



**Workfast Consulting**

Helping people connect strategy  
with execution

# AI and the Future of Work: Driving Innovation and Efficiency

AI is revolutionizing how people work and enabling remarkable business outcomes at an unprecedented pace. At Workfast Consulting, we help organizations achieve their strategic priorities. To that end, we believe AI has transformational potential **IF** people and companies can effectively leverage the technology. **The journey begins with individuals developing foundational knowledge and an “AI First Mindset”.**

Our interactive [‘AI and the Future of Work: Driving Innovation and Efficiency’ workshop](#) is tailored to your team and business. It is designed to educate, inform and inspire your team to consider the possibilities of integrating AI into personal productivity and business operations, creating efficiencies, improving outcomes, and improving your ability to serve customers. **Novice AI users will save 2 – 4 hours per week within 60 days practicing using the information provided in the workshop.**

Our workshop can be ‘tool agnostic’ or tailored specifically to your business. For example, if your company uses M365 Copilot, we will gear the workshop to that environment and can include Copilot specific tips, tricks, and capabilities.

## **Included with ‘AI and the Future of Work: Driving Innovation and Efficiency’:**

- ◇ 4 hours of advice and consultation with leaders including pre and post workshop discussions
- ◇ Starter Toolkit: Workfast’s AI Playbook + Use Case Collection and Evaluation Templates
- ◇ Pre-workshop participant survey to tailor the workshop to the participants
- ◇ Interactive workshop for 15 – 20 participants
- ◇ Tool specific discussion and use (i.e. M365 Copilot or Google Gemini)
- ◇ Post-workshop survey to establish AI adoption and productivity gain measurement baseline
- ◇ Follow-up survey 6 months post-workshop to measure growth and gather success stories

# What benefits should you expect?

- Enhanced Understanding of AI
- Insight into AI's Impact
- Practical Use Cases
- Hands-On Experience
- Strategic Insights
- Increased Confidence

---

*Additional advisory, consulting, implementation, development, and technical services available*

---

## Contact Us

### James Stovall

Partner

[jstovall@workfastconsulting.com](mailto:jstovall@workfastconsulting.com)

678-517-4754

[linkedin.com/in/jfstovall](https://www.linkedin.com/in/jfstovall)

[www.workfastconsulting.com](http://www.workfastconsulting.com)

### Matt Barnes

Partner

[mbarnes@workfastconsulting.com](mailto:mbarnes@workfastconsulting.com)

404-358-1298

[linkedin.com/in/mattbarnespe](https://www.linkedin.com/in/mattbarnespe)

[www.workfastconsulting.com](http://www.workfastconsulting.com)