

Write-up on 21st Tamil Nadu State Senior Para Athletic Championship -2026.

Date: 03/02/2026 to 05/02/2026

Venue: Annai Sathya Stadium, Thanjavur

Participants: Faculty: 02, Students: 11

The **Tamil Nadu Paralympic Sports Association** organized the **21st State Senior Para-Athletic Championship – 2026** from **03rd to 06th February 2026** at **Annai Sathya Stadium, Thanjavur**.

On **03rd February 2026**, as part of the Paralympic sports events, athletes were allotted for **para-athletic classification**. **Dr. D. Vincent Jeyaraj**, State Para Classifier, conducted the athlete classification process, supported by **Dr. P. Vinitha, Assistant Professor**, along with **11 MPT students**. On the first day, **approximately 235 newly registered para-athletes** were successfully classified based on their **percentage and type of disability**, in accordance with established Paralympic classification guidelines.

On **04th and 05th February 2026**, a total of **146 athletic events** were conducted, with the participation of **around 600 senior para-athletes** from across the state.

Throughout the championship, the **SRM College of Physiotherapy team** played a crucial role in ensuring athlete safety, injury prevention, and optimal performance. Their responsibilities included:

Pre-Event Responsibilities

- Conducting **musculoskeletal screening** to identify existing injuries, impairments, and potential risk factors
- Assessment of **range of motion, muscle strength, balance, and functional capacity**
- Providing **athlete education** on proper warm-up, stretching, and injury prevention strategies

- Advising coaches regarding **load management and adaptive training requirements**
- Supporting the **para sport classification process**

On-Field / During Competition Responsibilities

- Supervision of **sport-specific warm-up and cool-down programs**
- Providing **immediate injury management**, including acute care, taping, strapping, and cryotherapy
- Management of **overuse injuries, stump care, pressure sores, and skin integrity issues**
- Continuous monitoring of **fatigue levels, pain, and functional efficiency** during competition

During the entire event as a Physiotherapy Team, we addressed over 150 athletes with our quality treatment.

The College of Physiotherapy extends its sincere gratitude to the **Management and Dean, College of Physiotherapy** for their support and encouragement in making this humanitarian effort a success.

Participants list

Sl.No	Faculty Name	Designation
1	Dr.D.Vincent Jeyaraj	Associate Professor
2	Dr.P.Vinitha	Assistant Professor
STUDENTS		
1	AFSAL KHAN	MPT 2 nd Year
2	RENUGADEVI	MPT 2 nd Year
3	KAVIYA	MPT 2 nd Year
4	HARIKRISHNA	MPT 2 nd Year
5	SUDHARSHAN	MPT 2 nd Year
6	SAHANA GAYATHRI	MPT 2 nd Year
7	KAVIN NILAVAN	MPT 1 st Year
8	VARADHARAJAN	MPT 1 st Year
9	JOINA	MPT 1 st Year

10	PRIYANKA	MPT 1 st Year
11	RANJENI	MPT 1 st Year





D.VINCENT JEYARAJ
Associate Professor,

P.VINITHA
Assistant Professor

ASSISTANT DIRECTOR - FMHS
DEAN -COLLEGE OF PHYSIOTHERAPY

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