

EARLY EATS

TIL 11:30AM

FRENCH TOAST / 17.9

caramelised brioche toast, strawberry & rhubarb compote, vanilla mascarpone & crushed meringue.

MAQUI BERRY BOWL * (VEGAN) / 18.9

ice cool super antioxidant berry bowl, topped with berries, banana, passionfruit & paleo granola.

Add *Peanut Butter, Nutella or Biscoff* / 2.5

COMFORT PORRIDGE choice of...

SPICED POACHED PEAR / 17.9

with nutty crumble, dusting of spices & mascarpone

BRULEE BANANA & SALTED CARAMEL / 19.9

with nutty crumble & vanilla ice cream.

TURKISH EGGS (POACHED OR FRIED) / 22.5

romesco sauce, chorizo, chickpeas, sumac, spiced eggplant, fresh herbs, crispy chilli butter.

Add *sourdough toast* / 3

MUSHROOM VOL-AU-VENT / 20.9

herb roasted mushrooms, creme fraiche, roquette, pecorino.

Add *egg* / 2

CHILLI PRAWN SCRAMBLED EGGS / 28.9

with crumbled feta, radish & fresh herbs on sourdough

COOL DRINKS

ICED COFFEE / 8.5

ICED CHOCOLATE / 8.5

served with cream & ice-cream.

COLD BREW / 6

COCO COLD BREW / 6

half coconut water, half cold brew over ice.

Add *vanilla foam topper* / 1

ICED LATTE / 6

made with ice, milk & espresso.

ICED LONG BLACK / 6

ice, filtered water & espresso.

ICED MATCHA / 6

with ice, milk, matcha & earl grey syrup.

MILKSHAKES / 8.5 KIDS MILKSHAKES / 4.5

THICKSHAKES / 12

Chocolate, Strawberry, Vanilla, Caramel, Espresso.

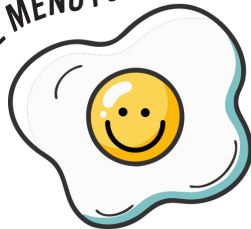
Add *Malt* / 50c

MANGO SMOOTHIE / 11

BANANA SMOOTHIE / 11

ICY FRUIT TROPICAL FRAPPE (dairy free) / 11

SEPERATE MENU FOR KIDS...



BULLRING BREAKFAST COMBO / 18.9

2 rashers of bacon, 2 free range poached eggs & a hashbrown on toasted artisan sourdough.

(for scrambled eggs add \$3)

Add *beef sausage* / 5

Add *avocado* / 4

Add *smoked salmon* / 7.5

Add *grilled tomato* / 5

Add *hollandaise sauce* / 2

Add *mushrooms* / 5

Add *hashbrown* / 2.5

BREAKFAST BENNY * / 18.9

2 poached eggs, baby spinach, creamy hollandaise & a dust of paprika on an English muffin, with your choice of...

with *bacon* / 25.4

with *smoked salmon* / 26.4

BREAKFAST BURRITO / 18.9

braised beef, crispy potato, spinach, egg, cheese & salsa.

BACON & EGG ROLL * / 14.5

served on a toasted milk bun with BBQ sauce.

Also available as a wrap.

Add *avocado* / 2 Add *cheese* / 1

SMASHED AVO PITA / 19.9

smashed avocado, whipped beetroot feta, roquette, sliced radish, cherry tomatoes, balsamic glaze & savoury nut crumble. Served on pita bread.

 We use Alderly Creek free range eggs.

* = Gluten free option available, extra charge may apply.

HOT DRINKS

FLAT WHITE, CAPPUCINO, LATTE / 5.5 / 6

MOCHA, HOT CHOCOLATE / 5.5 / 6

LONG BLACK / 4.5 / 5

LONG MACCHIATO, SHORT MACCHIATO / 4.5

ESPRESSO / 4

DECAF 100% SWISS WATER PROCESSED / \$1

CHAI LATTE (BOTH GF & DAIRY FREE):

POWDER CHAI / 5.5 / 6

CHAMELLIA 9 SPICE 'STICKY' FRESH CHAI

blended black tea, spices & raw honey / 6 / 6.5

TURMERIC SOY, HONEY LATTE / 5.5 / 6

BABYCINO / 2

Extra Espresso Shot +50c

Bonsoy, Almond, Oat or Lactose Free (MilkLab) +\$1

Add Coffee Syrup (vanilla, caramel, hazelnut) +\$1

LONDON FOG / 6

Earl grey tea & honey, brewed & steamed with oat milk. Served in a mug.

POT OF TEA / 5 (Chamellia)

English Breakfast, Earl Grey, Lemon Grass & Ginger, Peppermint, Chamomile, Gunpowder Green.

OCEAN

FROM 11:30AM

BEACH BUMS FISH & CHIPS / 22.9

beer battered flathead fillets served with crispy chips, garden salad, lemon & tartare sauce.

CALAMARI & CHIPS / 21.9

hand cut, panko crumbed calamari (6) with crispy chips, garden salad, lemon & tartare sauce.

SEAFOOD BASKET / 26.9

2 calamari rings, 2 prawn cutlets, battered flathead fillet & tempura scallop with crispy chips, garden salad, lemon & tartare sauce.

GRILLED FLATHEAD & CHIPS * / 26

local grilled flathead with crispy chips, garden salad, lemon & tartare sauce.

SOUPS & SALADS

FROM 11:30AM

SPICED LAMB SALAD * / 28

braised lamb, sweet potato puree, cucumber salad, garlic yoghurt & pita bread.

WARM GRAIN SALAD * / 23.9

pearl barley, roasted farm veggies, toasted nuts & seeds & tahini.

Add braised beef / 8

Add chicken / 6

Add grilled flathead / 12

SOUP OF THE DAY * / 14.9

see specials board...

FOR KIDS OPTIONS
SEE SEPERATE GROMS MENU



ORDER ONLINE
WITH THE BEACH
BUMS APP



* = GLUTEN FREE OPTION AVAILABLE, EXTRA CHARGE MAY APPLY.

BURGERS

ALL DAY

BEEF, BURGER * / 20.9

hand pressed 100% beef pattie, lettuce, tomato, cheese, beetroot, onion, burger sauce & a side of chips.

Add an egg / 2.5

Add bacon / 3.5

SOUTHERN FRIED CHICKEN BURGER * / 20.9

crispy golden southern fried chicken, fresh tomato, lettuce & cheese nestled in a milk bun with buttermilk ranch sauce & a side of chips

BARRAMUNDI BURGER / 20.9

grilled barra pattie with lettuce, tomato, cucumber, caper mayo, on a milk bun & served with chips.

GARDEN GREEN BURGER / 20.9

super green fritter loaded with garden veggies, topped with today's crunchy pickles & a hit of green goddess sauce. Fresh, fun & totally veggie. Served with chips.

SNACKS

(ALL DAY)

CHICKEN CAESAR WRAP / 13.9

ROAST VEGETABLE WRAP / 13.9

THE PARIS MELT (CROISSANT) / 11.9

ham, cheesy bechamel & pecorino in a toasted croissant

GOURMET TOASTED SANDWICHES / 15.9

BEEF LASAGNE TOASTED ROLL

beef brisket, spinach, tomato sauce & cheesy bechamel on a crunchy tiger roll.

CHIMMY CHICKEN TOASTIE

grilled chicken, chimichurri, cheese, avocado & spinach.

FOREST MELT TOASTIE

truffle mushrooms, Swiss cheese & spinach on sourdough.

SALMON SITUATION TOASTED BAGEL

salmon & cream cheese compound, spinach, pickles & dill.

SNACKS

HOT CHIPS with sauce

SMALL / 7.9

LARGE / 12.9

POTATO SCALLOP / 2

TO MAINTAIN EFFICIENT & PROMPT SERVICE,
OUR SMALL BUSY KITCHEN CAN NOT ACCOMMODATE CHANGES