

JULY 2026

**2785 Leisure Way
Melbourne, FL 32935
(321) 255-4494**

Monday-Friday: 8:30 am–4:30 pm
Saturday: 9:30 am–12:30 pm
Sunday: CLOSED
www.bcwpsc.org



Friendship Flyer

President's Message

Happy 4th of July! I cannot believe that we are already halfway through this year. Your WPSC Board is busy working on our fall programs, so I thought I'd give you a first look at some of the programs and projects we're working on.



Diane Weinzierl

- We will be taking **nominations for our 2027 Board slots from October 1 to October 31**. We will have at least 3 openings on the board. If you ever wanted to have some input into our daily operations or decisions, please think about joining the Board. Voting will take place December 7-11.
- Our **Fall Dinner/Dance is scheduled for Friday, October 16**. This year's theme will be a Country Western BBQ. Janice and Rene will be back to provide us with music. I am hearing rumors that we might have someone available to offer a few line dancing moves as well. More details available in the September newsletter.
- Thanksgiving is Thursday, November 26, and while the Center will officially be closed, the **Shuffleboard Group is planning to host a Thanksgiving Day Dinner** at the Center for members. More details will be available in September.
- Our **2nd annual hand-made Ornament Contest will be held November 30 to December 11**. Details will be available in October.
- This year's **Annual Meeting is scheduled for Wednesday, December 2** from 4:00-5:00 pm. Please make sure to save this date and plan to attend. This is your time to learn more about what was done in 2026, but more importantly, to provide us some input into what you'd like to see happen in 2027.

I am sad to announce that **John Efird, our IT administrator, is retiring on July 30**. John has been running IT since April, 2011 – more than 15 years. John and his team have been invaluable to the success of WPSC, and while he has done a great job training his successors, we will still miss him, his guidance and his leadership. If you see him around before the end of the month, please be sure to thank him for all he has done – or feel free to drop him a note in the IT mailbox located in the hallway outside my office.

Lastly, **WPSC will be closed Saturday and Sunday, July 4th & 5th** to allow our volunteers to spend time with their families. I hope everyone enjoys a fun and Safe 4th of July as we all celebrate our **250 Years of Freedom**.



Officers

President: Diane Weinzierl
Vice President: Janice Oppelt
Secretary: Lori Ebbensgard
Treasurer: Colleen Barneman

Directors

Celeste Garcia Ginny Parker
Barbara Carlson Janet Smith
Beverly Morgan Sharon Sneary
Pam Page Rosann Testa

Staff

IT Systems Admin: John Efird
Webmaster: Maureen Reeder
Sunshine: JoAnn Efird
Newsletter: Nilda Rosario

Directory

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Secretary: secretary@bcwpsc.org
Treasurer: treasurer@bcwpsc.org
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Sponsorships: sponsorship@bcwpsc.org
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Webmaster: webmaster@bcwpsc.org
Travel Office: travel@bcwpsc.org
Front Desk: reception@bcwpsc.org
Bridge Club: bridge@bcwpsc.org
Newsletter: news@bcwpsc.org
IT Admin: itadmin@bcwpsc.org

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MISSION STATEMENT

Our mission is to provide a welcoming and engaging environment where seniors can stay active, learn new skills, and build lasting friendships. Through a wide variety of classes, games, arts, and social activities, we celebrate independence, creativity, and community connection.

There are no strangers here—only friends you have yet to meet!



IMPORTANT NEWS

MONTHLY BOARD MEETING

The WPSC Board of Directors meetings are held on the 2nd Monday of each month at 9:30 am. The next meeting will be **July 13 at 9:30 am, Room 117**. All WPSC members are welcome to attend.

LOOKING FOR A WORTHY CHARITABLE DONATION ORGANIZATION

Wickham Park Senior Center (WPSC) is a 501(c)3 charitable organization and as such is eligible to receive charitable donations. We would like to thank the following people for their generous donations to WPSC in FY2026:

- Sharon Adams
- Janet & Vaughn Eastman
- Maria Luhn
- Gayle Schanck
- Melbourne Women's Club

Thank You
for your
donation!

Please consider donating to WPSC, if you find you have extra funds in your charitable donations bucket.

NEED TO SCHEDULE AN APPOINTMENT WITH SHINE?



The WPSC SHINE Group is available Tuesdays from 9:00 am to 12:00 Noon in Room 104. Anyone interested can call 407-514-1800 to schedule an appointment. No fee required!



WPSC OFFERS FREE LIFETIME MEMBERSHIP TO ANYONE AGE 90 & ABOVE (Effective 8/1/25)

If you are age 90 or older, you are now entitled to FREE Lifetime Membership to Wickham Park Senior Center. Just stop by the Front Reception Desk, show them your ID and they will get your membership updated. Member activity participation fees (usually \$1, but can vary depending on the activity) must still be paid to the program manager for each activity. Also, if you're age 95 or older, you can receive a FREE Bingo Package to play Bingo at WPSC. Show your lifetime membership card and join us to play Bingo.

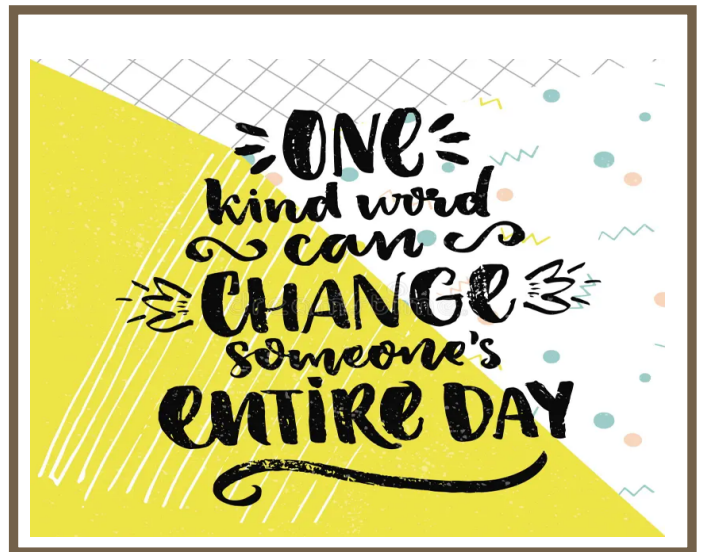
HELPFUL STEPS FOR HURRICANE PREP

Hurricane season can bring a lot of uncertainty. Preparing ahead of time may help you respond more safely, protect what matters most and reduce some of the stress that can come with an approaching storm. Here are some steps to help you prepare:



- **Make an emergency plan** for your household, including pets, evacuation routes, meeting locations and emergency contacts.
- **Build an emergency supply kit** with water, non-perishable food, medications, flashlights, batteries, chargers and important documents stored in a waterproof container.
- **Secure your home and vehicles** by bringing in loose outdoor items, trimming trees and checking gutters, shutters and garage doors.
- **Create a home inventory** with photos, video or a written list of belongings.
- **Review your coverage** and talk with your agent about your current policies, deductibles and whether separate flood insurance may be appropriate for your needs.
- **Stay informed** with local emergency alerts and weather updates, and have a battery-powered or hand-crank radio in case of a power outage.

A little planning now may help you be better prepared later.



TURNING 65?

Turning 65 is a major milestone, and preparing for Medicare is one of the most important financial and healthcare steps you will take. Navigating this transition smoothly requires understanding key timelines, coverage options, and where to find trusted local guidance. Your preparation should begin three months before your 65th birthday, marking the start of your **Initial Enrollment Period (IEP)**. This seven-month window spans three months before your birth month, your birthday month, and three months after. Signing up early ensures your coverage begins on the first day of the month you turn 65. If you miss this window without a qualifying Special Enrollment Period—such as staying on a qualifying employer group plan—you could face permanent late-enrollment penalties.

Understanding your coverage choices is the next crucial step. You can choose **Original Medicare**, which includes Part A (hospital insurance) and Part B (medical insurance). Because Original Medicare leaves you with out-of-pocket costs like deductibles and a 20% coinsurance, most beneficiaries add a standalone Part D prescription drug plan and a Medicare Supplement (Medigap) policy to fill the financial gaps. Alternatively, you can opt for **Medicare Advantage (Part C)**, which bundles Parts A, B, and usually D into a single plan, often featuring extra benefits like dental, vision, and fitness programs.



WPSC SUNSHINE COMMITTEE

Do you know a WPSC member who is sick, experienced a family member loss, or needs some cheer or support? If so, please let our

Sunshine Committee know by dropping off your request in the mailbox labeled “Sunshine Committee” (located near the Billiards Room behind the front desk).

Please be sure to include the person’s full name and any information you might have so we can them in our database, as well as why you think they qualify. Also, please be sure to include your name and telephone number so we can reach you if we have any questions.

The Advantage of Local Expertise

While the choices can feel overwhelming, you do not have to navigate them alone. Working with a local, independent insurance broker offers a distinct advantage. Local brokers understand the specific regional plan availability, provider networks, and hospital relationships right here in Brevard County, ensuring your preferred doctors remain accessible.

Moore Insurance Solutions is here to guide you through every step of this journey. Agency owner **Vicki Moore** brings over 13 years of industry experience, offering the patient, clear, and compassionate guidance you deserve. Our agency features a dedicated team of professionals who bring their own unique talents to assisting beneficiaries—including dedicated **Spanish-speaking** and **Creole-speaking** agents to serve our diverse community. As a full-service health and life agency, Moore Insurance Solutions provides comprehensive support that extends well beyond Medicare. We handle under-65 (U65) health coverage, life insurance, long-term care insurance and planning, and annuities.

Connect with Us Locally

We are located at the **Helping Seniors Resource Center** at **1344 S Apollo Blvd, Suite 2C in Melbourne**. Ready to take the next step? Contact us today to secure your health and financial future:

- Call: 321-272-0218 to make an appointment
- Email: vicki@mooreinso.com



Help support the Wickham Park Senior Center by volunteering for the following open position:

- Sponsorship Coordinator to promote sponsorship opportunities and coordinate activities with our Sponsors.

Contact **Diane Weinzierl, President**, at **321-591-3966** or president@bcwpsc.org.

CALENDAR OF EVENTS

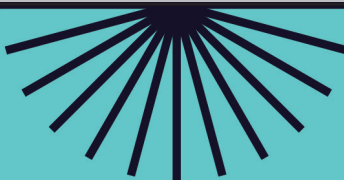
JULY 2026

ACTIVITIES	MON	TUES	WED	THURS	FRI	SAT	SUN
Bingo (Doors Open at 10:00a)		11:15–2:00p			11:15–2:00p		
Bob Ross Style Beginners Oil Painting with Hobo Bob (CRI) (3rd & 4th Thursdays)				7/16 & 7/23 1:00–5:00p			
Bones & Balance (Register at 9:45a)	10:00–11:00a	No Classes on August 3 & August 10					
Bridge: Beginner Class	For Virtual Classes please see our website at www.bcwpsc.org and click "Bridge" icon						
Chat (Virtual)					9:30–11:00a		
Duplicate On-Site:	Noon–3:30p		Noon–3:30p			Noon–3:30p	
Beginner Class			9:00–11:00a	No Bridge Classes April 8 thru July 11			
Intermediate Class	10:00–Noon	No Bridge Classes April 8 thru July 11					
Duplicate Virtual Class / BBO Platform				12:15p			
Party Bridge			12:30–4:00p				
Rogue		12:15–4:00p					
Rubber				1:00–4:00p		12:30–3:30p	
Bunco (1st & 3rd Thursdays)				7/2 & 7/16 1:00–4:00p			
Chair Yoga		3:00–4:00p					
Chefs for Seniors Topic: Summer Treats				7/16 11:00–12:30p			
Color Pencil Portrait for Beginners			9:40–Noon				
Cornhole Tournaments (2nd & 4th Sundays)					(12:30p Set-up & Practice)	7/12 & 7/26 1:30p	
Diamond Dot Painting		9:30–11:30a					
Euchre			6:00–9:00p				
Fitness Class For Seniors (Intro) (2nd & 4th Tuesdays)		7/14 & 7/28 10:00–11:00a	Room 117				
Fusion Glass Workshop with Lauren			Project: Glass Accented Greeting Cards Sign-up Ends on July 3			7/11 Noon–3:00p	
Hand & Foot	8:45–Noon				8:45–Noon		
Jazzercise Lo	8:30–9:30a		8:30–9:30a		8:30–9:15a		
Line Dancing		4:15–5:30p					
Mahjong: American	Noon–3:30p			9:00–Noon			
Chinese			1:00–4:00p				
Memory Class (2nd Friday)					7/10 10:00–11:30a		

CALENDAR OF EVENTS

JULY 2026

ACTIVITIES	MON	TUES	WED	THURS	FRI	SAT	SUN
Pinochle	12:30–4:30p				12:30–4:30p		
Poker: Dealer's Choice		11:30–4:00p			11:30–4:00p		
Friendly	1:00–4:00p						
Pool (Billiards)	8:30–4:30p	8:30–4:30p	8:30–4:30p	8:30–4:30p	8:30–4:30p	9:30–12:30p	
	Tournament: 2nd Wednesday of the Month July 8 @ 11:00 am						
QiGong-TaiChi	8:30–9:30a		8:30–9:30a		8:30–9:30a		
Rummikub			1:00–4:00p				
Senior Law (4th Friday of the Month)					9/25 2:00–4:00p	No Seminar in July & August	
Senior Stitchers				10:00–Noon			
SHINE		9:00–Noon	<i>Call for appointment first.</i>				
Strength / Flexibility	<i>Class is Full – Contact PM for wait list.</i>			9:30–10:30a			
Shuffleboard	9:00–11:00a			6:00–8:30p		9:00–Noon	



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ACTIVITIES & GAMES



TUESDAY & FRIDAY—Open to the Public!

Doors Open @ 10:00 am

Cards Sold @ 10:30 am–11:15 am

Early Bird Starts @ 11:15 am



Effective January 2025, we will no longer accept anything larger than \$20 bills.

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more information, contact **Brenda Clarson** at 321-258-8837.

Bones & Balance

NO CLASSES ON AUGUST 3 & AUGUST 10

Mondays @ 10:00–11:00 am

Cost: \$5.00 Members / \$7.00 Non-Members



Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.

Bob Ross Style Beginners Oil Painting with Hobo Bob (CRI)

3rd & 4th Thursday, July 16 & 23 @ 1:00–5:00 pm

Cost: \$50.00 PP (Includes All Supplies & WPSC Costs)

Sign-Up Sheet at Front Desk—Limit 6 People per Class

Come join us for a lot of fun!! Paint a beautiful landscape painting with us. Classes will be held on the third Thursday of each month; an overflow class will be held on the fourth Thursday of the month if there is enough interest. Please call the Center 321-425-5533 or come into the front desk and sign up.

For July we'll be painting **Big Red Barn**, a painting with a wonderful farm scene. This painting is good for beginners, and you should be quite pleased with your finished painting. This painting will bring out the inner artist you may not even know you have.



All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, with just six participants, so Hobo Bob (CRI) has plenty of time to work with you as you paint your masterpiece.

Duplicate Bridge

On-site Games: Mon., Wed. & Sat. @ 12:00–3:30P

Cost: \$7.00 Members / \$9.00 Non-Members

CLASSES:

- **NO BRIDGE CLASSES APRIL 8 THRU JULY 11**
- **Online Virtual Classes: Thursdays @ 12:15P on the BBO platform / Online classes \$5.00**

On-site Duplicate bridge games are on Mondays, Wednesdays and Saturdays. Virtual online classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab. Contact **Pam Page** at 321-537-0907 or pam_page@bellsouth.net for bridge-related questions.

Party Bridge

Wednesdays @ 12:30–4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Please contact **Tom Sanders** at 321-960-1894 prior to coming to this bridge for the first time.

ACTIVITIES & GAMES

Rogue Bridge

Tuesdays @ 12:15–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact Patricia Rosenthal at 321-626-5419.

Rubber Bridge

Thursdays @ 1:00–4:00 pm & Saturdays @ 12:30–3:30 pm

Cost: \$2.00 Members / \$4.00 Non-Members

Come on out for an afternoon of enjoyment at the bridge table. The Thursday and Saturday point of contact is **Gayle Schanck** at 541-821-7070.

Bunco

1st & 3rd Thursdays, **July 2 & 16** @ 1:00–4:00 pm

Cost: \$6.00 Members / \$8.00 Non-Members



Please join us every 1st and 3rd Thursday of the month for Bunco and arrive by 12:45 pm. Don't forget to bring your current membership card. Bunco ends about 3-3:30 pm. Contact **Lisa Hofmann** at 760-717-6049 for more details and reservations (for set-up purposes). See you there for this fun activity. All you have to know is how to throw three dice.

Chair Yoga

Tuesdays @ 3:00–4:00 pm/Sign-in @ 2:45 pm

Cost: \$1.00 Members / \$3.00 Non-Members



This class is designed to help with overall wellbeing for the body and mind. Stretches and movements that will help increase

mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.

Chef for Seniors

Classes @ 11:00 am–12:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members

- **July 16 - Summer Treats**
- **September 10 - Fall Flavors**
- **November 12 - Healthy Holidays**



Join Chef Jillian for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting. Please sign

up at front desk to reserve your spot. All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.

Sponsored



Color Pencil Portrait Class for Beginners

Wednesdays @ 9:40 am–12:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Learn how to create a beautiful drawing from your favorite photograph! Bring your own portrait photograph to copy—Size: 5x8 (or other appropriate copy size). Supplies you will need to bring: Prismacolor Color Pencils, Watercolor Paper, Eraser, Pencil Sharpener (optional). For more information contact **Donald Langford** at 321-298-6839.



ACTIVITIES & GAMES

Cornhole Tournaments

2nd & 4th Sunday, **July 12 & 26 @ 1:30 pm**
 Setup & Practice Starting @ 12:30 pm
 Cost: \$6.00 Members / \$8.00 Non-Members
 (Annual Membership for 50+ is \$20)

Cornhole is welcome to all ages! Tournaments will be held indoors at the WPSC every 2nd and 4th Sundays (excluding conflict with holidays). Don't forget to scan your membership card at the front desk.

June 14 Winners:



1st Place: Donnie & Frank



2nd Place: Rich & Sam



Pile On: Donnie & John

Rules for Senior Center:

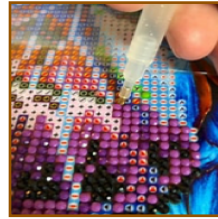
- Age 50 to 69: 27-ft. front edge to front edge
- Age 70 to 79: 25-ft. front edge to front edge
- Age 80 to 90: 23-ft. front edge to front edge
- Age 90+/Non-Ambulatory: 21-ft. front edge to front edge

For any questions, please contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com) or **Amy Longtin** at 321-205-5161 (ajglrt@yahoo.com).

Diamond Dot Painting

Tuesdays @ 9:30 am–11:30 am

Cost: \$1.00 Members / \$3.00 Non-Members



Diamond painting is a craft where you apply small, faceted resin “diamonds” to a sticky canvas to form a colorful, shimmering picture. Each canvas is printed with a chart (similar to cross-stitch or paint-by-number), and each symbol corresponds to a dot

color. As you place the dots on the canvas, the design gradually comes to life with sparkle and texture.

What to Bring: your current work in progress or you may purchase Diamond Dot Paint Kits on Amazon or from any craft store. When purchasing a kit, all needed supplies will be included. For more information, call **Ellen Adajian** 321-265-9886.

Fusion Glass Workshop w/Lauren

NEXT WORKSHOP: SATURDAY, JULY 11 @ 12:00–3:00 pm

****SIGN UP ENDS ON JULY 3****

Project: HANDMADE CARDS: GLASS MEETS PAPER

Cost: \$40 PP (Includes Basic Supplies & Member Fees)

Open to Non-Members

Join us for a creative Make-&-Take Workshop on July 11 (12–3 PM)! In this “Glass Meets Paper” session, you’ll design unique DIY greeting cards featuring beautiful pre-fired glass accents. This is a workshop for the stamping/punching paper creatives out there.



Sign Up at WPSC Lobby or online at <https://www.purplepass.com/organizer/95186>

- No Cutting Required: After stamping and punching your designs, we’ll be using tweezers to arrange/glue small, pre-fired glass accents—get into your zen state (but it is one with some delicate use of your hands).
- Make & Take: Walk away with finished cards ready to share.
- Socialize While You Create: A fantastic opportunity to try something new with friends
- Personalize It: Basic supplies are provided, but students are encouraged to bring their own stamping supplies if they have them.
- Small Group: Class size is strictly capped at 20 people to ensure plenty of workspace.

Questions? Email: info@glassbylauren.com or call 310-483-3229 (Mon-Fri 10am-5pm)

ACTIVITIES & GAMES

Euchre

Wednesdays @ 6:00–9:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Members must scan their card when entering and Non-Members must sign in.

Euchre has been a great success and as our Euchre continues to grow, it is now common to have 5-6 tables in action. We try to promptly start by 6:00 pm which means we should be signed in no later than 5:50 pm to allow time to set up the correct 3/4 player table configuration and draw for your seats. The payout structure has been altered so more people are sharing the prize pool. That means if there are up to 30 players even eighth takes home a piece of the purse. For more information, contact **Jay Koeller** at 321-794-6400 (jkoeller18@gmail.com).

Hand & Foot Card Game

Mondays & Fridays 8:45 am–Noon / Setup @ 8:30 am

Cost: \$1.00 Members / \$3.00 Non-Members

Join this group of friendly and competitive players for a time well spent. Contact **Beverly Morgan** at 303-458-8273 for more information.

Intro to Fitness Class for Seniors

2nd & 4th Tuesdays: **July 14 & 28** @ 10:00–11:00 am

Cost: \$1.00 Members / \$3.00 Non-Members

Limited to 10 Participants / Sign-up Sheet at Front Desk. Equipment: All necessary equipment is provided.

Gentle Movement • Strength • Confidence • Community

Join us for a **FREE 1-hour fitness class** designed specifically for older adults who want to stay active, improve mobility, and build strength in a safe and supportive environment. This class is perfect for beginners or anyone looking for a gentle way to move more and feel better. Participants should come prepared to **sit & stand if possible**, but all exercises can be **modified** to match individual comfort levels and physical capabilities. No experience needed.

What to Expect: Each session includes:

- A light warm-up to get the body moving comfortably
- Stretching and flexibility exercises to improve range of motion
- Easy resistance and light weight exercises to support balance and strength
- Movements performed both seated and standing

What to Bring: Comfortable clothing, Water bottle Supportive shoes, and a positive attitude!

Questions? Contact **Michael Sands** at 910-232-7543.

Jazzercise Lo

Mon. & Wed. @ 8:30–9:30 am and Fri. @ 8:30–9:15 am

Members: \$60.00/Month & Walk-ins \$15.00/Day

Join us for a fun and energized Jazzercise Lo class. Dance away those extra calories using Low Impact moves that yield MAXIMUM results! We use muscles, not momentum, to get a total body workout without the impact on your joints. For more information, contact **Ginny Parker** at 321-698-0445.

Line Dancing

Tuesdays @ 4:15–5:30 pm

Cost: \$6.00 Members / \$8.00 Non-Members



Jump into summer fun with Line Dance for Fun and Exercise. Every Tuesday 4:15-5:30p. Boost your cardiovascular health while improving balance and coordination. Line Dancing with friends promotes excellent social and mental health benefits. Stop in and check us out. Call Sue for more info 321-505-0846.

Mahjong

American: Mondays @ Noon–3:00 pm &

Thursdays @ 9:00 am–Noon

Cost: \$1.00 Members / \$3.00 Non-Members

Chinese: Wednesdays @ 1:00–4:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! Contact **Patricia Rosenthal** at 321-626-5419 (American) or **Hugh McPhee** at 321-423-7698 (Chinese).

Memory Class

FREE TO MEMBERS – **July 10** @ 10:11:30 AM

Limited to 8 People – Sign up at Front Desk

Bring paper and a pencil and join us in a friendly, supportive environment where learning is fun and practical. Questions? Contact **John Fontana** at 916-705-8146 or email jhnfontana@yahoo.com.

ACTIVITIES & GAMES

Pinochle

Mondays & Fridays @ 12:30–4:30 pm

Cost: \$1.00 Members / \$3.00 Non-Members

For more information, contact **Bill Mueller** at

321-242-4999 (Mondays & Fridays).

Poker (Dealers Choice)

Tuesdays & Fridays @ 11:30 am–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Bill Seigel** at 813-416-0428.

Poker (Friendly)

Mondays @ 1:00–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members



Attention: Players Needed!
Pennies Only. Call ahead to
attend. Contact **Beverly
Morgan** at 303-458-8273.

Pool (Billiards)

Mon. thru Fri. @ 8:30 am–4:30 pm / Sat. 9:30 am–12:30p

Tournaments: 2nd Wednesday of Every Month @ 11:00 am

Cost: \$1.00 Members / \$3.00 Non-Members

Plus \$.50 per Day or \$2.00 per Week

YE OL Pool Room 8-Ball Tournament June 10 Results:

1st: Paul Monti

3rd: Mickey Ferguson

2nd: Dale Foster

4th: Boom'r McConnell

Next tournament is July 8. Questions? Contact **Wally**

Topinko at 321-622-4977.

Rummikub

Wednesdays @ 1:00–4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Contact **Peggy Miles** at 732-688-6268.

Reach a hyperlocal audience.

An advertisement in this newsletter is a highly effective way to promote your business to our community.



Call 800.950.9952



ACTIVITIES & GAMES

QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30–9:30 am

Cost: \$5.00 Members / \$7.00 Non-Members



For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. One of the most promising interventions is TaiChi. It offers senior

practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. **Laura Parsons**, Certified Instructor at 321-474-5374.

Senior Law

4th Friday of the Month @ 2:00–4:00P

NEXT WORKSHOP: SEPTEMBER 25

Cost: Free to All WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117.

Topics:

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Digital Assets
- Medicaid and Asset Protection Options
- General Dementia Issues
- Guardianships
- Probate Matters
- Living Wills

Seating is limited. Please sign up at the front desk. Any questions, call the Law office at 321-757-5701.



Senior Stitchers

Thursdays @ 10:00 am–Noon in Room 114

Cost: \$1.00 Members / \$3.00 Non-Members

Would you like to learn to Knit or Crochet or do you already know how to Knit or Crochet? If so, please join us for



a morning of friendship and pleasant conversation while learning new skills and stitches while helping each other to share and improve our skills. What to Bring: If you are already experienced, please bring a WORK IN PROGRESS that you'd like to work on. If you're a beginner, please bring some worsted yarn and some Size 8 knitting needles or a Size G crochet hook. For more information contact **Laurie Liguori** at 917-882-9898.

Shuffleboard

Open Play: Monday 9–11:00 am

Open Practice: Thurs. 6–8:30 pm & Sat. 9:00 am–Noon

Cost: \$1.00 Members / \$3.00 Non-Members



For more information on learning how to play or participating in tournaments, call **Tom Winkelspecht** at 321-446-3283 or email: tawinkii@me.com

Strength/Flexibility

Thursdays @ 9:30–10:30 am

Cost: \$4.00 Members / \$6.00 Non-Members

This is a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We work core, arm and leg strength. This class gets full so call before you come! Please contact **Susie Salvetti** at 321-626-0282.



TRAVEL NEWS

Murder in the Speakeasy Dinner & Show

Date: Sunday, August 30, 2026

Cost: \$159 PP

Step back in time to the roaring 1920's and prepare for an unforgettable experience at The Speakeasy Murder & Other Acts of Prohibition in Orlando, FL. Soak in the lively atmosphere of a New York nightclub, complete with music, signature cocktails and delicious food. We hope you attend in costume and join the fun.

"Come From Away" at the Titusville Playhouse/Lunch at Dixie Crossroads

Date: Sunday, September 20, 2026

Cost: \$159 PP

Come From Away is a musical based on the events in the Newfoundland town of Gander during the week following the September 11 attacks, when 38 planes, carrying approximately 7,000 passengers, were ordered to land unexpectedly at Gander international Airport. The town receives the news that flights will be diverted across Canada, including 38 to Gander International Airport. This nearly doubles the population of Gander, and the townspeople make preparations to care for the 7,000 stranded passengers.

Mount Rushmore & the Black Hills & Badlands of South Dakota

Date: September 21-27, 2026

Cost: \$2,067 PP Double / \$2,567 Single Occupancy

\$200 Deposit / Final Payment Due August 1, 2026

Participants MUST be able to travel independently or bring a companion who can assist. NO refunds once the vendor has been paid.

Medieval Times Dinner & Tournament

Date: Saturday, September 26, 2026

Cost: \$159 PP

During the tournament, you're given a hearty meal of soup, chicken, corn, a seasoned potato, and a pastry of the castle (vegetarian meals are also available). And remember, this is the middle ages, so your utensils are your good old-fashioned hands. Wenches walk around the 1000 seat arena to sell you a drink or two as well. The knights battle in head-to-head combat on authentic Spanish Andalusian horses while the King and Princess look on. Located right next to the castle is the Medieval Village filled with artifacts and displays from over 800 years ago.

Savannah, GA

Date: October 4-6, 2026

Cost: \$569 PP Double / Singles Add \$145

\$100 Deposit Required

**SOLD OUT!
WAIT LIST ONLY**

Package includes: Deluxe roundtrip motorcoach transportation; 2 Nights deluxe accommodations; 2 Great hotel breakfasts; 2 Sumptuous dinners at great local restaurants; Guided tour of Savannah; Free time to explore the famed River Street with shopping & lunch on own; Guided docent tour of the Cathedral Basilica St. John the Baptists; Ice cream social at the famed Leopold's Ice Cream; Baggage handling; All taxes are included.

St. John's River Cruise on Barbara Lee

Date: Thursday, October 22, 2026

Cost: \$179 PP

From its home port on Lake Monroe in charming downtown Sanford, the Barbara Lee cruises the St. John's River, serving up superior food, live music, and dancing. The food aboard the Barbara Lee is cooked fresh in the ship's kitchen and you can choose from delicious entrees including fish, chicken, vegetarian dish, etc. All entrees include a salad, dinner roll, dessert, and ice tea. In-between all this wonderful array of food, sit inside and enjoy the entertainment or relax on deck for a delightful, narrated 3-hour cruise along the St. John's River.

Mount Dora Craft Fair

Date: Saturday, October 24, 2026

Cost: \$69 PP

Throughout this historic community, the streets come alive with more than 400 talented crafters and artists from all over the country displaying and offering for sale their finest works to the more than 300,000 visitors who are expected to attend this two-day event. Plus there's food and entertainment to round out a perfect day outdoors. There is time for much shopping and lunch is on your own.

Stetson Mansion & Lunch at Cook's Buffet

Date: Tuesday, November 10, 2026

Cost: \$159 PP

Trip Advisor names a tour of the Stetson Mansion as one of the "top 10 things to do in Florida." The 1886 Stetson Mansion is the largest and most spectacular "Gilded Age" residence ever built in Florida before 1900. The Stetson Mansion is Florida's most historic

TRAVEL NEWS

home, but it is not a museum. It is a private residence that is lived in and welcomes guests this time of year with over the top elegant and reverent adult holiday decorations. Prior to our tour we will have lunch at Cook's buffet.

Mount Dora Christmas

Date: December 4, 2026

Cost: \$69 PP

Time: Leaves WPSC at 2:00 pm / Returns at 10:00 pm

Celebrate the 2026 holidays against a backdrop of over 2 million sparkling lights in beautiful downtown Mount Dora. If you're looking for a way to spend an enchanted evening that will get you in the holiday spirit, visit the Mount Dora Christmas Walk for an old fashioned country Christmas. The streets come alive as they are transformed into a Christmas village. Trip includes motorcoach transportation only. There are

plenty of food vendors or enjoy a delicious dinner at one of Mount Dora's great restaurants. (Reservations suggested).

St. Augustine Day Trip

Date: Tuesday, December 8, 2026

Cost: \$89 PP

Time: Leaves WPSC at 11:00 am / Returns at 9:30 pm

Sign up now for our exciting one day excursion to St. Augustine, our nation's oldest city. We will be stopping at Bucees in Daytona. Upon arriving at St. Augustine about 2pm, you will have from 2:00–5:30pm to shop and eat. There are many nearby cafes and restaurants where you can enjoy dinner on your own. At 5:45 pm we will meet at the Visitors Center for a 30-minute narrated Trolley Tour through the historic district. The trolley tour will give you an overview of this charming town and see all the beautiful holiday decorations. Approximately 7:00 pm we will depart for home.

Please visit our website www.bcwpsc.org, for more information or call the office at 321-425-5530

Monday–Friday, 9:00 AM–1:00 PM

The Travel Office now accepts Visa, MasterCard and American Express for trip purchases. A 4% processing fee will be added to all credit card transactions. All



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The Officers and Membership of Wickham Park Senior Center appreciates the continued support of our many Sponsors. As an all volunteer-run organization, their continued financial support allows us to offer Activities and Social events for our members.

Diamond Level Sponsors



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Meet & Greet Schedule

Our monthly Meet & Greets with our sponsors have been scheduled for Tuesday and Friday mornings from 9–11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them:

- Friday, July 3 – My Memory Clinic
- Tuesday, July 7 – Health First Health Plans
- Friday, July 10 – Tiny Dog Cleaning
- Tuesday, July 14 – Moore Insurance
- Friday, July 17 – Narlock Insurance
- Tuesday, July 21 – Brookdale West Melbourne
- Friday, July 24 – RVH Insurance
- Tuesday, July 28 – Freedom Health, LifeWave

IN EVERY ISSUE



New Members in May

Acevedo, Margie	Matarazzo, Al
Albritton, Ellen	Nissenbaum, Esther
Alva, Marlene	Nissenbaum-Lopez, Maria
Bailey, Michelle	Novak, Roy
Buker, Hal	Oatman, Paul
Burris, Jodie	Pastore, Judy
Bussen, Danny	Peek, Sandra (Sandi)
Clark, Pamela	Percifield, Martin
Clauss, Pat	Pugh, Daniel
Cook, Bernice	Pugh, Sandra
Coulsey, Roslyn	Sadlo, Myriam
Curtis, Catherine	Savoie, Alicia
Doherty, William (Bill)	Smith, Sharon
Duguay, Karen	Sollitto, Johanna
Edwards, Victoria	Sorrell, Katherine
Fox, John	Thorpe, Betty
Gilbert, Carrie	Tribble, Elizabeth
Griffin, Adele	Valentine, Robin
Guddat, Udo	Wang, Charles
Hargis, Millie	Wang, Patricia
Knighen, Patricia	Warner, Debbie
Krohn, Roy	Woodcock, Joe
Marrs, Patricia Jo	Yates, Christina

Wickham Park Senior Center Holiday Closures for 2026

To enable our volunteers to spend more time with their families during the upcoming holiday season, Wickham Park Senior Center will be closed on the following dates:

- **4th of July Holiday:**
 - Saturday & Sunday, July 4 & 5, 2026
(No activity allowed in large hall, floors being waxed)
- **Labor Day Holiday:**
 - Monday, September 7, 2026
- **Thanksgiving Holiday:**
 - Wednesday, November 25, 2026
(Day before Thanksgiving)
 - Thursday, November 26, 2026
(Thanksgiving Day)
 - Friday, November 27, 2026
(Friday after Thanksgiving)
 - Saturday & Sunday, November 28 & 29, 2026
(No activity allowed in large hall, floors being waxed)
- **Christmas Holiday:**
 - Thursday, December 24, 2026 (Christmas Eve)
 - Friday, December 25, 2026 (Christmas Day)
 - Saturday, December 26, 2026
(Day after Christmas)
 - Sunday, December 27, 2026
- **New Year's Holiday:**
 - Thursday, December 31, 2026 - Closing at 12:30 pm
 - Friday, January 1, 2027 (New Year's Day)
 - Saturday & Sunday, January 2 & 3, 2027

COMMENTS?

We Value Your Opinion!

There's a SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!



Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to:
news@bcwpsc.org

Wickham Park Senior Center is not equipped, nor intended to be a senior care facility. WPSC activities are geared toward independent adults who are able to manage their own care, decision making and safety. WPSC's insurance prohibits, and WPSC cannot be responsible for, the provision of physical assistance to individuals on the premises. If an adult companion is needed, the companion may participate in the activity if they desire, regardless of age, and must pay all fees associated with the activity. WPSC reserves the right to prevent persons from being on premises if the WPSC leadership believes that person would cause harm to themselves or others.

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