## JUNIOR DEVELOPMENT PATHWAY CLASS DESCRIPTIONS

## brown/billone club TE N N I S

## quickstart FOAM BALL

tannis
A NEW Innovative Tennis Development Format
We understand that tennis may be the first sport for your child and we believe that our Quick Start programs offer a fun, energetic and extremely positive introduction to athletics that will set your kids on track to be fit for life!

30-Minute Class (3 Years Old): court Size: Micro - Racquet size 19" This class is for our youngest players. Fun, energetic and creative using kid-size racquets that he or she can easily handle on a small court. The class helps kids build selfesteem, body awareness and enhances cooperative play as they learn the first elements of tennis.

45-Minute Class (4-5 Years Old): Court Size; Micro - Racquet Size 19" Emphasizing fun on the court, the activities and games in this class teach children some basic hand-eye coordination and footwork skills that are fundamental to all sports as well as basic tennis techniques and fundamentals in ways that allow your child to have a beginning foundation to achieve success.
1-Hour Class (5-6 Years Old): Court Size: 36' Racquet Size: 21-23"
The size of the court and racquets are geared to let players focus on developing tennis skills. The classes feature both drill and paired activities. Coaches create rally-building situations for students to facilitate their tactical and technical development and encourage their enthusiasm for the game.

## RED - ORANGE - GREEN - YELLOW BALL

RED 1 (6-8 Year Olds): Court Size: 36' Racquet Size: 21-23"
This class is for players just starting to play tennis. The class teaches all of the proper fundamentals. Each class has a weekly theme reinforced through drills, games and competitions that promote the fun of learning the sport.
RED 2 (6-8 Year Olds): Court Size: 36' Racquet Size: 21-23"
The Level 2 class is geared for kids that already have a good sense of the proper mechanics of the game. The class is designed to improve consistency and begin to develop an all-court foundation. Both technical and tactical themes will be the focus. Players at the level are able to begin matches.

ORANGE 1 (8-10 Year Olds): Court Size: 60' Racquet Size 23-25"
For players that have already competed at RED Ball levels and have passed RED Ball Competencies. Players in Orange Ball will begin to develop more control with ball placement, spin control and all-court skills.

Green 1 (10-12 Year Olds): This Level 1 class is for players needing to improve Their fundamental skills and mechanics before competing in matches. The class focus is on technique and the proper footwork. Players also begin to learn how to apply these techniques in competitive rallies.

ORANGE 2 (9-10 Year Olds): This class is for players that have competed at the ORANGE 1 level and have fulfilled these competencies. These players are working on transitioning to green.

GREEN (10-12 Years Old): This class is for players that can play quality points on a full court. The class focuses on the development of mechanics, improving consistency and "thoughtful" tactics in singles and doubles.

Teen Tennis (13-16 Years Old): This class is for teens who want to become better recreational players. The class teaches the basic grips, mechanics and footwork patterns in a fun and positive manner so that teens will enjoy the game more as these fundamentals grow.

## Junior Academy \& JV / Varsity

desire to play highly competitive matches. The class reinforces individual player's strong technical base with a daily re-emphasis on proper grips, strokes and tactical skills. This program is the stepping stone to the Brown Billone Club Tennis Academy.
for $11 / 2$ hrs is targeted for players that have excelled in their 10-12 Level 2 classes. The students in this clinic either are striving to play or are now playing on their high school team. This class runs at a 6:1 ratio.

