

EM Excel, Performance & Preparation 3 Grade Results

28th & 29th March 2026

Pre-Excel			VAULT	POS	BARS	POS	BEAM	POS	FLOOR	POS	R&C	POS	TOTAL	POS
5	Elsie Taylor	Rugby	12.800	3	13.100	1	11.650	1	11.600	2	12.650	1	61.800	1
6	Ivy Bella-Rose Sedlan	Witham Hill	13.150	1	12.200	3	10.400	3	11.900	1	12.400	2	60.050	2
2	Aoife Johnstone	Derbyshire	12.450	6	12.400	2	11.000	2	11.300	3	11.450	3	58.600	3
1	Lyla Poole	Coalville	12.900	2	11.050	5	10.100	4	10.850	5	11.000	5	55.900	4
3	Ce-Asia Burnett	Robin Hood	12.650	5	11.950	4	8.100	6	10.100	6	11.150	4	53.950	5
4	Aria Rose Holroyd	Robin Hood	12.750	4	9.800	6	8.950	5	11.000	4	9.450	6	51.950	6
Excel 1			VAULT	POS	BARS	POS	BEAM	POS	FLOOR	POS	R&C	POS	TOTAL	POS
11	Elsie Cooke	NW Mansfield	12.750	8	12.750	4	11.550	5	12.150	2	11.650	3	60.850	1
15	Felicity Fairburn	Notts	13.075	4	12.900	2	11.650	2	12.050	3	11.000	9	60.675	2
7	Maya Crick	Corby	12.975	7	12.900	2	12.100	1	11.450	8	11.100	7	60.525	3
13	Betty Gibson	NW Mansfield	12.975	6	12.050	11	11.650	2	11.650	4	12.100	1	60.425	4
14	Meadow Main Harby	Notts	13.125	2	12.500	7	11.600	4	11.150	9	11.000	9	59.375	5
22	Raina Daems	Witham Hill	13.150	1	12.000	12	11.150	7	12.450	1	10.000	12	58.750	6
20	Olive Bedford	Robin Hood	13.000	5	12.750	4	10.050	9	11.600	6	11.200	5	58.600	7
12	Connie Spooner	NW Mansfield	12.700	10	12.000	12	10.950	8	10.750	11	11.750	2	58.150	8
8	Siena Jobson	Corby	12.675	11	12.700	6	9.450	12	11.600	5	10.900	11	57.325	9
9	Nia Middleton	Corby	13.100	3	13.700	1	9.600	10	11.600	6	9.200	14	57.200	10
19	Miyla-Rose Carpenter	Robin Hood	12.400	14	11.900	14	11.250	6	10.150	13	9.850	13	55.550	11
18	Delilah Sheekey	Robin Hood	12.725	9	12.400	9	9.100	14	9.900	14	11.250	4	55.375	12
16	Assisi-Mai Benjamin	Robin Hood	12.600	12	10.850	15	9.550	11	11.150	9	11.200	5	55.350	13
17	Esmeralda Walton	Robin Hood	12.450	13	12.300	10	7.850	15	10.600	12	11.100	7	54.300	14
10	Bella Myers	Derbyshire	12.375	15	12.450	8	9.450	12	9.800	15	8.100	15	52.175	15
Excel 2			VAULT	POS	BARS	POS	BEAM	POS	FLOOR	POS	R&C	POS	TOTAL	POS
27	Sulis Basu	Derbyshire	13.275	2	12.900	4	10.600	6	11.700	1	12.500	1	60.975	1
31	Tilly-May Bird	Rugby	13.325	1	13.200	1	12.000	1	11.150	5	10.450	7	60.125	2
26	Isabelle Bowers	Derbyshire	13.025	6	12.850	5	10.000	8	11.250	4	12.150	2	59.275	3
24	Grace Thomas	Corby	13.100	3	12.950	2	11.700	2	10.850	6	10.600	6	59.200	4
25	Myla Croshaw	Derbyshire	13.050	4	9.600	8	11.500	3	11.550	2	11.800	3	57.500	5
29	Thea Daft	Notts	13.050	4	11.350	6	10.950	4	11.500	3	10.650	5	57.500	6
30	Emily Falconer	Robin Hood	12.950	8	12.950	2	10.750	5	9.750	8	10.250	8	56.650	7
23	Naveah Shaw	Corby	12.975	7	11.300	7	10.150	7	10.350	7	10.750	4	55.525	8
Excel 3			VAULT	POS	BARS	POS	BEAM	POS	FLOOR	POS	R&C	POS	TOTAL	POS
33	Tyliyah Shannon-Gray	Robin Hood	12.625	3	13.150	1	10.850	1	12.750	1	11.400	1	60.775	1
32	Elsie Birks	NW Mansfield	12.800	1	10.500	2	8.750	3	10.250	2	9.150	3	51.450	2
34	Georgia Tayo	Witham Hill	12.800	1	9.150	3	9.000	2	9.800	3	9.250	2	50.000	3
Preparation Grade 3 - 9 Years			VAULT	POS	BARS	POS	BEAM	POS	FLOOR	POS	R&C	POS	TOTAL	POS
38	Lilian Baker	Derbyshire	13.050	1	13.400	1	11.550	4	11.950	1	12.300	1	62.250	1
40	Lucy Sunman	Notts	12.750	2	12.900	3	10.650	8	11.700	2	11.733	2	59.733	2
36	Emi Gulliver	Corby	12.750	2	12.500	6	11.700	2	11.700	2	10.300	8	58.950	3
43	Sophia Alia	Robin Hood	12.000	8	13.150	2	11.600	3	10.400	9	11.500	3	58.650	4
37	Thea Holland	Corby	11.950	9	12.800	4	11.100	6	11.350	7	10.900	6	58.100	5
39	Abigail Cocker	N C A A C	12.450	4	12.200	7	10.700	7	11.300	8	11.433	4	58.083	6
42	Harlow Wilton	NW Mansfield	12.350	5	11.700	8	11.750	1	11.700	2	9.333	9	56.833	7
35	Evelyn Ainslie	Corby	12.100	7	12.700	5	7.550	9	11.550	6	11.100	5	55.000	8
41	Francesca Parker	NW Mansfield	12.150	6	9.250	9	11.350	5	11.650	5	10.400	7	54.800	9
Preparation Grade 3 - 10 Years			VAULT	POS	BARS	POS	BEAM	POS	FLOOR	POS	R&C	POS	TOTAL	POS
45	Erin Holt	Notts	13.350	3	13.600	1	11.450	4	12.000	2	11.000	6	61.400	1
47	Eliza Bennett	Retford	13.400	1	12.800	6	10.750	8	12.150	1	12.133	1	61.233	2
56	Ruby Talkes	Witham Hill	13.400	1	12.750	7	11.850	1	11.700	5	10.600	9	60.300	3
54	Lexi Nicholson	Witham Hill	12.900	6	12.250	9	11.750	2	11.800	4	11.567	3	60.267	4
21	Lola Nicholson	Witham Hill	13.300	4	13.000	2	11.350	5	11.000	9	10.833	7	59.483	5
48	Robyn Hunt	Retford	12.150	8	12.950	4	11.500	3	11.000	9	11.300	4	58.900	6
49	Anaya Cheek	Robin Hood	12.700	7	13.000	2	8.750	11	12.000	2	11.700	2	58.150	7
51	Belle Walker	Rugby	12.000	11	12.500	8	11.350	5	10.900	11	10.733	8	57.483	8
44	Francesca Buzzard	Corby	12.100	9	12.900	5	11.350	5	11.500	6	9.333	11	57.183	9
53	Lacey Roberts	Sherwood Oaks	12.100	9	12.200	10	9.300	10	11.500	6	11.267	5	56.367	10
55	Darci Stenner	Witham Hill	12.950	5	11.500	11	9.800	9	11.150	8	9.567	10	54.967	11

Performance Grade 1 - 10 Years			VAULT	POS	BARS	POS	BEAM	POS	FLOOR	POS	R&C	POS	TOTAL	POS	
59	Phoebe Horner	Notts	13.000	4	13.800	1	12.450	1	11.800	2	12.800	1	63.850	1	*
60	Molly Jones	Notts	13.300	1	13.300	2	11.950	3	11.700	3	11.300	4	61.550	2	R
62	Niamh Cattigan	NW Mansfield	12.800	6	12.650	5	11.350	7	11.850	1	12.600	2	61.250	3	
61	Annie Wood	Notts	12.800	6	13.050	3	12.000	2	11.500	5	11.067	5	60.417	4	
58	Aiofe Clancy - Williamson	Notts	13.050	3	12.550	6	11.750	5	10.550	10	11.567	3	59.467	5	
64	Elsie Betts	Sherwood Oaks	13.000	4	12.150	8	11.700	6	11.100	7	11.033	6	58.983	6	
66	Esme Cross	Wade	13.150	2	12.450	7	11.800	4	10.950	9	10.200	9	58.550	7	
63	Olympia Osborne	NW Mansfield	12.550	8	12.700	4	11.300	8	11.550	4	10.300	8	58.400	8	
57	Anna Powell	Erewash	12.450	9	11.750	9	10.550	9	11.000	8	10.767	7	56.517	9	
65	Paige Duggan	Sherwood Oaks	12.300	10	1.900	10	9.100	10	11.400	6	10.100	10	44.800	10	

Performance Grade 1 - 11 & 12 Years			VAULT	POS	BARS	POS	BEAM	POS	FLOOR	POS	R&C	POS	TOTAL	POS	
77	Kara Bailiff	Rugby	12.900	3	14.050	1	12.100	3	11.450	8	12.100	4	62.600	1	*
69	Alana Wall	Derbyshire	13.200	1	13.200	2	11.150	10	12.100	3	12.333	2	61.983	2	*
67	Alula Tebbutt	Corby	12.750	8	12.700	5	11.800	5	12.100	2	12.400	1	61.750	3	*
75	Imogen Wallis	Notts	12.850	6	13.200	3	12.450	1	11.050	12	12.167	3	61.717	4	*
73	Aria Atkinson	Notts	12.800	7	12.800	4	12.350	2	11.500	7	11.867	7	61.317	5	
78	Amayah Hyams	Rugby	12.700	10	12.100	11	11.850	4	12.000	4	12.067	5	60.717	6	
68	Sophie Courtney	Derbyshire	13.200	1	11.700	13	11.500	8	12.350	1	11.833	8	60.583	7	
74	Ivy Downie	Notts	12.600	13	12.700	5	10.700	11	11.600	6	11.233	9	58.833	8	
82	Ella Adams	Witham Hill	12.700	10	12.350	9	11.450	9	10.900	15	10.833	11	58.233	9	
76	Rhien Burnett	Robin Hood	12.500	15	12.550	7	10.700	11	11.450	8	10.933	10	58.133	10	
70	Emily Bolton	Matrix	12.650	12	12.400	8	10.000	14	11.700	5	10.233	14	56.983	11	
83	Nancy French	Witham Hill	12.900	3	11.050	15	11.650	7	10.850	16	10.533	13	56.983	11	
72	Elsie Brinkman	N C A A C	12.750	8	9.350	16	11.800	5	11.050	12	12.000	6	56.950	13	
71	Sophia Lup	Matrix	12.900	3	12.350	10	9.150	15	11.300	10	10.567	12	56.267	14	
81	Ellie-jane Phillips	Sherwood Oaks	12.550	14	11.400	14	10.250	13	11.200	11	8.833	15	54.233	15	
79	Eila-Belle Chapman	Sherwood Oaks	12.300	16	9.000	17	9.100	16	10.950	14	7.167	16	48.517	16	
80	Holly Jordan	Sherwood Oaks	12.250	17	11.700	12	7.650	17	10.100	17	5.533	17	47.233	17	

Performance Grade 2 - 11 Years			VAULT	POS	BARS	POS	BEAM	POS	FLOOR	POS	R&C	POS	TOTAL	POS	
86	Aria Hamill	Corby	12.767	2	12.100	3	11.850	1	11.733	1	12.367	2	60.817	1	*
87	Isabella Knight	Corby	12.533	6	11.250	5	11.050	4	11.433	2	12.833	1	59.100	2	*
89	Kayla Neng Yong Njua	Hinckley	12.900	1	11.750	4	11.450	3	10.833	5	12.033	3	58.967	3	R
90	Poppy Holland	Kettering	12.733	4	12.550	1	10.600	6	10.867	3	11.900	4	58.650	4	
88	Thea O'donovan	Corby	12.633	5	12.300	2	10.550	7	10.867	3	11.900	4	58.250	5	
84	Hattie Lane	Coalville	12.733	3	11.000	7	11.500	2	9.633	9	11.200	7	56.067	6	
91	Leah Apedo	NW Mansfield	12.467	7	11.200	6	9.100	9	10.300	7	11.433	6	54.500	7	
94	Hannah Wardell	Witham Hill	12.367	9	8.600	10	10.950	5	10.667	6	10.667	9	53.250	8	
93	Jessica Drew	Robin Hood	12.433	8	9.800	9	10.500	8	9.767	8	10.400	10	52.900	9	
85	Myah Turner	Coalville	12.367	9	10.150	8	9.000	10	9.333	10	11.133	8	51.983	10	

Performance Grade 2 - 12+ Years			VAULT	POS	BARS	POS	BEAM	POS	FLOOR	POS	R&C	POS	TOTAL	POS	
95	Evelyn Mckeown	Derbyshire	12.733	4	12.100	2	12.950	1	11.367	2	12.867	1	62.017	1	*
100	Milly-Rose Hamilton	Retford	12.867	1	12.950	1	11.200	5	11.367	2	12.300	4	60.683	2	*
105	Elsie Rose Jeffrey	Wade	12.833	3	11.850	3	11.750	2	11.467	1	12.667	3	60.567	3	*
99	Ada Scott	NW Mansfield	12.733	4	11.600	5	11.300	3	10.267	7	12.000	5	57.900	4	
98	Yvie-Nicole Bonser	NW Mansfield	12.867	1	11.750	4	11.300	3	10.433	6	10.900	10	57.250	5	
97	Adeline Lawrance	Hinckley	12.733	4	11.450	8	10.650	6	9.600	8	12.767	2	57.200	6	
101	Isabella Lambie	Retford	12.533	7	11.300	9	9.950	7	11.133	4	11.900	8	56.817	7	
104	Isla Burrows	The Mill	12.533	7	11.550	6	8.900	9	10.767	5	11.967	6	55.717	8	
106	Emily Dransfield	Witham Hill	12.200	10	11.500	7	9.000	8	8.567	10	11.933	7	53.200	9	
103	Sophia Taylor	T J Boston	12.467	9	11.150	10	8.350	10	9.467	9	11.233	9	52.667	10	

Performance Grade 3 - 12 Years			VAULT	POS	BARS	POS	BEAM	POS	FLOOR	POS	R&C	POS	TOTAL	POS	
107	Cayla Jones	Corby	12.200	7	13.000	1	12.750	1	11.767	1	11.500	5	61.217	1	*
114	Aimee Stewardson	Witham Hill	12.600	3	11.650	3	11.700	3	10.633	6	12.367	1	58.950	2	R
112	Annabelle Lin Jeffs	Robin Hood	12.433	5	10.150	6	12.400	2	11.100	3	12.067	2	58.150	3	
113	Olivia Blanchard	Witham Hill	12.700	2	11.950	2	11.550	4	10.967	4	10.100	7	57.267	4	
108	Callie Greenall	Derbyshire	12.400	6	11.000	4	10.750	6	10.933	5	11.700	3	56.783	5	
109	Nella Skacelova	Hinckley	12.867	1	10.400	5	11.300	5	10.367	7	11.667	4	56.600	6	
111	Sienna Houston	Retford	12.500	4	5.450	7	10.550	7	11.567	2	10.933	6	51.000	7	

Performance Grade 3 - 13 Years			VAULT	POS	BARS	POS	BEAM	POS	FLOOR	POS	R&C	POS	TOTAL	POS	
120	Eva Broughton	<i>Notts</i>	12.433	5	12.400	4	12.000	1	11.233	3	11.767	3	59.833	1	*
116	Martha Ambery	<i>Corby</i>	12.533	4	12.900	2	11.450	2	10.900	4	11.967	1	59.750	2	*
122	Olivia Sunman	<i>Notts</i>	12.633	2	13.150	1	9.900	8	12.033	1	11.533	4	59.250	3	*
115	Sophie Middleton	<i>Coalville</i>	12.367	6	12.500	3	10.350	7	9.833	8	11.800	2	56.850	4	
126	Mia Pirja	<i>Wade</i>	12.600	3	11.900	5	10.700	5	10.533	6	10.900	7	56.633	5	
117	Poppy Bell-Minogue	<i>Derbyshire</i>	12.133	9	10.650	7	11.400	4	11.333	2	11.067	6	56.583	6	
121	Alicja Sadowska	<i>Notts</i>	12.267	7	11.600	6	11.400	3	10.067	7	10.867	8	56.200	7	
118	Francesca Lindley	<i>Matrix</i>	12.833	1	10.250	9	9.800	9	10.800	5	11.500	5	55.183	8	
125	Amelia Faulkner	<i>Robin Hood</i>	12.200	8	10.600	8	10.400	6	8.000	10	9.400	10	50.600	9	
119	Elise Webb	<i>N C A A C</i>	12.133	9	6.900	10	9.050	10	9.600	9	10.000	9	47.683	10	

Performance Grade 3 - 14+ Years			VAULT	POS	BARS	POS	BEAM	POS	FLOOR	POS	R&C	POS	TOTAL	POS	
134	Piper Kemp	<i>Robin Hood</i>	12.733	1	12.000	2	11.100	2	12.433	1	12.233	1	60.500	1	*
135	Freya Norton	<i>T J Boston</i>	12.300	6	11.200	6	11.000	4	10.633	3	11.567	3	56.700	2	
130	Isabelle Linford	<i>Notts</i>	12.733	2	12.750	1	10.800	5	10.500	4	9.500	6	56.283	3	
129	Georgie Shields	<i>N C A A C</i>	12.100	9	8.600	7	11.800	1	10.367	5	11.600	2	54.467	4	
132	Liliana Millan	<i>NW Mansfield</i>	12.233	8	11.700	3	11.100	2	9.533	7	9.300	7	53.867	5	
127	Madison Mclean	<i>Coalville</i>	12.267	7	11.400	4	9.150	9	8.200	8	10.867	4	51.883	6	
128	Ellie Black	<i>Lings Sports</i>	12.600	3	11.400	4	10.600	6	9.567	6	7.700	8	51.867	7	
133	Scarlet Tennyson	<i>NW Mansfield</i>	12.400	4	7.800	8	10.000	7	11.033	2	10.533	5	51.767	8	
131	Georgie Barker	<i>NW Mansfield</i>	12.333	5	4.000	9	9.550	8	6.767	9	7.233	9	39.883	9	

Performance Grade 4 - 13 & 14 Years			VAULT	POS	BARS	POS	BEAM	POS	FLOOR	POS	R&C	POS	TOTAL	POS	
137	Roeshia Claxton	<i>Corby</i>	12.150	6	12.500	1	11.000	1	12.150	1	11.800	1	59.600	1	*
141	Sophia Reed	<i>Notts</i>	12.400	5	11.750	3	9.250	6	11.900	2	11.450	3	56.750	2	*
140	Amelie Reed	<i>Matrix</i>	11.700	9	12.100	2	10.600	2	11.150	3	10.500	6	56.050	3	*
136	Kitty Abell	<i>Coalville</i>	12.600	3	11.750	3	9.800	3	9.950	9	11.650	2	55.750	4	R
142	Holly Thatcher	<i>Notts</i>	12.650	1	10.650	5	9.000	7	10.850	4	10.900	4	54.050	5	
139	Frankie Haigh	<i>Matrix</i>	12.500	4	9.100	7	9.550	5	10.450	7	10.600	5	52.200	6	
144	Phoebe Short	<i>Wade</i>	12.150	6	9.100	7	9.750	4	10.850	4	10.150	7	52.000	7	
143	Greta Trubenova	<i>NW Mansfield</i>	12.000	8	9.950	6	8.500	8	10.200	8	9.250	9	49.900	8	
145	Marnie Thompson	<i>Witham Hill</i>	12.650	1	8.250	9	8.100	9	10.550	6	10.100	8	49.650	9	

Performance Grade 4 - 15+ Years			VAULT	POS	BARS	POS	BEAM	POS	FLOOR	POS	R&C	POS	TOTAL	POS	
153	Katelyn Nicholls	<i>NW Mansfield</i>	12.800	3	11.000	6	11.050	1	11.650	1	10.950	4	57.450	1	*
149	Harriet Schmidt	<i>Derbyshire</i>	12.850	1	12.500	1	10.250	4	11.650	1	10.100	6	57.350	2	*
146	Georgia Brown	<i>Coalville</i>	12.750	4	9.100	7	9.750	6	11.650	1	12.400	1	55.650	3	
150	Jada Chambers-Sheridan	<i>Hinckley</i>	12.850	1	12.100	2	8.900	7	11.350	4	10.150	5	55.350	4	
147	Emilia Dyke	<i>Corby</i>	12.350	7	11.100	5	10.350	3	10.950	5	10.000	7	54.750	5	
154	Neve Bijou	<i>Robin Hood</i>	12.500	6	11.650	3	10.750	2	9.700	7	9.800	8	54.400	6	
152	Jessie Edmunds	<i>NW Mansfield</i>	12.600	5	11.650	3	8.300	8	9.100	8	11.500	2	53.150	7	
148	Jasmine Milward-Wright	<i>Derbyshire</i>	11.750	8	8.200	8	9.900	5	10.450	6	11.450	3	51.750	8	

* East Midlands Team Qualifier

R Reserve for East Midlands Team