



Good Shepherd Parish
8200 Gold Coast Drive
San Diego, CA 92126
(858) 271-0207

Faith Formation 2025-2026

Registration Packet for Confirmation

Registration opens: Saturday/Sunday, April 26-27, 2025

Registration closes: Friday, October 4

Parents and Students Orientation

Confirmation 1:

- Saturday, Sept. 13, 2 p.m.
- Sunday, Sept. 14, 3 p.m.
- Tuesday, Sept. 16, 6:30 p.m.

○ Confirmation 2:

- Saturday, Sept. 13, 3:30 p.m.
- Sunday, Sept. 14, 6 p.m.
- Wednesday, Sept. 17, 6:30 p.m.

Forms and Documents required for registration:

- ☐ Completed registration form and signed by parent/legal guardian.
- ☐ Baptism certificates (*if child's first year in Faith Formation at the parish*). If your child was baptized at Good Shepherd, let us know the date and we will search our records.
- ☐ Program Requirements Acknowledgement/Agreement-Signed
- ☐ Registration fee. If needed, a payment plan can be created at the time of registration.
 - Early Registration \$130/child until August 30.
 - Beginning September 1, \$150/child.

Registration Forms, Documents, Fees Submission:

The parish is providing several opportunities (dates, times, locations) to submit completed registration documents. *Expect to spend time 10-15 minutes with our catechists/staff teams to review form completions and the programs expectations and requirements.*

- Forms available during the last two weeks of class sessions. Staff/Volunteers available to accept forms beginning April 27.
- Registration at Saturday/Sunday Masses outside church on selected dates (location subject to change) for all programs:
 - Saturday/Sunday – June 7 and 8
 - Saturday/Sunday – July 12 and 13
 - Saturday/Sunday – August 2 and 3
 - Saturday/Sunday – August 23-24
 - Saturday/Sunday – September 6 and 7
- Registration at Parish Office during the following days/times beginning week of May 13:
 - Tuesday 9:30 AM to 11:30 AM
 - Wednesday 9:30 AM to 11:30 AM and 1:30 PM to 5:30 PM
 - Thursday 9:30 AM to 11:30 AM and 1:30 PM to 5:30 PM
- Registration by appointment, email your preferred dates and times to:
 - Melissa Mina, YouthMinister@goodshepherdparish.net

For more information on Faith Formation Program, contact
Charlotte Fajardo, Associate Director for Evangelization & Discipleship
(858) 271-0207, char@goodshepherdparish.net.



Good Shepherd Catholic Church
8200 Gold Coast Drive
San Diego, CA 92126
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Good Shepherd Parish Confirmation Program Youth Ministry/Faith Formation 2025-26

Confirmation is a Sacrament of Initiation that is closely connected to the Sacrament of Baptism and Eucharist. It completes the Sacrament of Baptism, brings an increase and deepening of baptismal grace and strengthens the gifts of the Spirit received at Baptism. The Sacrament of Confirmation also leads us to the Eucharist as the way to live out our lives as fully initiated Catholics. These sacraments empower us to go forth as missionary disciples of Christ to share the good news of the Gospel with the whole world.

Preparation for Confirmation at Good Shepherd Parish is a two-year process for high school students designed to lead them toward a more intimate union with Christ and a lively familiarity with the Holy Spirit, preparing them to assume the role of disciple and witness to Christ. To this end the confirmation program strives to awaken a sense of belonging to the universal Church, as well as within all the communities they live – their families, their parish, school, friends, sports teams, and workplace.

Confirmation Candidate Requirements

- Candidates must be baptized and have received the sacrament of the Eucharist. New students must present their sacrament certificates at enrollment.
- The Diocese of San Diego requires that candidates be at least 15 years of age when the sacrament of Confirmation is conferred. Candidates typically begin in the 9th grade year of high school, but they can begin their 10th or 11th grade year as well.
 - First time 12th grade students or students with special needs may be accepted upon development of a special learning plan that may include participation in the general program, plus additional classes and/or activities.
 - First year of confirmation is known as Con1 or PreCon. Second year is Con2 or Con.
- Candidates are required to demonstrate their understanding of the Catholic faith, an appreciation of what the Church teaches, participation in sacred liturgy and prayer (*assessed at initial interview with Youth Ministry coordinator, evidenced by consistent attendance at class, youth nights, retreats, weekly Mass*).
 - Students who have not received the sacraments of Reconciliation or Eucharist, and those students who do not demonstrate the basic level of understanding of the Catholic faith and teachings for

Candidate Requirements for 2-year parish program

- ☐ Be Baptized and have received Holy Communion.
- ☐ Be at least 15 years by the time Confirmation is conferred.
- ☐ Participate in interview with Youth Ministry/ Confirmation Coordinator or designee to determine/confirm to placement level.
- ☐ Demonstrate readiness – basic understanding of Catholic faith and teachings.
- ☐ Parent/Family with student committed to meeting attendance-participation requirements for:
 - Orientation Session
 - Sunday Mass
 - Weekly classes (25 sessions)
 - Youth Nights (at least 7)
 - Retreat 2-day (Con-1) 3-day (Con-2)
 - Community Service (20 hrs/yr)
 - Parent/Family Faith Formation Classes (18 units: 6 sessions—3 units each or equivalent)
- ☐ Comply with the Code of Conduct at all times.
- ☐ Share responsibility for regular communications with Youth Ministry Leader
- ☐ Open communications with Youth Ministry/Confirmation Coordinator or Pastor designee regarding special needs or situations that may impact student's sacramental preparation.

readiness to adequately prepare for the sacrament of Confirmation, will be required to participate in additional classes. These classes will run concurrently during the Pre-Con year.

- Candidates demonstrate the Christian Way of Life through proper formation of conscience for living according to the moral and social teaching of the Church (*as evidenced by community service, participation at classes, youth events and retreats*)
- Candidates experience Christian Living through regular reception of the sacraments of the Eucharist and Reconciliation, by their commitment to ongoing spiritual growth through prayer, good works, and involvement in parish life (*as evidenced by participation in parish community events including prayer liturgical celebrations, serving in ministries, and community service*)

Confirmation Program Design, Requirements, Expectations

Class Design/Delivery. The catechist/instructional team includes Faith Formation staff, experienced volunteer catechists, parish clergy, and occasional guest speakers. The presentation of material combines experiential activity, large group lecture, and small group discussions. Young adults and confirmed high school students also assist during classes, youth nights, and retreats as facilitators, group leaders, and assistants.

Class Sessions/Times. 25 sessions will be offered starting in September 2025 and ending in May 2026.

- Confirmation I (Con1) classes are held **Saturdays** from **2:45 to 4:15 p.m.** Students are expected to attend one weekend Mass. We recommend the **4:30 p.m. or 6:30 p.m. Mass on Saturday**, or the **5 p.m. Mass on Sunday**.
- Confirmation II (Con2) classes are held **Sundays** from **3:15 to 4:45 p.m.** Students are expected to attend the parish youth mass at 5 p.m.

Attendance Requirement. Student attendance and participation are imperative. Candidates are expected to attend all class sessions. Attendance is recorded via rosters submitted to the parish office. Parents/guardians will be notified via email to monitor and track their child's attendance.

- Candidates that miss more than 5 class sessions jeopardize receiving the Sacrament of Confirmation "on time" and may be delayed to the next year. A conference with student, parent, Youth Ministry/Confirmation Director and/or Pastor will be required to discern best option to ensure candidates readiness and continuance of the program.
- Candidates are also expected attend to Youth Nights (at least 7), Confirmation Retreat, and weekly mass.
- Other youth faith formation activities (Inspiration LA, SD Youth Day, NCYC, RE Congress, and other events) will be offered throughout the year for candidates to participate.

Youth Nights. Candidates are required to attend at least 7 youth nights per year. Youth nights are generally scheduled on the first and third Fridays of the month. 15-20 opportunities for youth nights will be offered throughout the year including makeup/bonus events. Parents/guardians and candidates will receive via email, a monthly report of the number of youth nights attended so they may track their progress. A calendar will be available in September. Youth nights are open to all parish high school age students.

Retreats. Candidates are required to attend a retreat each year – it is mandatory and cannot be waived. Con1 retreat will be 2 days/1 night and will take place on campus usually in October. Year 2 Confirmation retreat will be 3 days/2 nights and will be away at a retreat center, usually in late January or early February.

Due to the holistic nature and design of the retreat, candidates will not be allowed to arrive late and/or leave early. If Candidate is unable to attend retreat with our Parish, he/she is responsible for finding and attending a comparable retreat with another Parish in our Diocese. Candidates are urged to make every effort to attend our parish retreat – it is an integral part of our Confirmation preparation program and traditionally has been very moving and a fondly remembered faith experiences for candidates. Any retreat experience outside of the parish must be approved prior to the candidate's attendance.

Community Service. Candidates are required to perform 20 service hours per year. A maximum of 5 hours may be performed outside of our Parish/Diocesan events. Candidates must volunteer at a minimum of one parish community event (Oktoberfest, Beautification Day, Parish Picnic, Advent/Christmas or Lent/Easter or other approved open-parish wide events, etc.) per year. Service Hours Verification Form must be filled out, signed and approved, and submitted to the front office to receive credit for hours as soon as possible after the service. Parents/guardians and candidates will be notified monthly of the number of service hours recorded, so they may track their progress, and to ensure all service is recorded.

Parent/Family Formation. Parents are required to attend a minimum of six (6) 3-unit parent/family formation sessions each year—this excludes orientation meetings: Formation of the candidates requires the cooperative efforts of parents (primary educators), pastor, clergy, catechists, and parish community. The Family Formation Series (approximately 8 will be scheduled) will be presented in variety of topics and formats including parent/candidate sessions, guest speaker talks, married couple/family sessions, etc. The sessions will be offered on Sundays and weekday evenings. This requirement may be fully or partially waived for parents who consistently serve as primary catechists in grades 1-8 Faith Formation programs.

Parent Sessions and Attendance: Good Shepherd's Faith Formation is centered around whole-family catechesis. Parent sessions are an integral part of faith formation. It is strongly recommended that parents attend sessions aligned to the student's course of study (listed as #1) which are held when their children are also in class. Each family is required to complete 18 units of parent faith formation sessions. This requirement may be fully or partially waived for parents who consistently serve as primary catechists in grades 1-8 Faith Formation programs. A schedule of classes will be available parent orientation in September; parents will be notified when additional opportunities are scheduled. There are several options that may better suit parents' schedules, or to make-up for missed sessions. Options currently include:

1. High School/Confirmation Parent Sessions. These sessions focus on life and spirituality development issues for families with high school students. Sessions will be held on weekends and weekday evenings for two to three hours. Most sessions will be equivalent to 3 units. At least eight (8) 3-unit sessions will be offered.
2. Elementary/Middle School Parent Sessions when children classes are scheduled. These sessions are aligned with the themes being introduced in the students' curriculum, weekly mass scriptures and catechetical foundations making linkages to life and spirituality issues for families with young children Grades 1 through 8. Each session is equivalent to 1 unit. At least 23 sessions will be offered. (*Vietnamese Parent Sessions, Saturdays 5 p.m.; English Parent Sessions-Sundays at 9 a.m.; Spanish Parent Sessions, Sundays, noon*)
3. Adult Enrichment Sessions. Good Shepherd offers ongoing faith formation courses and bible study opportunities for adults. Each gathering/session will count for at least 1.5 units. Parents who choose this option must be pre-approved and complete the course. The length of courses may vary. The schedule will also be available on parish website (<https://www.goodshepherdparish.net/faithformation/eng/adult>).
4. Parish Advent/Lent Retreats. Good Shepherd hosts retreats/missions during Advent and Lent. Themes, dates, and units will be announced when the schedule is released.
5. OCIA (Order of Christian Initiation for Adults). Parents who are preparing to receive the sacraments of initiation, and participate in OCIA can fulfil the Parent Session requirements.

(Similar info as above in table form for quick reference)

Parent Faith Formation Opportunities 2025-26

Each family with students preparing for sacraments is required to complete 18 units.

If children in multiple programs, requirement is still only 18/family. Though recommended to attend parent session created for your children's study level, parent attendance in any combination totaling 18 units will fulfill requirement.

Parents must sign in and out to receive credit. Schedules will be released in September.

Sessions/Classes	Content/Focus	When	Units/Session	Notes
1. High School/ Confirmation Parent Sessions	Life and spirituality development issues for families with high school students; catechetical, bible, current church topics.	Weekend and Weekdays – TBD	3.0 (8 sessions offered in the year)	Presenters include guest speakers, lay catechists, and clergy.
2. Elementary/Middle School Parent Sessions	Aligned to students' curriculum, weekly mass scriptures and catechetical foundations; linkages to life and spirituality issues for families.	During student class times Viet-Sat, 5 p.m. Eng-Sun, 9 a.m. Spa-Sun, Noon	1.0 (23 sessions offered in the year)	Presenters include parish lay catechists and clergy.
3. Adult Enrichment – open to all parishioners.	Courses and bible study topics; usually multi-week series	Weekday morning and evening sessions.	1.5 (6-8 wk series, must complete course)	Led by parish catechists with video lessons. Fee for materials.
4. Parish Missions/ Retreats, <u>with prior approval</u> retreats sponsored by parish ministries may qualify.	Reflection and preparation for the liturgical seasons	TBD, generally December and March, evenings	TBD	Guest Clergy
5. OCIA (Order of Christian Initiation for Adults).	Preparation to receive sacraments of Baptism, Eucharist, and Confirmation	Multi-week sessions begin in August.	Completion fulfills requirement.	Deacon Rivas and Lay Team

Parent/Family Participation-Support. Preparation is a shared journey with the parish, parents, and students. We will periodically ask parent/family assistance in the classrooms, during retreats, special events and projects, general supervision, etc.

Code of Conduct and Unacceptable Behavior. Christian behaviors are always expected. Candidates, and co-signed by their parents, will sign acknowledgement of correct and incorrect behaviors as well as associated consequence at orientation.

Registration Process and Fees

Registration Window/Dates. Registration window opens two-weeks before Faith Formation year ends and extends to the first Friday in October. Registration for Faith Formation 2025-26 year closes October 4, 2025.

Parents/guardians may register their child(ren) during designated registration days/hours as published in the bulletin or Flocknotes, or by making an appointment. To register students, parents/guardian completes registration form, presents required sacramental certificates, pays fees, reviews and signs "Acknowledgement of Program Requirements". Registration/acceptance into the program is complete after student is interviewed by the Youth Ministry/Confirmation coordinator, and together (parents and student must one orientation session).

- ☐ Candidate interviews will be held in late July and early August by appointment.
- ☐ Parents and Students Orientation must attend one dates for orientation:-
 - Confirmation 1:
 - Saturday, Sept. 13, 2 p.m.
 - Sunday, Sept. 14, 3 p.m.
 - Tuesday, Sept. 16, 6:30 p.m.
 - Confirmation 2:
 - Saturday, Sept. 13, 3:30 p.m.
 - Sunday, Sept. 14, 6 p.m.
 - Wednesday, Sept. 17, 6:30 p.m.

Registration fee. Early Registration Fee (by August 30)—\$130 per student. Beginning September 1, registration fee is \$150/student. Registration fee does NOT include retreat fees (expect it to be for PreCon \$150 payable in October, and for Con \$250 due in January). There may be additional fees for selected youth activities days/events as well. Payment or payment plan must be made at the time of registration. No refund will be made if the family is dropped due to failure to meet the requirements. No refunds will be made after the registration closes on October 4, 2025.

Communications—A Shared Responsibility.

Clear and consistent communication is vital to ensuring the success and well-being of our candidates, and we aim to keep you informed every step of the way. At Good Shepherd Parish, we utilize various communication channels to keep you updated and informed about important matters concerning your child's faith formation. These include: email, Flocknotes, parish website, and parish social media.

You can expect regular updates and communications from us according to the following schedule:

- Monthly: Attendance notifications, Service Hours Updates, Event notifications, service hours opportunities, etc.
- As needed: Special announcements or urgent matters

Appointment Scheduling. We recognize the value of open dialogue and collaboration between parents and our team. If you wish to discuss your child's progress, address concerns, or seek clarification on any matter, we encourage you to schedule an appointment with the youth/confirmation program director --Melissa Mina (youthminister@goodshepherdparish.net) or call the Parish at 858-271-0207.

Acknowledgement/Acceptance. *By signing below, I acknowledge that I have received and agree to meet the requirements as stated for the Confirmation Sacramental Prep program at Good Shepherd Parish. If my student/family is unable to fulfill the requirements of the program, I may schedule an appointment to meet with the Youth Ministry Coordinator and/or pastor/or designee to discuss future option.*

Print Parent's Name

Parent's Signature

Date

FF Staff Name

FF Staff Signature

Date



Youth Ministry/Faith Formation 2025-2026

CODE OF CONDUCT

Each child that registered into the 2025-26 Confirmation Program is required to read and to understand the Code of Conduct.

The basic premise of this code of Conduct for Children and Youth is that all humanity functions at its best when behaviors and expectations are clearly outlined. Young people need to be made aware of correct and incorrect behaviors as well as the consequences associated with them. Forming good moral consciences in children and youth is a primary role of the family with support and guidance from the local Church community in conjunction with existing local or diocesan policies, and protocols.

Student Expectations: Christian behavior is always expected as lived out in the following:

- Attend weekly Mass.
- Participate in class, and complete classwork when assigned.
- Small Groups: What is said in a small group discussion by a youth is to remain in the small group. That is, no youth is allowed to talk about personal information concerning another youth unless it is a life-threatening situation. This allows for openness, trust, and vulnerability amongst the youth in a Christian community.
- Participants are expected to respect the facilities being used.
- Dress must be in accord with the activity and appropriate for a Christian environment. All youth should dress modestly. All clothing should be free of vulgar or drug related messages. Shirts and shorts should be an appropriate length; no crop tops, visible undergarments, or shorts shorter than mid-thigh.
- Students will turn in their cell phones, tablets, and any other electronic equipment at the beginning of class/retreats and will receive them back at the end.

Unacceptable behavior and lack of cooperation will not be tolerated and will be addressed appropriately. Examples of unacceptable behavior are as follows, though not limited to:

- Disrespect for adults and peers.
- Use of vulgar language, gestures and use of racial slurs
- Damaging of property
- Fighting or intent to injure others.
- Possession of weapons, alcohol or drugs
- No Bullying. No child or youth has the right to treat another in any manner that will cause physical or emotional pain. Therefore, harassment of any kind is viewed as unchristian and therefore unacceptable.

We hereby acknowledge receipt of the Code of Conduct and understand and agree that it is our responsibility to read and comply with the code at all times.

_____ Print Student's Name	_____ Student's Signature	_____ Date
_____ Print Parent's Name	_____ Parent's Signature	_____ Date
_____ FF Staff Name	_____ FF Staff Signature	_____ Date



CONFIRMATION REGISTRATION 2025-2026

Please be sure to have the following items when you register:

- ☐ Completed registration form. *Fields with * are required.* ☐ Baptismal Certificate (new students).
☐ Code of Conduct ☐ Program Requirements Acknowledgement ☐ Registration Fee

FAMILY NAME-Primary

FAM ID:

If parents are separated/divorced, please only list the primary parent/guardian. Other parent can be listed in Emergency Contacts.

Parent/Guardian 1

First Name*:

Last Name*:

Birthday*: MM/DD/YYYY

Gender*:

Cell Phone*:

Email*:

Parent/Guardian 2

First Name*:

Last Name*:

Birthday*: MM/DD/YYYY

Gender*:

Cell Phone*:

Email*:

Mailing Address*:

City*:

State*:

Zip*:

Please provide emergency contacts that are NOT the parents/guardians.

Emergency Contact 1

First Name*:

Last Name*:

Cell Phone*:

Emergency Contact 2

First Name:

Last Name:

Cell Phone:

MEDICAL CONSENT/RELEASE: I understand that Good Shepherd Parish does not assume responsibility for payment of a physician. However, in an emergency, I authorize emergency medical treatment and agree that you may choose physician(s). I hereby release, both individually and collectively, the Dioceses of San Diego, Good Shepherd Parish, its staff and host families (home study), from any and all liability arising from the care and supervision of my children.

Print Name

Signature

Relationship to child(ren)

DIGITAL COMMUNICATION CONSENT/RELEASE: This letter authorizes Good Shepherd Parish of the Catholic Diocese of San Diego, its representatives, or volunteers, to contact your child via electronic communications including but not limited to emails/texts, video conferencing, webinar, and virtual classroom software. These communications will be used to notify your child and you about Faith Formation related news and updates.

Print Name

Signature

Relationship to child(ren)

PHOTO/VIDEO RELEASE: This authorizes Good Shepherd Parish of the Catholic Diocese of San Diego, its representatives, or volunteers, to photograph or record on audio or video my Child(ren) for purposes of furthering the mission of the Faith Formation program, in this specific case, the creation of publication materials for youth and adults who participate in faith formation and youth events during the current school year. Photos, audio, or video may be used in printed materials and any other visual display or media. I understand that such photos and/or audio or video recordings will be used for Good Shepherd Faith Formation related purposes and will not be used for any commercial purpose whatsoever. Good Shepherd Faith Formation, as a standard practice of communication with youth and families, will be utilizing social media, video conferencing, webinar, and virtual classroom software. Any photos posted on these sites will only utilize first names of youth and adults from the parish will not tag photos. Youth, however, may go on and tag/re-tweet photos. I therefore hereby waive any kind and all rights my child/ward or I may have for compensation of any kind, which could otherwise accrue for the use of such photos and/or audio or video recordings.

Print Name

Signature

Relationship to child(ren)

OFFICE USE-Payment

TOTAL DUE:

☐ CASH

☐ CHECK

☐ CC

☐ PAYMENT PLAN ON FILE

☐ ACKNOWLEDGEMENT OF PROGRAM REQUIREMENTS

List children to be enrolled in Confirmation Program Year 1 or Year 2 ONLY. For Health and Special Needs fields, mark N/A if there are none to report.

Student 1	First Name*:		Last Name*:	
Birthday*: MM/DD/YYYY	Gender*:	Baptized?* (YES <input type="checkbox"/> /NO <input type="checkbox"/> Date & Church:		
Grade in Fall 2025*:	T-Shirt Size*:	1 st Communion?* (YES <input type="checkbox"/> /NO <input type="checkbox"/> Date & Church:		
Cell Phone:		Email*:		
High School*:		Clubs/Sports*:		
Confirmation Program Level (to be confirmed after interview): Year 1, Saturday 2:45 p.m. <input type="checkbox"/> Year 2, Sunday 3:15 p.m. <input type="checkbox"/>				
Health Notes/Allergies*:				
Special Needs or Circumstances that impact this child's learning and/or ability to meet program requirements*:				
OFFICE USE ONLY -Placement Notes CLASS: FORMATION GRADE:				
Student 2	First Name*:		Last Name*:	
Birthday*: MM/DD/YYYY	Gender*:	Baptized?* (YES <input type="checkbox"/> /NO <input type="checkbox"/> Date & Church:		
Grade in Fall 2025*:	T-Shirt Size*:	1 st Communion?* (YES <input type="checkbox"/> /NO <input type="checkbox"/> Date & Church:		
Cell Phone*:		Email*:		
High School*:		Clubs/Sports*:		
Confirmation Program Level (to be confirmed after interview): Year 1, Saturday 2:45 p.m. <input type="checkbox"/> Year 2, Sunday 3:15 p.m. <input type="checkbox"/>				
Health Notes/Allergies*:				
Special Needs or Circumstances that impact this child's learning and/or ability to meet program requirements*:				
OFFICE USE ONLY -Placement Notes CLASS: FORMATION GRADE:				
Student 3	First Name*:		Last Name*:	
Birthday*: MM/DD/YYYY	Gender*:	Baptized?* (YES <input type="checkbox"/> /NO <input type="checkbox"/> Date & Church:		
Grade in Fall 2025*:	T-Shirt Size*:	1 st Communion?* (YES <input type="checkbox"/> /NO <input type="checkbox"/> Date & Church:		
Cell Phone*:		Email*:		
High School*:		Clubs/Sports*:		
Confirmation Program Level (to be confirmed after interview): Year 1, Saturday 2:45 p.m. <input type="checkbox"/> Year 2, Sunday 3:15 p.m. <input type="checkbox"/>				
Health Notes/Allergies*:				
Special Needs or Circumstances that impact this child's learning and/or ability to meet program requirements*:				
OFFICE USE ONLY -Placement Notes CLASS: FORMATION GRADE:				