

S. Joshua Szabo, M.D.



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Education

Mississippi Sports Medicine and Orthopaedic Center
Orthopaedic Sports Medicine and Shoulder Fellowship
With Directors, Drs. Felix H. Savoie III, Walter R. Shelton,
Gene R. Barrett & Larry D. Field

2003 - 2004
Jackson, MS

Drexel University College of Medicine
Orthopedic Surgery Residency
With Chairman, Dr. Norman A. Johanson

1999 - 2003
Philadelphia, PA

MCP Hahnemann University
General Surgery Internship
With Director, Dr. Joel Roslyn

1998 -1999
Philadelphia, PA

Hahnemann University
Doctor of Medicine

1994 - 1998
Philadelphia, PA

University of Denver
Bachelor of Science, Biology

1991 - 1994
Denver, CO

Board Certification

American Board of Orthopaedic Surgery (ABOS)
Recertification
Subspecialty in Orthopaedic Sports Medicine Examination (ABOS)
Recertification
Fellow, American Academy of Orthopaedic Surgeons

2006
2017
2013
2017
2007

Current Licensure

Pennsylvania Medical License
California Medical License
Colorado Medical License
North Carolina Medical License
Utah Medical License

Clinical Practice Experience

Tri Rivers Musculoskeletal Centers
Tri Rivers Surgical Associates, Inc.
Orthopaedic Specialists of Gastonia

Oct. 2014 - Present
Aug. 2006 - Sept. 2014
Aug. 2004 - July 2006

Current Hospital Affiliations

UPMC Passavant Hospital, McCandless Campus
UPMC Passavant Hospital, Cranberry Campus
Butler Memorial Hospital
The Surgery Center at Benbrook

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Teaching Appointments

University of Pittsburgh School of Medicine
Clinical Instructor
Department of Orthopaedic Surgery
August 2015 – Present

Duquesne University College of Osteopathic Medicine
Clinical Assistant Professor
Orthopaedic Surgery and Orthopaedic Sports Medicine
April 2025 – Present

Arthroscopy Association of North American (AANA)
Council on Education
Surgical Skills Committee
Committee Chair
May 2023 – Present

University of Pittsburgh School of Medicine
Clinical Instructor
UPMC Medical Education Program
Physical Medicine and Rehabilitation Sports Medicine Fellowship
2018 – 2023

Arthroscopy Association of North America (AANA)
Annual Meeting, New Orleans, LA
Lateral Ulnar Collateral Ligament Repair and Reconstruction
Course Presenter
May 2023

Arthroscopy Association of North America (AANA)
Annual Meeting, San Francisco, CA
Sports Elbow and Shoulder (Session Concurrent II – C)
Course Moderator
May 2022

Arthroscopy Association of North America (AANA)
Annual Meeting, San Francisco, CA
Avoiding Mistakes in “Tommy John” Surgery
Course Presenter
May 2022

Arthroscopy Association of North America (AANA)
Fellowship Webinar Series
Elbow Arthroscopy: What Every Sports Physician Should Know
Course Chair
November 2021

Arthroscopy Association of North America (AANA)
Fellowship Education Series
Elbow Arthroscopy: What Every Sports Physician Should Know
Faculty
January 2021

Arthroscopy Association of North America (AANA)
National Webinar
Elbow Arthroscopy: From Simple to Complex
Expert Presenter
January 2021

Arthroscopy Association of North America (AANA)
Premier Apex Virtual Course
Elbow Arthroscopy Update
Course Chair
August 2020

Association of Academic Physiatrists
Annual Meeting, Orlando, FL
Meniscus Update: Evolving Research Models and Clinical Practice
Course Presenter and Course Moderator
March 2020



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American Academy of Physical Medicine and Rehabilitation (AAPMR) Annual Assembly, San Antonio, TX Meniscus Update: Evolving Research Models and Clinical Practice Course Presenter and Course Moderator	November 2019
Arthroscopy Association of North America (AANA) Orthopaedic Learning Center, Rosemont, IL Shoulder Solutions for Bone Loss, Rotator Cuff Repair with Superior Capsular Reconstruction and Orthobiologics Master Course Instructor	October 2019
Arthroscopy Association of North America (AANA) Annual Meeting, Orlando, FL Elbow and Wrist Scientific Session Course Moderator	May 2019
Arthroscopy Association of North America (AANA) Orthopaedic Learning Center, Rosemont, IL Treatments for Wrist and Elbow Problems Course Chairman	November 2018
Arthroscopy Association of North America (AANA) Orthopaedic Learning Center, Rosemont, IL Apex Series Course: Knee and Shoulder Fellowship Laboratory Experience Master Course Instructor	November 2018
University of Pittsburgh School of Medicine Sports Ultrasound Conference, Pittsburgh, PA Faculty	September 2018
Arthroscopy Association of North America (AANA) Orthopaedic Learning Center, Rosemont, IL Resident/Fellow Course: Fundamentals in Arthroscopy; Basics of Knee Arthroscopy and Meniscus Surgery; Arthroscopic Repairs Course Director	December 2017
Arthroscopy Association of North America (AANA) Fall Course, Palm Desert, CA Hand, Wrist and Elbow Symposium Course Chairman	November 2017
Arthroscopy Association of North America (AANA) Fall Course, Denver, CO Rotator Cuff Scientific Session Course Moderator	May 2017
Arthroscopy Association of North America (AANA) Orthopaedic Learning Center, Rosemont, IL Masters Shoulder and Elbow Course: Evidence, Outcomes & Controversies Master Course Instructor	April 2016
Arthroscopy Association of North America (AANA) Orthopaedic Learning Center, Rosemont, IL Masters Elbow Course: Arthroscopy, Reconstruction & Arthroplasty Master Course Instructor & Director	June 2015



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Arthroscopy Association of North America (AANA)
Orthopaedic Learning Center, Rosemont, IL
Resident Course, Master Course Instructor & Director
Live Demos: Elbow and Ankle Arthroscopy
Live Demos: Arthroscopic Rotator Cuff Repair
*October 2006, August 2009, August 2010, July 2011,
February 2012, May 2013, May 2014, May 2015, December 2016*

October 2006 – Present

Arthroscopy Association of North America (AANA)
32nd Annual Fall Course, Las Vegas, NV
Knee Course, Associate Instructor

November 2013

Arthroscopy Association of North America (AANA)
Orthopaedic Learning Center, Rosemont, IL
Masters Shoulder Course, Course Instructor
*November 2005, February 2006, October 2006, July 2007, June 2008,
June 2009, June 2010, November 2011, April 2012, October 2013*

November 2005 – October 2013

Arthroscopy Association of North America (AANA)
Orthopaedic Learning Center, Rosemont, IL
Masters Wrist and Elbow Course,
Course Instructor
*July 2006, June 2007, June 2008,
June 2009, June 2010, June 2012, May 2013*

July 2006 – May 2013

Arthroscopy Association of North America (AANA)
26th Annual Fall Course, Orlando, FL
Wrist and Elbow Instructor

November 2007

Arthroscopy Association of North America (AANA)
24th Annual Fall Course, Phoenix, AZ
Wrist and Elbow Course Instructor

December 2005

AAOS/ASSH
Orthopaedic Learning Center, Rosemont, IL
Elbow and Wrist Arthroscopy: Techniques and Innovations
Course Instructor

October 2005

Arthroscopy Association of North America (AANA)
22nd Annual Fall Course, New Orleans, LA
Shoulder Course Instructor

November 2003

Professional Appointments

U.S. Ski & Snowboard
Pool Physician Freestyle Ski Team

2008 – Present

Arthroscopy Association of North America (AANA)
Fellow

2025 – Present

American Journal of Sports Medicine
Peer Reviewer

2015 – Present

The Journal of Arthroscopic and Related Surgery
Editorial Board Member
Peer Reviewer

2018 – Present
2005 – Present

The Journal of Shoulder and Elbow Surgery
Peer Reviewer

2015 – Present



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Arthroscopy Association of North America (AANA) Orthopaedic Learning Center, Chair of Elbow Subcommittee	2016 – Present
Arthroscopy Association of North America (AANA) Orthopaedic Learning Center Committee Member	2010 – Present
Butler Senior High School Team Physician	2013 – Present
Butler County Community College Athletics Team Physician	2010 – Present
Arthritis Foundation Spring Walk Medical Honoree	June 2012
Butler BlueSox Baseball Team Team Physician	2010 – 2014
Butler Memorial Hospital Bylaws Committee	2009 – 2010
Slippery Rock Sliders Baseball Team Team Physician	2008 – 2010
Forestview High School Team Physician	2005 – 2006
North Gaston High School Team Physician	2004 – 2006
Sports Plus Physical Therapy Medical Director	2004 – 2006
Alcorn State University Team Physician	2003 Season
Hinds Junior College Football Team Team Physician	2003 Season
Terry High School Team Physician – Football	2003 Season
Shawnee High School Assistant Team Physician – Football	2001 – 2002
Philadelphia Public League High School Physician – Basketball Tournament	March 2000
West Philadelphia High School Team Physician – Football	1998 – 2000
Philadelphia Special Olympics Volunteer Physician for Musculoskeletal Screening Physicals	1998

Professional Memberships

American Academy of Orthopaedic Surgeons
 American Orthopaedic Society for Sports Medicine
 Arthroscopy Association of North America
 Pennsylvania Orthopaedic Society
 Pennsylvania Medical Society
 Allegheny County Medical Society



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Professional and Academic Honors

Superior Capsule Reconstruction Surgical Experience:

Teruhisa Mihata, MD, PhD

Osaka Medical College

July 2019

IOC Advanced Team Physician Course

Intercontinental Tokyo Bay, Tokyo, Japan

July 2019

Arthroscopy Association of North America

Winner of the Stephen J. Snyder Excellence in Teaching Award

2012

Publications

Szabo, S. J., Savoie, F. H. (2022). Lateral Elbow Ligamentous Injury: PLRI and Spectrum of Lateral Elbow Ligamentous Injuries. *MRI-Arthroscopy Correlation, A Case-Based Atlas of the Knee, Shoulder, Elbow, Hip and Ankle, Second Edition*, Chapter 27:381.

Szabo, S. J. (2020). Editorial Commentary: Arthroscopic Elbow Arthritis Treatment with Osteocapsular Debridement Yields Favorable Results: On Second Thought, The Elbow Isn't That Unforgiving. *Journal of Arthroscopic and Related Surgery*.

Szabo, S. J. (In Publication, Springer, 2019). Common Extensor/Flexor Tendinopathy. *Tendinopathy: From Basic Science to Clinical Management*.

Szabo, S. J., (2019). Editorial Commentary: Yet Another Arrow in the Quiver for Surgical Treatment of the Rotator Cuff-Deficient Shoulder: Will It Fly Fast and Far or Fall Short Like Other Options Have? *Journal of Arthroscopic and Related Surgery*, 35(2): 615-616.

Szabo, S. J., Savoie, F. H., Field, L. D., Ramsey, J. R., et al. (2006). Tendinosis of the Extensor Carpi Radialis Brevis: An Evaluation of Three Methods of Operative Treatment. *Journal of Shoulder and Elbow Surgery*, 15(6): 721-727.

Presentations

Szabo, S. J. (2017, November). *Hand, Wrist and Elbow Symposium*. Moderator at Arthroscopy Association of North America Fall Course, Palm Desert, CA.

Szabo, S. J. (2017, November). *Elbow Arthroscopy Pearls of Setup, Portals, Indications and Treatment of OCD Lesions*. Presentation given at Arthroscopy Association of North America Fall Course, Palm Desert, CA.

Szabo, S. J. (2017, November). *Elbow Dislocation: Arthroscopy, Repair and Reconstruction of LUCL Injuries*. Presentation given at Arthroscopy Association of North America Fall Course, Palm Desert, CA.

Szabo, S. J. (2017, October). *Shoulder: SLAP Lesion*. Presentation given at UPMC Centers for Rehab Services 4th Annual Pittsburgh Hand to Shoulder Therapy Course, Pittsburgh, PA.

Szabo, S. J. (2017, May). *Rotator Cuff Scientific Session*. Moderator at Arthroscopy Association of North America 36th Annual Meeting, Denver, CO.

Szabo, S. J. (2015, April). *Elbow Scientific Session*. Moderator at Arthroscopy Association of North America Spring Meeting, Los Angeles, CA.

Szabo, S. J. (2015, April). *Elbow: Injuries in the Throwing Athlete*. Panelist at Arthroscopy Association of North America Spring Meeting, Los Angeles, CA.



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Szabo, S. J. (2014, May). *Elbow Instability: Case Presentations to Improve Care and Preserve Function*. Panelist at Arthroscopy Association of North America Spring Meeting, Hollywood, FL.

Szabo, S. J. (2014, May). *Surgical Management of Meniscal Root Tears*. Presentation given at Pennsylvania Orthopaedic Society, Atlantis, Bahamas.

Szabo, S. J. (2012, October). *Elbow Fractures and Dislocations*. Presentation given at Pennsylvania Orthopaedic Society Fall Scientific Meeting, Pittsburgh, PA.

Szabo, S. J. (2012, July). *Instructional Course Lecture: Elbow Arthroscopy*. Presentation given at American Orthopaedic Society for Sport Medicine Annual Meeting, Baltimore, MD.

Szabo, S. J. (2012, April). *Remplissage and Arthroscopic Management of Bone Loss*. Presentation given at Pennsylvania Orthopaedic Society, Miami, FL.

Szabo, S. J. (2011, August). *Medial Patellofemoral Ligament Reconstruction, Subscapularis Repair Techniques and Pearls and Surgical Management of Glenoid Bone Loss*. Three presentations given at Arthrex® Roadshow, Washington, D.C.

Szabo, S. J. (2011, July). *Instructional Course Lecture: Elbow Arthroscopy*. Presentation given at American Orthopaedic Society for Sport Medicine Annual Meeting, San Diego, CA.

Szabo, S. J. (2010, November). *Meniscal Root Repairs*. Presentation given at Fall Arthroscopy Association of North America Meeting, Phoenix, AZ.

Szabo, S. J. (2010, October). *Arthroscopic Acromioplasty and Distal Clavicle Excision*. Presentation given at Hamot Medical Center, Department of Orthopaedic Surgery Grand Rounds, Erie, PA.

Szabo, S. J. (2009, November). *Elbow Arthroscopy: Indications and Technique*. Presentation given at Hamot Medical Center, Department of Orthopaedic Surgery Grand Rounds, Erie, PA.

Szabo, S. J. (2009, April). *Total Shoulder Arthroplasty, Anterior Horn Meniscus Repair Techniques, Subscapularis Repair Techniques and Pearls and Surgical Management of Glenoid Bone Loss*. Three presentations given at Arthrex® Roadshow, Richmond, VA.

Szabo, S. J. (2005, November). *Biceps Tenodesis – Indications and Techniques and Stabilization of the Distal Clavicle Open Versus Arthroscopic Assisted*. Two presentations given at American Osteopathic Academy of Orthopedics Annual Meeting, Orlando, FL.

Szabo, S. J. (2005, June). *Shoulder Injuries*. Presentation given at North Carolina High School Athletic Association State First Responder Course, Gastonia, NC.

Szabo, S. J. (2005, February). *Lateral Epicondyle Release: Comparison of Open, Arthroscopic and Percutaneous Techniques*. Podium presentation given at American Academy of Orthopaedic Surgeons Annual Meeting – ASES & AOSSM Specialty Days Washington, D.C.

Szabo, S. J. (2005, February). *Shoulder & Elbow Injuries in Throwing Athletes*. Presentation given at Human Motion Institute Baseball/Softball Coaches Clinic, Gastonia, NC.



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Szabo, S. J. (2005, February). *Office Management of Common Shoulder and Elbow Conditions*. Presentation given at Gaston Memorial Hospital CME Series, Gastonia, NC.

Szabo, S. J. (2004, April). *EndoButton Versus Transfix in Anterior Cruciate Ligament Reconstruction with Hamstrings Tendon Autograft: Preliminary Results at 12 Months Follow-up*. Electronic poster presentation given at Arthroscopic Association of North American Spring Meeting, Orlando, FL.

Szabo, S. J. (2004, April). *Lateral Epicondyle Release: Comparison of Open, Arthroscopic and Percutaneous Techniques*. Podium presentation given at Arthroscopic Association of North American Spring Meeting, Orlando, FL.

Szabo, S. J. (2004, April). *Arthroscopic Rotator Interval Plication: Seamster Technique*. Electronic poster presentation given at Arthroscopic Association of North American Spring Meeting, Orlando, FL.

Szabo, S. J. (2004, April). *Lateral Epicondyle Release: Comparison of Open, Arthroscopic and Percutaneous Techniques*. Podium presentation given at Mississippi Orthopaedic Society Annual Meeting, Natchez, MS.

Szabo, S. J. (2004, April). *Normal Clinical Parameters During Successful Anterior Cruciate Ligament Reconstruction*. Podium presentation given at Mississippi Orthopaedic Society Annual Meeting, Natchez, MS.

Szabo, S. J. (2004, March). *Normal Clinical Parameters During Successful Anterior Cruciate Ligament Reconstruction*. Podium presentation given at Mississippi Sports Medicine and Orthopaedic Center Visiting Professor Conference, Jackson, MS.

Szabo, S. J. (2004, March). *Lateral Epicondyle Release: Comparison of Open, Arthroscopic and Percutaneous Techniques*. Podium presentation given at Mississippi Sports Medicine and Orthopaedic Center Visiting Professor Conference, Jackson, MS.

Szabo, S. J. (2004, February). *Normal Clinical Parameters During Successful Anterior Cruciate Ligament Reconstruction*. Podium presentation given at American Academy of Orthopaedic Surgeons Annual Meeting, San Francisco, CA.

Szabo, S. J. (2001, December). *Hand Injuries in Trauma Patients*. Presentation given at MCP Hahnemann University Trauma Grand Rounds, Philadelphia, PA.

Szabo, S. J. (2001, November). *Gun Shot Wounds in Extremities*. MCP Hahnemann University Trauma Grand Rounds, Philadelphia, PA.

Szabo, S. J. (2001, October). *Timing of Orthopaedic Procedures in Polytrauma Patients*. MCP Hahnemann University Trauma Grand Rounds, Philadelphia, PA.

Szabo, S. J. (2000, November). *Acute Compartment Syndrome*. MCP Hahnemann University Trauma Grand Rounds, Philadelphia, PA.

