

INFORMATION ABOUT SPONSORS FOR CONFIRMATION CANDIDATES

INFORMATION FOR CANDIDATES

REQUIREMENTS FOR CHOOSING YOUR SPONSOR

Your Sponsor:

- 1) Must be a practicing Catholic in good standing with the Church who receives the sacraments on a regular basis.
- 2) Must be 16 or older.
- 3) Must be Confirmed.
- 4) **Cannot** be your parents.
- 5) Can be your Godparents

THINGS TO CONSIDER WHEN CHOOSING A SPONSOR

When choosing a sponsor consider someone:

- 1) Who will be a mentor or spiritual advisor in your life
- 2) Who will give time and commitment to this relationship
- 3) Who will take on the responsibilities of being a sponsor
- 4) Whose faith you admire
- 5) You feel comfortable praying with
- 6) You feel comfortable discussing your faith with
- 7) Who is readily available to you for advice, encouragement, and assistance
- 8) Who is actively living out the beliefs of the Catholic faith
- 9) Who will lead you closer to Christ

IMPORTANT NOTE: Your sponsor plays an important role in your faith life so take time to really think about a person in your life that will support you and help you grow in your Catholic faith. Pray about it! Ask God for guidance when making this decision.

A Prayer to Help You Choose Your Sponsor

Holy Spirit, helper and guide, give me wisdom as I choose my Confirmation sponsor. Help me to choose a person of prayer who will teach me also to be a person of prayer who will support me in difficult times, who will guide me to make good choices, and who will challenge me when I do not. Help me to choose someone who will love me and teach me to love Jesus. Thank you for giving me a community of people around me to support and guide me as I take this important step in becoming more fully a member of your Church. Amen

AFTER CHOOSING YOUR SPONSOR

- 1) Give him/her the INFORMATION FOR SPONSORS sheet (below/attached)
- 2) Have him/her fill out the SPONSOR FORM (below/attached)
- 3) Turn in the form to the parish faith formation office
- 4) Fill out the Confirmation Sponsor Interview together
- 5) Attend a Confirmation Sponsor/Candidate session



INFORMATION FOR SPONSORS

NOTE TO SPONSORS

This is an exciting time for you! You have been asked to be a guide, a mentor, and spiritual advisor to someone who considers you worthy and able to fulfill all of these obligations. You are their support system for the rest of their lives when it comes to them living out their Catholic faith to its fullest. Please read the requirements and responsibilities of a sponsor below and fill out the Sponsor Form.

REQUIREMENTS FOR BEING A SPONSOR

As a Sponsor, you:

- 1) Must be a practicing Catholic in good standing with the Church who receives the sacraments on a regular basis
- 2) Must be 16 or older
- 3) Must be Confirmed
- 4) If married, have been married in a Catholic Church

RESPONSIBILITIES OF A SPONSOR

As a Sponsor you are being asked to:

- 1) Give your time and commitment to your Confirmation Candidate
- 2) Be readily available to your candidate
- 3) Share your faith and faith journey with your candidate
- 4) Pray for and with your candidate
- 5) Present the candidate for the Sacrament of Confirmation
- 5) Spend time getting to know your candidate on a spiritual level
- 6) Support and lead your candidate to live a faithful Catholic life
- 7) Provide a good spiritual example for your candidate
- 8) Maintain a relationship with your candidate for the rest of your lives
- 8) Attend meetings required for Sponsors and Confirmation Candidates (If required, to be announced)

IMPORTANT NOTE: As a Sponsor you are making a LIFE commitment to your candidate, so please consider taking this role seriously. Take time to pray and discern taking on this important role.



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SPONSOR FORM

Please return this form no later than November 17, 2025

GENERAL INFO

Sponsor Name _____
First Middle Last

Sponsor Address _____

City State Country Zip Code _____

Sponsor's Phone _____ Sponsor's Email _____

Name of Confirmation Candidate _____
First Middle Last

Candidate's Parent Names
Father First Name Mother First Name Family Last Name

SPONSOR REQUIREMENTS

As a Sponsor, I realize I must:

- 1) Be a practicing Catholic in both word and deed.
- 2) Be a fully initiated Catholic having received the Sacraments of Baptism, Eucharist, and Confirmation
- 3) If I am married, have been married in the Catholic Church
- 4) Attend Mass and receive the sacraments regularly.
- 5) Not be the Candidates parent.

I, as a Sponsor, confirm that the above statements are true.

Sponsor's Signature _____

SPONSOR'S PARISH INFO

I am a registered parishioner at _____
Name of home parish

Parish Address _____

City Zip Code _____

(Arch) Diocese Name of Pastor _____

"Pastors must ascertain the spiritual qualifications of sponsors. The sponsor for any candidate may be male or female and is to be sufficiently mature, a practicing Catholic, who has him/herself been confirmed and has not been prohibited by law from exercising the role of sponsor. One of the Baptismal sponsors is not only allowed, but is in fact desired as the Confirmation sponsor, so as to emphasize the relationship between Baptism and Confirmation." (Canon 893) This person is an active witness of the Catholic faith in both word and deed, and is able to perform the duties of a Confirmation Sponsor.

Pastor's Signature _____

Church Seal Date _____