

















ALERT!

FOOD ALLERGIES

ROBERT CLACK SENIORS ALLERGENS FOR BREAK AND LUNCHTIME WEEK TWO APRIL 2026 – OCTOBER 2026



| ALLERGENS | PEANUT  | TREE NUT  | GLUTEN  | MUSTARD  | CELERY  | EGG  | MOLLUSCS  | SHELLFISH  | LUPIN  | SESAME  | SULPHITES  | MILK  | FISH  | SOYA  |
|--|---|---|---|--|--|--|---|--|--|---|--|---|---|---|
| MONDAY | YES – CONTAINS | | | | M/C – MAY CONTAIN | | | | NO – DOES NOT CONTAIN | | | | | |
| CHICKEN WRAP | NO | NO | YES | NO | YES | NO | NO | NO | NO | NO | NO | NO | NO | NO |
| CHEESE PANINI | NO | NO | YES | NO | NO | NO | NO | NO | NO | M/C | NO | YES | NO | NO |
| TUNA MAYO PANINI | NO | NO | YES | NO | NO | YES | NO | NO | NO | M/C | NO | NO | YES | NO |
| CRISPY CHICKEN PANINI | NO | NO | YES | NO | YES | NO | NO | NO | NO | M/C | NO | NO | NO | NO |
| PASTA & SAUCE | NO | NO | YES | NO | NO | NO | NO | NO | NO | NO | NO | M/C | NO | NO |
| MEXICAN CHILLI CHICKEN PASTA | NO | NO | YES | NO | NO | NO | NO | NO | NO | NO | NO | YES | NO | NO |
| STICKY SWEET & SOUR QUORN BALLS & RICE | NO | NO | YES | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO |
| ICE CREAM TUB | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | YES | NO | NO |
| ICE LOLLY | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO |
| TUESDAY | | | | | | | | | | | | | | |
| MARGARITA PIZZA | NO | NO | YES | M/C | NO | NO | NO | NO | NO | NO | NO | YES | NO | M/C |
| FULLY LOADED NACHOS | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | YES | NO | NO |
| BEEF LASAGNE PASTA SHELLS | NO | NO | YES | NO | NO | NO | NO | NO | NO | NO | NO | YES | NO | NO |
| VEGGIE BURRITO & WEDGES | NO | NO | YES | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | YES |
| RICE CRISPY BAR | NO | NO | YES | NO | NO | NO | NO | NO | NO | NO | NO | YES | NO | NO |
| WEDNESDAY | | | | | | | | | | | | | | |
| BEEFBURGER | NO | NO | YES | NO | NO | NO | NO | NO | NO | M/C | NO | NO | NO | NO |
| CHEESEBURGER | NO | NO | YES | NO | NO | NO | NO | NO | NO | M/C | NO | YES | NO | NO |
| VEGGIE BURGER | NO | NO | YES | NO | NO | NO | NO | NO | NO | M/C | NO | NO | NO | NO |

| ALLERGENS | PEANUT | TREE NUT | GLUTEN | MUSTARD | CELERY | EGG | MOLLUSCS | SHELLFISH | LUPIN | SESAME | SULPHITES | MILK | FISH | SOYA |
|---|--------|----------|--------|---------|--------|-----|----------|-----------|-------|--------|-----------|------|------|------|
| HONEY CHILLI CHICKEN NOODLES | NO | NO | YES | NO | NO | YES | NO | NO | NO | NO | NO | NO | NO | YES |
| QUORN KORMA & RICE | NO | NO | NO | M/C | NO | NO | NO | NO | NO | NO | NO | YES | NO | NO |
| CHOCOLATE & BEETROOT BROWNIE | NO | NO | YES | NO | NO | YES | NO | NO | NO | NO | NO | NO | NO | NO |
| THURSDAY | | | | | | | | | | | | | | |
| MARGARITA PIZZA | NO | NO | YES | M/C | NO | NO | NO | NO | NO | NO | NO | YES | NO | M/C |
| BBQ QUORN SUB ROLL | NO | NO | YES | NO | NO | NO | NO | NO | NO | M/C | NO | NO | NO | NO |
| PORK SAUSAGES | NO | NO | YES | M/C | NO | NO | NO | NO | NO | NO | YES | NO | NO | YES |
| HALAL CHICKEN SAUSAGES | NO | NO | YES | M/C | NO | NO | NO | NO | NO | NO | YES | NO | NO | YES |
| VEGGIE SAUSAGES | NO | NO | YES | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO |
| MASHED POTATO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | YES | NO | NO |
| GRAVY | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO |
| YORKSHIRE PUDDING | NO | NO | YES | NO | NO | YES | NO | NO | NO | NO | NO | YES | NO | NO |
| FROSTED CARROT CAKE | NO | NO | YES | NO | NO | YES | NO | NO | NO | NO | NO | YES | NO | YES |
| FRIDAY | | | | | | | | | | | | | | |
| CHICKEN WRAP | NO | NO | YES | NO | YES | NO | NO | NO | NO | NO | NO | NO | NO | NO |
| CHICKEN BURGER | NO | NO | YES | NO | YES | NO | NO | NO | NO | M/C | NO | NO | NO | NO |
| BBQ CHICKEN WINGS | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO |
| KOREAN SPICED BAO BUNS | NO | NO | YES | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | YES |
| CHICKEN BAGUETTE | NO | NO | YES | NO | YES | NO | NO | NO | NO | NO | NO | NO | NO | NO |
| QUORN CHICKEN STYLE BURGER | NO | NO | YES | NO | NO | NO | NO | NO | NO | M/C | NO | NO | NO | NO |
| BATTERED FISH FILLET | NO | NO | YES | NO | NO | NO | NO | NO | NO | NO | NO | NO | YES | NO |
| MAC & CHEESE | NO | NO | YES | NO | NO | NO | NO | NO | NO | NO | NO | YES | NO | NO |
| BAKED BEANS | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO | NO |
| MINI MUFFIN SELECTION | NO | NO | YES | NO | NO | YES | NO | NO | NO | NO | NO | YES | NO | YES |