



SPRINGS SOCCER CLUB

Medical Emergency Action Plan

In partnership with Joe DiMaggio Children's Hospital [U18] Sports Medicine

Below are specific instructions and expectations for the event, including Emergency Action Plans that **MUST** be discussed prior to the start of the first game with your site director.

Please read thoroughly, print document, and keep with you.

In the event of a medical emergency, please call 911!

Joe DiMaggio Children's Hospital (JDCH) [U18] Sports Medicine Athletic Trainers will be onsite to handle regular player care for pre & post event needs as well as to tend to any injury an athlete may encounter during competition. Any needs such as injury evaluation, taping, icing, wrapping, and other non-emergent medical needs will be handled by the athletic trainer on-site. JDCH [U18] Sports Medicine athletic trainers will advise on whether play can/should be continued by an injured athlete. The thought/impression of the athletic trainer should not be taken as a medical diagnosis, but rather a highly qualified thought of the involved injury. A true medical diagnosis must come from a licensed physician. If it is an injury where the athletic trainer does not feel comfortable clearing the athlete to return to competition, return to play clearance will be determined by a licensed physician.

Park Locations (Closest EDs and Urgent Care Centers)

If a parent would like to be referred to the closest Memorial Healthcare System facility or JDCH, please refer to the ER Referral Directions for instructions on how to expedite care. (Note these locations are in Broward County and requests to expedite a visit may only work if it is not a true emergency situation.)

PARK	PARK ADDRESS
Cypress Park	1301 Coral Springs Dr, Coral Springs, FL 33065
CLOSEST URGENT CARE	CLOSEST ER
PM Pediatric Urgent Care 2901 Coral Hills Dr, Ste 200, Coral Springs, FL 33065 Phone: (954) 951-0008 Hours: Sun-Sat 9am-6pm	Broward Health Coral Springs 3000 Coral Hills Drive, Coral Springs, FL 33065

Site Director / Contact Information

NAME	ROLE	PHONE	EMAIL
Marcelo Valdivia	MLS NEXT Academy Director	(305) 968-9170	marcelo.valdivia142@gmail.com
Camoy Williams	Boys NAL / N1 & EDP Director	(954) 531-9618	camoy@myyahoo.com
Jordan Edouard	Girls U12 - U19 Director	(954) 756-0994	ifit.jordan@gmail.com
Gabriela Molina	Admin. & Operations Director / Uniforms & Team Managers	(954) 507-2892	gmolina40@gmail.com
Billy Rivera	Referee Assignor	(786) 351-4394	brivera@tournamentsuccessgroup.com
Brinlee Foreman	Finance Director & Financial Aid	(513) 356-5951	rlcsocceroffice@gmail.com

Game Day Operations

- Site/tournament director will provide you with:
 - A tent and a cooler with emergency ice for AT use only.
 - JDCH medical kit and JDCH first aid feather flag and/or banner.
 - Site dependent: polar pod and/or portable JDCH AED.
- It is the ATHLETIC TRAINER'S responsibility to:
 - Put up and take down the feather flag and/or banner at the beginning/end of each day/tournament.
 - Let the JDCH Athletic Training Coordinator/Program Manager know if a kit is running low on supplies at the end of the night.
 - Speak with the site director at the start of their shift to obtain contact information and to locate the nearest AED within the park in the event of an emergency — and text this information to the Athletic Training Coordinator and/or Program Manager at the start of every shift.

Medical Time Out

At the beginning of your shift the AT must have a conversation with the site director and referees (if available) to review how injuries will be treated, how EMS is activated if needed and the roles each person will play, where the AED is located, weather monitoring, and to be sure everyone is aware that fire lanes are kept open in the event EMS is activated.

Activating EMS

Discuss the following procedures in the event 911 is activated:

- The following injuries constitute a medical emergency and require immediate medical attention:
 - Blockage or stoppage of airway, breathing, or circulation
 - Loss of consciousness
 - Any type of seizure
 - Severe bleeding and/or severe fracture, dislocation or deformity
 - Any injury to the head, neck or spine
 - Heat illness causing a change in facial color or appearance, extreme fatigue, disorientation, and/or loss of consciousness
 - Diabetic emergency, severe asthma, or allergy attacks
- **Roles and Responsibilities during a Medical Emergency**
 - **JDCH Athletic Trainer**
 - Assess athlete(s) and decide if advanced medical help is needed.
 - Make sure the athlete is not moved until they are sure no serious injury has occurred.
 - Instructs coach, site director, or event personnel to activate EMS (911).
 - Performs any first aid/CPR if required.
 - **Tournament Director / Other Staff / Referee**
 - Controls the crowd, including concerned parents of the athlete.
 - Recruits help to the scene if needed.
 - Calls EMS if the athletic trainer instructs, or if there is no athletic trainer on site — give clear directions to access the field.
 - Meets EMS and makes sure they have a clear pathway to the injured athlete.
- **Activate Emergency Services:**
 1. If a cell phone is available, all calls will be made from the scene. If a cell phone is not available, the nearest staff member with a phone will call EMS.
 2. Talking to EMS:
 - a. Dial 911 and indicate the exact address.
 - b. Include your name, location (park name and field #), and telephone number of the person calling.
 - c. State the nature of the emergency — life-threatening or limb-threatening.
 - d. State the condition of the athlete and any first aid treatment administered (CPR, AED, stabilizing C-Spine, etc.).
 - e. Provide specific directions to your location.
 - f. Stay with the athlete until EMS arrives and provide any additional information requested by the dispatcher.
 3. The certified athletic trainer will stay with the athlete.

4. Once EMS has been activated, the secondary coach or staff must inform the park ranger that emergency personnel are on the way so they can provide additional assistance.
5. Ask emergency personnel where the athlete will be transported.

Documentation

Use the following link for documenting and requesting appointments:

<https://mhsws.mhs.net/production/forms/fc/#/injuryreport>

- Under additional comments, please include your name, field number, injury time, primary language, and whether EMS was activated.
- Document and submit all injuries you evaluate during the course of your shift using the website. All reports will receive a call back Monday morning.
- Always give parents an option of where to receive care. The script should always inform the caregiver that although we can expedite their appointment with [U18], they can also go to any provider or hospital they would like.
- **All treatment (ice, band aid, evaluation, etc.) must be documented on the sign-in sheet provided in the medical kit or by email.**

Lightning

Please inform the site director if lightning is within **10 miles** so that together a decision may be made about seeking shelter. At **6 miles**, or once the park lightning alarms sound, please seek shelter immediately either in a vehicle or concrete building!

- The on-site lightning detector should always be followed.
- If the lightning detector has not sounded and the weather app is reporting lightning within a 6-mile range, notify the site director and the game should be postponed.
 - If play continues and you do not feel safe, notify your site director that you will take shelter in your vehicle until it is safe to be on the field.

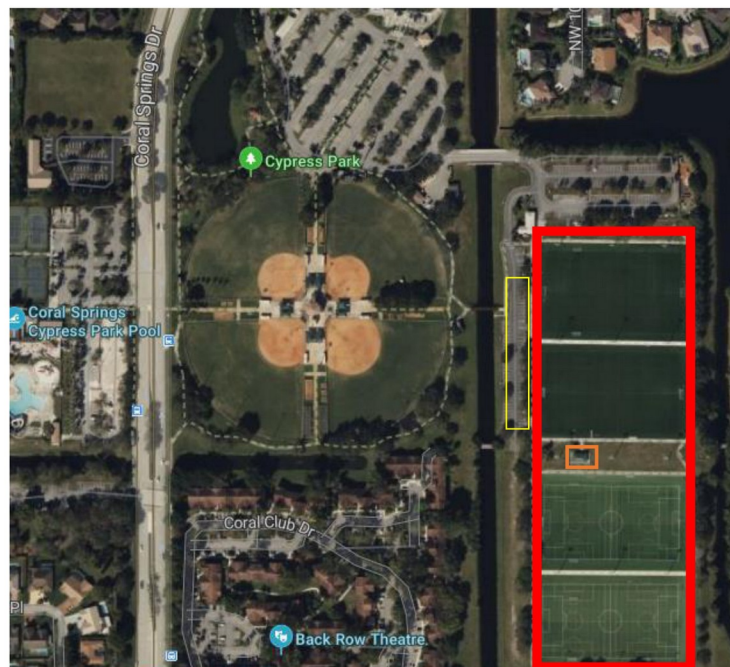
Concussions

Your kit will have a QR code for the HEADS-UP concussion fact sheet by the CDC. Please share this code with parents or caretakers of any athlete suspected of suffering from a concussion so they are aware of the signs and symptoms.

- Always educate the parent/guardian to follow up with their pediatrician or a concussion specialist for proper clearance to return to sport, and to go to the ER if symptoms worsen.

Please document your conversation with the parent in the injury report.

Park Map Layout



Red = Fields Orange = AED Yellow = Parking

ER Referral Directions (For Athletic Trainer use only)

If it is not a medical emergency but you feel an athlete should be seen at an ER and not wait until Monday, you may direct them to the nearest ER or a Memorial / Joe DiMaggio ER facility. If referring to a Memorial / Joe DiMaggio ER, please call the ER at the number below and follow the referral directions. This will expedite their wait in the ER.

Memorial Hospital Miramar = 954-538-5102

1901 Southwest 172 Avenue, Miramar, FL 33029

Memorial Hospital West = 954-844-1000

703 North Flamingo Road, Pembroke Pines, FL 33028

Memorial Hospital Pembroke = 954-883-8855

7800 Sheridan Street, Pembroke Pines, FL 33024

Memorial Pembroke 24/7 Care Center = 954-276-6501

801 South Douglas Road, Pembroke Pines, FL 33025

Joe DiMaggio Children's Hospital = 954-265-3482 (Trauma: 954-265-8084)

1005 Joe DiMaggio Drive, Hollywood, FL 33021

Memorial Urgent Care Center West = 954-276-1286

16620 Sheridan Street, Pembroke Pines, FL

Memorial Urgent Care Center East = 954-276-1565 or 954-276-1562

1740 Sheridan Street, Hollywood, FL

Memorial Urgent Care Center PSN = 305-682-2626

8665 NW 186 Street, Hialeah, FL

Information for the Emergency Department When Calling In an Athlete

- Introduce yourself as a Joe DiMaggio Children's Hospital Athletic Trainer and give your name.
- Ask to speak with the clinical manager.
- Say you have an athlete on the way and you would like to place him or her on the "expect" list.
- Give the athlete's name and age or date of birth.
- Provide the reason for the referral.
- Call if you need additional assistance.