

SRM Institute of Science and Technology
Tiruchirappalli Campus
College of Allied Health Sciences



Report on Foreign Language / English Aptitude Orientation Program

Date: 10.02.2026

Time: 2.00 PM to 4.00 PM

Venue: SRM Auditorium

The **Foreign Language / English Aptitude & IELTS Orientation Program** was held on **10th March 2026 at 2:00 PM in the SRM Auditorium** for AHS students, with the objective of raising awareness about foreign languages, the IELTS examination and guiding students towards strong English communication skills towards global education opportunities.

The program began with a warm welcome and opening remarks that set the tone for an informative session focused on equipping students with the knowledge and confidence needed to approach the IELTS test and plan their study-abroad goals. We were honoured to have **Dr. Abraham Benjamin Samuel**, Assistant Director of International Relations at the **SRM Group of Institutions (Trichy & Ramapuram campuses)**, as the chief speaker. Dr. Samuel's session provided clarity on key aspects of IELTS, connecting the examination's structure with practical strategies students can adopt to succeed.

Dr. Samuel explained the format of the IELTS test, which assesses a candidate's English proficiency across *Listening, Reading, Writing, and Speaking*, an understanding that is essential for securing admission to universities abroad. He emphasised that familiarity with the test format and regular practice using authentic materials are important steps in preparation, as students gain not just language skills but also the confidence to manage time effectively during the exam.

A notable part of the session was the introduction of a structured mindset often summarised in competitive preparation as the "Six Cs," which guide students beyond routine study. These principles encouraged learners to focus on clarity in understanding the test requirements, consistency in practice, confidence in communication, critical thinking for tackling questions, composure on exam day, and commitment to ongoing improvement. This approach helped students see IELTS preparation as a holistic journey rather than a series of tasks, blending skill development with strategic thinking and emotional readiness.

Dr. Samuel also connected IELTS preparation with broader study-abroad planning, urging students to start early with a realistic schedule that balances lifestyle and study goals. He shared how regular full-length practice tests help simulate the actual exam experience, build effective time management skills, and reduce test-day anxiety. To excel in different sections, students were encouraged to engage with English through reading varied texts, listening to diverse audio sources, writing essays under timed conditions, and practising spoken communication in real-life scenarios — all of which strengthen language proficiency and comfort with the English language.

The latter part of the program was devoted to open student interaction. Learners asked thoughtful questions about choosing preparation resources, handling time pressure during the

test, and balancing IELTS study with academic commitments. Dr. Samuel responded with personalised suggestions, reinforcing the value of consistent practice, feedback from mentors or peers, and developing a positive mindset towards challenges. The discussion was lively and engaging, with students expressing their aspirations to pursue international education and seeking practical advice that they could implement immediately.

Overall, the orientation program proved to be a highly motivational and informative platform. Students left with a clearer understanding of what IELTS entails, how to approach their preparation strategically, and practical steps they can adopt to improve their English aptitude for study abroad. The session not only deepened their knowledge of the examination but also inspired them to embrace a dedicated and confident preparation journey for their global education goals.







