



Year 11: Owning Learning

A parent guide to this year's Achieve Excellence Programme focus, reinforcing Elevate's Ace Your Exams

Year 11 is exam year. In September, pupils attend Elevate Education's Ace Your Exams seminar, and form time works through its six-module follow-up: exam planners, identifying and correcting mistakes, exam-day routine and technique, and managing exam stress positively — all building toward pupils taking full ownership of their own revision.

What Year 11 pupils are learning

- Exam planning — building an exam planner, then a 'deluxe' planner with deadlines for every topic.
- Identifying and correcting mistakes — analysing where marks are lost and logging fixes in the Bullet Proof Booklet.
- Exam routine and exam-room technique — an exam-day checklist and managing timing per question.
- Positive exam stress and wellbeing — understanding that some stress is helpful, and learning to channel nerves with a calm routine.
- Independent self-regulation and peer mentoring — planning, monitoring and adapting revision from mock evidence, and supporting others.

How you can help at home

- **Ask about the plan, not just the hours:** “What's your revision priority this week, and why?” encourages ownership over simply logging time.
- **Support a calm exam routine:** consistent sleep, food and breaks matter as much as the revision itself — some nerves are normal and even helpful.
- **Ask what mistakes taught them:** “What did you get wrong, and what will you do differently?” reinforces the mistake-correction habit from form time.
- **Respect their ownership:** by this year, the aim is for your child to be driving their own revision — your role shifts to support and encouragement rather than direction.

Useful phrase for this year

“What advice would you give a friend about revising well?”

When this comes up in form time

Ace Your Exams runs in September; the follow-up modules run through the year. Mock exams take place in November, with reflection immediately after.