

William E. Saar, D.O.



Tri Rivers
CONSULTING SERVICES

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Education

The Orthopedic Foot and Ankle Center The Ohio State University Medical Center and OhioHealth Grant Medical Center Orthopedic Foot and Ankle Reconstruction Fellowship	July 2001 - June 2002 Columbus, OH
South Pointe Hospital - Cleveland Clinic Health System Orthopedic Surgical Residency	1997 - 2001 Cleveland, OH
Meridia South Pointe Hospital Traditional Rotating Internship	1996 - 1997 Cleveland, OH
Ohio University College of Osteopathic Medicine Doctor of Osteopathic Medicine Magna Cum Laude	1992 - 1996 Athens, OH
John Carroll University Bachelor of Science, Biology Cum Laude	1988 - 1992 University Heights, OH

Board Certification

American Osteopathic Board of Orthopedic Surgery Recertification	2006 2017
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Current Licensure

Pennsylvania Medical License
Ohio Medical License

Clinical Practice Experience

Tri Rivers Musculoskeletal Centers	Oct. 2014 - Present
Tri Rivers Surgical Associates, Inc.	Jan. 2011 - Sept. 2014
University Orthopaedic Specialists	Aug. 2006 - Dec. 2010
Orthopedic Associates of Northern Ohio	July 2002 - July 2006

Current Hospital Affiliations

UPMC Passavant Hospital, McCandless Campus
UPMC Passavant Hospital, Cranberry Campus
Butler Memorial Hospital
The Surgery Center at Benbrook
UPMC Jameson Hospital

Professional and Academic Appointments

University of Pittsburgh - Department of Orthopaedic Surgery Associate Fellowship Director, Foot and Ankle Fellowship Program	2021 - Present
Duquesne University Medical School Guest Lecturer	2025
<i>Pittsburgh Magazine "Best Doctor"</i> Recognized for orthopedic foot and ankle surgery	2016 - 2024
Recognized for orthopedic foot and ankle surgery	2012

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Cleveland Magazine "Best Doctor" Recognized for orthopedic foot and ankle surgery	2011
American Osteopathic Academy of Orthopaedics Board Member, Foot/Ankle Subsection Examiner (Part II and Part III)	2008 - Present 2006 - Present
American Orthopedic Foot and Ankle Society Membership Committee	2016 - Present
UPMC Clinical Faculty Foot and Ankle Fellowship Program	2015 - Present
Ohio University College of Osteopathic Medicine Alumni Board of Directors Clinical Faculty, Orthopedic Surgery	2008 - 2016 2003 - 2016
Ohio College of Podiatric Medicine Clinical Faculty, Orthopedic Foot and Ankle Reconstruction	2006 - 2010
University Hospitals - Richmond Medical Centers Program Director, Orthopedic Surgical Residency Program Medical Staff Secretary/Treasurer	2009 - 2010 2009 - 2010
Cleveland Academy of Osteopathic Medicine Board of Directors	2007 - 2010
University Hospitals Medical Practices Medical Director, University Orthopaedic Specialists Medical Director, Foot and Ankle Services	2006 - 2010 2006 - 2010
University Hospitals - Bedford, Geauga, Richmond Medical Centers Attending Surgeon, Department of Orthopaedic Surgery Medical Director, Foot and Ankle Services	2006 - 2010 2006 - 2010
Cleveland Gladiators (AFL) Team Orthopedic Surgeon	2008 Season
South Pointe Hospital - Cleveland Clinic Foundation Medical Staff Secretary/Treasurer Attending Surgeon, Department of Orthopaedic Surgery - Cleveland Clinic/SPH	2005 - 2006 2002 - 2006
Ohio State University Staff Clinician, Department of Orthopaedic Surgery	2001 - 2002
Professional Memberships	
American Orthopedic Foot and Ankle Society	
American Osteopathic Academy of Orthopedics	
American Osteopathic Association	
Pennsylvania Orthopedic Society	
Pennsylvania Medical Society	
Allegheny County Medical Society	
Academic Honors	
Ohio University College of Osteopathic Medicine (OUCOM) OUCOM "Outstanding Student Award" Northeast Ohio Phi Kappa Phi Graduate Studies Honorary Society David J. Merk D.O. Scholarship Sigma Sigma Phi Honorary Society (Officer)	1995 - 1996 1992 - 1996 1992 - 1993 1992 - 1994



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Publications

Saar, W. E., Bell, J. (2011). Accessory FDL Presenting as Tarsal Tunnel Syndrome – A Case Report. *Foot and Ankle Specialist*, 4(6).

Saar, W. E. (2008). Acute Ankle Injuries in the Urgent Care Setting. *Journal of Urgent Care Medicine*, 2(10): 14-17.

Saar, W. E., Lee, T. H., & Berlet, G. C. (2005). The Economic Burden of Diabetic Foot and Ankle Disorders. *Foot and Ankle International*, 26(1): 27-31.

Hill, K., Saar, W. E., Lee, T. H., & Berlet, G. C. (2003). Stage II Flatfoot: What Fails and Why? *Foot and Ankle Clinics of North America*, 8(1): 91-104.

Berlet, G. C., Saar, W. E., Ryan, A., & Lee, T. H. (2002). Thermal-Assisted Capsular Modification for Functional Ankle Instability. *Foot and Ankle Clinics of North America*, 7(3): 567-576.

Presentations

Surgical Disorders of the Foot and Ankle (2026, February). Presentation given to medical students at the Duquesne University Nasuti College of Osteopathic Medicine; Pittsburgh, PA.

Surgical Disorders of the Foot and Ankle (2025, February). Presentation given to medical students at the Duquesne University Nasuti College of Osteopathic Medicine; Pittsburgh, PA.

AOAO Board Review Course – Foot and Ankle Section (2024, April). Presentation given at American Osteopathic Academy of Orthopaedics Annual Spring Meeting, Las Vegas, Nevada.

AOAO Board Review Course – Foot and Ankle Section (2023, April). Presentation given at American Osteopathic Academy of Orthopaedics Annual Spring Meeting, Nashville, Tennessee.

AOAO Board Review Course – Foot and Ankle Section (2022, April). Presentation given at American Osteopathic Academy of Orthopaedics Annual Spring Meeting, Carlsbad, California.

AOAO Board Review Course – Foot and Ankle Section (2021, April). Virtual presentation given at American Osteopathic Academy of Orthopaedics Annual Spring Meeting.

AOAO Board Review Course – Foot and Ankle Section (2020, April). Virtual presentation given at American Osteopathic Academy of Orthopaedics Annual Spring Meeting.

Lower Extremity Amputations: Principles, Techniques and Management (2020, October). Virtual presentation given at American Osteopathic Academy of Orthopaedics Annual Meeting.

Ankle Fracture Complications Are the Worst! (2017, June). Presentation given at the Eastern Orthopedic Association Extremity Summit, Greenbriar Resort, WV.

Common Foot and Ankle Injuries: Diagnosis and Workup (2017, January). Presentation given at the Cleveland Academy of Osteopathic Medicine Winter Meeting, Cleveland, OH.

The Role of PRP in Foot and Ankle Surgery (2013, October). Presentation given at the American Osteopathic Academy of Orthopaedics Annual Meeting, San Diego, CA.

Orthopedic Foot and Ankle Surgery for the General Orthopedist, Foot and Ankle Session Moderator (2013, October). Presentation given at the American Osteopathic Academy of Orthopaedics Annual Meeting, San Diego, CA.

The Smoldering Nightmare: Diabetic Ankle Fractures (2010, October). Presentation given at the American Osteopathic Academy of Orthopaedics Annual Meeting, San Francisco, CA.



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Complex Trauma of the Lower Extremity (2009, February). Presentation given at Northeast Ohio EMS Lecture Series, Cleveland, OH.

Ankle Arthrodesis – Indications and Techniques (2008, September). Presentation given at Annual Clinic Assembly of Osteopathic Specialists – AOA, Boca Raton, FL.

Ankle Arthroscopy – Current Indications and Techniques (2008, May). Presentation given at University Hospitals – RMC Podiatry Grand Rounds, Cleveland, OH.

Your Life as an Orthopaedic Surgeon (2008, April). Presentation given at OUCOM Career Medical Specialties Week, Athens, OH.

Current Management of Midfoot/Hindfoot Fractures (2008, April). Presentation given at Lima City Wide Grand Rounds, Lima, OH.

Ankle Arthritis: Fusion or Replacement? (2008, February). Presentation given at University Hospitals – RMC Podiatry Grand Rounds, Cleveland, OH.

Management of Diabetic Ankle Injuries (2008, January). Presentation given at Cleveland Academy of Osteopathic Medicine Winter Seminar, Cleveland, OH.

Interdigital Neuromas – Diagnosis, Management and Complications (2007, October). Annual Clinic Assembly of Osteopathic Specialists – AOA, San Francisco, CA.

Complex Ankle Fracture Management (2007, October). Presentation given at University Hospitals – RMC Podiatry Grand Rounds, Cleveland, OH.

Calcaneal and Midfoot Fractures – Conservative and Surgical Management (2007, February). Presentation given at University Hospitals – RMC Podiatry Grand Rounds, Cleveland, OH.

Foot and Ankle Trauma in the Field – How to Manage? (2006, December). Presentation given at Northeast Ohio EMS Lecture Series, Cleveland, OH.

Posterior Tibial Tendon Deficiency – Staging and Management (2006, May). Presentation given at South Pointe Hospital Orthopaedic Grand Rounds, Cleveland, OH.

Talus Fractures – Diagnosis and Surgical Management (2006, January). Presentation given at University Hospitals – RMC Podiatry Grand Rounds, Cleveland, OH.

Ankle Fracture Nomenclature, Diagnosis and Management (2006, April & 2005, April). Presentation given at Emergency Medicine Residency Consortium Lecture Series, Cleveland, OH.

Common Disorders of the Foot and Ankle (2005, January). Presentation given at Cleveland Academy of Osteopathic Medicine Winter Seminar, Cleveland, OH.

Management of Lower Extremity Trauma (2004, November). Presentation given at Northeast Ohio EMS Lecture Series, Cleveland, OH.

Foot and Ankle OITE Review (2004, August). Presentation given at South Pointe Hospital Orthopaedic Grand Rounds, Cleveland, OH.

Biomechanics of Posterior Tibial Tendon Insufficiency (2003, February). Presentation given at Ohio Orthopaedic Surgery Residencies 'CORE' Lecture, Columbus OH.

Double Osteotomy for Hallux Valgus Correction (2002, May). Presentation given at Columbus City Orthopaedic Grand Rounds, Columbus OH.

