

# EARLY EATS

TIL 11:30AM

## FRENCH TOAST / 17.9

caramelised brioche toast, strawberry & rhubarb compote, vanilla mascarpone & crushed meringue.

## MAQUI BERRY BOWL \* (VEGAN) / 18.9

ice cool super antioxidant berry bowl, topped with berries, banana, passionfruit & paleo granola.

**Add Peanut Butter, Nutella or Biscoff / 2.5**

## COMFORT PORRIDGE choice of...

### SPICED POACHED PEAR / 17.9

with nutty crumble, dusting of spices & mascarpone

### BRULEE BANANA & SALTED CARAMEL / 19.9

with nutty crumble & vanilla ice cream.

## TURKISH EGGS (POACHED OR FRIED) / 22.5

romesco sauce, chorizo, chickpeas, sumac, spiced eggplant, fresh herbs, crispy chilli butter.

**Add sourdough toast / 3**

## MUSHROOM VOL-AU-VENT / 20.9

herb roasted mushrooms, creme fraiche, roquette, pecorino.

**Add egg / 2**

## CHILLI PRAWN SCRAMBLED EGGS / 28.9

with crumbled feta, radish & fresh herbs on sourdough

## COOL DRINKS

### ICED COFFEE / 8.5

### ICED CHOCOLATE / 8.5

served with cream & ice-cream.

### COLD BREW / 6

### COCO COLD BREW / 6

half coconut water, half cold brew over ice.

**Add vanilla foam topper / 1**

### ICED LATTE / 6

made with ice, milk & espresso.

### ICED LONG BLACK / 6

ice, filtered water & espresso.

### ICED MATCHA / 6

with ice, milk, matcha & earl grey syrup.

### MILKSHAKES / 8.5 KIDS MILKSHAKES / 4.5

### THICKSHAKES / 12

Chocolate, Strawberry, Vanilla, Caramel, Espresso.

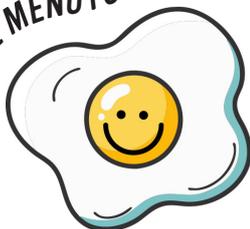
**Add Malt / 50c**

### MANGO SMOOTHIE / 11

### BANANA SMOOTHIE / 11

### ICY FRUIT TROPICAL FRAPPE (dairy free) / 11

SEPERATE MENU FOR KIDS...



## BULLRING BREAKFAST COMBO / 18.9

2 rashers of bacon, 2 free range poached eggs & a hashbrown on toasted artisan sourdough.

**(for scrambled eggs add \$3)**

**Add beef sausage / 5**

**Add avocado / 4**

**Add smoked salmon / 7.5**

**Add grilled tomato / 5**

**Add hollandaise sauce / 2**

**Add mushrooms / 5**

**Add hashbrown / 2.5**

## BREAKFAST BENNY \* / 18.9

2 poached eggs, baby spinach, creamy hollandaise & a dust of paprika on an English muffin, with your choice of...

**with bacon / 25.4**

**with smoked salmon / 26.4**

## BREAKFAST BURRITO / 18.9

braised beef, crispy potato, spinach, cheese & salsa.

## BACON & EGG ROLL \* / 14.5

served on a toasted milk bun with BBQ sauce.

Also available as a wrap.

**Add avocado / 2**

**Add cheese / 1**

## SMASHED AVO PITA / 19.9

smashed avocado, whipped beetroot feta, roquette, sliced radish, cherry tomatoes, balsamic glaze & savoury nut crumble. Served on pita bread.



We use Alderly Creek free range eggs.

\* = Gluten free option available, extra charge may apply.

## HOT DRINKS

### FLAT WHITE, CAPPUCINO, LATTE / 5.5 / 6

### MOCHA, HOT CHOCOLATE / 5.5 / 6

### LONG BLACK / 4.5 / 5

### LONG MACCHIATO, SHORT MACCHIATO / 4.5

### ESPRESSO / 4

### DECAF 100% SWISS WATER PROCESSED / \$1

### CHAI LATTE (BOTH GF & DAIRY FREE):

#### POWDER CHAI / 5.5 / 6

#### CHAMELLIA 9 SPICE 'STICKY' FRESH CHAI

blended black tea, spices & raw honey / 6 / 6.5

### TURMERIC SOY, HONEY LATTE / 5.5 / 6

### BABYCINO / 2

Extra Espresso Shot +50c

Bonsoy, Almond, Oat or Lactose Free (MilkLab) +\$1

Add Coffee Syrup (vanilla, caramel, hazelnut) +\$1

### LONDON FOG / 6

Earl grey tea & honey, brewed & steamed with oat milk. Served in a mug.

### POT OF TEA / 5 (Chamellia)

English Breakfast, Earl Grey, Lemon Grass & Ginger, Peppermint, Chamomile, Gunpowder Green.

# OCEAN

FROM 11:30AM

## BEACH BUMS FISH & CHIPS / 22.9

beer battered flathead fillets served with crispy chips, garden salad, lemon & tartare sauce.

## CALAMARI & CHIPS / 21.9

hand cut, panko crumbed calamari (6) with crispy chips, garden salad, lemon & tartare sauce.

## SEAFOOD BASKET / 26.9

2 calamari rings, 2 prawn cutlets, battered flathead fillet & tempura scallop with crispy chips, garden salad, lemon & tartare sauce.

## GRILLED FLATHEAD & CHIPS \* / 26

local grilled flathead with crispy chips, garden salad, lemon & tartare sauce.

# SOUPS & SALADS

FROM 11:30AM

## SPICED LAMB SALAD \* / 28

braised lamb, sweet potato puree, cucumber salad, garlic yoghurt & pita bread.

## WARM GRAIN SALAD \* / 23.9

pearl barley, roasted farm veggies, toasted nuts & seeds & tahini.

**Add braised beef / 8**

**Add chicken / 6**

**Add grilled flathead / 12**

## SOUP OF THE DAY \* / 14.9

see specials board...

FOR KIDS OPTIONS  
SEE SEPERATE GROMS MENU



ORDER ONLINE  
WITH THE BEACH  
BUMS APP



\* = GLUTEN FREE OPTION AVAILABLE, EXTRA CHARGE MAY APPLY.

# BURGERS

ALL DAY

## BEEF, BURGER \* / 20.9

hand pressed 100% beef pattie, lettuce, tomato, cheese, beetroot, onion, burger sauce & a side of chips.

**Add an egg / 2.5**

**Add bacon / 3.5**

## SOUTHERN FRIED CHICKEN BURGER \* / 20.9

crispy golden southern fried chicken, fresh tomato, lettuce & cheese nestled in a milk bun with buttermilk ranch sauce & a side of chips

## BARRAMUNDI BURGER / 20.9

grilled barra pattie with lettuce, tomato, cucumber, caper mayo, on a milk bun & served with chips.

## GARDEN GREEN BURGER / 20.9

super green fritter loaded with garden veggies, topped with today's crunchy pickles & a hit of green goddess sauce. Fresh, fun & totally veggie. Served with chips.

# SNACKS

(ALL DAY)

## CHICKEN CAESAR WRAP / 13.9

## ROAST VEGETABLE WRAP / 13.9

## THE PARIS MELT / 11.9

ham, cheesy bechamel & pecorino in a toasted croissant

## GOURMET TOASTED SANDWICHES / 15.9

### BEEF LASAGNE TOASTIE

beef brisket, spinach, tomato sauce & cheesy bechamel on a crunchy tiger roll.

### CHIMMY CHICKEN TOASTIE

grilled chicken, chimichurri, cheese, avocado & spinach.

### FOREST MELT TOASTIE

truffle mushrooms, Swiss cheese & spinach on sourdough.

### SALMON SITUATION TOASTED BAGEL

salmon & cream cheese compound, spinach, pickles & dill.

## SNACKS

### HOT CHIPS with sauce

SMALL / 7.9

LARGE / 12.9

### POTATO SCALLOP / 2

TO MAINTAIN EFFICIENT & PROMPT SERVICE,  
OUR SMALL BUSY KITCHEN CAN NOT ACCOMMODATE CHANGES