



COACHES GUIDELINES

ONE CLUB. ONE VISION. LIMITLESS POSSIBILITIES.



COACHES GUIDELINES

The coaches responsibility is to oversee the team, the players, and the parents in accordance with the club's guidelines.

- Coaches should remember that our players and parents are customers, and we need to treat them accordingly. Please make sure to mix in positive encouragement with constructive criticism. We want practice to be fun but challenging and customized to their level, so they work hard but want to come back and continue to play with our club. These are NOT pro teams, they are NOT getting paid...they are paying US.
- Coaches should understand that the Elite League status has been given to the club based on its history, accomplishments, structure and professionalism. Coaches who are involved with this program have been given the unique opportunity to coach these elite teams by the club.
- Coaches should encourage players/parents to respect the officers/volunteers of the club. They need reminders that these people work very hard on their behalf. Keep in mind that playing for our club is a privilege and not a right.



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- Coaches should only use/share club documents or club approved. These documents are the property of the club and cannot be shared with any one outside entity. Any written material for the purpose of distribution to the members must be approved by the club.
- Serve as a role model for players, parents, and the broader community.
- Be aware of AED location at fields, and prioritize player health and safety at all times.
- Promote the club's brand, values, and image positively in public settings and on social media.
- Attend all required coaching meetings, clinics, and workshops held by the club.
- Pursue ongoing coaching licenses and certifications as encouraged by the club.
- Coaches must comply with all club policies and U.S. Soccer standards. Violations of these guidelines may lead to disciplinary action, including suspension or removal from the club.
- Coaches should maintain a strictly professional relationship with parents. Socializing with parents can give the wrong impression to other members.



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- Coaches should not directly contact league office or their officers. All communication must go through the club. This policy also applies to the parents on the team, they must not contact league directly. Our club must speak "with one voice".
- Dress appropriately in club-approved attire. Coaches should wear the proper club's sponsor's gear, including shoes at training. In cold weather wear only black warm-ups or black jacket.
- Maintain up-to-date background checks and fulfill all required certifications.
- Represent Springs SC with pride and professionalism at all events, games, and interactions.
- Be open to feedback and committed to continuous improvement.
- Coaches should not use their cell phone on the field, either at training or games. Please shut off the cell phone 10 minutes prior to your training and an hour prior to your game time. This is what you are asking the players to do, so be a good example yourself.



COACHES GUIDELINES - TRAINING

- Plan and deliver structured, age-appropriate training sessions.
- Coaches should participate in training by teaching and coaching and not standing on the sideline and merely watching. (Participating means coaching, giving structure and tactical options if needed. Players cannot solve all of the problems on their own.)
- Coaches should vary their training while maintaining the same objectives. Players get bored doing the same thing repeatedly.
- Positive reinforcement coaching practices, but allow for constructive criticism/feedback.
- Follow the club's tactical periodization and training model.
- Arrive 30 mins. before training sessions for proper training set-up.
- Maintain an organized and safe training environment.
- Coaches should follow the training guidelines for players with regard to attending practices, wearing the correct equipment, and etc. These rules must apply to EVERY player regardless of their significance to the team. Always remember that parents and others are noticing such things.
- Coaches should prevent parents from entering the fields during the training. If a meeting is supposed to occur, select a neutral location at the facility.



COACHES GUIDELINES — GAME MANAGEMENT

- Arrive 1 hour before kick off for games. (1.5 hours before kickoff for games 3+ hours away).
- Parents or team managers are not allowed on the sidelines during games. Unless someone is approved by the club/directors as an assistant coach.
- Game Day rosters must be submitted to the team and league by the appropriate time.
- Create and organize game day/weekend itineraries when necessary.
- Providing game day rules and club policies to the players.
- Players can not wear any jewelry during game days.
- Make sure the bench looks professional, bags are in an organized line, players wearing proper gear.
- All Players & Staff must wear the appropriate game day attire. Players must always have both kits in their bags in case uniforms need to be changed.
- Enforcing the 48 hour rule with parents after games or practices. If it's emergency the parents should contact the coach by phone away from the fields.



COACHES GUIDELINES — TEAM MANAGEMENT

- Conduct player IDP meetings with the players throughout the year per club guidelines.
- Ensure all players receive equal attention and development opportunities in training.
- Provide regular feedback to players and parents when appropriate.
- Continuously evaluate and track player progress.
- Coaches should check with the club before entering the teams in any event other than any required event (league, play-offs, National Championship).
- Manage and Oversee 10-month calendar, games & sessions.
- Coaches should monitor the finances of their team and communicate with the manager accordingly. This include club dues and teams budgets/fees.
- For disciplinary matters involving a player, consult with the club before taking any action.
- Coaches should follow all club policies in regard to traveling.



COACHES GUIDELINES - COMMUNICATION

Effective communication is essential in a youth soccer club, including clear communication within the club, consistent messaging to teams, and a reliable connection with players & the families.

- Oversee and manage all communication platforms with teams and the club.
- Respond to parent and club communications in a timely and respectful manner.
- Maintain open communication with the Club's Directors on player and team concerns, parent issues, player movement, and hardships.
- Ensure, weekly, monthly, and seasonal information is communicated appropriately to provide families time to prepare for team schedules.
- Use clear, positive, and age-appropriate language when speaking with players and parents.
- Coaches should conduct a minimum of 3 team meetings per year to provide feedback and updates. Additional meetings may be scheduled as needed to address important club information or events.
- Report and document all injuries; communicate with the player, family, and healthcare professionals as needed.
- Coaches are expected to track and remain attentive to player attendance.