS 66002
913-367-5252
www.kexrx.com

Randolph Mobility & Wellness
2303 South 22nd Street
St. Joseph, MO 64503
816-364-4357
www.randolphmedical.com

Brown County

Personal Care, Inc.
700 Oregon
Hiawatha, KS 66434
785-742-7606
www.medicalwellnessnachtigal.com

Jackson County

Community HealthCare System
120 West 8th Street
Onaga, KS 66521
785-889-7200
www.chcsks.org

Meadowlark District K-State Extension Office
114 West Fifth Street
Holton, KS 66436
785-364-4125
www.meadowlark.k-state.edu

Medical Pharmacy
1100 Columbine Drive
Holton, KS 66436
785-364-2114

Marshall County

Community HealthCare System
120 West 8th Street
Onaga, KS 66521
785-889-7200
www.chcsks.org

Community Medical Equipment -
Community Memorial Healthcare
805 Broadway
Marysville, KS 66508
785-562-2858
www.cmhcare.org

Health First
801 Broadway Street
Marysville, KS 66508
785-562-3196

Nemaha County

Community HealthCare System
120 West 8th Street
Onaga, KS 66521
785-889-7200
www.chcsks.org

Community Medical Equipment -
Community Memorial Healthcare
805 Broadway
Marysville, KS 66508
785-562-2858
www.cmhcare.org

Meadowlark District K-State Extension Office
114 West Fifth Street
Holton, KS 66436
785-364-4125
www.meadowlark.k-state.edu

Medical Arts Pharmacy
701 Main Street
Seneca, KS 66538
785-336-6146
www.medicalartspharmacyseneca.com

Washington County

Community HealthCare System
120 West 8th Street
Onaga, KS 66521
785-889-7200
www.chcsks.org

Funk Medical and Mobility
240 West 6th Street
Concordia, KS 66901
785-243-2345
www.funkmedical.com

Caregiver Support

ALS Association Kansas
913-374-1275
infoKS@als.org
www.als.org/support/states/kansas

Alzheimer's Association Heart of America
8001 Conser, Suite 240
Overland Park, KS 66204
913-831-3888
www.alz.org/kansascity

American Lung Association Kansas
913-353-9165
www.lung.org/ks

American Stroke Foundation
913-649-1776
www.americanstroke.org

Holton Community Hospital
1110 Columbine Drive
Holton, KS 66436
785-364-9610 (Senior life), 785-364-2116 ext. 1620 (Grief coaching)
www.holtonhospital.com

Northeast Kansas Area Agency on Aging
1803 Oregon Street
Hiawatha, KS 66434
785-742-7152
www.nekaaa.org

Saint Peter and Paul Catholic Church
411 Pioneer
Seneca, KS 66538
785-336-2128
www.saintspeterandpaul-seneca.com

Continuing Care Retirement Communities

Brown County
Maple Heights Nursing and Rehab Center
302 East Iowa Street
Hiawatha, KS 66434
785-742-7465
www.mapleheightsrehab.org

Marshall County
Cambridge Place
1100 North 16th Street
Marysville, KS 66508
785-562-5321
www.cambridgeplacesv.com

Nemaha County
Apostolic Christian Home
511 Paramount Street
Sabetha, KS 66534
785-284-3471
www.apostolicsabetha.com

Dental Services

All Counties

Donated Dental Services
785-273-1900
www.dentallifeline.org/kansas

Kansas Dental Association
5200 Southwest Huntoon
Topeka, KS 66604
785-272-7360
www.KsDental.org

Oral Health Kansas
785-235-6039
www.oralhealthkansas.org

Atchison County

AllWays Community Health Clinic - Atchison
1412 North 2nd Street
Atchison, KS 66002
913-367-4879
www.achc-ks.org/atchison

Atchison Dental Associates PA
111 North 5th Street
Atchison, KS 66002
913-367-0212
www.atchisondental.com

Atchison Family Dentistry
413 South 10th Street
Atchison, KS 66002
913-367-0203
www.dentistinatchison.com

Canary Dental
222 North 7th Street
Atchison, KS 66002
913-367-3473
www.canarydentalcare.com

Hummelgard Family Dentistry
817 Santa Fe Street
Atchison, KS 66002
913-367-7270
www.atchisondentists.com

Brown County

Hiawatha Family Dentistry
314 Oregon Street
Hiawatha, KS 66434
785-740-4000
www.hiawathadentistry.com

The Natural Dentist - Gary Hochstetler DDS
113 East 8th Street
Holton, KS 66439
785-486-2807
www.thenaturaldentist.net

Doniphan County

Kuhnert Family Smiles
102 East Walnut Street
Troy, KS 66087
785-985-2555

Jackson County

Holton Dental
1100 Columbine Drive
Holton, KS 66436
785-364-3038
www.holtondental.org

Marshall County

Gray Family Dental
Two locations
Marysville, Blue Rapids
785-562-5323
www.grayfamilydentalks.com

Marysville Dental Care
1200 Broadway Street
Marysville, KS 66508
785-562-5529
www.marysvilledentalcare.com

Nemaha County

Sabetha Dental
1309 South US Old 75 Highway
Sabetha, KS 66534
785-284-2323
www.sabethadental.com

Seneca Dental
430 Main Street
Seneca, KS 66538
785-336-6149

Hearing and Vision Services

Atchison County

Anderson Eye Care and Optical
605 Commercial Street
Atchison, KS 66002
913-367-4451
www.andersoneyecareandoptical.com

Atchison Eye Center
727 Commercial Street
Atchison, KS 66002
913-367-4989
www.atchisoneyecenter.com

Brown County

McPeak Optometry
706 Oregon Street
Hiawatha, KS 66434
785-742-3021
www.mcpeakoptometry.com

The EyeDoctors Optometrists
109 South 6th Street
Hiawatha, KS 66434
785-742-3631
www.theeyedoctors.net/locations/ks/hiawatha/hiawatha

Doniphan County

Franken Eye Clinic
116 East Walnut
Troy, KS 66087
785-985-2111
www.atchisoneyecenter.com

Jackson County

Lifetime Eye Care of Holton
121 West 4th Street
Holton, KS 66436
785-364-5000
www.lifetimeholton.com

Marshall County

Blue River EyeCare
709 Broadway Street
Marysville, KS 66508
785-562-2631
www.bluerivereyecare.com

The EyeDoctors Optometrists
1300 Broadway Street
Marysville, KS 66508
785-562-5111
www.theeyedoctors.net/locations/ks/marysville/marysville

Nemaha County

Whittaker Eye Associates
Two locations
Sabetha, Seneca
785-284-2139, 785-336-3571
www.visionsource-whittaker.com

Washington County

Epic Vision Eye Centers
223 C Street
Washington, KS 66968
785-370-4733
www.epicvisioneyecenters.com/washington

Home Health Agencies

All Counties

Community Memorial Healthcare Home Care
805 Broadway
Marysville, KS 66508
785-562-4062
www.cmhcare.org

Home Town Health Care and Hospice
620-378-3760 (Fredonia Home Office)
www.hometownhealthcare.net

Northeast Kansas Area Agency on Aging
1803 Oregon Street
Hiawatha, KS 66434
785-742-7152
www.nekaaa.org

Atchison County

Amberwell Health at Home
800 Raven Hill Drive
Atchison, KS 66022
913-360-5520
www.amberwellhealth.org

Crittendon Home Care
625 Commercial Street, Suite 1
Atchison, KS 66002
913-303-2400
www.crittendonhomecare.com

Faith Home Health and Hospice
785-364-9617
www.holtonhospital.com/home-health

Brown County

Amberwell Health at Home
Two office locations in Brown County
913-360-5520
www.amberwellhealth.org

Crittendon Home Care
625 Commercial Street, Suite 1
Atchison, KS 66002
913-303-2400
www.crittendonhomecare.com

Faith Home Health and Hospice
785-364-9617
www.holtonhospital.com/home-health

Doniphan County

Amberwell Health at Home
Two office locations in Doniphan County
913-360-5520
www.amberwellhealth.org

Crittendon Home Care
625 Commercial Street, Suite 1
Atchison, KS 66002
913-303-2400
www.crittendonhomecare.com

Doniphan County - Home Health
201 South Main, PO Box 609
Troy, KS 66087
785-985-3591
www.dpcountyks.com

Jackson County

Amberwell Health at Home
800 Raven Hill Drive
Atchison, KS 66022
913-360-5520
www.amberwellhealth.org

Community HealthCare System
120 West 8th Street
Onaga, KS 66521
785-889-4241
www.chcsks.org

Crittendon Home Care
625 Commercial Street, Suite 1
Atchison, KS 66002
913-303-2400
www.crittendonhomecare.com

Faith Home Health and Hospice
785-364-9617
www.holtonhospital.com/home-health

Grace Home Care
1215 Southwest Gage Boulevard, Suite B
Topeka, KS 66604
785-286-2273
www.gracehomecare.com

Interim HealthCare
1251 Southwest Arrowhead Road, Suite 103
Topeka, KS 66604
785-272-1616
www.interimhealthcare.com

Marshall County

Community HealthCare System
120 West 8th Street
Onaga, KS 66521
785-889-4241
www.chcsks.org

Interim HealthCare
1251 Southwest Arrowhead Road, Suite 103
Topeka, KS 66604
785-272-1616
www.interimhealthcare.com

Nemaha County

Community HealthCare System
Two locations in Nemaha County
785-857-3334, 785-889-4241
www.chcsks.org

Faith Home Health and Hospice
785-364-9617
www.holtonhospital.com/home-health

Interim HealthCare
1251 Southwest Arrowhead Road, Suite 103
Topeka, KS 66604
785-272-1616
www.interimhealthcare.com

Nemaha County Home Health and Hospice
785-284-2288
www.sabethahospital.com

Home Plus Facilities

Brown County

The Pines of Hiawatha- South
1480 230th Street
Hiawatha, KS 66434
816-863-3030
www.thepinesofhiawatha.com

Doniphan County

The Willow
2125 Highway 36
Wathena, KS 66090
785-990-4663
thewillowatwathena@gmail.com

Two Timbers
101 East Virginia Street
Highland, KS 66035
785-442-4444

Jackson County

The Pines
725 Iowa Avenue
Holton, KS 66436
785-364-3314
www.thepinesofholton.com

The Pines- South
14005 214th Road
Holton, KS 66436
785-364-3314
www.thepinesofholton.com

Marshall County

The Lighthouse
1189 Highway 77
Marysville, KS 66508
785-562-7980
www.thelighthouseks.com

Nemaha County

Shiloh Home Plus
1306 Branch Street
Seneca, KS 66538
785-206-1061
www.shilohhomeplus.com

Hospice and Palliative Care

Atchison County

Amberwell Health at Home
800 Raven Hill Drive
Atchison, KS 66022
913-360-5520
www.amberwellhealth.org

Amedisys Hospice - Lenexa
8725 Rose Hill Road, Suite 380
Lenexa, KS 66215
913-671-6740
www.locations.amedisys.com/ks/lenexa

Faith Home Health and Hospice
785-364-9617
www.holtonhospital.com/home-health

Midland Care
200 Southwest Frazier Circle
Topeka, KS 66606
785-232-2044
www.midlandcare.org

St. Croix Hospice
1642 Main Street, Suite 2
Hiawatha, KS 66002
913-600-5955
www.stcroixhospice.com/hospice-kansas

Brown County

Amberwell Health at Home
800 Raven Hill Drive
Atchison, KS 66022
913-360-5520
www.amberwellhealth.org

Faith Home Health and Hospice
785-364-9617
www.holtonhospital.com/home-health

Midland Care
200 Southwest Frazier Circle
Topeka, KS 66606
785-232-2044
www.midlandcare.org

St. Croix Hospice
1642 Main Street, Suite 2
Hiawatha, KS 66002
913-600-5955
www.stcroixhospice.com/hospice-kansas

Doniphan County

Amberwell Health at Home
800 Raven Hill Drive
Atchison, KS 66022
913-360-5520
www.amberwellhealth.org

Amedisys Hospice - Lenexa
8725 Rose Hill Road, Suite 380
Lenexa, KS 66215
913-671-6740
www.locations.amedisys.com/ks/lenexa

Midland Care
200 Southwest Frazier Circle
Topeka, KS 66606
785-232-2044
www.midlandcare.org

St. Croix Hospice
1642 Main Street, Suite 2
Hiawatha, KS 66002
913-600-5955
www.stcroixhospice.com/hospice-kansas

Jackson County

Amberwell Health at Home
800 Raven Hill Drive
Atchison, KS 66022
913-360-5520
www.amberwellhealth.org

Community Healthcare System
1603 West 4th Street
Holton, KS 66436
785-364-3205
www.chcsks.org

Faith Home Health and Hospice
785-364-9617
www.holtonhospital.com/home-health

Interim HealthCare
1251 Southwest Arrowhead Road, Suite 103
Topeka, KS 66604
785-272-1616
www.interimhealthcare.com

Midland Care
200 Southwest Frazier Circle
Topeka, KS 66606
785-232-2044
www.midlandcare.org

St. Croix Hospice
1642 Main Street, Suite 2
Hiawatha, KS 66002
913-600-5955
www.stcroixhospice.com/hospice-kansas

Marshall County

Interim HealthCare
1251 Southwest Arrowhead Road, Suite 103
Topeka, KS 66604
785-272-1616
www.interimhealthcare.com

Meadowlark Hospice
709 Liberty Street
Clay Center, KS 67432
785-632-2225
www.meadowlarkhospice.org

Midland Care
200 Southwest Frazier Circle
Topeka, KS 66606
785-232-2044
www.midlandcare.org

St. Croix Hospice
1642 Main Street, Suite 2
Hiawatha, KS 66002
913-600-5955
www.stcroixhospice.com/hospice-kansas

Marshall County

Amberwell Health at Home
800 Raven Hill Drive
Atchison, KS 66022
913-360-5520
www.amberwellhealth.org

Faith Home Health and Hospice
785-364-9617
www.holtonhospital.com/home-health

Interim HealthCare
1251 Southwest Arrowhead Road, Suite 103
Topeka, KS 66604
785-272-1616
www.interimhealthcare.com

Midland Care
200 Southwest Frazier Circle
Topeka, KS 66606
785-232-2044
www.midlandcare.org

Nemaha County Home Health and Hospice
785-284-2288
www.sabethahospital.com

St. Croix Hospice
1642 Main Street, Suite 2
Hiawatha, KS 66002
913-600-5955
www.stcroixhospice.com/hospice-kansas

Washington County

Meadowlark Hospice
709 Liberty Street
Clay Center, KS 67432
785-632-2225
www.meadowlarkhospice.org

House, Utility, and Rent Assistance

All Counties

Catholic Charities of Northeast Kansas
Atchison Family Support Center
502 Kansas Avenue
Atchison, KS 66002
913-367-5070
www.catholiccharitiesks.org

Kansas Corporation Commission Consumer Utility Helpline
800-662-0027
www.kcc.ks.gov/consumer-information/cold-weather-rule

Kansas Housing Corporation
200 Southwest 6th Avenue
Topeka, KS 66603
785-217-2001
www.kshousingcorp.org

Kansas Property Tax Relief for Low Income Seniors (SAFESR)
PO Box 750260
Topeka, KS 66699
785-368-8222
www.ksrevenue.gov/safesenior.html

Kansas Electric Cooperatives Inc.
785-478-4554
www.kec.coop

Low-Income Energy Assistance Program (LIEAP)
1-800-432-0043
www.dcf.ks.gov

NEK - CAP
PO Box 380, 1260 220th Street
Hiawatha, KS 66434
785-742-2222
www.nekcap.org

Atchison County

City of Atchison Utility Service
Low Income Senior Utility Disocunt
515 Kansas Avenue
Atchison, KS 66002
913-367-5500
www.cityofatchison.com

Fuller Center for Housing
PO Box 72
Atchison, KS 66002
913-303-7391
www.fullercenterat.org

Jackson County

Jackson County Ministerial Alliance (JCMA)
404 Juniper Drive
Holton, KS 66436
785-364-3423

One Need Fund - First Baptist Church
404 Juniper Drive
Holton, KS 66436
785-364-3423
www.fbcholton.com/oneneedfund

Information and Referral Assistance

AARP Kansas
6220 Southwest 29th Street
Topeka, KS 66614
866-448-3619
www.states.aarp.org/kansas/

Abuse, Neglect, or Exploitation (ANE) Hotline (in adult care facility)
800-842-0078
kdads.complainthotline@ks.gov

Abuse, Neglect, or Exploitation (ANE) Hotline (in the community)
800-922-5330
www.dcf.ks.gov/Pages/Report-Abuse-or-Neglect.aspx

Atchison Public Library
401 Kansas Avenue
Atchison, KS 66002
913-367-1902
www.atchisonlibrary.org

Disability Rights Center
214 Southwest 6th Avenue, Suite 100
Topeka, KS 66603
785-273-9661
www.drckansas.org

Fire Keepers Elder Center
15372 K Road
Mayetta, KS 66509
785-966-0040
www.pbpindiantribe.com/elder-center

KanCare Ombudsman
855-643-8180
www.kancare.ks.gov/members/help-resources/kancare-ombudsman

Kansas Adult and Child Protective Services (APS)
800-922-5330, 785-296-4653
www.dcf.ks.gov/services/PPS/Pages/default.aspx

Kansas Department for Aging & Disability Services (KDADS)
503 South Kansas Avenue
Topeka, KS 66603
800-432-3535, 785-296-4986
www.kdads.ks.gov

Kansas Department for Children and Family Services (DCF)
912 South Morrill Avenue
Hiawatha, KS 66434
785-742-7186
www.dcf.ks.gov

Kansas Legal Services
316-267-3975
www.kansaslegalservices.org

Kansas Long-Term Care Ombudsman
877-662-8362
www.ombudsman.ks.gov

Liberty Healthcare Corporation
Kansas Aging Disability Resource Center
855-200-2372
www.libertyhealthcare.com/kansas-adrc/

Maximus
Kansas Statewide HCBS Assessing Organization
785-268-3600
www.maximusclinicalservices.com/svcs/ks/hcbs.html

Meadowlark District K-State Extension Office
114 West Fifth St
Holton, KS 66436
785-364-4125
www.meadowlark.k-state.edu

National Eldercare Locator Services
800-677-1116
www.eldercare.acl.gov

Northeast Kansas Area Agency on Aging
1803 Oregon
Hiawatha, KS 66434
785-742-7152
www.nekaaa.org

Senior Citizens Program - Iowa Tribe of Kansas and Nebraska
3313 Thrasher Road
White Cloud, KS 66094
785-595-3501
www.iowatribeofkansasandnebraska.com

Three Rivers Inc.
504 Miller Drive - PO Box 408
Wamego, KS 66547
785-456-9915
www.threeriversinc.org

United Way-Atchison Area
PO Box 403
Atchison, KS 66022
info@atchisonareaunitedway.org

Legal Assistance

All Counties

Disability Rights Center of Kansas
214 Southwest 6th Avenue, Suite 100
Topeka, KS 66603
785-273-9661
www.drckansas.org

Kansas Attorney General
785-296-2215
www.ag.ks.gov

Kansas Elder Law Hotline
316-267-3975
www.kansaslegalservices.org

Kansas Guardianship Program
3248 Kimball Avenue
Manhattan, KS 66503
785-587-8555
www.ksgprog.org

Kansas Legal Services
712 Kansas Avenue, Suite 201
Topeka, 66603
785-354-8531
www.kansaslegalservices.org

Northeast Kansas Area Agency on Aging
1803 Oregon Street
Hiawatha, KS 66434
785-742-7152
www.nekaaa.org

Atchison County

Mears Hausmann PA
104 North 6th Street, Suite 1
Atchison, KS 66002
913-367-0850
www.mearshausmann.com

Brown County

Halbert Law LLC
112 South 7th Street, PO Box 183
Hiawatha, KS 66434
785-742-7101
www.halblaw.com

Doniphan County

Euler Law Offices
137 South Main Street
Troy, KS 66087
785-985-3561
www.eulerlawofficeks.com

Jackson County

White Law Office
120 West 5th Street
Holton, KS 66436
785-364-3971
www.whitelawholton.com

Marshall County

Bolton & McNish LLC
916 Broadway Street
Marysville, KS 66508
785-562-5388
www.boltonmcnishlaw.com

Nemaha County

Sunderland & Mishler Law Office
920 Main Street, PO Box 283
Sabetha, KS 66534
785-284-2360

Mental Health and Substance Use Support

All Counties

988 Lifeline and Veterans Crisis Line
Dial 988
www.988lifeline.org
www.veteranscrisisline.net

Alcoholics Anonymous
Multiple meeting locations in NE KS
www.ks-aa.org/locations

Kansas Ag Stress
800-447-1985
www.kansasagstress.org

NAMI Kansas
1-800-273-8255 (Crisis line), 1-800-950-6264 (National helpline)
www.namikansas.org

Northeast Kansas Area Agency on Aging
1803 Oregon Street
Hiawatha, KS 66434
785-742-7152
www.nekaaa.org

SAMHSA (Substance Abuse & Mental Health Services Administration)
877-726-4727
www.samhsa.gov

Atchison County

HOPE Family Therapy
104 North 6th Street, Suite 7
Atchison, KS 66002
913-674-0057
www.hopefamilytherapy.org

The Guidance Center
201 Main Street, Suite 100
Atchison, KS 66002
913-367-1593
www.theguidance-ctr.org

Valley Hope
1816 North 2nd Street
Atchison, KS 66002
913-246-5250
www.valleyhope.org/locations/kansas

Brown County

Horizon Therapy Associates
120 North 6th Street
Hiawatha, KS 66434
785-740-4647
www.therapyhorizon.com

KANZA Mental Health and Guidance Center
909 South 2nd Street
Hiawatha, KS 66434
785-742-7113
www.kanzamhgc.org

Doniphan County

KANZA Mental Health and Guidance Center
117 North Main Street
Troy, KS 66087
785-742-7113
www.kanzamhgc.org

Jackson County

Community Healthcare System
1603 West 4th Street
Holton, KS 66436
785-364-3205
www.chcsks.org

Holton Community Hospital
1110 Columbine Drive
Holton, KS 66436
785-364-9610 (Senior life), 785-364-2126 (Behavioral)
www.holtonhospital.com

KANZA Mental Health and Guidance Center
510 Kansas Avenue
Holton, KS 66436
785-742-7113
www.kanzamhgc.org

Marshall County

Pawnee Mental Health Services
406 North 3rd Street, Suite 3
Marysville, KS 66508
785-562-3907
www.pawnee.org/marshall-county.cfm

Nemaha County

KANZA Mental Health and Guidance Center
711 Nemaha Street
Seneca, KS 66538
785-742-7113
www.kanzamhgc.org

Washington County

Pawnee Mental Health Services
321 C Street, Suite 102
Washington, KS 66968
785-325-3252
www.pawnee.org/washington-county.cfm

Nursing Facilities

Atchison County

Atchison Senior Village Rehab and Nursing Center
1419 North 6th Street
Atchison, KS 66002
913-367-1906
www.atchisonseniorvillage.com

Dooley Center (**Mentor Home- Level 8**)
801 South 8th Street
Atchison, KS 66002
913-360-6200

Medicalodges Atchison
1637 Riley Street
Atchison, KS 66002
913-367-6066
www.medicalodgesatchison.com

Doniphan County

Wathena Healthcare and Rehab Center
2112 Highway 36
Wathena, KS 66090
785-989-3141
www.wathenahrc.com

Jackson County

Holton Health Care Center
1121 West 7th Street
Holton, KS 66436
785-364-3164
www.reliantcaremgmt.com/holton-health-care-center

Marshall County

Frankfort Community Care Home (**Level 1**)
510 North Walnut Street
Frankfort, KS 66427
785-292-4442
www.fcch.net

Nemaha County

Crestview Nursing and Residential Living (**Sustained Person-Centered Care Home Level 7**)
808 North 8th Street
Seneca, KS 66538
785-336-2156
www.crestviewseneca.com

Eastridge
604 1st Street
Centralia, KS 66415
785-857-3388
www.chcsks.org/senior-home-care/senior-care/eastridge-skilled-nursing-facility

Life Care Center of Seneca (**Level 2**)
512 Community Drive
Seneca, KS 66538
785-336-3528
www.lcca.com/locations/ks/seneca

Sabetha Manor Rehab and Skilled Nursing (**Level 1**)
1441 Oregon Street
Sabetha, KS 66534
785-284-3411
www.americareusa.net/senior-living/sabetha-manor-sabetha-ks

Washington County

Linn Community Nursing Home
612 3rd Street
Linn, KS 66953
785-348-5551
www.linncomm.org

Nutrition and Meal Services

All Counties

Kansas Department for Children and Families- Food Assistance
888-369-4777
www.dcf.ks.gov/services/ees/Pages/Food/FoodAssistance.aspx

Kansas Senior Farmers Market Nutrition Program
785-296-4782
www.kdhe.ks.gov/1041/Kansas-Senior-Farmers-Market-Nutrition-P

Northeast Kansas Area Agency on Aging
1803 Oregon Street
Hiawatha, KS 66434
785-742-7152
www.nekaaa.org

Atchison County

Atchison County Food Pantry -
First Chrisitan Church
301 North 7th Street
Atchison, KS 66002
913-367-3036

Dinner Church
716 Commercial Street
Atchison, KS 66002
913-367-3036

Loaves & Fishes - Trinity Episcopal Church
300 South 5th Street
Atchison, KS 66002
913-367-3171
www.trinityepiscopal.church/community-outreach

Project Concern, Inc. - Atchison Senior Center
504 Kansas Avenue
Atchison, KS 66022
913-367-4655

Salvation Army
926 Commercial Street
Atchison, KS 66002
913-367-1207
www.salvationarmyusa.org

Town & Country Senior Center
411 Main Street
Effingham, KS 66023
844-268-0035

Brown County

Brown County Services for the Elderly
601 Oregon Street, Suite 103
Hiawatha, KS 66434
785-742-7881
www.brcoks.org/1196/Services-for-the-Elderly

Catholic Charities Mobile Bus
800 Hiawatha Avenue
Hiawatha, KS 66434
913-433-2039
www.catholiccharitiesks.org/our-locations/resource-bus

Kickapoo Tribe Senior Center
885 112th Drive, Apt 826
Horton, KS 66439
785-486-2688
www.ktik-nsn.gov/senior-citizens-center

South Brown County Community Foundation Ministerial Association
1600 School Drive
Horton, KS 66439
785-486-2785, 785-209-2596 (pantry organizer)

Doniphan County

Catholic Charities Mobile Bus
800 Hiawatha Avenue
Hiawatha, KS 66434
913-433-2039
www.catholiccharitiesks.org/our-locations/resource-bus

Eleanor's Pantry- Elwood United Community Church
7th and Kentucky
Elwood, KS 66024
816-383-1391
www.eucchurch.com/eleanors-food-pantry

Highland Senior Center
102 North Kirkwood Street
Highland, KS 66035
785-442-5550
www.dpcountyks.com/dept/aging-transportation

Keen Age Center
302 North 4th Street
Wathena, KS 66090
785-989-3501
www.dpcountyks.com/dept/aging-transportation

Leisure Hour
410 North 9th Street
Elwood, KS 66024
913-365-2409
www.dpcountyks.com/dept/aging-transportation

Pioneer Center
137 1/2 West Walnut
Troy, KS 66087
785-985-2296
www.dpcountyks.com/dept/aging-transportation

Senior Citizens Program - Iowa Tribe of Kansas and Nebraska
3313 Thrasher Road
White Cloud, KS 66094
785-595-3501
www.iowatribeofkansasandnebraska.com/senior-citizens-program

Jackson County

Boys and Girls Club Prairie Band - Harvesters
16281 Q Road
Mayetta, KS 66509
785-966-3031
www.pbpindiantribe.com/boys-girls-club

Catholic Charities Mobile Bus
800 Hiawatha Avenue
Hiawatha, KS 66434
913-433-2039
www.catholiccharitiesks.org/our-locations/resource-bus

Cecil K's
423 Arizona Avenue
Holton, KS 66436
785-362-7997
www.cecilk.com

Fire Keepers Elder Center
15372 K Road
Mayetta, KS 66509
785-966-0040
www.pbpindiantribe.com/elder-center

Hoyt United Methodist Church
900 Park Drive
Hoyt, KS 66440
785-986-6209

Jackson County Senior Services
312 Pennsylvania Avenue
Holton, KS 66436
785-364-3571
www.jacksoncountyks.com/215/Elderly-Services

JCMA New Hope Center Food Pantry
310 West 5th Street
Holton, KS 66436
785-362-7021, 614-218-6868 (emergency)

Meadowlark District K-State Extension Office
114 West Fifth Street
Holton, KS 66436
785-364-4125
www.meadowlark.k-state.edu

Veterans Club of Jackson County
110 South Pennsylvania Avenue
Holton, KS 66436
785-851-4106

Marshall County

Blue Rapids Food Pantry and Meals on Wheels
302 East 14th Street
Blue Rapids, KS 66411
785-363-7088
www.newhopebluerapids.com/get-involved/blue-rapids-food-pantry

Blue Rapids Nutrition Site - Mesa View Apartments
504 East 5th Street
Blue Rapids, KS 66411
785-275-8085

Catholic Charities Mobile Bus
800 Hiawatha Avenue
Hiawatha, KS 66434
913-433-2039
www.catholiccharitiesks.org/our-locations/resource-bus

Marshall County Agency on Aging - Sunshine Inn Nutrition Site
111 South 8th Street
Marysville, KS 66508
785-562-2020

Nemaha County

Catholic Charities Mobile Bus
800 Hiawatha Avenue
Hiawatha, KS 66434
913-433-2039
www.catholiccharitiesks.org/our-locations/resource-bus

Centralia Community Center - Harvesters
106 John Riggins Avenue
Centralia, KS 66415
785-294-0361
www.cityofcentraliaks.org/Community-Services

Community Food Pantry of Sabetha
808 Main Street
Sabetha, KS 66534
785-285-1124

Meadowlark District K-State Seneca Extension Office
1615 Branch Street
Seneca, KS 66538
785-336-2184
www.meadowlark.k-state.edu

Sabetha Nutrition Center
1116 Main Street
Sabetha, KS 66534
785-284-3594
www.nmcoks.us/senior-services

Sabetha Rural Mobile Food Pantry
316 Lincoln Street
Sabetha, KS 66534
785-285-2022

Seneca Nutrition Center
1500 Community Drive
Seneca, KS 66538
785-336-2714
www.nmcoks.us/senior-services

Wetmore Bible Church - harvesters
116 3rd Street
Wetmore, KS 66550
785-608-6852

Washington County

Clifton Senior Citizens Club
113 East Parallel Street
Clifton, KS 66937
785-455-3525



Residential Health Care Facilities

Nemaha County

Credo Memory Care of Seneca
1702 Community Drive
Seneca, KS 66538
785-336-6868
www.credosl.com/kc_residences/seneca-ks

Respite Care

All Counties

Community Memorial Healthcare Home Care
805 Broadway
Marysville, KS 66508
785-562-4062
www.cmhcare.org

Atchison County

Atchison Senior Village
1419 North 6th Street
Atchison, KS 66002
913-367-1906
www.atchisonseniorvillage.com

Gran Villas Atchison
1635 West Riley Street
Atchison, KS 66002
913-367-2077
www.granvillasatchison.com

Homestead of Atchison
1301 North 4th Street
Atchison, KS 66002
913-358-5283
www.midwest-health.com/atchison

Medicalodges Atchison
1637 West Riley Street
Atchison, KS 66002
913-367-6066
www.medicalodgesatchison.com

Brown County

Homestead of Hiawatha
400 Kansas Avenue
Hiawatha, KS 66434
785-741-8253
www.midwest-health.com/hiawatha

Maple Heights Nursing & Rehabilitation
302 East Iowa Street
Hiawatha, KS 66434
785-742-7465
www.mapleheightsrehab.org

Doniphan County

Senior Citizens Program - Iowa Tribe of Kansas and Nebraska
3313 Thrasher Road
White Cloud, KS 66094
785-595-3501
www.iowatribeofkansasandnebraska.com/senior-citizens-program

The Willow
2125 Highway 36
Wathena, KS 66090
785-990-4663

Wathena Health Care & Rehabilitation
2112 US-36
Wathena, KS 66090
785-989-3141
www.wathenahrc.com

Jackson County

Homestead of Holton
410 Juniper Drive
Holton, KS 66436
785-329-0958
www.midwest-health.com/holton

Onaga Health and Rehab
500 Western Street
Onaga, KS 66521
785-889-4227
www.missionhealthcommunities.com/onaga-health-and-rehab

Marshall County

Blue Valley Health and Rehabilitation Center
710 Western Ave
Blue Rapids, KS 66411
785-363-7777
www.bluevalleyhrc.com

Cambridge Place Senior Village
1110 North 15th Street
Marysville, KS 66508
785-562-5321
www.cambridgeplacesv.com

Frankfort Community Care Home
510 North Walnut
Frankfort, KS 66427
785-292-4442
www.fcch.net

Nemaha County

Apostolic Christian Retirement Village
511 Paramount Street
Sabetha, KS 66534
785-284-3471
www.apostolicsabetha.com

Crestview Nursing and Residential Living
808 North 8th Street
Seneca, KS 66538
785-336-2156
www.crestviewseneca.com

Eastridge Nursing Facility
604 1st Street
Centralia, KS 66415
785-857-3388
www.chcsks.org

Sabetha Manor
1441 Oregon Street
Sabetha, KS 66534
785-284-3411
www.americareusa.net/senior-living/sabetha-manor-sabetha-ks

Washington County

Linn Community Nursing Home
612 3rd Street
Linn, KS 66953
785-348-5551
www.linncomm.org



Senior Centers

Atchison County

Project Concern, Inc. - Atchison Senior Center
504 Kansas Avenue
Atchison, KS 66022
913-367-4655

Town & Country Senior Center
411 Main Street
Effingham, KS 66023
844-268-0035

Brown County

Hiawatha Senior Citizens Center
813 Oregon Street
Hiawatha, KS 66434
785-742-7685
www.brcoks.org/1233/Hiawatha-Senior-Citizens-Center

Horton Senior Citizens Center
116 West 8th Street
Horton, KS 66439
785-486-2341
www.growsouthbrown.com/nonprofits/Horton-Senior-Citizen-Fund

Kickapoo Tribe Senior Center
885 112th Drive, Apt 826
Horton, KS 66439
785-486-2688
www.ktik-nsn.gov/senior-citizens-center

Doniphan County

Highland Senior Center
102 North Kirkwood Street
Highland, KS 66035
785-442-5550
www.dpcountyks.com/dept/aging-transportation

Jackson County

Jackson County Senior Services (Holton Senior Center)
312 Pennsylvania Avenue
Holton, KS 66436
785-364-3571
www.jacksoncountyks.com/215/Elderly-Services

Marshall County

Marshall County Agency on Aging
111 South 8th Street
Marysville, KS 66508
785-562-2020

Nemaha County

Sabetha Nutrition Center
1116 Main Street
Sabetha, KS 66534
785-284-3594
www.nmcoks.us/senior-services

Seneca Nutrition Center
1500 Community Drive
Seneca, KS 66538
785-336-2714
www.nmcoks.us/senior-services

Washington County

Clifton Senior Citizens Club
113 East Parallel Street
Clifton, KS 66937
785-455-3525
www.nmcoks.us/senior-services

Transportation

All Counties

A&A Transportation
135 Northwest Harrison Street
Topeka, KS 66603
785-233-8212

AARP Driver Safety
800-350-7025
www.aarpdriversafety.org

Access 2 Care
866-252-5634
www.access2care.net/members-riders/schedule-transportation.html

CHORUS ClearingHouse for Older Road User Safety
www.roadsafeseniors.org/guides/older-drivers

General Public Transportation - Northeast Kansas Area Agency on Aging
785-742-7153
www.nekaaa.org/transportation

Go Go Grandparent
855-464-6872
www.gogograndparent.com

Kansas Rides
www.ksrides.org

Lyft Silver
www.lyft.com/rider/silver

Sunflower SafeRide
877-917-8162
www.sunflowerhealthplan.com/members/medicaid/benefits-services/transportation.html

SunnyFlower Transportation
785-230-7426

United Healthcare Community Plan Transportation
877-796-5847
www.uhc.com/communityplan/kansas

Atchison County

Project Concern, Inc. - Atchison Senior Center
913-367-4655

Brown County

Brown County Services for the Elderly
785-742-7881
www.brcoks.org

Kickapoo Tribe Senior Center
785-486-2688
www.ktik-nsn.gov/senior-citizens-center

Doniphan County

Doniphan County Council on Aging
785-985-2380
www.dpcountyks.com/dept/aging-transportation

Senior Citizens Program - Iowa Tribe of Kansas and Nebraska
785-595-3501
www.iowatribeofkansasandnebraska.com/senior-citizens-program

Jackson County

Fire Keepers Elder Center
785-966-0040
www.pbpindiantribe.com/elder-center

Jackson County Senior Services
785-364-3571
www.jacksoncountyks.com/215/Elderly-Services

Sac and Fox Nation
785-742-7471
www.sacandfoxks.com

Marshall County

Marshall County Agency on Aging
785-562-2020

Nemaha County

Nemaha County Transit
785-336-8011
www.nmcoks.us/transportation

Veterans Services

American Legion
www.legion.org
Option to *"Find a Post" or "Find a Service Officer" to locate local American Legion*

Department of Veteran Affairs
800-827-1000
www.va.gov

Tempered Steel
16039 274th Road
Atchison, KS 66002
913-370-0238
www.temperedsteelinc.org

Veteran's Services- Atchison
710 South 9th Street
Atchison, KS 66022
785-338-2848
craig.foster@ks.gov

Veteran Service Representatives (KOVS VSR)
800-513-7731
www.kovs.ks.gov/veteran-services/programs-and-services

VFW- Find a Post
www.vfw.org/find-a-post
Option to find a local VFW Post



Other Resources

AARP Kansas
6220 Southwest 29th Street, Suite 300
Topeka, KS 66614
866-448-3619
www.aarp.org/states/kansas

AARP Tax Aide
888-227-7669
www.aarp.org/money/taxes/aarp-taxaide

Amberwell Health
Multiple locations and clinics
913-367-2131
www.amberwellhealth.org

Community HealthCare System- NE Kansas
120 West 8th Street
Onaga, Kansas 66521
785-889-4272
www.chcsks.org

Community Memorial Healthcare
708 North 18th Street
Marysville, KS 66508
785-562-2311
www.cmhcare.org

Fire Keepers Elder Center
15372 K Road
Mayetta, KS 66509
785-966-0040
www.pbpindiantribe.com/elder-center

Hiawatha Medical and Wellness Center
700 Oregon Street
Hiawatha, KS 66434
785-741-7606
www.cityofhiawatha.org/business/hiawatha-medical-wellness-center

Holton Community Hospital
1110 Columbine Drive
Holton, KS 66436
785-364-2116
www.holtonhospital.com

Nemaha Valley Community Hospital
1600 Community Drive
Seneca, KS 66538
785-336-6181
www.nemvch.com

NEK Multi-County Health Departments
907 South 2nd Street
Hiawatha, KS 66434
785-742-2505
www.nekmulticounty.org

Sabetha Community Hospital
14th and Oregon, PO Box 229
Sabetha, KS 66534
785-284-2121
www.sabethahospital.com

Tallgrass Primary Care Primary Care & House Calls
913-356-1800
www.tallgrassprimarycare.com
Atchison County

United Way-Atchison Area
PO Box 403
Atchison, KS 66002
913-372-2600
www.atchisonareaunitedway.org

Important Numbers

Abuse, Neglect, Exploitation
In the Community: 800-922-5330
In an Adult Care Facility: 800-842-0078

Disability Rights Center of Kansas
877-776-1541

Elder Law Hotline
888-353-5337

Northeast Kansas Area Agency on Aging
785-742-7152

KanCare Ombudsman
855-646-8180

Kansas Department for Aging and Disability Servies (KDADS)
785-296-4986 or 800-432-3535

Kansas Long-Term Care Ombudsman
785-296-3017 or 877-662-8362

Medicaid Fraud Hotline
800-432-3913

Social Security Administration
800-772-1213

Suicide & Crisis Lifeline
Dial 988

Notes

My Important Contacts

Name:
Address:
Email:
Phone Number:
Website:

Name:
Address:
Email:
Phone Number:
Website:

Name:
Address:
Email:
Phone Number:
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Name:
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Email:
Phone Number:
Website:

Name:
Address:
Email:
Phone Number:
Website:

Name:
Address:
Email:
Phone Number:
Website:

Kansas Department for Aging and Disability Services
Central Office
503 South Kansas Avenue
Topeka, KS 66603
800-432-3535
www.kdads.ks.gov

Kansas Advocates for Better Care
536 Fireside Court, Suite B
Lawrence, KS 66049
785-842-3088
www.kabc.org