

Pre-Operative Instructions

TOGETHER WE ARE REDEFINING ORAL SURGERY



- Pre-Operative Eating & Drinking Instructions
 - Do not eat any food for 7 hours before your scheduled surgery.
 - Do not drink anything except water for 6 hours before your scheduled surgery.
 - You may drink plain water up until 2 hours before your scheduled surgery.
 - We encourage you to hydrate well with water in the hours leading up to your fasting period. Being well-hydrated before surgery can make it easier to start your IV, support your recovery, and help you feel better after your procedure.
- A responsible adult must accompany the patient to the office, remain in the office during the procedure, and drive the patient home. Someone should stay with the patient for several hours after the surgery to assist as required.
- The patient should not drive a vehicle or operate any machinery for 24 hours following the anesthesia experience.
- Please wear loose fitting clothing with sleeves that can be rolled up past the elbow and low-heeled and closed toe shoes. Please avoid flip flops and crocs.
- Contact lenses, jewelry, and dentures must be removed at the time of surgery.
- Do not wear nail polish, any makeup, or lipstick on the day of surgery.
- If the patient has an illness such as a cold, cough, sore throat, stomach, or bowel upset, please notify the office prior to the surgery.
- If you take routine oral medications, please check with the doctor prior to your surgical date for instructions. In most circumstances, your medication should be continued the day of your surgical procedure.
- Blood Pressure medications should be taken with a small sip of water. Please do not alter your normal medication schedule unless Dr. instructs you to do so.
- Semaglutide and other GLP-1 medications should be discontinued 1 week before surgery.
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If you have any questions, please call or email.
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