

## Dear Pre-Confirmation Candidates and Parents:

The time has come for our Pre-Confirmation Retreat. This year our theme is “**Humble Under God**”. As you know, Retreat will be held Saturday, October 25<sup>th</sup>, sleeping overnight through Sunday, October 26<sup>th</sup>, here on our Good Shepherd Parish Campus. Here are a few details:

**WHAT TO EXPECT:** We will be doing a variety of activities including large group and small group discussions, indoor and outdoor games, personal reflections, and community building exercises.

**WHAT TO BRING:** \_\_\_\_\_ Sleeping bag/pillow/blanket \_\_\_\_\_ Foldable Chair  
\_\_\_\_\_ Toiletries (including but not limited to) Toothbrush/Toothpaste/Deodorant /Face wash /washcloth/  
personal wipes/body spray/perfume (not too heavy)  
\_\_\_\_\_ Optional 70s themed clothing \_\_\_\_\_ Sweatshirt or Jacket  
\_\_\_\_\_ Pajamas, sleepwear \_\_\_\_\_ Refillable Water Bottle

**WHAT NOT TO BRING:** --- Laptops, tablets, air pods, headphones, other electronics. Cell phones will be collected and turned off at the beginning of retreat, similar to session check-in, and will be returned at end of retreat. All adult chaperones will have phones in case of necessity. **We are NOT responsible for any lost, misplaced, or stolen items.**

--- Drugs, alcohol, cigarettes, vape pens, weapons, and all paraphernalia are strictly prohibited. Violations of this rule will be sent home immediately, and law enforcement will be notified if necessary.

--- Non modest clothes, short shorts, low cut shirts, inappropriate graphics/wording, etc. are not permitted

**Please contact me immediately if there are any special diet or medical needs that were not disclosed on your registration form.**

**EMERGENCIES:** In case of emergency during retreat only, **Melissa's work number is (858)367-9933**. Please understand that I may not respond immediately as we are engaged in ongoing activities. I do promise to check my messages regularly.

**SCHEDULE: Saturday October 25th** – Please sign-in and drop off your child at the gym by **7:45 a.m.** Candidates who arrive after 8am are still welcome to join us but will not be given credit for this retreat. You will be responsible for finding another parish to attend retreat with to satisfy the program requirement.

**Sunday October 26th** – Parents/family are invited to join the Candidates for breakfast at 8:30am in the Parish Hall followed by a family activity. Please RSVP for breakfast through Flocknotes. Please return in the afternoon to have your family join your child at the 12pm mass. Candidates will be released after mass, at approximately 1pm. Candidates who do not attend mass or leave before sign-out will not receive credit for this retreat.

**SPECIAL NOTES:** Parents and families: Your prayers are critical to the success of this Pre-Con Retreat. You, more than anyone else, know what you desire for your teen. Please keep us in your prayers.

**Please pay your retreat fee of \$175 per Candidate, or make payment arrangements, by October 17<sup>th</sup> 2025 in the front Parish office. A limited amount of financial aid is available. We will not turn away any child from retreat for their family's inability to pay for retreat. Please inquire if your family is in need of financial aid.**

Thank you so much and please keep us in your prayers.