





## ABOUT INSIDE OUT

Family run business

Small, dedicated team of staff

DBS & background checked

Trained in First Aid, Food Hygiene & Safeguarding

Bushcraft Specialists

Members of the Institute of Outdoor Learning

Members of the IOL Bushcraft Professional Practice Group

Offer round the clock care

100% Outdoor setting





FIRE CRAFT



COOK CRAFT



FOREST CRAFT



CAMP CRAFT



NAV. CRAFT



WHAT IS BUSHCRAFT?

# BUSHCRAFT WORKSHOPS

## > BUSHCRAFT WORKSHOPS

Over 20 different Fire Craft Workshops

Bushcraft Tool Workshops

Craft Workshop

Shelter Building

Navigation Workshops & Challenges

Primitive Technology



## > ADVENTURE ACTIVITIES

Archery

Wild Games

Night Games

4 | Wet & Wild Assault Course

Sisal Trail

ADVENTURE ACTIVITIES



# COOK CRAFT

> WE LIKE FOOD!

> ALL FOOD IS...

Cooked fresh

‘Normal’, hearty meals

Cooked over open fires

Cooked by you...

For everyone.





A large group of children, mostly boys, are posing for a photo in front of a rustic wooden structure, possibly a shelter or a playhouse. They are dressed in casual clothing like t-shirts and shorts. Some are standing, some are sitting on the ground, and some are making playful poses. The background shows green foliage and trees.

## OUR WOODLAND

### > REAL BUSHCRAFT EXPERIENCE

100% Outdoors

7 acre woodland

### > BELLS & WHISTLES

Composting Toilets

No Showers - but that doesn't mean no washing!

Bushcraft Kitchen

Sleeping Villages

Assault Course & Projectile Range

### > LIKE TO SEE IT YOURSELF?

Visit at one of our Family Open Days

Arrange a time to come and see us



# CAMP CRAFT

## > WHAT IS WILD CAMPING?

Hammock Camping

Shelter Camping

## > WE'LL BE PROVIDING:

Sleeping Bag

Roll Mat

Bivvy Bag

Camping Light

## > WHAT YOU'D NEED TO BRING:

A book to read, draw or write in

Comfort item

Pillow

> WHAT WILL YOU NEED?

> WHAT WON'T YOU NEED?



## OUR GOALS

- > TO LEARN
- > TO ADVENTURE
- > TO GROW



