

Robert L. Waltrip, M.D.



Tri Rivers
CONSULTING SERVICES

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Education

The American Sports Medicine Institute Orthopaedic Sports Medicine and Shoulder Fellowship Mentors Drs. James Andrews and Bill Clancy	2001 - 2002 Birmingham, AL
University of Pittsburgh Medical Center Orthopaedic Surgery Residency	1997 - 2001 Pittsburgh, PA
University of Pittsburgh Medical Center General Surgery Internship	1996 - 1997 Pittsburgh, PA
The Johns Hopkins University School of Medicine Doctor of Medicine Class Rank 18th of 120	1992 -1996 Baltimore, MD
Baylor University Bachelor of Science, Biology Minor, Chemistry Magna Cum Laude	1988 - 1992 Waco, TX
Ponca City Senior High School Valedictorian; Summa Cum Laude	1985 - 1988 Ponca City, OK

Board Certification

American Board of Orthopaedic Surgery (ABOS) Recertification	2004 2012, 2022
Subspecialty Sports Medicine Certification (ABOS) Recertification	2007 2012, 2022

Current State Medical Licensure

Pennsylvania Medical License

Clinical Practice Experience

Tri Rivers Musculoskeletal Centers	Oct. 2014 - Present
Tri Rivers Surgical Associates, Inc.	Sept. 2005 - Sept. 2014
East Suburban Orthopedic Associates, Ltd.	Sept. 2002 - Aug. 2005

Current Hospital Affiliations

UPMC Passavant Hospital, Cranberry Campus
UPMC Passavant Hospital, McCandless Campus
Butler Memorial Hospital

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Teaching Appointments

University of Pittsburgh School of Medicine
Clinical Instructor 2003 – Present
Department of Orthopaedic Surgery

Professional Appointments

American Academy of Orthopaedic Surgeons
AUC: Management of Rotator Cuff Pathology 2019 – 2020
Writing panel member

American Academy of Orthopaedic Surgeons
AUC: Optimizing the Management of Full-Thickness Rotator Cuff Tears 2013
Voting panel member

Pine-Richland School District Gibsonia, PA
Team Physician 2005 – 2020

Mars Senior High School Mars, PA
Team Physician 2005 – Present

Penn Trafford High School Harrison City, PA
Team Physician 2002 – 2005

Washington Redskins (NFL) Washington, DC
Assisted Dr. James Andrews 2002

Troy State University (Division I – A) Troy, AL
Team Physician 2001 – 2002

Leeds High School Leeds, AL
Team Physician 2001 – 2002

Keystone Oaks Senior High School Pittsburgh, PA
Team Physician 1997 – 2000

Professional Memberships

American Academy of Orthopaedic Surgeons
American Orthopaedic Society for Sports Medicine
American Sports Medicine Fellowship Society
Arthroscopy Association of North America
Pennsylvania Medical Society
Pennsylvania Orthopaedic Society
Allegheny County Medical Society



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Professional and Academic Honors

Top Orthopedic Doctors in Pittsburgh Castle Connolly Medical Ltd.	2017 - 2024
<i>Pittsburgh Magazine/Castle Connolly Medical Ltd.</i>	2006 - 2011
<i>U.S. News & World Report and Castle Connolly Medical Ltd.</i>	2012 - 2013

American Sports Medicine Institute

Fellow Research Award for Rotator Cuff Repair Study	2002
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The Johns Hopkins University School of Medicine

Honors in all clinical and research electives	1994 - 1996
Dean's Summer Research Award/Stipend	1993, 1995

Baylor University

Phi Beta Kappa, Academic Honor Society	1992
Outstanding Graduating Premedical Student Award	1992
Mortar Board, Top 15 Seniors in Leadership, Scholarship and Service	1992
President of Alpha Epsilon Delta, National Premedical Honor Society	1991 - 1992
Outstanding College Students of America Award	1991
J. Folmar Biology Research Award and Grants, Department of Biology	1990 - 1991

The University of Texas Southwestern Medical School

Summer Undergraduate Research Fellowship Program	1991
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Publications

Tokish, J., Kibler, W., Lin, A., Ludewig, P., Namdari, S., Galinat, B., Joglekar, S., Roach, C., Waltrip, R., (2020). Writing Panel Members. *Appropriate Use Criteria for the Management of Rotator Cuff Pathology*. American Academy of Orthopedic Surgeons.

Chhabra Cha, P. S., Rihn, J. A., Cole, B., Bennett, C. H., Waltrip, R. L., & Harner, C. D. (2005). Surgical Management of Knee Dislocations: Surgical Technique. *Journal of Bone and Joint Surgery*, 87:1, 1-21.

Harner, C. D., Waltrip, R. L., Bennett, C. H., Francis, K. A., Cole, B., & Irrgang, J. J. (2004). Surgical Management of Knee Dislocations. *Journal of Bone and Joint Surgery*. 86:2, 262-273.

Waltrip, R. L., Zheng, N., & Andrews, J. R. (2003, July/August). Rotator Cuff Repair: A Biomechanical Comparison of Three Techniques. *American Journal of Sports Medicine*, 493-497.

Waltrip, R. L. & Kang, J. D. (2002). Thoracic and Lumbar Spine Injuries in Athletes. *Sports Medicine: A Complete Guide to Managing the Athlete*, ed. C. D. Harner, M.D., Landes Bioscience Publishing Company.

Waltrip, R. L. & Harner, C. D. (2001). Knee Dislocation in Lumberjacks: A Report of Three Cases. *Pittsburgh Orthopedic Journal*, 12, 114-120.

Waltrip, R. L. & Grace, N. (2001). Water Skiing Injuries. *Sports Injuries: Mechanisms, Prevention, and Treatment*, eds. F.H. Fu, M.D., and D. Stone, M.D., Williams and Wilkins, New York, NY: 804-817.

Frassica, F. J., Waltrip, R. L., Sponseller, P. D., Ma, L. D., & McCarthy Jr., E. F. (1996). Clinicopathologic Features and Treatment of Osteoid Osteoma and Osteoblastoma in Children and Adolescents. *Orthopedic Clinics of North America*, 27:3, 559-574.

Aldrich, C. J., Waltrip, R. L., Hermel, E., Attaya, M., Lindahl, K. F., Monaco, J. J., & Forman, J. (1992). T Cell Recognition of QA-1b Antigens on Cells Lacking a Functional Tap-2 Transporter. *Journal of Immunology*, 149 (12):3773-3777.



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Presentations

Waltrip, R. L. (2023, May 22). *Approaching the Athlete with Shoulder Pain*. Presentation given at the UPMC Athletic Training Seminar at UPMC Shadyside Hospital, Pittsburgh, PA.

Waltrip, R.L. (2023, May 9). *Labral Tears, including SLAP tears. Degenerative or Traumatic?* Presentation given at the Trends in Musculoskeletal Care Seminar-2023, Cranberry Township, PA.

Waltrip, R.L. (2022, May 10). *Total Shoulder Replacement/Reverse Shoulder Replacement*. Presentation given at the Trends in Musculoskeletal Care Seminar-2022, Cranberry Township, PA.

Waltrip, R. L. (2019, May 19). *ACL Reconstruction: What we thought we knew vs. What we know today*. Presentation given at the UPMC Athletic Training Seminar at UPMC Shadyside Hospital, Pittsburgh, PA.

Waltrip, R. L. (2019, May 7). *Shoulder Replacement: Surgical Innovations*. Presentation given at the UPMC Centers For Rehab Services, The Lemieux Sports Complex, Cranberry Township, PA.

Waltrip, R. L. (2013, May 9). *"Injuries" to the Shoulder*. Presentation given at the First Trends in Musculoskeletal Care Seminar, Cranberry Township, PA.

Waltrip, R. L. (2011, May). *Evaluation of the Shoulder for the Primary Care Physician*. Presentation given at Butler Memorial Hospital Grand Rounds.

Waltrip, R. L. (2003). *Labral Injuries in Throwing Athletes, Diagnosis and Treatment*. Presentation given at American Sports Medicine Institute, Annual Injuries in Baseball Course, Atlanta, GA.

Waltrip, R. L., Zheng, N., Dugas, J. R., & Andrews, J. R. (2003, July 20 - 23). *Rotator Cuff Repair: A Biomechanical Comparison of Three Techniques*. Podium presentation given at 29th Annual American Orthopaedic Society for Sports Medicine Meeting, San Diego, CA.

Waltrip, R. L., Bennett, C. H., Irrgang, J. J., & Harner, C. D. (2001, March). *Surgical Management of Traumatic Knee Dislocation: Results of a Standardized Surgical Approach*. Presentation given at the 68th Annual Meeting of the American Academy of Orthopaedic Surgery, San Francisco, CA.

Harner, C. D., Waltrip, R. L., Bennett, C. H. & Irrgang, J. J. (2000, September). *Surgical Management of Knee Dislocation*. Presentation given at the 9th Meeting of the European Society of Sports Traumatology, Knee Surgery, and Arthroscopy, London, England.

Waltrip, R. L., Towbin, R., Yaw, K., Kaye, R., & Moreland, M. (1999, March). *Computed Tomography-Guided Percutaneous Excision of Osteoid Osteoma in Eleven Patients*. Presentation given at a meeting of the American Orthopaedic Association, Chapel Hill, NC.

Inoue, N., Ikeda, K., Young, D. R., Aro, H. T., Frassica, F. J., Ma, C. B., Waltrip, R. L., Chao, E.Y.S. (1996, February). *Tendon Fixation to Porous Metallic Implant Using Autogenous Bone Graft Augmentation*. Presentation given at the 42nd Annual Meeting of the Orthopaedic Research Society, Atlanta, GA.

Brock, M., Shah, R., Waltrip, R. L., Fleischer, K., Watkins, L., & Cameron, D. (1994, November). *Concomitant Versus Staged Surgical Procedures for Cardiac and Pulmonary Disease*. Presentation given at the 41st Annual Meeting of the Southern Thoracic Surgical Association, Marco Island, FL.

Aldrich, C. J., Hermel, E., Waltrip, R. L., Attaya, M., Lowen, L., Fischer-Lindahl, K., Monaco, J., & Forman, J. (1992, April). *Preferential Use of Alternative Pathways of Peptide Presentation by Class Ib Molecules*. Presentation given at the 8th International H-2/HLA Workshop.

