7

Kansas Aging Resource Guide



East Central Kansas Area Agency on Aging Directory of Resources

Kansas Aging Resource Guide

Updated July 2026



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KANSAS ADVOCATES for BETTER CARE

better elder care, no matter where

Welcome to our resource guide tailored for adults aged 60 and above, their dedicated caregivers, and professionals committed to their well-being. Within these pages, you'll find a wealth of support, guidance, and essential numbers to navigate the various aspects of aging with confidence and ease.

With over 21,000 older adults residing in the East Central Area Agency on Aging region, a number projected to surge steeply until 2050, the demand for long-term care services is set to escalate. Long-term care encompasses a wide spectrum of services, often necessitating urgent decisions. We trust that this guide will empower you to make well-informed choices as you explore your options.

Whether you're seeking assistance with healthcare, housing options, social services, or more, this guide aims to be your trusted companion in accessing the resources available in East Central Kansas.

Kansas Advocates for Better Care (KABC) is a statewide nonprofit founded in 1975 as Kansans for Improvement of Nursing Homes by community activist Anna “Petey” Cerf and women from the Lawrence and Topeka area. Today, KABC continues their legacy by advocating for dignity, quality long-term care, and consumer rights across Kansas, providing guidance to older adults and families, training caregivers, and working with policymakers.

Our Mission

Kansas Advocates for Better Care is dedicated to improving the quality of long-term care for older Kansans, at home and in residential care settings.

Our Vision

All older Kansans receive good quality long-term health care in the setting of their choice.

Contact Information:

536 Fireside Court, Suite B
Lawrence, KS 66049
785-842-3088

info@kabc.org
www.kabc.org

Alzheimer's Disease and Related Dementias

Dementia is not a single disease, rather an overall term to describe a collection of symptoms that one may experience if they are living with a variety of diseases, including Alzheimer's. Alzheimer's disease ranks as the 6th leading cause of mortality in the US (CDC) or the 7th leading cause of mortality in Kansas (CDC). Diseases grouped under the general term "dementia" are caused by abnormal brain changes. Dementia symptoms trigger a decline in thinking skills, also known as cognitive abilities, severe enough to impair daily life and independent function. They also affect behavior, feelings and relationships. In cases where a primary care physician suspects mild cognitive impairment or potential Alzheimer's disease, they may opt to refer the patient to specialists such as geriatricians, geriatric psychiatrists, neurologists, or neuropsychologists. To diagnose Alzheimer's, physicians may use medical history, mental status tests, physical and neurological exams, diagnostic tests and brain imaging.

The Alzheimer's Association 24/7 Helpline (800-272-3900) is a free service offering support for people living with dementia, caregivers, families and the public. Connect with a live person who can provide information, local resources, crisis assistance and emotional support.

The Alzheimer's Association in your area offers support groups, caregiver and healthcare professionals training, access to a video/book library, various publications and newsletters, outreach services, a safe return registry, and referral services.

Heart of America Chapter
8001 Conser, Suite 240
Overland Park, Kansas 66204
913-831-3888
www.alz.org/kansascity

Kansas Dementia Road Map
The Kansas Dementia Road Map: A Guide for People Impacted by Dementia, created by the Kansas Department of Aging and Disability Services, offers practical information to families as they enter into, live with, and navigate the dementia journey. The Roadmap offers guidance about what to do when a person experiences changes in memory and thinking. It also offers information and tips about what to expect and steps to take if someone in your family has been diagnosed with Alzheimer's or other dementia.

Alzheimer's Disease and Related Dementias

To receive a copy of the Kansas Dementia Road Map:

- Contact your Local Area Agency on Aging (see map on page 4)
- Contact the Alzheimer's Association
- Email KDADS.Dementia@ks.gov
- Or download a copy online via the QR code below

K-RAD Program

Kansas Respite for Alzheimer's and Dementia (K-RAD) is a resource for family caregivers with limited access to respite care and/or other supports through current systems. The purpose is to provide relief to unpaid caregivers of individuals with a diagnosis or probable diagnosis of Alzheimer's disease or related dementia. The Kansas Department for Aging and Disability Services administers the program through the Area Agencies on Aging.

For more information regarding eligibility for the K-RAD program, please visit www.kdads.ks.gov/services-programs/aging/alzheimer-s-disease-and-dementia/respite-for-alzheimer-s-dementia-program or email KDADS.Dementia@ks.gov

Area Agencies on Aging

Area Agencies on Aging (AAA) were established under the Older Americans Act in 1973 to respond to the needs of older adults and caregivers in every local community. AAAs are organizations charged with helping vulnerable older adults live with independence and dignity in their homes and communities. Locally managed with federal, state, and local funding resources, service delivery decisions are made at the community level, often in the private homes of the individuals who need services.

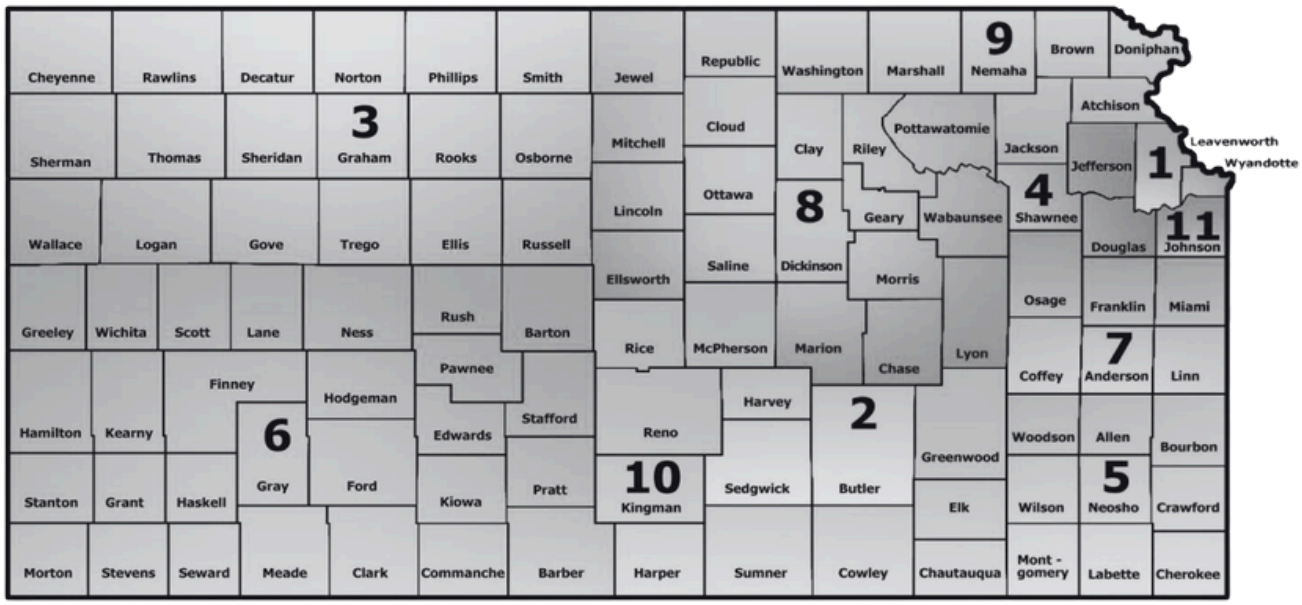
Please see page 4 for the Kansas AAA coverage map and page 10 for specific services covered through the Senior Care Act and Older Americans Act.

AAAs provide services that fall into five broad categories:

- Information and Access services
- Community Services
- In-Home services
- Housing
- Elder Rights

Services such as meals and a range of in-home services make independent living a viable option.

Area Agencies on Aging



1. Wyandotte-Leavenworth AAA
849 North 47th Street, Suite C
Kansas City, KS 66102
913-573-8531
www.wycokck.org

2. Central Plains AAA
271 West 3rd Street North,
Suite 500
Wichita, KS 67202
800-367-7298
www.cpaaa.org

3. Northwest Kansas AAA
510 West 29th Street, Suite B
Hays, KS 67601
785-628-8204 or 800-432-7422
www.nwkaaa.com

4. Jayhawk AAA
2910 Southwest Topeka Boulevard
Topeka, KS 66611
785-235-1367 or 800-798-1366
www.jhawkaaa.org

5. Southeast Kansas AAA
1 West Ash
Chanute, KS 66720
620-431-2980 or 800-794-2440
www.sekaaa.com

6. Southwest Kansas AAA
236 San Jose Avenue
Dodge City, KS 67801
620-225-8230 or 800-742-9531
www.swkaaa-aging.org

7. East Central Kansas AAA
117 South Main Street
Ottawa, KS 66067
785-242-7200 or 800-633-5621
www.eckaaa.org

8. North Central/Flint Hills AAA
401 Houston Street
Manhattan, KS 66052
785-776-9294 or 800-432-2703
www.ncfhaaa.com

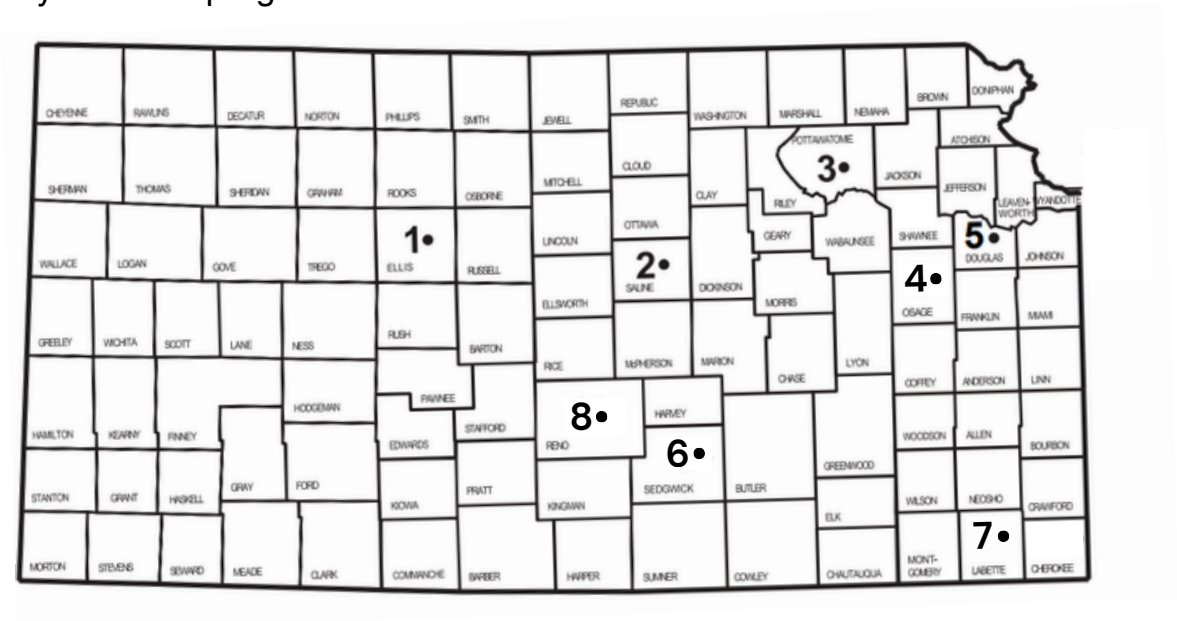
9. Northeast Kansas AAA
1803 Oregon Street
Hiawatha, KS 66434
785-742-7152 or 800-883-2549
www.nekaaa.org

10. South Central Kansas AAA
304 South Summit Street
Arkansas City, KS 67005
620-442-0268 or 800-362-0264
www.sckaaa.org

11. Johnson County AAA
11811 Sunset Drive, Suite 1300
Olathe, KS 66061
913-715-8861
www.jocogov.org

Centers for Independent Living

Centers for Independent Living (CILs) are non-residential, community-based, private, non-profit organizations that are designed and operated by individuals with disabilities. The Centers for Independent Living offer varied services which may include individual and system advocacy, information and referral services, peer counseling, independent living skills, training, advocacy and legal services, housing assistance, personal skills instructions, help in obtaining assistive devices, communication services, and services through the Home and Community Based Waiver Services for the Physically Disabled program.



1. LINK, Inc.
2401 East 13th Street
Hays, KS 67601
785-625-6942
www.linkinc.org

2. Independent Connection
436 South Ohio Street
Salina, KS 67401
785-452-9580
www.indconnectinc.com

3. Three Rivers
504 Miller Drive, PO Box 408
Wamego, KS 66547
785-456-9915
www.threeriversinc.org

4. Resource Center for Independent Living
PO Box 257
1137 Laing Street
Osage City, KS 66523
785-528-3105
www.rcilinc.org
Multiple office locations

5. Independence, Inc.
2001 Haskell
Lawrence, KS 66044
785-841-0333
www.independenceinc.org

6. Independent Living Resource Center
3033 West 2nd Street North
Wichita, KS 67203
316-942-6300
www.ilrcks.org

7. Southeast Kansas Independent Living
1801 Main Street
P. O. Box 957
Parsons, KS 67357
620-421-5502
www.skilonline.com
Multiple office locations

8. Beyond Barriers
115 East 4th Street
Hutchinson, KS 67501
620-663-3989
www.beyondbarriersks.com

Frauds and Scams

Frauds and scams targeting older adults are a pervasive threat, preying on trust and vulnerability. These deceptive schemes come in various forms, including fake lotteries, phishing emails, and fraudulent investment opportunities. Perpetrators often employ sophisticated tactics, exploiting seniors' unfamiliarity with technology or financial intricacies. Common warning signs include unsolicited requests for personal information, pressure to act quickly, and promises of unrealistic returns. To protect against such exploitation, it's crucial for older adults to stay informed, verify the legitimacy of offers, and seek advice from trusted sources before making any financial decisions. Vigilance and awareness are key defenses in safeguarding against these harmful schemes.

Helpful Resources and Contacts

Federal Trade Commission
877-438-4338
www.ftc.gov

For a Free Credit Report: Equifax, Experian, Trans Union
877-322-8228
www.annualcreditreport.com

KanCare Ombudsman
855-643-8180
www.kancare.ks.gov/members/help-resources/kancare-ombudsman

Kansas Attorney General Consumer Protection Hotline
800-432-2310
www.ksag.org

Kansas Charity Check
www.kscharitycheck.org

Kansas Insurance Department
800-432-2484
www.insurance.kansas.gov

Kansas Senior Medicare Patrol (SMP)
800-432-3535
www.kdads.ks.gov/services-programs/aging/medicare-programs/kansas-senior-medicare-patrol-smp

Medicaid Fraud and Abuse
800-447-8477
www.oig.hhs.gov/fraud

National Do Not Call Registry
888-382-1222
www.donotcall.gov

Postal Inspection Services
877-876-2455
www.uspis.gov

Senior Health Insurance Counseling For Kansas (SHICK)
800-860-5260
www.kdads.ks.gov/services-programs/aging/medicare-programs/senior-health-insurance-counseling-for-kansas-shick

Stop: Don’t give out your information. Hang up the phone, don’t click on buttons or links, and don’t respond to messages from potential scammers.

Verify: Check if the person trying to reach you is legitimate by verifying the source. Asking for help from someone you trust, like your bank, your family, or your friends, will help to relieve some of the stress of the situation and ensure you locate the right information.

Report: If you or someone you know has been scammed or may be at risk of exploitation, call the Kansas Protection Report Center hotline at 1-800-922-5330.

Reporting scam activity helps improve efforts to shut down scams and scammers and prevent future scam victims. Financial scams are everyone’s business.

How to Choose a Nursing Facility

At some point, many of us will require more care than we can receive in our home. Maybe an injury or illness has occurred that requires full-time skilled care. The onset of Alzheimer's Disease or other forms of dementia can make it difficult and unsafe to live at home. Choosing a nursing facility or other type of long-term care facility can be an overwhelming prospect. *Where do I begin? What do I look for? How can I tell if it's the right one for me?*

First, a CARE assessment (Client Assessment and Referral Evaluation) is required to enter a Medicare/Medicaid certified nursing facility to determine the appropriate level of care needed. This can be done in your home by a CARE specialist from the East Central Kansas Area Agency on Aging. The Level I CARE assessment will provide a "level of care score" to the KanCare Clearinghouse for those wishing to utilize Medicaid as payment for nursing facility care. The Level I screens for "functional eligibility" only; the KanCare clearinghouse determines fiscal eligibility for Medicaid. If you are in a hospital, the social worker or discharge planner can complete the assessment. Once your level of care has been determined, you can begin the search for facilities in your desired area.

Choosing a nursing home or other long-term care facility is an important decision that often begins when an individual's needs require more support than can be provided at home. Experts recommend first identifying the person's care needs, preferences, and priorities — such as medical services, social activities, location near family, or specialized memory care. Talking with health professionals, friends, community groups, or others who have experience with local facilities can also help narrow options.

Visiting several facilities is ideal whenever possible. During visits, pay attention to cleanliness, staff interactions with residents, activity options, safety features, licensing and certification status, and overall atmosphere. Asking detailed questions about staffing, medical care, activities, costs, and contracts can help ensure expectations are clear before making a decision.

If you can't tour the facilities, request virtual tours or photos/videos from staff, review publicly available inspection reports and complaint histories, and ask detailed questions by phone about staffing levels, services, person-centered care, and daily routines.

Inspection reports are available online www.kdads.ks.gov/licensing-policy/adult-care-home-directory

How to Choose a Nursing Facility

Each facility is different, so get detailed information about costs and which services are included. Find out if Medicare, Medicaid, or long-term care insurance will pay for any of the costs. The facility may have a financial office that can help you determine what assistance is available.
The average cost for a semi-private nursing home room in Kansas is over $6,000 a month.

Once you select a facility, read the contract carefully. Make sure all the agreements are clear and ask questions about anything you don't understand. Read over the contract again before signing it.

Medicaid (KanCare)
Pays for nursing facility costs for those with limited income and assets, after personal resources have been exhausted.

Medicare
Pays under limited circumstances, short-term following a qualified hospital stay.

Medicare Supplemental Insurance
Usually dependent on if Medicare will pay.

Long-Term Care Insurance
Private insurance that pays for a variety of services. Coverage varies per policy.

Personal Resources
Savings or investments.

PEAK Program

A pay-for-performance Medicaid program to increase the adoption rate of person-centered care practices in Kansas nursing homes.

Below are the PEAK Levels. Please see "*Nursing Facilities*" under Community Resources and Services to see which facilities in your area are part of the PEAK Program.

Mentor Homes (Level 8)
The highest level homes that excel in person-directed practices and help guide other homes

Sustained Person-Centered Care Home (Level 7)
Long-term leaders and homes that maintain excellent person-directed practices

Person-Centered Care Home (Level 6)
Full person-centered directed homes that meet all current standards

Level 5 Homes
Homes close to reaching full person-directed practices

Level 4 Homes
Homes implementing and sustaining several person-directed practices

Level 3 Homes
Homes improving in multiple person-directed areas

Level 2 Homes
Homes actively working on person-directed changes in a few, targeted areas

Level 1 Homes
Homes beginning to make person-directed changes

Foundation Homes

In-Home Services

Kansas Aging and Disability Resource Center

The Kansas Aging and Disability Resource Center (ADRC) is a comprehensive service resource catering to individuals of all ages, abilities, and income levels, along with their caregivers, to address long-term service and support needs.

The ADRC, operated by Liberty Healthcare Corporation (Liberty), provides objective information and personalized options counseling to help older adults and people with disabilities make informed choices about their services and supports. Liberty provides coverage across Kansas and offers a wide range of long-term support options, connecting people to services that match their preferences, strengths, and values. Additionally, ADRC provides a statewide call center (855-200-2372) staffed with knowledgeable personnel, delivering information, referrals, and assistance for community services.

A variety of in-home services are available, each with different payment and funding sources and eligibility criteria. Here are a few examples to help you understand your options:

AAA Services

The **Senior Care Act** program was established by the Kansas Legislature to assist Kansas residents age 60 or older who have functional limitations in self-care and independent living, but who are able to reside in a community-based residence if some services are provided.

The program provides in-home services to persons who contribute to the cost of services based on their ability to pay. Services vary by county but may include attendant care, respite care, homemaker support, chore services, and adult day care. KDADS administers the program through the AAAs.

The **Older Americans Act** (OAA) was enacted by Congress in 1965 to address the lack of community social services for older adults. It established grants for community planning, social services, research, and training in aging. OAA provides legal assistance, caregiver support, in-home services, transportation, and nutrition programs to older adults. Services are offered on a free or contribution basis. KDADS administers the program through the AAAs.

More detailed information about services offered through the OAA can be found on page 10.

In-Home Services

Older Americans Act, Continued

Legal Assistance

Legal assistance and elder rights programs work in conjunction with other Administration on Aging (AoA) programs and services to maximize the independence, autonomy and well-being of older persons.

Title III-B attorneys provide legal assistance nationwide on issues such as income security, health care, long-term care, nutrition, housing, utilities, protective services, defense of guardianship, abuse, neglect, and age discrimination. Legal assistance is targeted towards older individuals in social and economic need.

Legal assistance is available in older Kansans through contracts between the Area Agencies on Aging and Kansas Legal Services. Kansas Legal Services may be contacted thru the Kansas Elder Law Hotline at 888-353-5337 from 9:00 a.m. to 4:00 p.m. Monday thru Friday.

Caregiver Support

Annually, each AAA will receive an allocation of limited federal funds for Family Caregiver Support Program (FCSP) services. The services that may be available include: information, assistance, caregiver training, individual counseling, support groups, supplemental services, and respite care. Respite enables a caregiver to be temporarily relieved from their caregiving responsibilities.

Supportive Services

Home and Community-Based Supportive Services grants fund a broad array of services that enable seniors to remain in their homes for as long as possible. These services include but are not limited to:

- Access services such as transportation, case management, and information and assistance;
- In-home services such as personal care, chore, and homemaker assistance; and
- Community services such as legal services, mental health services, and adult day care.

This program also funds multi-purpose senior centers that coordinate and integrate services for the older adults such as congregate meals, community education, health screening, exercise/health promotion programs and transportation.

Nutrition Programs

The OAA nutrition program is designed to:

- Reduce hunger and food insecurity,
- Promote socialization, and
- Support health and well-being among older adults.

Under Title III-C, services include congregate meals (group dining settings), home-delivered meals (for homebound individuals), and approved alternatives such as grab-and-go or carryout meals when permitted.

Eligibility generally includes individuals age 60 or older (and in some cases their spouses or eligible individuals with disabilities living with them), with priority given to those with the greatest economic or social need.

In-Home Services

Home Health Services following an injury or hospital stay

If you are under a physician's care and are prescribed home health care services, Medicare or Medicaid may cover in-home services for short-term needs, as long as a care plan is established. You must use a home health agency certified to provide Medicare and Medicaid services. Private insurance, Medicare supplement, or long-term care insurance may also cover some home health care expenses. Many home health agencies offer private pay options.

Medicaid (KanCare) Services

To participate in HCBS programs, you must be approved for Medicaid (KanCare) and meet the functional eligibility criteria. The initial functional assessment is completed by Maximus.

The HCBS programs are coordinated by the current Managed Care Organizations (MCOs) under KanCare. Care Managers set up a plan of care to determine the number of hours and types of service needed.

HCBS Frail Elderly (FE) Waiver

For adults age 65+. Must meet criteria for nursing home placement, be Medicaid eligible, and need help with activities of daily living. Services may include: Adult day care, personal care services, personal emergency response, home telehealth, medication reminders, enhanced care services, and more.

Medicaid (KanCare)

KanCare is the program through which the State of Kansas administers Medicaid. Kansas has contracted with three health plans, or MCOs, to coordinate health care for all people enrolled in Medicaid. KanCare health plans are required to coordinate all of the different types of care a consumer receives. The goals of the KanCare program are to improve overall health outcomes while slowing the rate of cost growth over time.

KanCare can be used in conjunction with Medicare benefits and covers some services not covered by Medicare, including nursing home and long-term care services. Participants may also receive financial assistance for Medicare Part D (prescription drug) expenses.

For more information or to apply online, visit www.kancare.ks.gov or call the KanCare Clearinghouse at 800-792-4884 to be mailed a paper application.

Who is eligible?

KanCare provides health coverage for: Qualifying children under age 19, pregnant women, adults, non-disabled, non-elderly parents or caregivers of children younger than 19, individuals age 65 and over, and individuals with disabilities.

Medicaid (KanCare)

KanCare Ombudsman

The KanCare Ombudsman provides an independent and confidential resource for Kansas Medicaid recipients. The KanCare Ombudsman office can assist with answering questions, resolving issues, completing applications or renewals, and learning about in-home services.

Contact Information

KanCare.Ombudsman@ks.gov
855-643-8180
www.kancare.ks.gov/members/help-resources/kancare-ombudsman

Navigating Medicare

Medicare is a federal health insurance program in the United States that provides coverage primarily for people age 65 and older, as well as certain younger individuals with disabilities and people with end-stage renal disease.

Medicare.gov is the official U.S. government website for Medicare and is managed by the U.S. Centers for Medicare & Medicaid Services (CMS). The site serves as a source for all things Medicare and is loaded with helpful information, useful tools and more. Please visit www.medicare.gov or call 1-800-MEDICARE (1-800-633-4227).

Senior Health Insurance Counseling for Kansas (SHICK)

SHICK is a free program offering Kansans an opportunity to talk with trained, community volunteers and get answers to questions about Medicare and other insurance issues. SHICK counselors are located throughout the state and can help individuals stay informed on changing conditions in health care insurance. Counselors receive training on Medicare, Medicare Supplemental Insurance, Long-Term Care Insurance, and other health insurance subjects that concern older Kansans. They do not work for any insurance company. The goal is to educate and assist the public in making informed decisions.
To contact SHICK, please call 800-860-5260 or visit www.kdads.ks.gov/services-programs/aging/medicare-programs/senior-health-insurance-counseling-for-kansas-shick

Need Help Paying Premiums?

Medicare Savings Program

The Medicare Savings Program is a federal initiative designed to aid Medicare beneficiaries in managing the costs associated with Part A, Part B, and Part D premiums, as well as deductibles and co-pays, based on their income level. Eligibility for this program is contingent upon meeting monthly income criteria and adhering to maximum asset thresholds. Interested individuals can request a Medicare Savings Program application from their local SHICK office by calling 800-860-5260 or apply online at www.kancare.ks.gov/apply-now.

Navigating Medicare

Extra Help

Medicare Part D provides prescription drug coverage. The Extra Help program helps with the cost of prescription drugs, deductibles and copays. You can apply for Extra Help any time before or after you enroll in Part D. Apply online at www.ssa.gov/medicare/part-d-extra-help or contact your local Social Security Office.



Red Flags for Elder Abuse and Neglect

Every year an estimated 5 million, or 1 in 10 older Americans experience elder abuse, neglect, or exploitation.

Elder abuse refers to any form of mistreatment or harm inflicted upon an older person, typically aged 60 or above. Abuse can occur within various relationships including family, caregiver, or institutional settings. Types of abuse can include physical abuse, sexual abuse, emotional and psychological abuse, verbal abuse, neglect, passive neglect, willful deprivation, and financial exploitation.

Signs of physical abuse include hitting, pinching, shoving, force-feeding, and rough handling, along with physical indicators such as bruises, skin tears, absence of hair, cuts, rope marks, over-medication, chemical restraint, and reports from the individual of being abused. Signs of neglect can include weight loss due to lack of assistance with eating and drinking, delayed response to restroom requests leading to loss of bladder or bowel control, unpleasant body odors from lack of hygiene, pressure sores, dehydration, lack of mental, medical, or dental care, reduced mobility due to lack of walking assistance, ignoring cries for help, and failure to administer prescribed medication.

How to Report Elder Abuse

If you or someone you know is in a life threatening situation or in immediate danger, contact 911 or local law enforcement.

Report as soon as you have a concern!

To report suspected abuse, neglect, or exploitation in the community or in facilities licensed by the Kansas Department for Aging and Disability Services when the perpetrator is not a resident of or staff of the facility, contact Adult Protective Services at 800-922-5330.

How to Report Elder Abuse Continued

To report suspected abuse, neglect, or exploitation in an adult care home (nursing facility, assisted living facility, home plus, adult day care...), in a medical care facility, or occurring with a home health agency, contact Kansas Department for Aging and Disability Services at 800-842-0078.

To report suspected abuse, neglect, or exploitation in states other than Kansas, contact the Kansas Aging and Disability Resource Center for information at 855-200-2372.

Social Security Information

Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) are federal programs administered by the Social Security Administration (SSA) to provide financial assistance to individuals with disabilities and unable to work.

Social Security Disability Insurance
SSDI provides benefits to individuals who have a disability that prevents them from engaging in substantial gainful activity and have worked and paid Social Security taxes for a certain period. Eligibility for SSDI is based on work history and work credits earned through payment of Social Security taxes. The number of credits needed depends on the age at which the individual became disabled.

Supplemental Security Income
SSI provides monthly payments to people with disabilities, people who are blind, and older adults who have little or no income or resources. Workers who have paid Social Security taxes for 10 years or more and are age 62 are eligible for early social security benefits. SSDI will convert to Social Security retirement benefits at “full retirement age”.

How to Apply?
Apply online at www.ssa.gov/apply, by phone, on in person at your local office.

Appeal a Decision
You have a right to appeal a decision made by the Social Security Administration.
To learn more, visit www.ssa.gov/apply/appeal-decision-we-made or call 800-772-1213 for assistance.

Website:
www.ssa.gov

Phone number:
800-772-1213
Available Monday- Friday (8:00 a.m. – 7:00 p.m.)

Local Offices:
15375 West 95th Street
Lenexa, KS 66219

1440 Wakarusa, Suite 200
Lawrence, KS 66049



What are my Long-Term Care Housing Options?

Independent Living

A variety of housing options, including apartments, duplexes, and condominiums are accessible, offering both private pay and subsidized arrangements (such as through HUD or other income-based rent programs). The amenities, services, and activities offered differ among these options, and certain choices may require an application process and waitlist. Independent living communities are not regulated or licensed by the state.

Continuing Care Retirement Communities (CCRCs)

CCRCs, or life care communities, offer a continuum of care so residents can move from independent living to higher levels of care without leaving the community. However, they can be expensive and typically require a significant upfront "buy-in" cost.

Home Plus

Home Plus are residences or facilities caring for no more than 12 individuals who, due to functional impairment, need personal care and may need supervised nursing care to compensate for activities of daily living limitations. Home Plus are not regulated by the federal government but are licensed by the Kansas Department for Aging and Disability Services.

Assisted Living/ Residential Health Care Facilities

Assisted living facilities and residential health care facilities (RHCF) offer a residential care setting for older adults who want their own living space. Residents may need help with dressing, bathing, eating, and toileting, but do not require the intensive medical and nursing care provided in a nursing home. RHCFs are very similar to assisted living facilities but do not offer kitchenettes in an individual's room. Assisted living facilities and RHCFs are not regulated by the federal government but are licensed by the Kansas Department for Aging and Disability Services.

Nursing Facility

Nursing facilities provide 24-hour care for individuals who can no longer live independently. A nursing facility setting also may be appropriate for people who need extended post-operative care, complex medical monitoring, nursing, medical, social and rehabilitative care. All nursing facilities are licensed and regulated by state governments, while those licensed by Medicaid/Medicare are additionally regulated by the federal government.

**Names and ownership of long-term care facilities can change frequently. While this guide is accurate to the best of our knowledge at the time of publication, details may have changed. For the most up-to-date information, please visit www.kdads.ks.gov/licensing-policy/adult-care-home-directory*

Adult Day Care

Adult day care refers to a supervised program providing activities and support services for older adults during the day, typically outside of their homes.

Miami County

North Point Skilled Nursing
908 North Pearl Street
Paola, KS 66071
913-294-4308
www.americareusa.net/senior-living/north-point-paola-ks

Assisted Living Facilities

Coffey County

The Meadows
1201 Martindale Street
Burlington, KS 66839
620-364-8861
www.coffeyhealth.org/themeadows/

Franklin County

Homestead of Ottawa
2250 South Elm Street
Ottawa, KS 66067
785-521-7211
www.midwest-health.com/ottawa

Miami County

Homestead of Louisburg
202 South Rogers Road
Louisburg, KS 66053
913-733-2166
www.midwest-health.com/louisburg

Homestead of Osawatomie
1520 Parker Avenue
Osawatomie, KS 66064
913-392-7029
www.midwest-health.com/osawatomie

Homestead of Paola
601 North East Street
Paola, KS 66071
913-557-8823
www.midwest-health.com/paola

Osage County

Homestead of Osage City
1403 Laing Street
Osage City, KS 66523
785-367-3904
www.midwest-health.com/osage-city

Peterson Assisted Living
629 Holliday Street
Osage City, KS 66523
785-528-3301

Assistive Technology and Medical Equipment

All Counties

Assistive Technology for Kansans-
Southeast Kansas Independent Living (SKIL)
1714 Main Street
Parsons, KS 67357
620-421-6551
www.atk.ku.edu
Anderson, Coffey, and Linn counties

Assistive Technology for Kansans
1000 Sunnyside Avenue
Lawrence, KS 66045
785-551-9708
www.atk.ku.edu
Franklin, Miami, and Osage counties

CPRF: Cerebral Palsy Research Foundation of Kansas, Inc
5111 East 21st Street North
Wichita, KS 67208
316-688-1888
www.cprf.org/contact-us



Franklin County

OCCK, Inc.
Multiple locations
785-827-9383
www.occk.com/service/assistive-technology/#contact

Ottawa- Lincare
425 South Main Street
Ottawa, KS 66067
785-827-9383
www.lincare.com

Miami County

OCCK, Inc.
Multiple locations
785-827-9383
www.occk.com/service/assistive-technology/#contact

Osage County

OCCK, Inc.
Multiple locations
785-827-9383
www.occk.com/service/assistive-technology/#contact

Caregiver Support

All Counties

Alzheimer's Association Heart of America Chapter
8001 Conser, Suite 240
Overland Park, KS 66204
913-831-3888
www.alz.org/kansascity

American Lung Association in Kansas
8400 West 110th Street, Suite 130
Overland Park, KS 66210
913-353-9165
www.lung.org/ks

American Stroke Foundation
6405 Metcalf Avenue, Suite 214
Overland Park, KS 66202
913-649-1776
www.americanstroke.org

Angels Care Home Health
785-242-3100
www.angelscarehealth.com
Anderson, Franklin, Linn, Miami, Osage counties

Arthritis Foundation of Kansas & Kansas City
800-283-7800
www.arthritis.org/local-offices/ks

Comfort Keepers
913-295-9203
www.comfortkeepers.com

East Central Kansas Area Agency on Aging
117 South Main
Ottawa, KS 66067
785-242-7200
www.eckaaa.org

Family Caregiver Alliance
www.caregiver.org/connecting-caregivers/support-groups

VA Caregiver Support Program - VA Eastern Kansas Healthcare System
785-350-4507
www.caregiver.va.gov
www.caregiver.va.gov/support/New_CSC_Page.asp#Kansas

Continuing Care Retirement Communities

Franklin County

Rock Creek of Ottawa
1100 West 15th Street
Ottawa, KS 66067
785-242-5399
www.rockcreekofottawa.com

Wellsville Manor
304 West 7th Street
Wellsville, KS 66092
785-883-4101
www.trailofcare.com/wellsville-health-and-rehab

Osage County

Brookside Retirement Community
700 West 7th Street
Overbrook, KS 66524
785-665-7124
www.trailofcare.com

Dental Services

All Counties

Kansas Dental Association
5200 Southwest Huntoon
Topeka, KS 66604
785-272-7360
www.KsDental.org

Kansas Donated Dental Services
PO Box 4266
Topeka, KS 66064
785-273-1900
www.dentallifeline.org/kansas/

Oral Health Kansas
785-235-6039
www.oralhealthkansas.org

Franklin County

Health Partnership Clinic- Ottawa
107 South Main Street
Ottawa, KS 66067
913-401-2750
www.hpcks.org/contact/#ottawa

Midland Care- Program of All-Inclusive Care for the Elderly (PACE)
785-232-2044
www.midlandcare.org/services/pace

Miami County

Midland Care- Program of All-Inclusive Care for the Elderly (PACE)
785-232-2044
www.midlandcare.org/services/pace

Osage County

Midland Care- Program of All-Inclusive Care for the Elderly (PACE)
785-232-2044
www.midlandcare.org/services/pace

Hearing and Vision Services

Anderson County

Midwest Hearing Aids Inc
111 West 5th
Garnett, KS 66032
785-448-3700
www.midwesthearingaids.com/garnett-hearing-aids

Vision Source Garnett
115 North Maple Street
Garnett, KS 66032
785-448-6879
www.visionsource-garnett.com

Coffey County

Topeka Ear, Nose & Throat
801 North 4th Street
Burlington, KS 66839
785-233-0500
www.topekaent.com/burlington

The EyeDoctors Optometrists
800 North 4th Street
Burlington, KS 66839
620-364-2134
www.theeyedoctors.net/locations/ks/burlington/burlington

Franklin County

Ammel Optometry
2101 South Princeton Street
Ottawa, KS 66067
785-242-7300
www.ammeloptometry.com

Frank Eye Center
1401 South Main Street
Ottawa, KS 66067
785-242-4242
www.frankeyecenter.com

Lawrence Otolaryngology
1302 South Main Street, Suite 5
Ottawa, KS 66067
785-242-3300
www.lawoto.com

Neighborhood Hearing Aid Center
1302 South Main Street, Suite 23
Ottawa, KS 66067
785-242-7100
www.kanhear.com/locations/ottawa

The EyeDoctors Optometrists
316 South Main Street
Ottawa, KS 66067
785-242-2020
www.theeyedoctors.net/locations/ks/ottawa/ottawa

Miami County

Eyecare Associates of Osawatomie
524 Brown Avenue
Osawatomie, KS 66064
913-256-2176
www.oseyecare.com

Eyecare Professionals of Paola
2 South Silver Street
Paola, KS 66071
913-294-2300
www.eyecareofpaola.com

Hunter Family Vision
3 South Berkley Street
Louisburg, KS 66053
913-276-0002
www.hunterfamilyvision.com

Midwest Hearing Aids Inc
909 North Pearl
Paola, KS 66071
913-294-9474
www.midwesthearingaids.com/paola-hearing-aids

Osage County

Buller Eyecare
131 West Market Street, Suite A
Osage City, KS 66523
785-528-4136
www.bullereyecare.com

Home Health Agencies

Anderson County

Advocate Home Specialty Care, Inc.
811 Poplar Street
Wamego, KS 66547
785-456-8910
www.advocarehomecare.com

Anderson County Hospital Specialty Clinic
421 South Maple Street
Garnett, KS 66032
785-204-8002
www.saintlukeskc.org/locations/anderson-county-hospital-specialty-clinic

Angels Care Home Health
5375 Southwest 7th Street, Suite 600
Topeka, KS 66606
785-273-3560
www.angelscarehealth.com/location/topeka-ks

Home Town Health Care
308 Neosho Street
Burlington, KS 66839
620-263-7859
www.hometownhealthcare.net/contact/burlington

St. Luke's Home Care & Hospice
816-756-1160
www.saintlukeskc.org/specialties-services/continuing-care/home-health-care

Coffey County

Angels Care Home Health
5375 Southwest 7th Street, Suite 600
Topeka, KS 66606
785-273-3560
www.angelscarehealth.com/location/topeka-ks

Enhabit Home Health & Hospice
3620 Southwest Fairlawn Road, Suite 100
Topeka, KS 66614
785-232-8593
www.enhabit.com/location/tpk-topeka-ks

Home Town Health Care
308 Neosho Street
Burlington, KS 66839
620-263-7859
www.hometownhealthcare.net/contact/burlington

St. Luke's Home Care & Hospice
816-756-1160
www.saintlukeskc.org/specialties-services/continuing-care/home-health-care

Franklin County

Angels Care Home Health
318 South Main Street
Ottawa, KS 66067
785-242-3100
www.angelscarehealth.com/location/ottawa-ks

Aquinas Carondelet Home Health
1540 South Main Street
Ottawa, KS 66067
913-299-7100
www.aquinascarondelethomehealth.com

Elara Caring Skilled Home Health
3715 Southwest 29th Street, Suite 100
Topeka, KS 66614
785-354-0767
www.elara.com/locations/topeka-ks

Enhabit Home Health & Hospice
3620 Southwest Fairlawn Road, Suite 100
Topeka, KS 66614
785-232-8593
www.enhabit.com/location/tpk-topeka-ks

Program of All-Inclusive Care for the Elderly (PACE)
800-726-7450
www.midlandcare.org/services/pace

Linn County

Angels Care Home Health
5375 Southwest 7th Street, Suite 600
Topeka, KS 66606
785-273-3560
www.angelscarehealth.com/location/topeka-ks

St. Luke's Home Care & Hospice
816-756-1160
www.saintlukeskc.org/specialties-services/continuing-care/home-health-care

Miami County

Angels Care Home Health
5375 Southwest 7th Street, Suite 600
Topeka, KS 66606
785-273-3560
www.angelscarehealth.com/location/topeka-ks

Elara Caring Skilled Home Health
3715 Southwest 29th Street, Suite 100
Topeka, KS 66614
785-354-0767
www.elara.com/locations/topeka-ks

John Knox Village Home Health
5350 West 94th Terrace, Suite 205
Prairie Village, KS 66207
913-403-8343
www.jkv.org/health-services/home-health

Program of All-Inclusive Care for the Elderly (PACE)
800-726-7450
www.midlandcare.org/services/pace

Spectrum Home Health Agency
2915 Strong Avenue
Kansas City, KS 66106
913-831-2979
www.SpectrumHomeHealth.com

St. Luke's Home Care & Hospice
816-756-1160
www.saintlukeskc.org/specialties-services/continuing-care/home-health-care

Linn County

Angels Care Home Health
5375 Southwest 7th Street, Suite 600
Topeka, KS 66606
785-273-3560
www.angelscarehealth.com/location/topeka-ks

Elara Caring Skilled Home Health
3715 Southwest 29th Street, Suite 100
Topeka, KS 66614
785-354-0767
www.elara.com/locations/topeka-ks

Enhabit Home Health & Hospice
3620 Southwest Fairlawn Road, Suite 100
Topeka, KS 66614
785-232-8593
www.enhabit.com/location/tpk-topeka-ks

Home Town Health Care
308 Neosho Street
Burlington, KS 66839
620-263-7859
www.hometownhealthcare.net/contact/burlington

Phoenix Home Care & Hospice
2924 Southwest Wanamaker Drive, Suite B
Topeka, KS 66614
785-260-6444
www.phoenixhomehc.com/locations/topeka-kansas

Program of All-Inclusive Care for the Elderly (PACE)
800-726-7450
www.midlandcare.org/services/pace

Home Plus Facilities

Franklin County

Heart to Heart Home Plus
3600 Colorado Road
Pomona, KS 66076
785-241-0489

Rock Creek Care Home
27 East Rockwood Drive
Ottawa, KS 66067
785-242-5399
www.rockcreekofottawa.com

Osage County

Ruble Ranch
509 Western Heights
Osage, KS 66524
785-665-7000
www.trailofcare.com/ruble-ranch

Hospice and Palliative Care

All Counties

Good Shepherd Hospice
427 South Oak Street
Garnett, KS 66032
785-448-6590
www.goodshepherdhospice.com

Anderson County

St. Croix Hospice
8001 College Boulevard, Suite 285
Overland Park, KS 66210
913-354-5511
www.stcroixhospice.com/overland-park-ks

Coffey County

Home Town Health Care
308 Neosho Street
Burlington, KS 66839
620-263-7859
www.hometownhealthcare.net/contact/burlington

St. Croix Hospice
2231 Southwest Wanamaker Road, Suite 202
Topeka, KS 66614
785-256-9632
www.stcroixhospice.com/topeka-ks

Franklin County

Gentiva Hospice
8735 Rosehill Road
Lenexa, KS 66215
888-436-8482
www.gentivahs.com

Harbor Hospice and Palliative Care
7223 West 95th Street
Overland Park, KS 66212
913-291-1883
www.haborhospice.com

Midland Care
800-491-3691
www.midlandcare.org/services/hospice-care

St. Croix Hospice
8001 College Boulevard, Suite 285
Overland Park, KS 66210
913-354-5511
www.stcroixhospice.com/overland-park-ks

Three Oaks Hospice
10500 Barkley Street, Suite 228
Overland Park, KS 66212
913-675-2155
www.threeoakshospice.com/locations/overland-park

Linn County

St. Croix Hospice
8001 College Boulevard, Suite 285
Overland Park, KS 66210
913-354-5511
www.stcroixhospice.com/overland-park-ks

Miami County

Elara Hospice
3745 Southwest Wanamaker Road, Suite A
Topeka, KS 66610
785-228-0400
www.elara.com/locations/topeka-ks

Kansas City Hospice & Palliative Care
10100 West 87th Street, Suite 100
Overland Park, KS 66212
913-894-8228
www.kchospice.org

Three Oaks Hospice
10500 Barkley Street, Suite 228
Overland Park, KS 66212
913-675-2155
www.threeoakshospice.com/locations/overland-park

St. Croix Hospice
8001 College Boulevard, Suite 285
Overland Park, KS 66210
913-354-5511
www.stcroixhospice.com/overland-park-ks

Osage County

Home Town Health Care
308 Neosho Street
Burlington, KS 66839
620-263-7859
www.hometownhealthcare.net/contact/burlington

Interim HealthCare of Lawrence
5200 Bob Billings Parkway
Lawrence, KS 66049
785-764-0019
www.interimhealthcare.com/location/lawrence-ks

St. Croix Hospice
2231 Southwest Wanamaker Road, Suite 202
Topeka, KS 66614
785-256-9632
www.stcroixhospice.com/topeka-ks

House, Utility, and Rent Assistance

All Counties

Cold Weather Rule
800-662-0027
www.kcc.ks.gov/consumer-information/cold-weather-rule

Low Income Energy Assistance Program (LIEAP)
833-765-2003
www.dcf.ks.gov/services/ees/Pages/EnergyAssistance.aspx

Kansas Corporation Commission - Utility & Weatherization Related Assistance Programs
www.kcc.ks.gov/public-affairs-and-consumer-protection/utility-weatherization-related-assistance-programs

Utility 211
211
www.211.org/get-help/utilities-expenses

Anderson County

ECKAN - Anderson County Community Center
1006 South Hayes, PO Box 13
Garnett, KS 66032
785-242-7450 ext 7651
www.eckan.org

Garnett Housing Authority
116 Park Plaza North
Garnett, KS 66032
785-448-6990
www.garnettkansas.gov/page/housing

Coffey County

Coffey County Housing Authority
313 Neosho Street
Burlington, KS 66839
620-364-8895
www.coffeycountyks.org/276/Housing-Authority-Board

ECKAN - Coffey County Community Center
409 Neosho Street, PO Box 4
Burlington, KS 66839
620-364-8223
www.eckan.org

Franklin County

ECKAN - Franklin County Community Center
204 East 15th Street
Ottawa, KS 66067
785-242-7515
www.eckan.org

Habitat for Humanity
400 West 7th Street
Ottawa, KS 66067
785-242-2600
www.habitatfranklincounty.org

Hope House
205 West 17th Street
Ottawa, KS 66067
785-242-2444
www.hopehouseottawa.org

United Way of Franklin County
501 South Main
Ottawa, KS 66067
785-418-2015
www.unitedwayoffranklinco.org

Linn County

La Cygne Housing Authority
801 Elm Street
La Cygne, KS 66040
913-757-4777
www.cityoflacygne.org/housing-authority

Pleasanton Housing Authority
902 Palm Street
Pleasanton, KS 66075
913-352-6289
www.ptownhudks.org



Miami County

ECKAN - Miami County Community Center
5 South Peoria Street, Suite 219
Louisburg, KS 66053
785-242-7450 ext 7640
www.eckan.org

Paola Housing Authority
310 South Iron Street
Paola, KS 66071
913-294-4731
www.cityofpaola.com/83/Paola-Housing-Authority

Osage County

ECKAN - Osage County Community Center
528 Market Street, PO Box 74
Osage City, KS 66523
785-528-5184
www.eckan.org

Overbrook Housing Authority
200 Oak Street
Overbrook, KS 66524
www.overbrookks.com/overbrook-housing-authority

Information and Referral Assistance

AARP Kansas
6220 Southwest 29th Street, Suite 300
Topeka, KS 66614
866-448-3619
www.aarp.org/states/kansas

Abuse, Neglect, or Exploitation (ANE) Hotline (in adult care facility)
800-842-0078
kdads.complainthotline@ks.gov

Abuse, Neglect, or Exploitation (ANE) Hotline (in the community)
800-922-5330
www.dcf.ks.gov/Pages/Report-Abuse-or-Neglect.aspx

Coffey County Council on Aging
620-364-8412
www.coffeyaging.org
info@coffeyaging.org

Disability Rights Center
214 Southwest 6th Avenue, Suite 100
Topeka, KS 66603
785-273-9661
www.drckansas.org

Independence, Inc
2001 Haskell
Lawrence, KS 66044
785-841-0333
www.independenceinc.org

East Central Kansas Area Agency on Aging
117 South Main
Ottawa, KS 66067
785-242-7200
www.eckaaa.org

Kansas Advocates for Better Care
536 Fireside Court, Suite B
Lawrence, KS 66049
785-842-3088
www.kabc.org

KanCare Ombudsman
855-643-8180
www.kancare.ks.gov/members/help-resources/kancare-ombudsman

Kansas Adult and Child Protective Services (APS)
800-922-5330, 785-296-4653
www.dcf.ks.gov/services/PPS/Pages/APS/AdultProtectiveServices.aspx

Kansas Department for Aging & Disability Services (KDADS)
503 South Kansas Avenue
Topeka, KS 66603
800-432-3535, 785-296-4986
www.kdads.ks.gov

Kansas Department for Children and Family Services (DCF) - Older Adults and People With Disabilities Programs
555 South Kansas, 3rd Floor
Topeka, KS 66603
785-368-7143
www.dcf.ks.gov/services/RS/Pages/OlderAdultsPeopleWDisabilities.aspx

Kansas Health Institute
212 Southwest 8th Avenue
Topeka, KS 66603
785-233-5443
www.khi.org

Kansas Legal Services
316-267-3975
www.kansaslegalservices.org

Kansas Long-Term Care Ombudsman
877-662-8362
www.ombudsman.ks.gov

Liberty Healthcare Corporation
Kansas Aging Disability Resource Center
855-200-2372
www.libertyhealthcare.com/kansas-adrc

Maximus
Kansas Statewide HCBS Assessing Organization
785-268-3600
www.maximusclinicalservices.com/svcs/ks/hcbs.html

National Eldercare Locator Services
800-677-1116
www.eldercare.acl.gov

Ottawa Library
105 South Hickery Street
Ottawa, KS 66067
785-242-3080
www.ottawalibrary.org

Paola Free Library
101 East Peoria
Paola, KS 66071
913-259-3655
www.paolalibrary.org

Resource Center for Independent Living
1137 Laing
Osage City, KS 66523
785-528-3105
www.rcilinc.org

United Way of Franklin County
785-418-2015
www.unitedwayoffranklinco.org

United Way of Kaw Valley
785-273-4804
www.uwkawvalley.org

Legal Assistance

All Counties
Disability Rights Center of Kansas
214 Southwest 6th Avenue, Suite 100
Topeka, KS 66603
785-273-9661
www.drckansas.org

Kansas Attorney General
785-296-2215
www.ag.ks.gov

Kansas Elder Law Hotline
316-267-3975
www.kansaslegalservices.org

Kansas Guardianship Program
3248 Kimball Avenue
Manhattan, KS 66503
785-587-8555
www.ksgprog.org

Kansas Legal Services
527 Commercial, Suite 201
Emporia, KS 66801
620-343-7520
www.kansaslegalservices.org
Anderson, Coffey counties

Kansas Legal Services
400 State Avenue, Suite 1015
Kansas City, KS 66101
913-621-0200
www.kansaslegalservices.org
Franklin, Linn, Miami counties

Kansas Legal Services
712 South Kansas Avenue, Suite 201
Topeka, KS 66603
785-354-8531
www.kansaslegalservices.org
Osage County

Franklin County
Anderson & Byrd, LLP
216 South Hickory, PO Box 17
Ottawa, KS 66067
785-521-3238
www.andersonbyrd.com

Miami County
Dasenbrock Law, LLC
131 South Pearl Street
Paola, KS 66071
913-777-4667
www.kslegalcounsel.com

Mental Health and Substance Use Support

All Counties
988 Lifeline and Veterans Crisis Line
Dial 988
www.988lifeline.org
www.veteranscrisisline.net

Alcoholics Anonymous
Find a meeting in your area -
www.ks-aa.org/locations

NAMI Kansas
800-273-8255 (Crisis line), 800-950-6264 (National helpline)
www.namikansas.org

Narcotics Anonymous
Find a meeting in your area -
www.marscna.net

SAMHSA (Substance Abuse & Mental Health Services Administration)
877-726-4727
www.samhsa.gov

Anderson County
Southeast Kansas Mental Health Center
519 South Elm
Garnett, KS 66032
785-448-6806
www.sekmhc.org

Coffey County
Coffey County Hospital
801 North 4th Street
Burlington, KS 66839
620-364-2121
www.coffeyhealth.org/hospital

CrossWinds Counseling & Wellness
147 Osage Street
New Strawn, KS 66839
620-343-2211
www.crosswindsks.org/locations/coffey-county

Therapy Services LLC
420 Kennedy Street
Burlington, KS 66839
620-364-2606
www.therapyservicesonline.com

Franklin County
Elizabeth Layton Center
Multiple locations in Ottawa
785-242-3780
Crisis number: 1-800-241-1266
www.laytoncenter.org

Franklin County Substance Use Prevention Coalition
1418 South Main Street, Suite 1
Ottawa, KS 66067
785-229-3539
www.franklincoks.org/959/Substance-Use-Prevention-Coalition

Health Partnership Clinic
107 South Main Street
Ottawa, KS 66067
913-401-2750
www.hpcks.org

In Home Family Counseling Associates
913-730-5700
www.ihfca.org

Linn County
Southeast Kansas Mental Health Center
223 Main Street
Mound City, KS 66056
913-795-7534
www.sekmhc.org

Southeast Kansas Mental Health Center
505 West 15th Street
Pleasanton, KS 66075
913-352-8214
www.sekmhc.org

Franklin County
Arista Recovery
901 East Miami Street
Paola, KS 66071
913-914-9064
www.aristarecovery.com

Elizabeth Layton Center
25955 West 327th Street
Paola, KS 66071
913-557-9096
Crisis number: 1-800-241-1266
www.laytoncenter.org

Miami County Mental Health Initiative
1201 Lakemary Drive
Paola, KS 66071
913-294-2431
www.miamicountyks.gov/1065/Miami-County-Mental-Health-Initiative

Sunflower Recovery Center
29875 West 39th Street
Osawatomie, KS 66064
913-412-2735
www.sunflowerrecovery.com

Osage County
CrossWinds Counseling & Wellness
608 Holiday Street
Osage City, KS 66523
620-343-2211
www.crosswindsks.org/locations/osage-county

Nursing Facilities

Anderson County
Parkview Heights Nursing and Rehab Center
101 North Pine Street
Garnett, KS 66032
785-448-2434
www.parkviewheightsnrc.com

Coffey County
Life Care Center of Burlington (**Level 1**)
601 Cross Street
Burlington, KS 66839
620-364-2117
www.lcca.com/locations/ks/burlington

Franklin County
Richmond Healthcare and Rehab Center
340 East South Street
Richmond, KS 66080
785-835-6135
www.richmondhrc.com

Miami County
Louisburg Healthcare & Rehab Center (**Level 1**)
1200 South Broadway Street
Louisburg, KS 66053
913-837-2916
www.louisburghrc.com

North Point Rehab and Skilled Nursing
908 North Pearl Street
Paola, KS 66071
913-294-4308
www.americareusa.net/senior-living/north-point-paola-ks

Osage County
Osage Nursing Center (**Level 2**)
1017 Main Street
Osage City, KS 66523
785-528-3138
www.americareusa.net/senior-living/osage-nursing-center-osage-city-ks

Nutrition and Meal Services

All Counties
Double Up Heartland
816-701-8286
www.doubleupheartland.org

East Central Kansas Area Agency on Aging-Grab and Go
Multiple locations throughout East Central Kansas
785-242-7200
www.eckaaa.org/site-listing

Harvesters Community Food Network
785-861-7700
www.harvesters.org

Kansas Department for Children and Families- Food Assistance
888-369-4777
www.dcf.ks.gov/services/ees/Pages/Food/FoodAssistance.aspx

Kansas Senior Farmers Market Nutrition Program
785-296-4782
www.kdhe.ks.gov/1041/Kansas-Senior-Farmers-Market-Nutrition-P

Anderson County

Garnett Church of the Nazarene
258 West Park Road
Garnett, KS 66032
785-448-3208
www.garnettnazarene.org

Coffey County

God's Storehouse
515 Neosho Street
Burlington, KS 66839
620-364-1459
www.godsstorehousebks.com

Franklin County

Connect Mobile Food Pantry
1120 South Ash Street
Ottawa, KS 66067
785-222-0848

ECKAN- Franklin County Community Center
785-242-7515
www.eckan.org/eckan-community-centers

Harvest to Home- Wellsville
Wellsville: 785-521-3496, Ottawa: 785-521-3077, Pomona: 785-566-3300
www.facebook.com/HarvestToHomeFrCoKS

Harvesters Mobile Food Distribution- The Light House
135 East Franklin
Pomona, KS 66076
269-830-3873
www.ottawanbc.com/the-light-house

Hope House
205 West 17th Street
Ottawa, KS 66067
785-242-4444
www.hopehouseottawa.org

North Baptist Food Pantry
413 East Wilson
Ottawa, KS 66067
785-242-5111
www.ottawanbc.com/north-baptist-church-food-pantry

Nutrition Education, Frontier Extension District
1418 South Main Street
Ottawa, KS 66067
785-229-3520
www.frontierdistrict.k-state.edu

Linn County

Faith Chapel Pleasanton Food Pantry
103 East 7th Street
Pleasanton, KS 66075
913-352-8213
www.faithchapelpleasanton.com

LaCygne United Methodist Church Community Food Pantry
402 Chestnut Street
La Cygne, KS 66040
913-757-2732

Prescott United Methodist Church Food Pantry
256 West Main Street
Prescott, KS 66767
913-471-4881

Miami County

Cross Point Assembly of God- Harvesters Mobile Delivery
1016 North Pearl Street
Paola, KS 66071
308-440-7289
www.cpchurch.tv/events/calendar

Oz Food Pantry
811 West 6th Street
Osawatomie, KS 66064
913-245-9351

Paola Association for Church Action Food Pantry
110 East Peoria Street
Paola, KS 66071
913-294-2319
www.paolaassociationforchurchaction.carrd.co

Osage County

ECKAN- Osage County Harvesters Mobile Food Pantry
307 South 1st Street
Osage City, KS 66523
785-528-5184
www.eckan.org/services/food-pantries-kansas

Help House Food Pantry and Harvesters Mobile Food Pantry
131 West 15th Street
Lyndon, KS 66451
785-828-4888
www.helphouse.online

Federated Church of Burlingame Food Pantry
322 South Topeka Avenue
Burlingame, KS 66413
785-654-3851



Residential Health Care Facilities

Anderson County

Guest Home Estates
806 West 4th Street
Garnett, KS 66032
785-448-6884
www.guesthomeestatesofgarnett.com

Linn County

Anew Healthcare Pleasanton
706 West 15th Street
Pleasanton, KS 66075
913-352-6658

Miami County

Country Club Estates
2 Lewis Drive
Paola, KS 66071
913-294-4531

Respite Care

All Counties
East Central Kansas Area Agency on Aging
117 South Main Street
Ottawa, KS 66067
785-242-7200
www.eckaaa.org

Anderson County
Parkview Heights Nursing & Rehab Center
101 North Pine Street
Garnett, KS 66032
785-448-2434
www.parkviewheightsnrc.com

Coffey County
Coffey County Hospital
801 North 4th
Burlington, KS 66839
620-364-2121 Ext. 4276
www.coffeyhealth.org/hospital/respitecare

Franklin County
Richmond Healthcare & Rehab Center
340 South Street
Richmond, KS 66080
785-835-6135
www.richmondhrc.com

Miami County
Louisburg Healthcare & Rehab Center
1200 South Broadway
Louisburg, KS 66053
913-837-2916
www.louisburghrc.com



Senior Centers

Anderson County
Garnett Senior Center
128 West 5th Street
Garnett, KS 66032
785-448-0065
www.simplygarnett.com/page/senior-center

Coffey County
Burlington Senior Center
202 Neosho Street
Burlington, KS 66839
913-691-8591
www.coffeyaging.org

Gridley Senior Citizens
307 Main Street
Gridley, KS 66852
620-836-3145

Lebo Senior Center
2 West Broadway Street
Lebo, KS 66856
620-256-6166

Linn County
Pleasanton Senior Center
211 13th Street
Pleasanton, KS 66075
913-352-8896

Miami County
Louisburg Senior Center
504 South Metcalf
Louisburg, KS 66053
913-837-5113
www.miamicountykansascouncilonaging.com/louisburg-senior-center

Osawatomie Senior Center
815 6th Street
Osawatomie, KS 66064
913-755-2443
www.miamicountykansascouncilonaging.com/osawatomie-senior-center

Osage County
Osage County Senior Center
604 Market Street
Osage City, KS 66523
785-528-4170
www.osageco.org/224/Senior-Center

Transportation

All Counties
AARP Driver Safety
800-350-7025
www.aarpdriversafety.org

CHORUS ClearingHouse for Older Road User Safety
www.roadsafeseniors.org/guides/older-drivers

Kansas Rides
Resource for finding transportation in your area
www.ksrides.org

Lyft Silver
www.lyft.com/rider/silver

MTM Transportation
Healthy Blue Kansas Members
888-972-5808
www.healthybluekansas.com/medicaid/extras/transportation

Sunflower SafeRide
Sunflower Health Plan Members
877-917-8162
www.sunflowerhealthplan.com/members/medicaid/benefits-services/transportation.html

United Healthcare Community Plan Transportation
United Healthcare Community Plan Members
877-796-5847
www.uhc.com/communityplan/kansas

Anderson County
Anderson County General Transportation
785-448-6841
www.andersoncountyks.org

Tri-Ko Inc
301 1st Street
Osawatomie, KS 66064
913-755-3025
For Tri-Ko customers
www.tri-ko.com

Coffey County
Coffey County Council on Aging
620-364-8412
www.coffeyaging.org
info@coffeyaging.org

Franklin County
General Public Transportation
785-242-7440
www.franklincoks.org

Linn County
Linn County Transportation
913-795-2279
www.linncountyks.gov/226/Transportation

Paola Association for Church Action
913-294-3880
www.paolaassociationforchurchaction.carrd.co

Tri-Ko Inc
301 1st Street
Osawatomie, KS 66064
913-755-3025
For Tri-Ko customers
www.tri-ko.com

Miami County
General Public Transit
Lakemary: 913-557-4361,
Louisburg: 913-837-5113,
Osawatomie: 913-755-4786,
Paola: 913-294-4630
www.miamicountyks.gov/197/Transportation

Louisburg Area Senior Citizens Center
913-837-5113
www.miamicountykansascouncilonaging.com/louisburg-senior-center

Paola Association for Church Action
913-294-3880
www.paolaassociationforchurchaction.carrd.co

Paola Senior Center
620-228-0463
www.miamicountykansascouncilonaging.com/paola-senior-center

Tri-Ko Inc
301 1st Street
Osawatomie, KS 66064
913-755-3025
For Tri-Ko customers
www.tri-ko.com

Osage County
Osage County General Public Transportation
785-528-4906
www.osageco.org/217/General-Public-Transportation



Veterans Services

American Legion
www.legion.org
Option to "Find a Post" or "Find a Service Officer" to locate local American Legion

Camp V.O.W.
3736 Oregon Road
Ottawa, KS 66067
832-684-7865
www.campveteransofwar.com

Kansas Office of Veterans Services and Veteran Service Organization- Emporia
702 Commercial Street
Emporia, KS 66801
620-342-3347
www.kovs.ks.gov/veteran-services/field-office-locations/emporia
Anderson, Coffey, Linn counties

Kansas Office of Veterans Services and Veteran Service Organization- Lawrence
745 Vermont Street
Lawrence, KS 66044
785-843-5233
www.kovs.ks.gov/veteran-services/field-office-locations/lawrence
Franklin and Miami counties

Kansas Office of Veterans Services and Veteran Service Organization- Topeka
Colmery-O'Neil VA Medical Center,
Building 24, Room B106C
2200 Gage Boulevard
Topeka, KS 66622
785-559-0061
www.kovs.ks.gov/veteran-services/field-office-locations/topeka
Osage County

Paola VA Clinic
311 Hedge Lane
Paola, KS 66071
816-922-2160
www.va.gov/kansas-city-health-care/locations/paola-va-clinic

VFW- Find a Post
www.vfw.org/find-a-post
Option to find a local VFW Post



Other Resources

AARP Kansas
6220 Southwest 29th Street, Suite 300
Topeka, KS 66614
866-448-3619
www.aarp.org/states/kansas

AARP Tax Aide
888-227-7669
www.aarp.org/money/taxes/aarp-taxaide

AdventHealth Ottawa
1301 South Main Street
Ottawa, KS 66067
785-229-8200
www.adventhealth.com/locations/hospitals/ottawa

Anderson County Hospital
421 South Maple Street
Garnett, KS 66032
785-448-3131
www.saintlukeskc.org/locations/anderson-county-hospital

American Red Cross of Greater Kansas
990 Southwest Fairlawn Road
Topeka, KS 66604
785-354-9238
www.redcross.org/local/kansas/about-us/locations/greater-kansas.html

Center for Practical Bioethics
13725 Metcalf Avenue, #427
Overland Park, KS 66223
816-221-1100
www.practicalbioethics.org

Coffey Health System/Coffey County Hospital
801 North 4th Street
Burlington, KS 66839
620-364-2121
www.coffeyhealth.org

Community Health Center of Southeast Kansas
620-231-9873
www.chcsek.org/our-communities

Health Partnership Clinic
913-648-2266
www.hpcks.org
Locations in Paola and Ottawa

Kansas Advocates for Better Care
536 Fireside Court, Suite B
Lawrence, KS 66049
785-842-3088
www.kabc.org

Midland Care PACE (Program of All-inclusive Care for the Elderly)
785-232-2044
www.midlandcare.org
Franklin, Miami, and Osage counties

Paola Hospital
2100 Baptiste Drive
Paola, KS 66071
913-445-2327
www.kansashealthsystem.com/locations/paola-hospital

United Way of Franklin County
501 South Main
Ottawa, KS 66067
785-418-2015
www.unitedwayoffranklinco.org

Important Numbers

Abuse, Neglect, Exploitation
In the Community: 800-922-5330
In an Adult Care Facility: 800-842-0078

Disability Rights Center of Kansas
877-776-1541

Elder Law Hotline
888-353-5337

East Central Kansas Area Agency on Aging
785-242-7200

KanCare Ombudsman
855-646-8180

Kansas Department for Aging and Disability Servies (KDADS)
785-296-4986 or 800-432-3535

Kansas Long-Term Care Ombudsman
785-296-3017 or 877-662-8362

Medicaid Fraud Hotline
800-432-3913

Social Security Administration
800-772-1213

Suicide & Crisis Lifeline
Dial 988

Notes

My Important Contacts

Name:
Address:
Email:
Phone Number:
Website:

Name:
Address:
Email:
Phone Number:
Website:

Name:
Address:
Email:
Phone Number:
Website:

Kansas Department for Aging and Disability Services
Central Office
503 South Kansas Avenue
Topeka, KS 66603
800-432-3535
www.kdads.ks.gov

Kansas Advocates for Better Care
536 Fireside Court, Suite B
Lawrence, KS 66049
785-842-3088
www.kabc.org