

AUGUST 2026

**2785 Leisure Way
Melbourne, FL 32935
(321) 255-4494**

Monday-Friday: 8:30 am–4:30 pm

Saturday: 9:30 am–12:30 pm

Sunday: CLOSED

www.bcwpsc.org



Friendship Flyer

President's Message

Happy August! Even during the HOT summer, your Board is already thinking of the cooler weather and making plans for the Fall and Winter season. I know everyone's schedule fills up early, especially during the holiday season, so I wanted to make sure you had a list of dates to save for our upcoming activities. More details to follow.



Diane Weinzierl

Save The Dates:

- **August 13** (Thursday) – New **Phone Learning Class** led by AT&T – 1:00–3:00 pm.
- **September 7** (Monday) – **WPSC will be closed** for the Labor Day Holiday.
- **October 16** (Friday) – **WPSC Country Western Dinner/Dance** – 4:30–7:00 pm.
- **November 25-29** (Wednesday thru Sunday) – **WPSC will be closed** for Thanksgiving Holidays.
- **November 26** (Thursday) – **Thanksgiving Dinner at WPSC** hosted by the Shuffleboard Team. (Even though we are closed, we will open for all those signed up for the dinner).
- **November 30 to December 4** – **WPSC Annual Handmade Ornament Contest** – Bring in your homemade ornament to hang on our tree. Winners announced on December 14.
- **December 2** (Wednesday) – **Annual Meeting** – 4:00–5:00 pm. Learn more about what's happened this past year at the Center, what's planned for 2027 and meet your Board nominees prior to the election.
- **December 6** (Sunday) – **Annual Holiday Volunteer Event** – 12:00–3:00 pm. This event is limited just for WPSC Volunteers to attend.
- **December 7-11** – **Annual Election Week and Ornament Contest Voting**. This year we will have 4 openings on the Board. Please give some consideration to running for one of these positions if you have any interest in determining how YOUR center is run. Applications will be available in October.
- **December 24-27** (Thursday thru Sunday) – **WPSC will be closed** for the Christmas Holidays.
- **December 31** (Thursday) – **We will be closing at 12:30 pm** for New Year's Eve.
- **January 1-3** (Friday thru Sunday) – **WPSC will be closed** for the New Year's Holiday.

I hope you enjoy the rest of the summer and I'm hoping to see you at one, or all, of the events listed above.

Officers

President: Diane Weinzierl
Vice President: Janice Oppelt
Secretary: Lori Ebbensgard
Treasurer: Colleen Barneman

Directors

Celeste Garcia Ginny Parker
Barbara Carlson Janet Smith
Beverly Morgan Sharon Sneary
Pam Page Rosann Testa

Staff

IT Systems Admin: David Leacock
Webmaster: Maureen Reeder
Sunshine: JoAnn Efird
Newsletter: Nilda Rosario

Directory

President: president@bcwpsc.org
Secretary: secretary@bcwpsc.org
Treasurer: treasurer@bcwpsc.org
Scheduling: scheduling@bcwpsc.org
Sponsorships: sponsorship@bcwpsc.org
Information: info@bcwpsc.org
Webmaster: webmaster@bcwpsc.org
Travel Office: travel@bcwpsc.org
Front Desk: reception@bcwpsc.org
Bridge Club: bridge@bcwpsc.org
Newsletter: news@bcwpsc.org
IT Admin: itadmin@bcwpsc.org

Contents

President's Message 1
Important News 2-3
Calendar of Events 4-5
Activities & Games 6-11
Travel News 12-13
Our Sponsors 14
In Every Issue 15

MISSION STATEMENT

Our mission is to provide a welcoming and engaging environment where seniors can stay active, learn new skills, and build lasting friendships. Through a wide variety of classes, games, arts, and social activities, we celebrate independence, creativity, and community connection.

There are no strangers here—only friends you have yet to meet!



IMPORTANT NEWS

MONTHLY BOARD MEETING

The WPSC Board of Directors meetings are held on the 2nd Monday of each month at 9:30 am. The next meeting will be **August 10 at 9:30 am, Room 117**. All WPSC members are welcome to attend.



WPSC OFFERS FREE LIFETIME MEMBERSHIP TO ANYONE AGE 90 & ABOVE (Effective 8/1/25)

If you are age 90 or older, you are now entitled to FREE Lifetime Membership to Wickham Park Senior Center. Just stop by the Front Reception Desk, show them your ID and they will get your membership updated. Member activity participation fees (usually \$1, but can vary depending on the activity) must still be paid to the program manager for each activity. Also, if you're age 95 or older, you can receive a FREE Bingo Package to play Bingo at WPSC. Show your lifetime membership card and join us to play Bingo.

LOOKING FOR A WORTHY CHARITABLE DONATION ORGANIZATION

Wickham Park Senior Center (WPSC) is a 501(c)3 charitable organization and as such is eligible to receive charitable donations. We would like to thank the following people for their generous donations to WPSC in FY2026:

- Sharon Adams
- Janet & Vaughn Eastman
- Maria Luhn
- Gayle Schanck
- Melbourne Women's Club

Thank You
for your
donation!

Please consider donating to WPSC, if you find you have extra funds in your charitable donations bucket.

NO PETS



NO DOGS OR PETS



SERVICE ANIMALS WELCOME

Service dogs are trained to do work or perform a task for persons with disabilities. Comfort and/or emotional support animals are not service animals, and are not recognized by the ADA.

PLAYING BRIDGE TO END ALZHEIMER'S

(Article Courtesy of Pam Page)

Since **2013**, the American Contract Bridge League (ACBL) and bridge clubs across North America have partnered with the Alzheimer's Association to raise funds for research, care, and support. Together, bridge players have raised **more than \$12 million**.

In **2026**, the Alzheimer's Association expanded its annual **The Longest Day** fundraiser into **Do What You Love to End ALZ™**, reflecting a broader vision: **do what you love to honor who you love**. For bridge players, that means enjoying the game while supporting a cause that touches millions of families.

Bridge is uniquely suited to this effort. Studies suggest that mentally stimulating activities like bridge can help support cognitive health by exercising memory, reasoning, problem-solving, and decision-making. Combined with the game's social connections and teamwork, bridge offers benefits that extend well beyond the cards.

Each year, bridge clubs host special fundraising games to support the Alzheimer's Association. This year, the **WPSC Bridge Club raised \$6,800 through player donations**. That total does not include the additional contribution from the **ACBL's waived table fees**, which are also donated to the Alzheimer's Association. The generosity of WPSC members is a wonderful example of how local clubs can make a meaningful impact.

Every game played and every dollar donated helps fund research, provide care and support for families, and raise awareness of Alzheimer's disease. The bridge community continues to demonstrate that doing what we love can truly make a difference.

Thank you to every member and guest who participated, donated, and helped make this year's campaign such a success. Your generosity is making a difference for families affected by Alzheimer's disease.

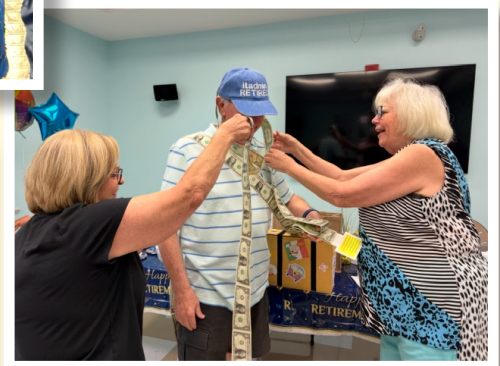
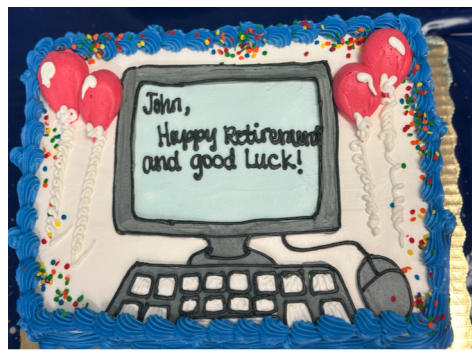
Help support the Wickham Park Senior Center by volunteering for the following open position:

Sponsorship Coordinator to promote sponsorship opportunities and coordinate activities with our Sponsors.

Contact **Diane Weinzierl, President**, at **321-591-3966** or president@bcwpsc.org.



John Efird's RETIREMENT *Party*



CALENDAR OF EVENTS

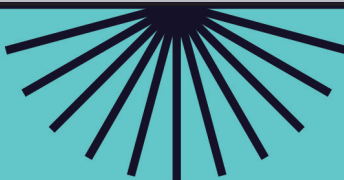
AUGUST 2026

ACTIVITIES	MON	TUES	WED	THURS	FRI	SAT	SUN
Bingo (Doors Open at 10:00a)		11:15–2:00p			11:15–2:00p		
Bob Ross Style Beginners Oil Painting with Hobo Bob (CRI) (3rd & 4th Thursdays)				8/20 & 8/27 1:00–5:00p			
Bones & Balance (Register at 9:45a)	10:00–11:00a	No Classes on August 3 & August 10					
Bridge: Beginner Class	For Virtual Classes please see our website at www.bcwppsc.org and click "Bridge" icon						
Chat (Virtual)					9:30–11:00a		
Duplicate On-Site:	Noon–3:30p		Noon–3:30p			Noon–3:30p	
Beginner Class			9:00–11:00a	Classes will resume in September.			
Intermediate Class	10:00–Noon	Classes will resume in September.					
Duplicate Virtual Class / BBO Platform				12:15p			
Party Bridge			12:30–4:00p				
Rogue		12:15–4:00p					
Rubber				12:30–3:30p		12:30–3:30p	
Bunco (1st & 3rd Thursdays)				8/6 & 8/20 1:00–4:00p			
Chair Yoga		3:00–4:00p					
Chefs for Seniors Topic: Fall Flavors				9/10 11:00–12:30p			
Color Pencil Portrait for Beginners			9:40–Noon				
Cornhole Tournaments (2nd & 4th Sundays)					(12:30p Set-up & Practice)	8/9 & 8/23 1:30p	
Diamond Dot Painting		9:30–11:30a					
Euchre			6:00–9:00p				
Fitness Class For Seniors (Intro) (2nd & 4th Tuesdays)		8/11 & 8/25 10:00–11:00a	Room 117				
Fusion Glass Workshop with Lauren	Project: Fused Glass Illuminated House Number Display: Deadline to Register is September 12					9/19 Noon–3:00p	
Hand & Foot	8:45–Noon				8:45–Noon		
Jazzercise Lo	8:30–9:30a		8:30–9:30a		8:30–9:15a		
Line Dancing		4:15–5:30p					
Mahjong: American	Noon–3:30p			9:00–Noon			
Chinese			1:00–4:00p				

CALENDAR OF EVENTS

AUGUST 2026

ACTIVITIES	MON	TUES	WED	THURS	FRI	SAT	SUN
Memory Class (2nd Friday)					8/14 10:00–11:30a		
Phone Learning Class - New Class!				8/13 1:00–3:00p			
Pinochle	12:30–4:30p				12:30–4:30p		
Poker: Dealer's Choice		11:30–4:00p			11:30–4:00p		
Friendly	1:00–4:00p						
Pool (Billiards)	8:30–4:30p	8:30–4:30p	8:30–4:30p	8:30–4:30p	8:30–4:30p	9:30–12:30p	
Tournament: 2nd Wednesday of the Month August 12 @ 11:00 am							
QiGong-TaiChi	8:30–9:30a		8:30–9:30a		8:30–9:30a		
Rummikub			1:00–4:00p				
Senior Law (4th Friday of the Month)					9/25 2:00–4:00p	No Seminar in July & August	
Senior Stitchers				10:00–Noon			
Strength / Flexibility	Class is Full – Contact PM for wait list.			9:30–10:30a			
Shuffleboard	9:00–11:00a			6:00–8:30p		9:00–Noon	



Made
you look.

Advertise **here** to reach
your local audience.

Scan to get
started!



Visit lpicommunities.com/advertising-solutions

ACTIVITIES & GAMES



TUESDAY & FRIDAY—Open to the Public!

Doors Open @ 10:00 am

Cards Sold @ 10:30 am–11:15 am

Early Bird Starts @ 11:15 am



Effective January 2025, we will no longer accept anything larger than \$20 bills.

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more information, contact **Brenda Clarson** at 321-258-8837.

Bones & Balance

NO CLASSES ON AUGUST 3 & AUGUST 10

Mondays @ 10:00–11:00 am

Cost: \$5.00 Members / \$7.00 Non-Members



Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.

Bob Ross Style Beginners Oil Painting with Hobo Bob (CRI)

3rd & 4th Thursday, August 20 & 27 @ 1:00–5:00 pm
Cost: \$50.00 PP (Includes All Supplies & WPSC Costs)
Sign-Up Sheet at Front Desk—Limit 6 People per Class

Come join us for a lot of fun!! Paint a beautiful landscape painting with us. Classes will be held on the third Thursday of each month; an overflow class will be held on the fourth Thursday of the month if there is enough interest. Please call the Center 321-425-5533 or come into the front desk and sign up.

For August we'll be painting this unnamed beach scene, a painting with a wonderful ocean scene. This painting is good for beginners, and you should be quite pleased with your finished painting. This painting will bring out the inner artist you may not even know you have.



All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, with just six participants, so Hobo Bob (CRI) has plenty of time to work with you as you paint your masterpiece.

Duplicate Bridge

On-site Games: Mon., Wed. & Sat. @ 12:00–3:30P

Cost: \$7.00 Members / \$9.00 Non-Members

CLASSES:

- **On-Site Classes will resume in September**
- **Online Virtual Classes: Thursdays @ 12:15P on the BBO platform / Online classes \$5.00**

On-site Duplicate bridge games are on Mondays, Wednesdays and Saturdays. Virtual online classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab.

Contact **Pam Page** at 321-537-0907 or pam_page@bellsouth.net for bridge-related questions.

Party Bridge

Wednesdays @ 12:30–4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Please contact **Tom Sanders** at 321-960-1894 prior to coming to this bridge for the first time.

ACTIVITIES & GAMES

Rogue Bridge

Tuesdays @ 12:15–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact Patricia Rosenthal at 321-626-5419.

Rubber Bridge

Thursdays @ 12:30–3:30 pm & Saturdays @ 12:30–3:30 pm

Cost: \$2.00 Members / \$4.00 Non-Members

Come on out for an afternoon of enjoyment at the bridge table. The Thursday and Saturday point of contact is **Gayle Schanck** at 541-821-7070.



Bunco

1st & 3rd Thursdays, **August 6 & 20** @ 1:00–4:00 pm

Cost: \$6.00 Members / \$8.00 Non-Members



Please join us every 1st and 3rd Thursday of the month for Bunco and arrive by 12:45 pm. Don't forget to bring your current membership card. Bunco ends about 3-3:30 pm. Contact **Lisa Hofmann** at 760-717-6049 for

more details and reservations (for set-up purposes). See you there for this fun activity. All you have to know is how to throw three dice.

Chair Yoga

Tuesdays @ 3:00–4:00 pm/Sign-in @ 2:45 pm

Cost: \$1.00 Members / \$3.00 Non-Members

This class is designed to help with overall wellbeing for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A

focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.



Chef for Seniors

Classes @ 11:00 am–12:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

- **September 10 - Fall Flavors**
- **November 12 - Healthy Holidays**



Join Chef Jillian for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting. Please sign

up at front desk to reserve your spot. All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.

Sponsored  and 

MIS
MOORE INSURANCE SOLUTIONS

Thrive
WORKPLACE HEALTH & WELLNESS PLANS
Dr. Jaya Prakash, MD, MPH
COACHJAYA4HEALTH, LLC

Color Pencil Portrait Class for Beginners

Wednesdays @ 9:40 am–12:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Learn how to create a beautiful drawing from your favorite photograph! Bring your own portrait photograph to copy—Size: 5x8 (or other appropriate copy size). Supplies you will need to bring: Prismacolor Color Pencils, Watercolor Paper, Eraser, Pencil Sharpener (optional). For more information contact **Donald Langford** at 321-298-6839.



SOMETIMES
AMAZING PEOPLE
FORGET HOW
AMAZING
THEY ARE....
THIS IS YOUR REMINDER!

ACTIVITIES & GAMES

Cornhole Tournaments

2nd & 4th Sunday, **August 9 & 23** @ 1:30 pm

Setup & Practice Starting @ 12:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

(Annual Membership for 50+ is \$20)

Cornhole is welcome to all ages! Tournaments will be held indoors at the WPSC every 2nd and 4th Sundays (excluding conflict with holidays). Don't forget to scan your membership card at the front desk.

June 28 Winners:



1st Place:
Daryl & Richard M.



2nd Place:
Johnna & Don M.



Pile On: Daryl & Jeff

Rules for Senior Center:

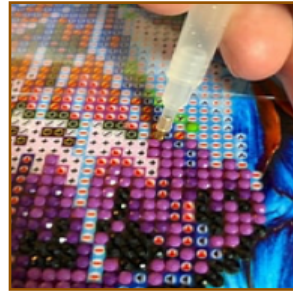
- Age 50 to 69: 27-ft. front edge to front edge
- Age 70 to 79: 25-ft. front edge to front edge
- Age 80 to 90: 23-ft. front edge to front edge
- Age 90+/Non-Ambulatory: 21-ft. front edge to front edge

For any questions, please contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com) or **Amy Longtin** at 321-205-5161 (ajgclrt@yahoo.com).

Diamond Dot Painting

Tuesdays @ 9:30 am–11:30 am

Cost: \$1.00 Members / \$3.00 Non-Members



Diamond painting is a craft where you apply small, faceted resin “diamonds” to a sticky canvas to form a colorful, shimmering picture. Each canvas is printed with a chart (similar to cross-stitch or paint-by-number), and each symbol corresponds to a dot color. As you place the dots on the canvas, the design gradually comes to life with sparkle and texture.

What to Bring: your current work in progress or you may purchase Diamond Dot Paint Kits on Amazon or from any craft store. When purchasing a kit, all needed supplies will be included. For more information, call **Ellen Adajian** 321-265-9886.

Euchre

Wednesdays @ 6:00–9:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Members must scan their card when entering and Non-Members must sign in.

Euchre has been a great success and as our Euchre continues to grow, it is now common to have 5-6 tables in action. We try to promptly start by 6:00 pm which means we should be signed in no later than 5:50 pm to allow time to set up the correct 3/4 player table configuration and draw for your seats. The payout structure has been altered so more people are sharing the prize pool. That means if there are up to 30 players even eighth takes home a piece of the purse. For more information, contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com).

Hand & Foot Card Game

Mondays & Fridays 8:45 am–Noon / Setup @ 8:30 am

Cost: \$1.00 Members / \$3.00 Non-Members

Join this group of friendly and competitive players for a time well spent. Contact **Beverly Morgan** at 303-458-8273 for more information.

ACTIVITIES & GAMES

Fusion Glass Workshop w/Lauren

NEXT WORKSHOP: SATURDAY, SEPT. 19 @ 12:00–3:00 pm

****DEADLINE TO REGISTER IS SEPT. 12****

Project: FUSED GLASS ILLUMINATED HOUSE NUMBER DISPLAY

Cost: \$100 PP (Includes All Supplies & Lighted Base [30 Value] & Member Fees)

**Pay at the Door or Prepay via Venmo or Zelle
Open to Non-Members (Ages 16+)**



Join us to make your own Illuminated Fused Glass House Number Display. We will cut and arrange fused glass into a design of your choosing to decorate your display. I take your creation home to fire (or melt) it into one solid piece in my glass kiln. I'll then assemble your completed Illuminated Display and you'll be able to pick up your masterpiece a week or two later.

Pay at the Door or prepay via Venmo or Zelle (email info@glassbylauren.com for payment instructions)

- No Prior Experience Required: I guide you through the process from start to finish. We are just there to have fun.
- Socialize While You Create: A fantastic opportunity to try something new with friends
- Personalize It: You are encouraged to bring your own simple design ideas. Or you can focus on your favorite colors and shapes.
- Small Group: Class size is strictly capped at 16 people to ensure you get the attention you need.
- All Supplies Included: You'll get a complete Illuminated House Number Display once, complete. Option to purchase specialty glass too.

Reserve your spot today! Deadline to register is September 12th. Sign Up at WPSC Lobby or Email: info@glassbylauren.com

Questions? Email: info@glassbylauren.com or call 310-483-3229 (Mon-Fri 10am-5pm)

Jazzercise Lo

**Mon. & Wed. @ 8:30–9:30 am and Fri. @ 8:30–9:15 am
Members: \$60.00/Month & Walk-ins \$15.00/Day**

Join us for a fun and energized Jazzercise Lo class. Dance away those extra calories using Low Impact moves that yield MAXIMUM results! We use muscles, not momentum, to get a total body workout without the impact on your joints. For more information, contact **Ginny Parker** at 321-698-0445.

Intro to Fitness Class for Seniors

2nd & 4th Tuesdays: August 11 & 25 @ 10:00–11:00 am

Cost: \$1.00 Members / \$3.00 Non-Members

Limited to 10 Participants / Sign-up Sheet at Front Desk.

Equipment: All necessary equipment is provided.

Gentle Movement • Strength • Confidence • Community

Join us for a **FREE 1-hour fitness class** designed specifically for older adults who want to stay active, improve mobility, and build strength in a safe and supportive environment. This class is perfect for beginners or anyone looking for a gentle way to move more and feel better. Participants should come prepared to **sit & stand if possible**, but all exercises can be **modified** to match individual comfort levels and physical capabilities. No experience needed.

What to Expect: Each session includes:

- A light warm-up to get the body moving comfortably
- Stretching and flexibility exercises to improve range of motion
- Easy resistance and light weight exercises to support balance and strength
- Movements performed both seated and standing

What to Bring: Comfortable clothing, Water bottle
Supportive shoes, and a positive attitude! Questions?
Contact **Michael Sands** at 910-232-7543.

Line Dancing

Tuesdays @ 4:15–5:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members



Line Dancing for Fun and Exercise meets every Tuesday from 4:15-5:30. Our class enjoys a wide variety of music. Studies show that mastering dance patterns to music improves memory functions. Dance also improves spatial awareness which begins in Kindergarten and increases in need as we age to prevent falls. We have so much fun! Come in and make some new friends!!! Call **Sue** for more information. 321-505-0846.

ACTIVITIES & GAMES

Mahjong

American: Mondays @ Noon–3:00 pm &
Thursdays @ 9:00 am–Noon
Cost: \$1.00 Members / \$3.00 Non-Members
Chinese: Wednesdays @ 1:00–4:00 pm
Cost: \$5.00 Members / \$7.00 Non-Members



Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! Contact **Patricia Rosenthal** at 321-626-5419 (American) or **Hugh McPhee** at 321-423-7698 (Chinese).

Memory Class

FREE TO MEMBERS – **August 14** @ 10-11:30 AM
Limited to 8 People – Sign up at Front Desk
Bring paper and a pencil and join us in a friendly, supportive environment where learning is fun and practical. Questions? Contact **John Fontana** at 916-705-8146 or email jhnfontana@yahoo.com.

Phone Learning Class - New Class!

Thursday, August 13 @ 1:00–3:00 pm
Cost: \$1.00 Members / \$3.00 Non-Members
Learn information on phone calls, texts, internet, applications, phone settings, security and everyday phone basics with confidence. Class led by Patrick Anderson with AT&T. Sign up at front desk. For questions, call **Patrick Anderson** at 321-481-8174.

Pinochle

Mondays & Fridays @ 12:30–4:30 pm
Cost: \$1.00 Members / \$3.00 Non-Members
For more information, contact **Bill Mueller** at 321-242-4999 (Mondays & Fridays).

Poker (Dealers Choice)

Tuesdays & Fridays @ 11:30 am–4:00 pm
Cost: \$1.00 Members / \$3.00 Non-Members
Contact **Bill Seigel** at 813-416-0428.

Reach a hyperlocal audience.

An advertisement in this newsletter is a highly effective way to promote your business to our community.



Call 800.950.9952



ACTIVITIES & GAMES

Poker (Friendly)

Mondays @ 1:00–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Beverly Morgan** at 303-458-8273.

Pool (Billiards)

Mon. thru Fri. @ 8:30 am–4:30 pm / Sat. 9:30 am–12:30p

Tournaments: 2nd Wednesday of Every Month @ 11:00 am

Cost: \$1.00 Members / \$3.00 Non-Members

Plus \$.50 per Day or \$2.00 per Week

YE OL Pool Room 8-Ball Tournament July 8 Results:

1st: Barry Beddow

3rd: Jorge Fernandez

2nd: Sam Campese

4th: Mickey Ferguson

Next tournament is August 12. Questions? Contact

Wally Topinko at 321-622-4977.

QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30–9:30 am

Cost: \$5.00 Members / \$7.00 Non-Members

For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. One of the most promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. **Laura Parsons**, Certified Instructor at 321-474-5374.

Rummikub

Wednesdays @ 1:00–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Contact **Peggy Miles** at 732-688-6268.

Shuffleboard

Open Play: Monday 9–11:00 am

Open Practice: Thurs. 6–8:30 pm & Sat. 9:00 am–Noon

Cost: \$1.00 Members / \$3.00 Non-Members

For more information on learning how to play or participating in tournaments, call **Tom Winkelspecht** at 321-446-3283 or email: tawinkii@me.com



Senior Law

4th Friday of the Month @ 2:00–4:00P

NEXT WORKSHOP: SEPTEMBER 25

Cost: Free to All WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117.

Topics:

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Digital Assets
- Medicaid and Asset Protection Options
- General Dementia Issues
- Guardianships
- Probate Matters
- Living Wills

Seating is limited. Please sign up at the front desk. Any questions, call the Law office at 321-757-5701.

Senior Stitchers

Thursdays @ 10:00 am–Noon in Room 114

Cost: \$1.00 Members / \$3.00 Non-Members

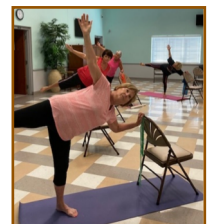
Would you like to learn to Knit or Crochet or do you already know how to Knit or Crochet? If so, please join us for a morning of friendship and pleasant conversation while learning new skills and stitches while helping each other to share and improve our skills. What to Bring: If you are already experienced, please bring a WORK IN PROGRESS that you'd like to work on. If you're a beginner, please bring some worsted yarn and some Size 8 knitting needles or a Size G crochet hook. For more information contact **Laurie Liguori** at 917-882-9898.

Strength/Flexibility

Thursdays @ 9:30–10:30 am

Cost: \$4.00 Members / \$6.00 Non-Members

This is a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We work core, arm and leg strength. This class gets full so call before you come! Please contact **Susie Salvetti** at 321-626-0282.



TRAVEL NEWS

Murder in the Speakeasy Dinner & Show

Date: Sunday, August 30, 2026

Cost: \$159 PP

Step back in time to the roaring 1920's and prepare for an unforgettable experience at The Speakeasy Murder & Other Acts of Prohibition in Orlando, FL. Soak in the lively atmosphere of a New York nightclub, complete with music, signature cocktails and delicious food. We hope you attend in costume and join the fun.

"Come From Away" at the Titusville Playhouse/Lunch at Dixie Crossroads

Date: Sunday, September 20, 2026

Cost: \$159 PP

Come From Away is a musical based on the events in the Newfoundland town of Gander during the week following the September 11 attacks, when 38 planes, carrying approximately 7,000 passengers, were ordered to land unexpectedly at Gander international Airport. The town receives the news that flights will be diverted across Canada, nearly doubling the population of Gander, and the townspeople make preparations to care for the 7,000 stranded passengers.

Mount Rushmore & the Black Hills & Badlands of South Dakota

Date: September 21-27, 2026

Cost: \$2,067 PP Double / \$2,567 Single Occupancy

\$200 Deposit / Final Payment Due August 1, 2026

We are continuing to take names for the wait list, if you are interested in joining.

Medieval Times Dinner & Tournament

Date: Saturday, September 26, 2026

Cost: \$159 PP

During the tournament, you're given a hearty meal of soup, chicken, corn, a seasoned potato, and a pastry of the castle (vegetarian meals are also available). The knights battle in head-to-head combat on authentic Spanish Andalusian horses while the King and Princess look on. The next-door Medieval Village is filled with artifacts and displays from over 800 years ago.

Savannah, GA

Date: October 4-6, 2026

Cost: \$569 PP Double / Singles Add \$145 – \$100 Deposit PP

Package includes: Deluxe roundtrip motorcoach transportation; 2 Nights deluxe accommodations; 2 Great hotel breakfasts; 2 Sumptuous dinners at great local restaurants; Guided tour of Savannah; Free time

to explore the famed River Street; Guided docent tour of the Cathedral Basilica St. John the Baptists; Ice cream social at the famed Leopold's Ice Cream; Baggage handling; All taxes are included.

St. John's River Cruise on Barbara Lee

Date: Thursday, October 22, 2026

Cost: \$179 PP

From its home port on Lake Monroe in charming downtown Sanford, the Barbara Lee cruises the St. John's River, serving up superior food, live music, and dancing. The food aboard the Barbara Lee is cooked fresh in the ship's kitchen and you can choose from delicious entrees including fish, chicken, vegetarian dish, etc. Sit inside and enjoy the entertainment or relax on deck for a delightful, narrated 3-hour cruise along the St. John's River.

Mount Dora Craft Fair

Date: Saturday, October 24, 2026

Cost: \$69 PP

Throughout this historic community, the streets come alive with more than 400 talented crafters and artists from all over the country displaying and offering for sale their finest works. Enjoy the entertainment and food to round out a perfect day outdoors. There is time for much shopping and lunch is on your own.

Stetson Mansion & Lunch at Cook's Buffet

Date: Tuesday, November 10, 2026

Cost: \$159 PP

Trip Advisor names a tour of the Stetson Mansion as one of the "top 10 things to do in Florida." The 1886 Stetson Mansion is the largest and most spectacular "Gilded Age" residence ever built in Florida before 1900. The Stetson Mansion is Florida's most historic home, but it is not a museum. It is a private residence that is lived in and welcomes guests this time of year with over the top elegant and reverent adult holiday decorations. Lunch at Cook's buffet prior to our tour.

Mount Dora Christmas

Date: December 4, 2026

Cost: \$69 PP (Includes Motorcoach Transportation Only)

Time: Leaves WPSC at 2:00 pm / Returns at 10:00 pm

Celebrate the 2026 holidays against a backdrop of over 2 million sparkling lights in beautiful downtown Mount Dora. If you're looking for a way to spend an enchanted evening that will get you in the holiday spirit, visit the Mount Dora Christmas Walk for an old fashioned country Christmas. There are plenty of food vendors or

TRAVEL NEWS

enjoy a delicious dinner at one of Mount Dora's great restaurants. (Reservations suggested).

St. Augustine Day Trip

Date: Tuesday, December 8, 2026

Cost: \$89 PP

Time: Leaves WPSC at 11:00 am / Returns at 9:30 pm

Join our exciting one day excursion to St. Augustine, our nation's oldest city. We will be stopping at Bucees in Daytona. Upon arriving at St. Augustine, you will have from 2:00–5:30pm to shop and eat. There are many nearby cafes and restaurants where you can enjoy dinner on your own. At 5:45 pm we will meet at the Visitors Center for a 30-minute narrated Trolley Tour through the historic district. The trolley tour will give you an overview of this charming town and see all the beautiful holiday decorations. Approximately 7:00 pm we will depart for home.

Marathon, Key West & Miami

Date: April 11-13, 2027 – 3 Days / 2 Nights

Cost: \$629 PP Double / \$899 Single – \$250 Deposit PP

Trip Cancellation Insurance: \$129 Per Person

Insurance is Non-Refundable

Final Payment Due February 1, 2027

This wonderful adventure includes 2 nights at the Faro Blanco Resort Courtyard by Marriott where you can swim in the ocean or their beautiful pools, relax on hammocks or just have a drink by the pool. Next, it's off to Key West visiting Ernest Hemingway's home, shopping on Duval Street or just hopping on the shuttle and touring Key West leisurely. Finally, a stop at Little Havana in Miami where you can enjoy time shopping, having a Cuban coffee or watching people play dominoes.

Please visit our website www.bcwpsc.org/travel, for more information or call the office at 321-425-5530

Monday–Friday, 9:00 AM–1:00 PM

The Travel Office now accepts Visa, MasterCard and American Express for trip purchases. A 4% processing fee will be added to all credit card transactions. All payments must be made in person with credit card present.



Reach Our Digital Subscribers

This publication is online and emailed to our community. Drive more traffic to your website with a digital ad on MyCommunityOnline.com

Get started today! Visit

www.lpicommunities.com/advertising-solutions



OUR SPONSORS

The Officers and Membership of Wickham Park Senior Center appreciates the continued support of our many Sponsors. As an all volunteer-run organization, their continued financial support allows us to offer Activities and Social events for our members.

Diamond Level Sponsors



RVH INSURANCE NAVIGATORS
LET US NAVIGATE YOU THROUGH MEDICARE



Gold Level Sponsors



Meet & Greet Schedule

Our monthly Meet & Greets with our sponsors have been scheduled for Tuesday and Friday mornings from 9–11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them:

- Tuesday, August 4 – Health First Health Plans
- Friday, August 7 – My Memory Clinic
- Tuesday, August 11 – Moore Insurance
- Tuesday, August 11 – St. Francis Hospice
- Friday, August 14 – Tiny Dog Cleaning
- Tuesday, August 18 – Brookdale West Melbourne
- Friday, August 21 – Narlock Insurance
- Tuesday, August 25 – Freedom Health
- Tuesday, August 25 – LifeWave
- Friday, August 28 – RVH Insurance
- Friday, August 28 – VITAS

IN EVERY ISSUE



New Members in June

Angers, Brent	Katz, Catherine
Angers, Jan	Keaton, Lenna
Asseo, Karin	Klein, George
Bevard, Lita (Linda)	Klein, Kim
Bevard, Robert L, Jr.	Livan, Marie
Boehm, Stefan	Lucas, Amy
Bonaventure, Christine	Mason, Robin
Chapman, Carla	Mishra, Poonam
Chapman, William B.	Nichols, Sarah
Chatterjee, Lisa	Ohrn, Lynne
Christie, Cindy	Pandit, Kumkum
Churchwell, Elizabeth (Bettie)	Pribble, Larry
Cogan, Barbara	Quatkemeyer, Gina
Cunningham, Amanda	Robertson, Dana
Dettmann, Maryann	Robinson, Gail
DiFranza, Barbara	Ryan, Brenda
Eckert, Myla	Schermerhorn, Cindi
Ezell, Tommy	Shoemaker, Melodi
Fernandez, Maria	Stapleton, LouAnn
Fowler, Sherry	Szanto-Cristescu, Jaceriu
Giammarino, Michael	Tompkins, Sarah "Kathy"
Goodwin, Constance	Torre, Amelia
Gordon, Linda	Tridnivka, Susanne
Gordon, Steve	Warwick, John
Greene, Lynne	Webb, Debra
Jessup, Aileen	Wolff, Kimberly
Jones, Doris	

Wickham Park Senior Center Holiday Closures for 2026

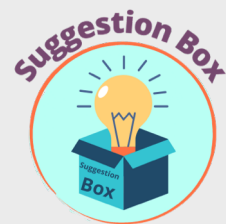
To enable our volunteers to spend more time with their families during the upcoming holiday season, Wickham Park Senior Center will be closed on the following dates:

- **Labor Day Holiday:**
 - Monday, September 7, 2026
- **Thanksgiving Holiday:**
 - Wednesday, November 25, 2026
(Day before Thanksgiving)
 - Thursday, November 26, 2026
(Thanksgiving Day)
 - Friday, November 27, 2026
(Friday after Thanksgiving)
 - Saturday & Sunday, November 28 & 29, 2026
(No activity allowed in large hall, floors being waxed)
- **Christmas Holiday:**
 - Thursday, December 24, 2026 (Christmas Eve)
 - Friday, December 25, 2026 (Christmas Day)
 - Saturday, December 26, 2026
(Day after Christmas)
 - Sunday, December 27, 2026
- **New Year's Holiday:**
 - Thursday, December 31, 2026 - Closing at 12:30 pm
 - Friday, January 1, 2027 (New Year's Day)
 - Saturday & Sunday, January 2 & 3, 2027

COMMENTS?

We Value Your Opinion!

There's a SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!



Deadline for copy submission to the newsletter is the
15th of each month. Please email copy to:
news@bcwpsc.org

Wickham Park Senior Center is not equipped, nor intended to be a senior care facility. WPSC activities are geared toward independent adults who are able to manage their own care, decision making and safety. WPSC's insurance prohibits, and WPSC cannot be responsible for, the provision of physical assistance to individuals on the premises. If an adult companion is needed, the companion may participate in the activity if they desire, regardless of age, and must pay all fees associated with the activity. WPSC reserves the right to prevent persons from being on premises if the WPSC leadership believes that person would cause harm to themselves or others.

Support Our Advertisers!

ADT-Monitored Home Security

Get 24-Hour Protection
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



Authorized
Provider

SafeStreets

833-287-3502

Advertise in Our Newsletter!

Contact Maureen Weber
mweber@4LPi.com
(800) 950-9952 x6021



IF YOU LIVE ALONE

MDMedAlert!™
At HOME and AWAY!

✓ Ambulance ✓ Police ✓ Family

"STAY SAFE in the HOME YOU LOVE!"



800.809.3570

md-medalert.com

STARTING AT
\$19⁹⁵
/mo.



Never miss our publication!

Get each new issue delivered straight to your inbox.

Scan to subscribe on
MyCommunityOnline.com

