

14 Aug

30th Festival

1 Food Drive

KASKAR

DRIVE TO SURVIVE



NG Universiteitsoord



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universiteitsoord.co.za/kaskar

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NG UNIVERSITEITSOORD

Start your engines – we're celebrating 30 years of Kaskar in full throttle style.

This year, we're shifting into a new gear as we introduce our food drive theme:

DRIVE TO SURVIVE

🚩 **Date:** 14 August | 15:00 – 22:00

WHY WE RACE?

Going forward, Kaskar won't just be about speed – **it will be about impact.** We have become increasingly aware of the thousands of UP students that go hungry throughout the year, especially in difficult times like exams and close to the holidays.

That is why we are taking hands with our strategic partners **Life Abundant and Oppistoep** congregations to collect as many as possible non-perishable foods to distribute to any hungry students in need.

We're racing for more than just glory! Your help can make a big difference in fellow students' lives. This is a race against hunger!

It's students helping students!



The DRIVE TO SURVIVE:

We invite all residences, day houses, societies and others, to take part in this year's DRIVE TO SURVIVE!

We encourage every team to collect as many as possible non-perishable foods items. You can use our **grocery list** as a guideline for what types of non-perishables we need to collect. Every team can donate their collections on the 14th of August at Universiteitsoord, 115 Duxbury Road, Hillcrest. There will be prizes up for grabs for the teams with the biggest donations on the day!

KASKAR FUEL UP!

CONTENT PACKING INSTRUCTIONS

Place items in a paper, plastic or material bag.

- 500g POWDERED MILK
- 500g SUGAR
- 200g SOYA MINCE
- 500g SALT
- 500g BEANS
- PEANUT BUTTER
- 500g BEANS
- 1kg SAMP
- 1kg SAMP
- 2.5kg WHITE MAIZE MEAL

Oppistoep

Life Abundant

Your team then also get a free entry to this year Kaskar race. Check out our How-to videos to find out more about the race.

After the race, we will be handing over all the donations to **Life Abundant** and the **Oppistoep congregations**, to distribute all these food parcels to the students in need, on campus and in different churches.

Life Abundant was established within the Faculty of Theology and Religion at the University of Pretoria for the advancement of social transformation and to empower the future.

Oppistoep is the collective name for the churches surrounding Tuks. This includes: NG Universiteitsoord, Elim, St Wilfrid's, Philadelphia and Brooklyn. Their main focus is to serve students

FOOD DRIVE INGREDIENTS

DONATE TODAY. FUEL HOPE. CHANGE LIVES.

01



MAIZE MEAL 2,5 kg

Feeds families and fuels strong communities.



02



SOYA MINCE 200g

Super Soya Mince
Steak & Chops Flavoured
High in protein. Full of energy.



03



WHITE BEANS 500g

Nutritious and filling.
A classic source of plant-based protein.



04



BEANS 500g

Nutritious and filling.
A great source of protein, fibre and energy.



05



POWDERED MILK 500g

Cream Instant Milk Powder
Essential nutrition for growing bodies.



06



PEANUT BUTTER

Smooth
Delicious, creamy, and packed with healthy goodness.



07



IODATED TABLE SALT 500g

Essential for flavour and good health.



08



WHITE SUGAR 500g

Adds sweetness and energy.



09



SAMP 2 x 1kg

A hearty and nutritious staple that brings people together.



TOGETHER WE CROSS THE FINISH LINE
AGAINST HUNGER.

WHAT TO EXPECT ON THE DAY:

Fuel up with great food vendors – from homemade pancakes and boerewors rolls to our coffee house serving freshly baked goods and sweet treats. No pit stop needed; we've got you covered.



THE RACE:

Residences, Day houses and societies will go wheel-to-wheel in a race against time to see how many laps you can complete before the chequered flag drops. It's going to be heart pounding stuff.

Our Formula 1 (aka go-kart 🏎️) track will start in Herold Street and loop around the church. Expect tight corners, fast straights, and zero room for excuses. Will it be your team who stands on top of the podium and lift this year's trophy?

PAST CHAMPIONS:

This will be the 30th annual Kaskar festival. It has always been a special occasion where different students come together for a night full of fun and excitement.

🏆 Main Men's race winners:
2023 – House Mopane
2024 – Sonop
2025 – House Mopane

🏆 Main Ladies Race Winners:
2023 – Curlitzia
2024 – House Mags
2025 – House Mags

Who will crack under pressure? And who will cross the line first to claim the ultimate prize?

REGISTER ON THE DAY

Only one person must register on behalf of your team.

TEAMS

FRIENDLY RACE (17:00)

Friends / Families / Oppistoep
(8-20 per team)

If you are unsure which category to enter, or if you would like to join a team, then this is the place for you!

OPEN RACE (18:00)

Day Houses / Societies / Outreaches / Amicus / Medius / Churches / Commune
(8-20 per team)

MAIN RACE (19:00)

Students Residences
(Minimum 20 per team)

***Please take note that the time trails (to determine your starting position) will be at 18:30. You may enter more than one team per Residence.*

IMPORTANT INFO!

- You may be a member of more than one team and run in more than one race.
- Each race will take about 15 mins.
- Entries open at 15:00 on the day.
- We encourage your team to wear a team uniform. It's great for team spirit!!
- There is only space for 14 teams per race, make sure that your team is one of them.

For more info or if you have any queries, please contact:

Ds. Christian Oberholzer – 082 349 7317

Cara Smit (Student Leader) – 063 003 9679

JC Marritz (Student Leader) – 063 819 1802



COME AND BE PART OF THIS DRIVE – a DRIVE TO SURVIVE!