

## Social Media Policy

### Social Media Communication between Gymnasts

It is important to remember that anything said or shared on social media may be shared with others beyond chat groups/personal contacts. Once something has been sent, it is no longer under your control. Even 'disappearing messages' can be screen shot and shared.

Gymnasts should be aware that the following will be treated as bullying and will be subject to the club's disciplinary procedure:

- Purposefully excluding individuals from a chat group related to gymnastics, particularly if the content of the chat is discussed during training or is used to isolate members of the group
- Messages on social media that contain comments of a hurtful/threatening nature about another gymnast. Please be aware we will need to see screen shots or evidence of this in order to take action
- Training being disrupted or negatively impacted by situations that have arisen on social media

Age ratings for Social Media Apps can be found here:

<https://www.openvieweducation.co.uk/wp-content/uploads/2020/03/Apps.jpg>