**What is The Delta Variant?**
The Delta variant is the most contagious coronavirus mutant so far in the pandemic.

**Who is at Risk?**
People who have not been fully vaccinated against COVID-19 are most at risk. Nationally 97% of patients hospitalized with COVID-19 are unvaccinated.

**Masks Guidance Update**
- Fully vaccinated people should wear a mask in public indoor settings in areas of substantial or high transmission
- Fully Vaccinated people who have a known exposure to someone with suspected or confirmed COVID-19 to be tested 3 – 5 days after exposure, and to wear a mask in public indoor settings for 14 days or until they receive a negative test result
- CDC recommends universal indoor masking for all teachers, staff, students and visitors to schools, regardless of vaccination status

**Promote GET VACCINATED**
Only 37.37% of teens aged 12 – 15 of New Haven have only received their 1st dose of the vaccine. 29.86% of teens aged 12 – 15 of New Haven have received their 2nd dose of the Vaccine.

**Prevent Watch for symptoms.**
Aside from fever, Covid-19 symptoms include cough, difficulty breathing, and fatigue.

**Wash your hands.**
Practice good hand hygiene by washing your hands with soap and water or using alcohol or hand sanitizer.

**Protect Get Vaccinated**
Get the COVID-19 vaccine when it is available to you. So you can protect yourself and others.

**Wear a mask**
Wear a mask always inside and when you cannot maintain the 6ft distance outside

**Practice social distancing.**
If you need to go out, maintain at least 2 meters (6 feet) distance from others.

**Stay Home**
If you’re sick or suspect yourself to be sick, it’s best to stay home, away from others.

For more information: Please refer to our Covid Hub at www.covid19.newhavenct.gov or scan the QR code above

**Source:** Centers for Disease Control and Prevention (cdc.gov)

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**Check your temperature at least two times a day.**
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**Get Tested**
If you have any symptoms, or come in contact with anyone with Covid-19, get tested.

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