

Your Enteral Therapy at Home

Enteral therapy is defined as the delivery of specialized nutrition using a feeding tube directly into the stomach or small intestine for absorption into the body.

Enteral Formulas

Enteral formulas are composed of a variety of carbohydrates, protein, fats vitamins, minerals, and water in different quantities to meet your nutritional needs.

Sometimes the formula itself may not be sufficient to meet the need for specific nutrients, and at times additional protein, probiotics, vitamins, minerals, and fiber components may be added to your regimen to provide additional benefits.

Please let your pharmacist or home care nurse know if you have any questions about your enteral therapy.

Your Prescription

Formula Name: _____ Total Cans/day:

☐ Continuous

_____ mL/hr _____ hours/day

☐ Bolus/Gravity

_____ mL (____ cans) _____ times/day

Water Flushes (check which may apply)

☐ _____ mL _____ times/day

☐ _____ mL _____ hours/day

☐ _____ mL before and after each bolus feeding

☐ _____ mL at hook up and disconnect from pump

_____ mL before and after each medication administration

Initiation Schedule

Special Notes

Helpful Links

Nestle educational websites: [MyTubeFeeding.com](https://www.mylifeatnestle.com/MyTubeFeeding.com) and [MyTubeFeedingKid.com](https://www.mylifeatnestle.com/MyTubeFeedingKid.com).