



JP Family Therapy – New Client Packet

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Welcome

Thank you for choosing JP Family Therapy. This packet includes the forms needed to get started. You can complete them digitally or print and bring them to your first session.

Checklist

- Client Intake Form (fillable) — contact info, history, goals
- Informed Consent for Psychotherapy (fillable) — HIPAA, telehealth, AI notetaking (opt-out available)
- Consent to Audio/Video Recording (fillable, optional) — training/consultation; you may decline
- Telehealth readiness — quiet private location, stable internet, confirm location each session, backup phone number
- Payment/insurance — card on file or bring insurance details (if applicable)
- ID — bring a government-issued ID (if requested)
- Emergency plan — know your nearest ER; for emergencies call 911

How to Submit

Email completed PDFs to admin@jpfamilytherapy.com (preferred), or bring printed copies to your appointment. If you prefer, we can also complete forms together during your first session.

