

# EARLY EATS

TIL 11:30AM

## FRENCH TOAST / 17.9

caramelised brioche toast, strawberry & rhubarb compote, vanilla mascarpone & crushed meringue.

## MAQUI BERRY BOWL \* (VEGAN) / 18.9

ice cool super antioxidant berry bowl, topped with berries, banana, passionfruit & paleo granola.

**Add Peanut Butter, Nutella or Biscoff** / 2.5

## PORRIDGE OF THE WEEK

seasonal weekly flavours. see specials board...

## SHAKSHUKA STYLE BAKED EGGS / 22.5

Oven-baked eggs in a rich Mediterranean tomato & five bean stew, roasted vegetables, fragrant herbs, warming spices & cheese. Served with toasted sourdough.

**Add chorizo** / 5

## MUSHROOM VOL-AU-VENT / 20.9

herb roasted mushrooms, creme fraiche, roquette & pecorino. **Add egg** / 2

## BREAKFAST BURGER / 19.9

juicy beef sausage patty, crispy bacon, golden bubble & squeak cake, cheese, spinach & smoky tomato relish on a toasted potato bun.

## COOL DRINKS

**ICED COFFEE** / 8.5

**ICED CHOCOLATE** / 8.5

served with cream & ice-cream.

**COLD BREW** / 6

**COCO COLD BREW** / 6

half coconut water, half cold brew over ice.

**Add vanilla foam topper** / 1

**ICED LATTE** / 6

made with ice, milk & espresso.

**ICED BISCOFF LATTE** / 8.5

with vanilla cold foam and biscoff crumb.

**ICED LONG BLACK** / 6

ice, filtered water & espresso.

**ICED MATCHA** / 6

with ice, milk, matcha & earl grey syrup.

**MILKSHAKES** / 8.5 **KIDS MILKSHAKES** / 4.5

**THICKSHAKES** / 12

Chocolate, Strawberry, Vanilla, Caramel, Espresso.

**Add Malt** / 50c

**MANGO SMOOTHIE** / 11

**BANANA SMOOTHIE** / 11

**ICY FRUIT TROPICAL FRAPPE** (dairy free) / 11

## BULLRING BREAKFAST COMBO / 18.9

2 rashers of bacon, 2 free range poached eggs & a hashbrown on toasted artisan sourdough.

**(for scrambled eggs add \$3)**

**Add beef sausage** / 5

**Add avocado** / 4

**Add smoked salmon** / 7.5

**Add grilled tomato** / 5

**Add hollandaise sauce** / 2

**Add mushrooms** / 5

**Add hashbrown** / 2.5

## BREAKFAST BENNY \* / 18.9

2 poached eggs, baby spinach, creamy hollandaise & a dust of paprika on an English muffin, with your choice of...

**with bacon** / 25.4

**with smoked salmon** / 26.4

## BREAKFAST BURRITO / 18.9

toasted spinach wrap loaded with spiced beef, smoky five bean mix, fresh spinach, melted cheese, smashed avo & a soft fried egg.

**BACON & EGG ROLL \* / 14.5** (also available as a wrap) served on a toasted milk bun with BBQ sauce.

**Add avocado** / 2 **Add cheese** / 1

## SMASHED AVO PITA / 19.9

smashed avocado, whipped beetroot feta, roquette, sliced radish, cherry tomatoes, balsamic glaze & savoury nut crumble. Served on pita bread.

## CHILLI PRAWN SCRAMBLED EGGS / 28.9

with crumbled feta, radish & fresh herbs on sourdough toast.

## HOT DRINKS

**FLAT WHITE, CAPPUCCINO, LATTE** / 5.5 / 6

**MOCHA, HOT CHOCOLATE** / 5.5 / 6

**LONG BLACK** / 4.5 / 5

**LONG MACCHIATO, SHORT MACCHIATO** / 4.5

**ESPRESSO** / 4

**DECAF 100% SWISS WATER PROCESSED** / \$1

**CHAI LATTE (BOTH GF & DAIRY FREE):**

**POWDER CHAI** / 5.5 / 6

**CHAMELLIA 9 SPICE 'STICKY' FRESH CHAI**

blended black tea, spices & raw honey / 6 / 6.5

**TURMERIC SOY, HONEY LATTE** / 5.5 / 6

**BABYCINO** / 2

Extra Espresso Shot +50c

Bonsoy, Almond, Oat or Lactose Free (MilkLab) +\$1

Add Coffee Syrup (vanilla, caramel, hazelnut) +\$1

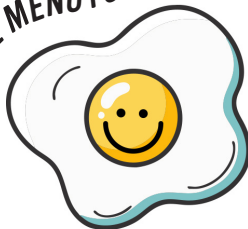
**LONDON FOG** / 6 (served in a mug)

Earl grey tea & honey, brewed & steamed with oat milk.

**POT OF TEA** / 5 (Chamellia)

English Breakfast, Earl Grey, Lemon Grass & Ginger, Peppermint, Chamomile, Gunpowder Green.

SEPERATE MENU FOR KIDS...



# OCEAN

FROM 11:30AM

## BEACH BUMS FISH & CHIPS / 22.9

beer battered flathead fillets served with crispy chips, garden salad, lemon & tartare sauce.

## CALAMARI & CHIPS / 21.9

hand cut, panko crumbed calamari (6) with crispy chips, garden salad, lemon & tartare sauce.

## SEAFOOD BASKET / 26.9

2 calamari rings, 2 prawn cutlets, battered flathead fillet & tempura scallop with crispy chips, garden salad, lemon & tartare sauce.

## GRILLED FLATHEAD & CHIPS \* / 26

local grilled flathead with crispy chips, garden salad, lemon & tartare sauce.

# SOUPS & SALADS

FROM 11:30AM

## SPICED LAMB SALAD \* / 28

braised lamb, sweet potato puree, cucumber salad, garlic yoghurt & pita bread.

## WARM GRAIN SALAD \* / 23.9

pearl barley, roasted farm veggies, toasted nuts & seeds & tahini.

Add halloumi / 6

Add chicken / 6

Add grilled flathead / 12

## SOUP OF THE DAY \* / 14.9

see specials board...

FOR KIDS OPTIONS  
SEE SEPERATE GROMS MENU



ORDER ONLINE  
WITH THE BEACH  
BUMS APP



# BURGERS

ALL DAY

## BEEF, BURGER \* / 20.9

hand pressed 100% beef pattie, lettuce, tomato, cheese, beetroot, onion, burger sauce & a side of chips.

Add an egg / 2.5

Add bacon / 3.5

## SOUTHERN FRIED CHICKEN BURGER \* / 20.9

crispy golden southern fried chicken, fresh tomato, lettuce & cheese nestled in a milk bun with buttermilk ranch sauce & a side of chips

## BARRAMUNDI BURGER / 20.9

grilled barra pattie with lettuce, tomato, cucumber, caper mayo, on a milk bun & served with chips.

## HALLOUMI BURGER / 20.9

grilled halloumi, crisp lettuce, fresh tomato, house made pickles & sweet-spicy hot honey aioli, on a toasted potato bun. Served with chips.

# SNACKS

(ALL DAY)

## CHICKEN CAESAR WRAP / 13.9

## ROAST VEGETABLE WRAP / 13.9

## THE PARIS MELT (CROISSANT) / 11.9

ham, cheesy bechamel & pecorino in a toasted croissant

## GOURMET TOASTED SANDWICHES / 15.9

### BEEF LASAGNE TOASTED ROLL

beef brisket, spinach, tomato sauce & cheesy bechamel on a crunchy tiger roll.

### CHIMMY CHICKEN TOASTIE

grilled chicken, chimichurri, cheese, avocado & spinach.

### FOREST MELT TOASTIE

truffle mushrooms, Swiss cheese & spinach on sourdough.

### SALMON SITUATION TOASTED BAGEL

salmon & cream cheese compound, spinach, pickles & dill.

## SNACKS

### HOT CHIPS with sauce

SMALL / 7.9

LARGE / 12.9

### POTATO SCALLOP / 2

\* = GLUTEN FREE OPTION AVAILABLE, EXTRA CHARGE MAY APPLY.

TO MAINTAIN EFFICIENT & PROMPT SERVICE,  
OUR SMALL BUSY KITCHEN CAN NOT ACCOMMODATE CHANGES