dr. Praeger's
TASTY MEETS VEGGIE

Ordering Code: LBRIN

LBRIN Broccoli Littles® (Gluten Free) 0.6oz

- 1 full serving of veggies‡
- Only 9 ingredients
- Fun shapes: dinosaurs, stars, and teddy bears



INGREDIENTS

Broccoli, Potatoes, Onions, Potato Flakes, Canola Oil, Egg Whites, Arrowroot Powder, Sea Salt, Garlic.

CONTAINS: Egg.

STORAGE / SHELF LIFE

24 months from date of production when stored frozen at 0°F/-18°C or below. Cook from frozen.

PREPARATION

KEEP FROZEN PRIOR TO USE. For food safety cook to an internal temperature of 165°F. Cooking appliances may vary; cooking times may need adjusting.

Oven / Toaster Oven (Preferred Method): Preheat oven / toaster oven to bake at 450°F. Place Littles on an ungreased baking pan. Bake for approximately 6 minutes until browned. Carefully flip and bake for an additional 4 minutes, until heated through and browned to taste.

Skillet: Preheat a non-stick pan over medium heat. Cook Littles for approximately 6 minutes until browned. Carefully flip and cook for an additional 3 minutes, until heated through and browned to taste.

‡1 serving provides the equivalent of ½ cup of vegetables of the 2 ½ daily cups of vegetables the Dietary Guidelines recommend for a 2,000 calorie diet. Daily needs may vary depending on age, sex, and activity level.

Food Buying Guide creditable amount of vegetables: 3/8 cup other vegetables (1/8 cup dark green vegetables and ¼ cup starchy vegetables)

Nutrition Facts

About 53 servings per container
Serving Size 5 Littles (85g)

Amount per serving
Calories 130

	% Daily Value*
Total Fat 7g	**9%**
Saturated Fat 1g	**6%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 290mg	**13%**
Total Carbohydrate 14g	**5%**
Dietary Fiber 2g	**8%**
Total Sugars 1g	
Includes 0g Added Sugars	**0%**
Protein 3g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 0.2mg	0%
Potassium 250mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PACKAGING SPECS

UPC	080868020464
Case Pack*	Approx. 266/0.6oz
Case Net Weight	10 lbs
Gross Weight	10.6 lbs
Case Dimensions	13.05" x 8.7" x 6.75"
Case Cube (cubic feet)	.4435
Pallet Ti/Hi	14/9
GTIN	(01)00080868020464
Country of Origin	USA, from US and foreign ingredients

*Cases sold by weight. Piece count may vary.

dr. Praeger's
TASTY MEETS VEGGIE

Broccoli Littles® (Gluten Free) 0.6oz

COOKING INSTRUCTIONS: Must be cooked from frozen. For food safety and quality, heat to a minimum internal temperature of 165° F. Oven: Preheat oven to 450° F. Bake Littles® on an ungreased baking tray for 10-12 minutes, flipping half-way through.

LBRIN

INGREDIENTS: Broccoli, Potatoes, Onions, Potato Flakes, Canola Oil, Egg Whites, Arrowroot Powder, Sea Salt, Garlic

Best if used by:
APR-07-2028

Contains: EGGS

10 lbs (4.54 kg)

Made in a facility that uses Wheat, Soy, Sesame, and Eggs

Dr. Praeger's Sensible Foods LLC
Elmwood Park, NJ 07407
Made in USA

(01) 0 0080868 02046 4

Lot # R26AH-01A

Keep Frozen 0°F/-18°C

As of 9/26

DISTRIBUTED BY DR. PRAEGER'S SENSIBLE FOODS LLC
Elmwood Park, NJ 07407 USA | Phone: 201-703-1300

dr. Praeger's PURELY SENSIBLE FOODS

Product Formulation Statement

Manufacturer:	**Dr. Praeger's Sensible Foods**	Code No.	**LBRIN**
Product Name:	**Broccoli Littles**		
Case/Pack/Count/Portion/Size:	**2.4 oz**		

II. Vegetables

The chart below shows the creditable amount of vegetable. 1/4 cup servings

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Servings Per lb	Creditable Amount *
Onions, mature diced, ready to use		X	7.92	
Potato products, fresh, shredded		X	8.28	
Broccoli, frozen, cut or chopped		X	9.6	
Potatoes, Dehydrated Flake, low moisture		X	50.5	
Total Creditable Vegetables				**1.91**

*Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information/ 16 to convert to 1/4 cup servings

Total weight (per portion) of product as purchased **4 pieces @ 17g=68g/4 pieces = 2.4 ounces**

Total creditable amount of product (per portion) **3/8 cup other vegetables**

The 3/8 cup vegetables includes 1/8 cup dark green vegetables and 1/4 cup starchy vegetables.

I certifiy that the above informaiton is true and correct. These calculations are based on confidential product formulation information provided to me by Dr. Praeger's and follow USDA instructions for product crediting.

Jeff Cohen	Executive Vice President & Chief Compliance Officer	
Signature	Title	
Jeff Cohen	7/28/2022	201-703-1300
Printed Name	Date	Phone Number