

ROBERT CLACK PRIMARY

WEEK ONE ALLERGEN INFORMATION

NOVEMBER 2026 APRIL 2027

Eat Well Succeed

14 ALLERGENS



★ MONDAY

MENU ITEM	ALLERGENS
CREAMY FAJITA PASTA BAKE	GLUTEN MILK MUSTARD
QUORN DIPPERS	GLUTEN
SKIN ON POTATO WEDGES	NONE
GARLIC BREAD	GLUTEN SOYA MILK
CARROTS GREEN BEANS	NONE
GINGERBREAD MAN	GLUTEN

★ TUESDAY

MENU ITEM	ALLERGENS
CHICKEN BURGER IN A BUN	GLUTEN SESAME CELERY
VEGGIE BURGER IN A BUN	GLUTEN SESAME
CHUNKY CHIPS	NONE
SWEETCORN	NONE
FRESH FRUIT SELECTION	NONE

★ WEDNESDAY

MENU ITEM	ALLERGENS
BEEF PASTITIO	GLUTEN MILK
PLANT BASED BURRITO	GLUTEN
LIME GARLIC & CHILLI RICE	NONE
FARMHOUSE MIXED VEGETABLES	NONE
HOMEMADE CARROT CAKE	GLUTEN MILK EGG SOYA

★ THURSDAY

MENU ITEM	ALLERGENS
ROAST CHICKEN	NONE
CAULIFLOWER & BROCCOLI CHEESE BAKE	MILK
YORKSHIRE PUDDING	GLUTEN MILK EGG
ROAST POTATOES	NONE
GRAVY	NONE
GREEN VEGETABLES	NONE
FRUITY JELLY POTS	NONE

★ FRIDAY

MENU ITEM	ALLERGENS
FISH FINGERS	FISH GLUTEN
FISHLESS FINGERS	GLUTEN
SALMON BROCCOLI PASTA	FISH MILK GLUTEN
GARDEN PEAS	NONE
BAKED BEANS	NONE
MASHED POTATOES	MILK
FRESH FRUIT SELECTION	NONE

DAILY CHOICES

MENU ITEM	ALLERGENS
HAM ROLL	GLUTEN
CHEESE ROLL	GLUTEN MILK
TUNA ROLL	GLUTEN FISH
EGG ROLL	GLUTEN EGG
PASTA & SAUCE	GLUTEN
ROLLS SANDWICHES	
MAY CONTAIN SOYA SESAME	

JACKET POTATOES

FILLING	ALLERGENS
WITH CHEESE	MILK
WITH TUNA	FISH
WITH BAKED BEANS	NONE
PLAIN JACKET POTATO	NONE



ALLERGY AWARE



PLEASE SPEAK TO A MEMBER OF THE CATERING TEAM REGARDING ANY FOOD ALLERGIES OR DIETARY REQUIREMENTS

While every effort is made to prevent cross contamination, all foods are prepared in kitchens that handle allergens

EAT WELL FEEL WELL



MENUS MAY CHANGE PLEASE CHECK DAILY DISPLAYS FOR THE MOST UP TO DATE INFORMATION