

Report on

# **World Diabetes Day**



*Organized by*  
College of Allied Health Sciences  
Faculty of Medicine & Health Sciences  
SRM Institute of Science and Technology  
Tiruchirappalli Campus

**November 2025**

## About the program

The College of Allied Health Sciences, SRM Institute of Science and Technology, Tiruchirappalli campus as organized a program on “**World Diabetes Day – 2025**” with the theme of “**Diabetes across life stages**” on 14.11.2025 at Contonment, Tiruchirappalli Central.

World Diabetes Day (WDD) is a global health campaign observed every year on November 14th, to increase awareness about diabetes, and its impact, management, and prevention.

The theme for World Diabetes Day 2025 is “Diabetes across life stages.” The theme focuses on raising awareness that diabetes can affect anyone, from children and adolescents to adults and older individuals. It highlights the importance of access to care, education, and support at every stage of life to help prevent complications and improve quality of life. The day also aims to draw attention to the growing global burden of diabetes and the need for stronger public health initiatives that promote early diagnosis, healthy lifestyle choices, and consistent management.

Millions of people with diabetes face daily challenges managing their condition in the workplace, including stigma, discrimination and exclusion. This has a negative impact on their well-being.

This World Diabetes Day, join our call on employers and employees around the world to ‘Know more and do more for diabetes at work’ and start the change for a better – Diabetes Life.

Every November 14, World Diabetes Day is commemorated. This is an opportunity to raise awareness about the impact of diabetes on people's health and to highlight the opportunities to strengthen the prevention, diagnosis, and treatment of diabetes.

This year’s theme, “Diabetes during the life course” reinforces our commitment to reducing the risk of diabetes and ensuring that everyone diagnosed has access to comprehensive, equitable, and high-quality care. To raise awareness, share information, spread knowledge, and create lasting change that improves the quality of life for people living with diabetes.

Diabetes can impact people across all life stages, including childhood, the reproductive years, working age and older adulthood.

The theme of this year’s WHO World Diabetes Day, “Diabetes across life stages,” recognizes that every person living with diabetes should have access to integrated care, supportive environments and policies that promote health, dignity and self-management. This campaign emphasizes the importance of a life-course approach to diabetes prevention, management and overall well-being.

### • Our key messages include:

- Diabetes can affect people at every stage of life;
- From childhood to older age, diabetes prevention and care efforts must be integrated across life stages; and

- Supporting well-being and self-care empowers people with diabetes at every age.

World Diabetes Day provides an opportunity to raise awareness about diabetes as a critical global public health issue. Join us in raising awareness, spreading knowledge and creating lasting change for all affected by diabetes.

## **Key facts about diabetes**

### **Prevention**

- Type 1 diabetes is not preventable.
- Type 2 diabetes is often preventable through a healthy diet, regular physical activity, maintaining normal body weight, and avoiding tobacco use.
- Quitting smoking reduces the risk of developing type 2 diabetes by 30-40%.

### **Complications**

- Diabetes is a major cause of blindness, kidney failure, heart attacks, stroke, and lower limb amputation.
- Diabetes is associated with about twice the risk of tuberculosis (TB) disease and a higher risk of multidrug-resistant TB.
- People with both TB and diabetes are twice as likely to die during TB treatment and have twice the risk of TB relapse after treatment completion.


### **Treatment and control**

- Diabetes can be treated, and its complications avoided or delayed with regular screening and treatment.
- People with diabetes should seek regular screening for complications to aid in early detection. This includes screening for kidney disease, regular eye exams, and foot assessment.
- Only about 50% of people with type 2 diabetes get the insulin they need, often because their country's health systems cannot afford it.

Dr. A. Vijayan delivered the welcome address to organizer, students and Dr. P. Manoj Kumar, Department of General Medicine was invited as a chief guest and took forward the program with their focuses on Diabetes can significantly impact a person's life in various ways, both physically and emotionally.

The day, we conducted Rally Cantonment to Around central bus stand, Diabetic basic test, awareness Poster presentation, The day was filled with students engaging patients and discussions to food habits, life values and meaningful interactions, leaving a lasting impression on all who participated.

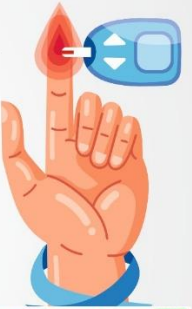
Finally, Mr. Kanakaraj to delivered the vote of thanks.




**SRM INSTITUTE OF SCIENCE AND TECHNOLOGY**  
Tiruchirappalli  
COLLEGE OF ALLIED & HEALTH SCIENCES


organizes

# WORLD DIABETES DAY





**RESOURCE PERSON**  
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Dept. of General Medicine  
Trichy SRM Medical College Hospital & Research Centre



Date : 14-Nov-2025  
Place : Cantonment, Tiruchirappalli

