

SRM College of Physiotherapy, SRMIST Tiruchirappalli
Organized as a part of
World Cancer day 2026- Awareness Programme



DATE: 04.02.2026

TIME: 10.00AM TO 1.00PM

VENUE: Multipurpose Hall, college of physiotherapy.

The programme aimed to promote cancer awareness among the younger generation by emphasizing the prevention of cancer and providing guidance on overcoming addiction.

The gathering was welcomed and addressed by Dr. V.P.R. Sivakumar Ph.D., Assistant Director, FMHS, and Dean, College of Physiotherapy. Sir highlighted the importance of session in preventing cancer among young generation.



SRM Institute of Science & Technology
College of Physiotherapy
Tiruchirappalli Campus

The speaker of the event was Dr. C.S. Sowndaram M.A., M.Phil., Ph.D, professional counselor, Shadowing as Mental Health Educator at NHS, UK.

Dr. C.S. Sowndaram, mainly focused on the importance of cancer prevention through healthy lifestyle choices and early awareness. Special emphasis was given to the rising problem of addiction among teenager's, such as cigarette, Alcohol and other harmful substances, which are major risk factors for developing cancer.

Students gained valuable knowledge about cancer prevention and De-addiction. The session was highly interactive and engaging. Students actively participated by asking questions and sharing their thoughts. They understood the harmful effects of addiction in teenage life. Overall, the program motivated them to adopt a healthy, Addiction-free lifestyle.

The programme concluded with a Vote of Thanks delivered by R. Rajarethinam, Assistant professor, College of Physiotherapy & In-charge, Department of Physiotherapy.

Coordinators of the Event

Mrs.Vidyagajalakshmi -Assisatant professor
Mr.r.Rajarethinam - Assisatant professor
Ms.Kumathavalli - Assisatant professor

Assistant Director, FMHS
Dean, College of Physiotherapy