

Black Bean Quinoa Burger, Chef-Crafted (Vegan, GF) 4oz

INGREDIENTS

Cooked Black Beans (Black beans, Water), Water, Red Bell Peppers, Cooked Quinoa (Water, Quinoa), Corn, Potato Flakes, Expeller Pressed Canola Oil, Soy Flour, Soy Protein Concentrate, Cooked Brown Rice (Water, Brown Rice), Onions, Contains less than 2% of Arrowroot Powder, Masa Flour (Corn Flour, Calcium Hydroxide), Salt, Jalapeño Pepper, Cilantro, Chili Powder (Chili Pepper, Salt, Garlic, Cumin, Spices), Garlic, Tomato Paste, Chipotle Chili Pepper Powder.

CONTAINS: Soy.

STORAGE / SHELF LIFE

24 months from date of production when stored frozen at 0°F/-18°C or below. Cook from frozen.

PREPARATION

KEEP FROZEN PRIOR TO USE. For food safety cook to an internal temperature of 165°F. Cooking appliances may vary; cooking times may need adjusting.

Flat Top Grill (Preferred Method): Preheat grill to 350°F. If the grill is not a non-stick surface, please coat grill with a liberal coating of pan release. Place frozen burgers on grill and cook until heated through and well browned, flipping as necessary (approximately 8 minutes).

Convection Oven: Preheat oven to bake at 450°F. Place frozen product on an ungreased baking pan. Bake for approximately 8 minutes until browned. Carefully flip and bake an additional 7 minutes until heated through and well browned.



Nutrition Facts

About 40 servings per container
Serving Size 1 Piece (113g)

Amount per serving	
Calories	210
	% Daily Value*
Total Fat 9g	12%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 440mg	19%
Total Carbohydrate 23g	8%
Dietary Fiber 5g	18%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 1.8mg	10%
Potassium 370mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

VEGAN



PACKAGING SPECS

UPC	080868010366
Case Pack*	Approx. 40/4oz
Case Net Weight	10 lbs
Gross Weight	11 lbs
Case Dimensions	12.81" x 8.31" x 5.12"
Case Cube (cubic feet)	.3344
Pallet Ti/Hi	16/11
GTIN	(01)00080868010366
Country of Origin	USA, from US and foreign ingredients

*Cases sold by weight. Piece count may vary.

VBINBB-4

Black Bean Quinoa Veggie Burger, Chef-Crafted (Vegan) 4 oz

Keep Frozen Prior To Use. For food safety and quality, heat to a minimum internal temperature of 165°F. Flat Top Grill (Preferred Method): Preheat grill to 350°F. If the grill is not a non-stick surface, please coat grill with a liberal coating of pan release. Place frozen burgers on grill and cook until heated through and well browned, flipping as necessary (approximately 8 minutes). Convection Oven: Preheat oven to bake at 450°F. Place frozen product on ungreased baking pan. Bake approximately 8 minutes until browned. Carefully flip and bake an additional 7 minutes until heated through and well browned.

Ingredients: Cooked Black Beans (Black beans, Water), Water, Red Bell Peppers, Cooked Quinoa (Water, Quinoa), Corn, Potato Flakes, Expeller Pressed Canola Oil, Soy Protein Concentrate, Cooked Brown Rice (Water, Brown Rice), Onions, Arrowroot Powder, Masa Flour (Corn Flour, Calcium Hydroxide), Salt, Jalapeño Pepper, Cilantro, Chili Powder (Chili Pepper, Salt, Garlic, Cumin, Spices), Garlic, Tomato Paste, Chipotle Chili Pepper Powder.

Contains: SOY

10 lbs (4.54kg)

Keep Frozen 0°F/-18°C

Dr. Praeger's Sensible Foods LLC
Elmwood Park, NJ 07407
Made in USA

Lot # F26CC-05A