



GRAFTON COUNTY SENIOR CITIZENS COUNCIL, INC.

Annual Report 2024



THANK YOU...

*to all of our generous funders!
You make it possible for
GCSCC to provide the essential
programs & services described
in this report.*

THE PURPOSE OF...

*Grafton County Senior Citizens
Council is to develop, strength-
en, and provide programs
and services that support the
health, dignity, and indepen-
dence of older adults and
adults with disabilities living
in our communities.*

The Grafton County Senior Citizens Council (GCSCC) provides critical services for older adults and adults with disabilities living in every town in Grafton County, as well as surrounding communities. In fact, GCSCC is the **only** organization in Grafton County providing the array of services described in this report. Yet, doing so is becoming increasingly challenging.

GCSCC ended fiscal year 2024 with a deficit, and we expect the same for fiscal year 2025.

Funding from state and federal government is not keeping pace with the cost of doing business. "Level funding" is a misnomer. Receiving the same amount of government funding year to year does not take into account the increasing expenses including wages, food, supplies, vehicles, and utilities.

Financially strained nonprofit organizations are making inevitable operational changes, and GCSCC is no exception. We hope you'll agree with us, after reviewing this report, that GCSCC is providing much-needed services for community members throughout our region. If you agree that any reduction in services would be harmful to those who rely on GCSCC, please support our efforts by donating today.

Thank you for supporting the work being done by GCSCC to help our neighbors remain safely in their homes as they age.

With gratitude,

William V. Geraghty

Bill Geraghty, President

Kathleen Vasconcelos

Kathleen Vasconcelos, Executive Director

PROGRAMS & SERVICES by the numbers

Throughout 2024 our team provided:

204,593 MEALS

19,729 RIDES

32,033 ACTIVITIES & PROGRAMS

8,026 OUTREACH & COUNSELING VISITS

4,184 WELLNESS CALLS

513 VOLUNTEERS WORKED
32,864 VOLUNTEER HOURS

6,000+ PEOPLE SERVED

WE PROVIDE SERVICES FOR RESIDENTS
OF EVERY TOWN IN GRAFTON COUNTY.

ALL SERVICES ARE FREE

2023-2024

Board of Directors

- Bill Geraghty, Hanover / *President*
- Dean Cashman, Lebanon / *Treasurer*
- Martha Richards, Holderness / *Secretary*
- Neil Castaldo, Hanover
- Lori Fortini, Lebanon
- Bill Karkheck, Bridgewater
- Dave McLure, Littleton
- Doug Menzies, Littleton
- Bob Muh, Littleton
- Natalie Murphy, Bridgewater
- Christine St. Laurent, Campton
- Laura Sheers, Thornton

STEPHEN MARION

A long-time supporter of GCSCC, Stephen Marion passed away on August 5, 2024. Steve served on the Board of Directors for more than seven years and was active on the Governance and Strategic Planning committees. Steve's deep commitment to GCSCC's work made him a strong advocate for the people we serve. His leadership role with our organization put him in a position to help guide GCSCC, and we continue to benefit from his leadership, commitment, and generosity. Steve's legacy carries on, even as we continue to miss him deeply.

Nutrition is a core service provided by GCSCC. Our older neighbors are particularly vulnerable to food insecurity as they face health challenges and rising food prices. By providing nutritious meals and wellness checks each weekday, GCSCC helps to improve the overall health and well-being of our community members. Our nutrition programs include:

- Home-delivered meals
- Grab & Go meals
- Congregate meals

On-Demand, Door-to-Door Transportation is especially crucial for adults aged 60+, as it allows them to maintain independence, access essential services like healthcare, participate in social activities, and appreciate a sense of freedom. When the day comes that they can no longer drive, reliable transportation is key to ensuring safety and quality of life. GCSCC's fleet of buses travel to every town in Grafton County and are wheelchair accessible.

Senior Center Activities & Socialization Programs significantly contribute to overall well-being by combating loneliness, promoting physical activity, and providing a sense of belonging. This has a huge impact on reducing the risk of depression and psychological issues associated with aging. These programs are broken down into 3 primary categories:

- **Health:** multiple exercise options, health discussions, classes
- **Creative and Recreational:** art, music, crafts, dance, hobbies, games
- **Informative:** seminars, special speakers, computer training, tax prep

Outreach & Social Services provide vital support systems and access to essential resources. This includes assistance with daily living needs, complex healthcare navigation, mental health support, and community connection programs, to name a few.

Grafton County Aging and Disability Resource Center

(formerly ServiceLink), sponsored by GCSCC, provides expert counseling, with specialists in Medicaid, Medicare, caregiver support, information and referrals. ADRC staff are the only certified Medicare counselors in NH.

Volunteer Opportunities are numerous and include those offered through RSVP (an AmeriCorps Seniors project): Chore Corps, Good Morning phone calls, and Bone Builders exercise classes.





WAYS TO SUPPORT OUR MISSION

Donate

One time or monthly, online or check; tax-deductible.

Honor Someone Special

Celebrate friendship and meaningful interaction with a special donation.

In Loving Memory

Give a gift in the memory of a loved one, dear friend, or respected colleague.

Legacy Society

Support GCSCC's mission without giving up assets during your lifetime. See www.gcsc.org/legacy-giving for details.



LEGACY SOCIETY

Become a Sponsor

For options, contact James Carroll, 603-448-4897 or jcarroll@gcsc.org.

Spread the Word

Become a GCSCC ambassador by telling others about our mission.

Looking Ahead by Giving Back / ROBERT B. MUH

One of Bob Muh's favorite quotes is attributed to the late Helen Walton: "It's not what you gather in life, but what you scatter in life, that tells what kind of life you have lived". Bob considers himself to have been uniquely fortunate throughout his life, and sharing his time, talents, and financial resources with others has always been of great importance.



A native of New Jersey, Bob attended the United States Military Academy at West Point, NY. Following his active duty service, Bob attended Boston College Law School. Called to continue in public service, with a J.D. degree in hand, he joined the Criminal Justice Bureau of the NH Attorney General's Office. Thereafter, he accepted a position as Clerk of the Grafton County Superior Court, from which he retired in 2011.

Bob and his wife Alice, who have two grown children and six grandchildren, moved to Littleton 37 years ago. Since then, Bob has been active in a multitude of volunteer roles in the community, including service on the Littleton Area Senior Center Advisory Council and the GCSCC board of directors. His three years as board president were marked by two particularly notable events: the onset of COVID-19 and the very successful "Half Century" fundraising campaign and anniversary celebration.

Over the last 13 years, GCSCC has benefited from Bob and Alice's philanthropy—both in time and treasure. These gifts have included volunteering, memorial gifts, honorary gifts, direct gifts to the centers, annual campaign donations and holding donor events at their home. They have also used another popular giving option: the donation of appreciated stock. Using this option can be highly beneficial in that GCSCC receives the full value of the security while the donor avoids the tax consequences of substantial capital gains. Going forward, they plan to make liberal use of required minimum distributions from tax-deferred accounts as yet another tax-planning strategy. The community continues to benefit from their generosity.



Audited Financials for Fiscal Year Ended September 30, 2024

ASSETS / CURRENT ASSETS	
Cash and Cash Equivalents	\$242,154
Investments	\$373,401
Accounts Receivable	\$634,921
Grants Receivable	\$105,697
Inventories (raw foods, prepared meals)	\$16,811
Prepaid Expenses	\$25,297
Total Current Assets	\$1,398,281

LAND, BUILDINGS & EQUIPMENT AT COST	
Land, Buildings and Improvements	\$3,488,529
Equipment	\$282,349
Vehicles	\$762,498
Improvements in Progress	\$100,481
Accumulated Depreciation	(\$2,534,891)

LONG-TERM ASSETS	
Right of Use (Operating Lease)	\$36,545
Investment Endowments	\$819,277
Total Assets	\$4,353,069

LIABILITIES & NET ASSETS/CURRENT LIABILITIES	
Accounts Payable	\$61,266
Accrued Expenses	\$225,342
Operating Lease Liabilities (Current Portion)	\$7,459
Long Term Liabilities	\$19,945
Total Liabilities	\$314,012

NET ASSETS	
Without Donor Restrictions	\$3,708,873
With Donor Restrictions	\$330,184
Total Net Assets	\$4,039,057
Total Liabilities and Net Assets	\$4,353,069

CONTRIBUTIONS	
Local Government Agencies (county & towns)	\$398,646
Governmental Programs (state, NSIP, HCBC, RSVP)	\$2,134,892
Fundraising (philanthropic)	\$652,551
Program Participants & Senior Activities	\$175,950
Other Grants and Contracts	\$196,463

OTHER SUPPORT	
Miscellaneous Income (misc. & interest)	\$8,797
Rental Revenue	\$8,265
In-kind Donations	\$205,678
In-kind Rental Revenue	\$35,500
Subtotal Revenue	\$3,816,742

NON-OPERATING GAINS & LOSSES	
Investment Transfer	\$32,749
Net Investment Bank Fees	\$10,214
Net Realized Gain on Investment	\$188,854
Net Gain on Disposal of Fixed Assets	\$567
Total Non Operating	\$232,384
Total Revenue and Other Supports	\$4,049,126

EXPENSES	
Program Services	\$3,024,230
Management and General Operations	\$1,137,420
Fundraising	\$96,872
Total Expenses	\$4,258,522

CHANGE IN NET ASSETS	
Net Increase (Decrease)	(\$209,396.00)



DONORS

Grafton County Senior Citizens Council is grateful to the following contributors for their generous gifts, received in fiscal year 2024 (October 1, 2023–September 30, 2024).

\$10,000+

Charles Foundation
Cogswell Benevolent Trust
Couch Family Foundation
Dartmouth Hitchcock Medical Center
William and Kathleen Geraghty
Leah Gray estate
Hypertherm HOPE Foundation
Stephen R. Marion
Douglas M. and Mary H. Menzies
New Hampshire Charitable Foundation
Speare Memorial Hospital
The Jack and Dorothy Byrne Foundation
The Joan L. & Robert C. Gilkison Family Foundation
James W. and Lucinda Varnum
Woodsville Guaranty Savings Bank
Ashton R. J. Wyllie

\$5000-9999

Gregory and Margaret Connors
Peter S. Fishell estate
Help Is Passed On Fund of the New Hampshire Charitable Foundation
Hines Liebrand Fund at Schwab Charitable
Joe and Margo Longacre
David and Wanda McLure
Robert and Alice Muh
Peter J. McLaughlin and Jane Kitchel
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\$1000-4999

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Joel and Cathy Bedor
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Edward Densmore and Kathleen Lovett
Dubois Charitable Trust
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Timothy J. and. Kathleen D. Vaughan
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WellSense Health Plan
Willing Workers Society of Sugar Hill

\$250-999

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Mary Helen Bentley
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Community Charity Fund of Garnet Hill
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Richard and Susan Fienberg
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First Congregational Church of Littleton
John and Rebecca Foster
Paul and Frances Gardent
Michael A. Girouard
Hannaford Fight Hunger Bag Program
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The Utility Club of Lyme
Those Guys of Lyme
Charles L. and Jean Townsend
C. Harrison and Margaret Trumbull
Dr. Georgia Tuttle
Vermont Community Foundation
Justin J. Walsh

Up to \$249

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John and Charlene Aldrich
Norman Allaire and Mabel Mackie
Amica's Corporate Social Responsibility Team
An Affair To Remember
Nicholas J. and Brenda Ashooh
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 Woodstock Inn, Station & Brewery
 Thomas A. and Susan D. Yellope
 Drs. Yinong and Sarah Young-Xu



GRAFTON COUNTY SENIOR CITIZENS COUNCIL LEGACY SOCIETY

GCSCC Legacy Society Members

- Patricia Brady
- Rosie Homer
- John & Rebecca Foster
- Dr. John S. & Martha Richards
- Ileana Saros

To express our appreciation for donors who have remembered GCSCC in their estate plans, we recently established the GCSCC Legacy Society. We hope you will join with other philanthropists who share GCSCC's vision to provide for the needs of our aging neighbors well into the future.

GIFTS of HONOR

During fiscal year 2023-24, gifts were given in honor of the following individuals:

Roberta Berner	Alison Morgan
Neil Castaldo	Richard Peck
Becky Foster	

In MEMORIUM

During fiscal year 2023-24, the following gifts were given in loving memory of the following individuals:

All Those Who Passed Away This Year	Douglas and Laura Hough
Channing T. Brown	Kevin Kennedy
Jane Conklin	Roy Mardin
Stephanie Eaton	Stephen R. Marion
Bob Hookway	Brian and Gloria Smith



**GRAFTON COUNTY SENIOR
CITIZENS COUNCIL, INC.**

PO Box 433
10 Campbell Street
Lebanon NH 03766

NON-PROFIT
ORGANIZATION
U.S. Postage
PAID
Permit No. 61
Montpelier, VT



LOCATIONS

Horse Meadow Senior Center

91 Horse Meadow Road
North Haverhill, NH 03774
(603) 787-2539



Lin-Wood Area Senior Services

194 Pollard Road, Lincoln, NH 03251
(603) 745-4705



Littleton Area Senior Center

77 Riverglen Lane, Littleton, NH 03561
(603) 444-6050



Mascoma Area Senior Center

1166 U.S. Route 4, Canaan, NH 03741
(603) 523-4333



Newfound Area Senior Services

Bristol United Church of Christ
15 Church Street, Bristol, NH 03222
(603) 744-8395



Orford Senior Services

Orford Congregational Church
Main Street, Orford, NH 03777
(603) 353-9107



Plymouth Regional Senior Center

8 Depot Street, Plymouth, NH 03264
(603) 536-1204



Upper Valley Senior Center

Channing T. Brown Building
10 Campbell St, Lebanon, NH 03766
(603) 448-4213



Administrative Office

10 Campbell St, Lebanon, NH 03766
(603) 448-4897



RSVP Volunteer Center

An AmeriCorps Seniors project
1-877-711-7787 (located in Admin. Building)

Grafton County Aging & Disability Resource Centers

10 Campbell St, Lebanon, NH 03766 (603) 448-1558 and
262 Cottage St., Ste G-1, Mt. Eustis Commons, Littleton, NH 03561
(603) 444-4498

Grafton County Senior Citizens Council, Inc. | PO Box 433, 10 Campbell Street, Lebanon NH 03766 | (603) 448-4897 | gcsc.org

Grafton County Senior Citizens Council, Inc. is a 501(c)(3) nonprofit organization. Donations are tax deductible to the extent allowable by law. [EIN #23-7248316]