

HEALTHY FOOD,
HAPPY MINDS!

ROBERT GLACK PRIMARY SCHOOL

WEEK 1

NOVEMBER 2026 - MARCH 2027

2nd November - 16th November - 30th November - 14th December - 4th January

18th January - 1st February - 22nd February - 8th March - 22nd March

Halal and Vegetarian Options Available Daily

EAT WELL,
GROW
STRONG!

MONDAY

MAINS

- Creamy Fajita Pasta Bake with Garlic Bread
- Quorn Dippers with skin-on potato wedges



SIDES

- Carrot Batons
- Green Beans



DESSERT

Homemade Gingerbread Man



TUESDAY

MAINS

- Chicken Burger in a Bun
- Halal Chicken Burger in a Bun
- Veggie Burger in a Bun



SIDES

- Sweetcorn
- Chunky Chips



DESSERT

Fresh Fruit Selection



WEDNESDAY

MAINS

- Beef Pastitsio (Greek Style Lasagna)
- Halal Beef Pastitsio (Greek Style Lasagna)
- Hearty Veggie Burritos with Lime, Garlic & Chilli Rice



SIDES

- Farmhouse Mixed Vegetables



DESSERT

Homemade Carrot Cake



THURSDAY

MAINS

- Roast Chicken
- Halal Roast Chicken
- Cauliflower & Broccoli Cheese Bake



SIDES

- Golden Roast Potatoes
- Yorkshire Pudding
- Medley of Green Vegetables with Gravy



DESSERT

Fruity Jelly Pots



FRIDAY

MAINS

- Fish Fingers
- Fishless Fingers
- Salmon & Broccoli Pasta



SIDES

- Creamy Mashed Potatoes
- Baked Beans
- Garden Peas



DESSERT

Fresh Fruit Selection



DAILY
CHOICES



Pasta with
Homemade
Tomato Sauce



Jacket Potatoes
(Cheese, Beans
or Tuna)



Filled Rolls
(Ham & Cheese,
Egg or Tuna)



Fresh
Fruit



Wholemeal
Bread



Yoghurts
(Various Flavours)



EAT
WELL



DRINK
WATER



BE
ACTIVE



BE
KIND