

BREAKFAST

'TIL 11:30AM

FRENCH TOAST / 21

caramelised brioche toast, strawberry & rhubarb compote, vanilla mascarpone & nutty crumble.

MAQUI BERRY BOWL (VEGAN) / 21.9 GFO

ice cool super antioxidant berry bowl, topped with berries, banana, passionfruit & paleo granola.

Add Peanut Butter, Nutella or Biscoff / 3

SUMMER PORRIDGE OATS / 19.9

Oat milk soaked oats, chia pudding, coconut yoghurt & mixed berries (dairy free)

BACON & EGG ROLL / 15.5 GFO (ALL DAY)

served on a toasted potato bun with BBQ sauce.

with avocado / 2 **with cheese** / 1

with beef sausage pattie / 5.5

(also available as a wrap)

SMASHED AVO PITA / 19.9 GFO

smashed avocado, whipped beetroot feta, roquette, sliced radish, cherry tomatoes & balsamic glaze. Served on pita bread.

COOL DRINKS



ICED COFFEE / 9.4 ICED CHOCOLATE / 9.4

served with cream & ice-cream.

COLD BREW / 6

COCO COLD BREW / 6.6

half coconut water, half cold brew over ice.

Add vanilla foam topper / 1

ICED LATTE / 6.6

made with ice, milk & espresso.

ICED BISCOFF LATTE / 9.4

with vanilla cold foam and biscoff crumb.

ICED LONG BLACK / 6

ice, filtered water & espresso.

ICED MATCHA / 7

with ice, milk, matcha & earl grey syrup or plain.

MILKSHAKES / 9.4 KIDS MILKSHAKES / 5

THICKSHAKES / 13

Chocolate, Strawberry, Vanilla, Caramel, Espresso.

Add Malt / 50c

MANGO OR BANANA SMOOTHIE / 12.5

with fruit, ice-cream, honey & milk

ICY FRUIT TROPICAL FRAPPE (dairy free) / 12.5

TURKISH EGGS / 24.7 GFO

Poached eggs with roasted capsicum hummus, eggplant stew, cucumber, pomegranate & garlic yoghurt. Served with a toasted pita.

CHILLI SCRAMBLE / 26 GFO

crispy chilli scrambled eggs with herbed feta, radish, fresh herbs & a lime wedge. Served on sourdough toast.

Add bacon / 6.5

Add salmon (l) / 8

Add avocado / 4

BREAKFAST BENNY * / 20.8 GFO

2 poached eggs, baby spinach, creamy hollandaise & a dust of paprika on an English muffin, with your choice of...

with bacon / 25.4

with smoked salmon (l) / 28.5

BULLRING BREAKFAST COMBO / 20.8 GFO

The classic 2 rashers of bacon, 2 free range poached eggs & a hashbrown on toasted artisan sourdough.

(for scrambled eggs add \$3)

Add beef sausage / 5.5

Add avocado / 4

Add smoked salmon (l) / 8

Add grilled tomato / 5.5

Add hollandaise sauce / 2

Add mushrooms / 5.5

Add hashbrown / 2.5

HOT DRINKS



FLAT WHITE, CAPPUCCINO, LATTE / 6 / 6.5

MOCHA / 6 / 6.5

LONG BLACK / 5 / 5.5

LONG MACCHIATO, SHORT MACCHIATO / 4.5

ESPRESSO / 4

DECAF 100% SWISS WATER PROCESSED / \$1

HOT CHOCOLATE / 5.5 / 6

CHAI LATTE (BOTH GF & DAIRY FREE):

POWDER CHAI / 5.5 / 6

CHAMELLIA 9 SPICE 'STICKY' FRESH CHAI

blended black tea, spices & raw honey / 6 / 6.5

TURMERIC SOY, HONEY LATTE / 6 / 6.5

BABYCINO / 2.5

Extra Espresso Shot +50c

Bonsoy, Almond, Oat or Lactose Free (MilkLab) +\$1

Add Coffee Syrup (vanilla, caramel, hazelnut) +\$1

LONDON FOG / 6.5 (served in a mug)

Earl grey tea & honey, brewed & steamed with oat milk.

.

POT OF TEA / 5.5 (Chamellia)

English Breakfast, Earl Grey, Lemon Grass & Ginger, Peppermint, Chamomile, Gunpowder Green.

OCEAN



FROM 11:30AM

BEACH BUMS FISH & CHIPS / 25.2

beer battered flathead fillets served with crispy chips, garden salad, lemon & tartare sauce. (I)

CALAMARI & CHIPS / 24.5

hand cut, panko crumbed calamari (6) with crispy chips, garden salad, lemon & tartare sauce. (I)

SEAFOOD BASKET / 28.6

2 calamari rings, 2 prawn cutlets, 2 battered flathead fillets & tempura scallop with crispy chips, garden salad, lemon & tartare sauce. (M)

GRILLED FLATHEAD & CHIPS / 29.6 GFO

local Wallis Lake grilled flathead with crispy chips, garden salad, lemon & tartare sauce. (A)

SPRING SALADS



FROM 11:30AM

SUPER GREEN SALAD / 26.3 GFO

kale, avocado, broccolini, gem lettuce, edamame beans, chickpeas, toasted seeds & green tahini dressing.

ROASTED PUMPKIN SALAD / 26.3 GFO

with baby beetroot, crumbled feta, mixed leaves, roasted pepitas, pomegranate seeds & a lemon vinaigrette.

ADD YOUR SALAD PROTEIN...

Halloumi / 6.6

Smoked Salmon (I) / 8

Grilled Chicken / 6.6

Grilled Flathead (A) / 13.2

FOR KIDS OPTIONS SEE SEPERATE GROMS MENU

MENU LEGEND

GFO = Gluten free option
available, extra charge may apply.

SEAFOOD ORIGINS

(A) = Australian

(I) = Imported

(M) = Mixed origin



SNACKS

ALL DAY

GOURMET TOASTED SANDWICHES / 16.9

CHIMMY CHICKEN TOASTIE (GFO)

grilled chicken, chimichurri, cheese, avocado & spinach on sourdough.

FOREST MELT TOASTIE (GFO)

truffle mushrooms, Swiss cheese, spinach & truffle aioli on sourdough.

SALMON SITUATION TOASTED BAGEL

salmon & cream cheese compound, spinach, pickles & dill on a sesame bagel. (I)



HOT CHIPS

SIDE / 6

SMALL / 8.5

GO LARGE / 13.5

POTATO SCALLOP / 3

CHICKEN CAESAR WRAP / 14.5

ROAST VEGETABLE WRAP / 14.5 (vegan)

THE PARIS MELT (CROISSANT) / 12.5

ham, tasty cheese & pecorino in a toasted croissant

BRISKET WRAP / 16.9

BBQ braised beef brisket, spinach, cheese, slaw, pickled onion & a smokey BBQ sauce.

BURGERS

ALL DAY

BEEF, BURGER / 22.9 GFO

hand pressed 100% beef pattie, lettuce, tomato, cheese, beetroot, onion, burger sauce on a potato bun served with a side of chips.

Add an egg / 2.5

Add bacon / 3.5

SOUTHERN FRIED CHICKEN BURGER / 22.9 GFO

crispy golden southern fried chicken, fresh tomato, lettuce & cheese nestled on a potato bun with buttermilk ranch sauce & a side of chips

BARRAMUNDI BURGER / 23.5

grilled barramundi fillet with lettuce, tomato, cucumber, caper mayo, on a potato bun & served with chips. (I)

HALLOUMI BURGER / 22.9 GFO

grilled halloumi, crisp lettuce, fresh tomato, house made pickles & sweet-spicy hot honey aioli, on a toasted potato bun. Served with chips.

TO MAINTAIN PROMPT SERVICE, OUR SMALL KITCHEN CAN NOT ACCOMMODATE MENU CHANGES