

## Black Bean Bits, Chef-Crafted (Vegan, Gluten Free)

### INGREDIENTS

Cooked Black Beans (Black Beans, Water), Water, Red Bell Peppers, Cooked Quinoa (Water, Quinoa), Expeller Pressed Canola Oil and/or Sunflower Oil, Corn, Potato Flakes, Soy Protein Concentrate, Cooked Brown Rice (Water, Brown Rice), Onions, Contains less than 2% of Arrowroot Powder, Masa Flour (Corn Flour, Calcium Hydroxide), Jalapeño Pepper, Cilantro, Cultured Dextrose, Sea Salt, Chili Powder (Chili Pepper, Salt, Garlic, Cumin, Spices), Garlic, Tomato Paste, Rosemary Extract, Chipotle Chili Pepper Powder.

**CONTAINS:** Soy.



### STORAGE / SHELF LIFE

24 months from date of production when stored frozen at 0°F/-18°C or below. Cook from frozen.

### PREPARATION

**KEEP FROZEN PRIOR TO USE.** For food safety cook to an internal temperature of 165°F. **Oven:** Preheat oven to bake at 400°F. Bake for 4 minutes, flip and continue heating for an additional 3-4 minutes until heated through. **Air Fryer:** Preheat the air fryer to 400°F. Air-fry for 4 minutes, flip and continue heating for an additional 4 minutes until heated through.

### Nutrition Facts

About 43 servings per container  
Serving Size ¾ of a Cup (85g)

| Amount per serving            |            |
|-------------------------------|------------|
| <b>Calories</b>               | <b>200</b> |
| % Daily Value*                |            |
| <b>Total Fat</b> 11g          | <b>24%</b> |
| Saturated Fat 2g              | <b>5%</b>  |
| Trans Fat 0g                  |            |
| <b>Cholesterol</b> 0mg        | <b>0%</b>  |
| <b>Sodium</b> 350mg           | <b>15%</b> |
| <b>Total Carbohydrate</b> 20g | <b>7%</b>  |
| Dietary Fiber 4g              | <b>14%</b> |
| Total Sugars 1g               |            |
| Includes 0g Added Sugars      | <b>0%</b>  |
| <b>Protein</b> 7g             | <b>14%</b> |
| Vitamin D 0mcg                | 0%         |
| Calcium 40mg                  | 4%         |
| Iron 1.4mg                    | 8%         |
| Potassium 360mg               | 8%         |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

VEGAN



### PACKAGING SPECS

|                        |                                      |
|------------------------|--------------------------------------|
| UPC                    | 080868010700                         |
| Case Net Weight        | 8 lbs                                |
| Gross Weight           | 9 lbs                                |
| Case Dimensions        | 21.25" x 6.63" x 6.75"               |
| Case Cube (cubic feet) | 0.55                                 |
| Pallet Ti/Hi           | 12/10                                |
| GTIN                   | (01)10080868010700                   |
| Country of Origin      | USA, from US and foreign ingredients |

\*Cases sold by weight. Piece count may vary.

**dr. Praeger's®**  
TASTY MEETS VEGGIE

Black Bean Bits, Chef-Crafted (Vegan, Gluten Free)

Cooking Instructions: KEEP FROZEN PRIOR TO USE. For food safety cook to an internal temperature of 165°F.  
Single Serving: Oven: Preheat oven to bake at 400°F. Bake for 4 minutes, flip and continue heating for an additional 3-4 minutes until heated through.  
Air Fryer: Preheat the air fryer to 400°F. Air-fry for 4 minutes, flip and continue heating for an additional 4 minutes until heated through.  
1. Box: Preheat oven to 400°F. Lay the bits on a large oven-tray. Cook for 13-15 minutes. Flip the product halfway through until it reaches 165°F.  
To Keep the Product Warm Under the Heat Lamp:  
1. Use the above heating instructions properly.  
2. Place the heated product under the heat lamp. Recommended for 3-4 hours. Stir occasionally.



**Best if used by:**  
**APR-24-2027**

CONTAINS: Soy.

Made in a facility that uses Wheat, Soy, Sesame, Milk, and Eggs

Lot # R25CE-03A

Dr. Praeger's Sensible Foods LLC  
Elmwood Park, NJ 07407



BBBIN

INGREDIENTS: Cooked Black Beans (Black Beans, Water), Water, Red Bell Peppers, Cooked Quinoa (Water, Quinoa), Expeller Pressed Canola Oil and/or Sunflower Oil, Corn, Potato Flakes, Soy Protein Concentrate, Cooked Brown Rice (Water, Brown Rice), Onions, Contains less than 2% of Arrowroot Powder, Masa Flour (Corn Flour, Calcium Hydroxide), Jalapeño Pepper, Cilantro, Cultured Dextrose, Sea Salt, Chili Powder (Chili Pepper, Salt, Garlic, Cumin, Spices), Garlic, Tomato Paste, Rosemary Extract, Chipotle Chili Pepper Powder.

Net. Wt. 8 lbs (3.63 kg)

(01) 1 0080868 01070 7

Keep Frozen 0°F/-18°C

# Product Formulation Statement

Manufacturer: Dr. Praeger's Sensible Foods , LLC Code No. BBBIN  
 Product Name: Black Bean Bits Chef- Crafted  
 Case/Pack/Count/Portion/Size: 8 lbs, about 3oz

## I. Meat/Meat Alternate

The chart below shows the creditable amount of Meat/Meat Alternate determination.

| Description of Creditable Ingredients per Food Buying Guide (FBG) | Ounces per Raw Portion of Creditable Ingredient | Multiply | FBG Yield/ Servings Per Unit | Creditable Amount * |
|-------------------------------------------------------------------|-------------------------------------------------|----------|------------------------------|---------------------|
| Black Beans                                                       | 0.454904042                                     | X        | 10.14/lb                     | 0.288               |
|                                                                   |                                                 | X        |                              | 0.00                |
|                                                                   |                                                 | X        |                              | 0.00                |
| <b>A. Total Creditable M/MA Amount<sup>1</sup></b>                |                                                 |          |                              | <b>0.29</b>         |

\*Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information

## Alternate Protein Product (APP)

If the product contains APP, the chart below will be completed to determine the creditable amount of APP. If APP is used, documentation will be provided for each APP used.

| APP manufacturer and code number                  | Oz Dry APP / Portion | Multiply | % of Protein As-Is* | Divide by 18** | Creditable Amount of APP*** |
|---------------------------------------------------|----------------------|----------|---------------------|----------------|-----------------------------|
| Soy Protein                                       | 0.17                 | x        | 64.80%              | ÷ by 18        | 0.62                        |
| <b>B. Total Creditable APP Amount<sup>1</sup></b> |                      |          |                     |                | <b>0.91</b>                 |

\*Percent of Protein As-Is is provided on the attached APP documentation.

\*\*18 is the percent of protein when fully hydrated.

\*\*\*Creditable amount of APP equals ounces of Dry APP multiplied by the percent of protein as-is divided by 18.

|                                                                           |             |
|---------------------------------------------------------------------------|-------------|
| <b>A. + B. Total Creditable M/MA + APP Amount (unrounded)<sup>1</sup></b> | <b>1.20</b> |
| <b>C. TOTAL CREDITABLE M/MA (A rounded down to nearest 1/4 oz)</b>        | <b>1.00</b> |

<sup>1</sup>Total Creditable Amount must be rounded down to the nearest 0.25oz (1.49 would round down to 1.25 oz meat equivalent). Do not round up. If you are crediting M/MA and APP, you do not need to round down in box A (Total Creditable M/MA Amount) until after you have added the Total Creditable APP Amount from box B to box C.

Total weight (per portion) of product as purchased

3 oz.

Total creditable amount of product (per portion)

1 meat alternate

I certify that the above information is true and correct and that a portion of the above product (ready for serving) contains meat alternate and 0.00 ounce enriched grains.

1.00 3.00 ounce serving/  
ounces of equivalent

Signature

John Allen

Printed Name

Regulatory Affairs Manager

Title

6/15/2026

Date

201-775-6225

Phone Number