



## HSC & Hockey Skills

### ASSUMPTION OF RISK, WAIVER OF LIABILITY & INDEMNITY AGREEMENT

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#### 1. PARTIES RELEASED

For the purposes of this Agreement, the term “Released Parties” includes HSC & Hockey Skills, Camrose Sport Society, and all owners, directors, officers, employees, contractors, coaches, trainers, volunteers, representatives, sponsors, affiliates, and facility owners or operators where HSC activities occur.

#### 2. ACKNOWLEDGEMENT OF RISK

I understand and acknowledge that participation in strength and conditioning training, hockey training, shooting and stickhandling sessions, fitness activities, mobility work, speed and agility drills, use of gym equipment, turf activities, and any other HSC-related activities involves inherent risks including serious injury, permanent disability, or death.

#### 3. WAIVER AND RELEASE OF LIABILITY

In consideration for being permitted to participate in HSC activities, I fully release and discharge the Released Parties from any and all claims, demands, actions, damages, losses, costs, or liabilities arising from participation in HSC activities, including claims arising from negligence to the fullest extent permitted by Alberta law.

#### 4. MEDICAL FITNESS

I confirm that I am physically and medically capable of participating and will inform HSC staff of any medical conditions, injuries, or limitations that may affect participation.

#### 5. MEDICAL TREATMENT AUTHORIZATION

In the event of injury or medical emergency, I authorize HSC staff or representatives to obtain emergency medical treatment deemed necessary. Any resulting medical expenses are my sole responsibility.

#### 6. EQUIPMENT AND FACILITY USE

I agree to use all equipment safely, follow coach instructions, respect the facility and participants, and report unsafe conditions immediately.

## 7. PHOTO AND MEDIA RELEASE

I grant HSC permission to use photographs, video, or recordings taken during participation for promotional and marketing purposes without compensation. I may opt out in writing.

## 8. INDEMNIFICATION

I agree to indemnify and hold harmless the Released Parties from claims, damages, costs, or legal fees arising from my actions, my child's actions, or breach of this Agreement.

## 9. MINOR PARTICIPANTS

If the participant is under 18 years of age, the parent or legal guardian signing below agrees to all terms individually and on behalf of the minor participant.

## 10. GOVERNING LAW

This Agreement shall be governed by the laws of the Province of Alberta and the laws of Canada applicable therein.

## 11. ACKNOWLEDGEMENT

I HAVE READ THIS AGREEMENT CAREFULLY. I UNDERSTAND THAT BY SIGNING IT, I AM GIVING UP CERTAIN LEGAL RIGHTS INCLUDING THE RIGHT TO SUE.

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Participant Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Participant Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/Guardian Name (if under 18): \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

[www.hscandhockeykills.com](http://www.hscandhockeykills.com)