

INGREDIENTS

Soy Filling (Hydrated Soy Protein Concentrate [Water, Soy Protein Concentrate], Natural Chicken Type Flavor [Yeast Extract, Salt, Potato Maltodextrin, Natural Flavor, Onion Powder, Lactic Acid, Sugar], Canola Oil, Methyl Cellulose, Potato Starch. Batter/Breading (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Wheat Flour, Whole Grain Flour Blend [Amaranth, Quinoa, Millet, Sorghum, Teff], Rice Flour, Sugar, Salt, Leavening [Cream of Tartar, Sodium Bicarbonate], Whole Grain Rolled Oats, Oat Bran, Sunflower Oil [processing aid], Dextrose, Yeast, Spices [including Celery Seeds], Paprika Extract). Par-fried in Canola Oil.

CONTAINS: Wheat, Soy.

STORAGE / SHELF LIFE

24 months from date of production when stored frozen at 0°F/-18°C or below. Cook from frozen.

PREPARATION

KEEP FROZEN PRIOR TO USE. For food safety cook to an internal temperature of 165°F. Cooking appliances may vary; cooking times may need adjusting.

Speed Oven: Preheat oven to 500°F and cook for 2 mins. Convection 100%, Top 80% Bottom 80% and Microwave 60%.

Deep Fryer: Preheat Fryer to 350°F, Cook for 3.25 - 3.5 mins.

Convection Oven: Time: 9 Minutes, Temp 400°F; Low Fan; Center Rack.



Nutrition Facts

About 42 servings per container
Serving Size 4 tenders (108g)

Amount per serving
Calories 240

	% Daily Value*
Total Fat 14g	17%
Saturated Fat 0.5g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 520mg	22%
Total Carbohydrate 16g	6%
Dietary Fiber 5g	18%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 13g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 2.4mg	15%
Potassium 530mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PACKAGING SPECS

UPC	080868067247
Case Pack*	3.13" x 1.13" x .63"
Case Net Weight	Approx. 168/.95oz
Gross Weight	10 lbs
Case Dimensions	10.5 lbs
Case Cube (cubic feet)	14"d x 8.5"w x 7"h
Pallet Ti/Hi	.4821
GTIN	14/9
Country of Origin	(01)00080868067247

*Cases sold by weight. Piece count may vary.

dr. Praeger's®
TASTY MEETS VEGGIE

INSPECTED BY THE
U.S. DEPT. OF AGRICULTURE
IN ACCORDANCE WITH
FNS REQUIREMENTS

SCTDIN

Chickenless Tenders
Soy protein,
tender-shaped pieces

Best if Used by Date:
JUN-30-2028

COOKING INSTRUCTIONS: Keep frozen prior to use. For food safety cook to a minimum internal temperature of 165° F. OVEN: Preheat to 450°F. Bake for 16-18 minutes, flipping halfway through. STOVETOP: Preheat a nonstick pan over medium low heat. Cook frozen tenders for 8-10 minutes. Flip halfway through.

INGREDIENTS: Soy Filling (Hydrated Soy Protein Concentrate [Water, Soy Protein Concentrate], Natural Chicken Type Flavor [Yeast Extract, Salt, Potato Maltodextrin, Natural Flavor, Onion Powder, Lactic Acid, Sugar], Expeller Pressed Canola Oil, Methyl Cellulose, Potato Starch. Batter/Breading (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Wheat Flour, Whole Grain Flour Blend [Amaranth, Quinoa, Millet, Sorghum, Teff], Rice Flour, Sugar, Salt, Leavening [Cream of Tartar, Sodium Bicarbonate], Whole Grain Rolled Oats, Oat Bran, Sunflower Oil [processing aid], Dextrose, Yeast, Spices [including Celery Seeds], Paprika Extract). Par-fried in Expeller Pressed Canola Oil.

Contains: **WHEAT, SOY**

Made in a facility that uses Wheat, Soy, Sesame, and Eggs

Manufactured By:
Dr. Praeger's Sensible Foods LLC
Elmwood Park, NJ 07407 USA
Establishment #22375FNS

Net Wt. 10 lbs (4.54kg)

X26DA-05A

(01) 0 0080868 06724 7

Keep Frozen 0° Degrees F

VEGAN

