

OPTIONS

Revolutionary Ideas in the War on Cancer



THE NEWSLETTER OF PEOPLE AGAINST CANCER

Volume 7, Number 1, December 2001

Terrorism and Cancer

Editorial

On September 11th the world was shocked by an unprecedented terrorist attack on America and citizens of the civilized World.

In the days that followed we struggled to find some kind of meaning from the tragedy—only to be faced with the new kind of terrorism—the bioterrorism of anthrax—with smallpox on the horizon!

The United States Government has failed to do the one single thing that governments should do for their people—they have failed to protect us.

Impotent against terrorism they have now found a much easier target—medical marijuana. Incredibly, while the world is embracing the benefits of medical marijuana, the American government has launched a campaign of terrorism against American citizens.

While the world is united against one kind of terrorism—another kind of terrorism goes on completely unnoticed.

It is the terrorism of cancer.

This year 1,500,000 Americans will be diagnosed with cancer and 750,000 will die notwithstanding the best conventional therapy.

Women face the terrorism of mammograms that increase the risk of cancer and therapies that don't work.

Men face the terrorism of psa screening in prostate cancer only to find no survival benefit with standard therapy.

The medical establishment wants us to be terrorized by cancer. Because if we are terrorized, we will do things that are not reasonable or rational. Like taking chemotherapy or radiation therapy when there is no evidence we will live longer or feel better. Stop the terrorism. Tell the truth! ☮

OPTIONS

Options: Revolutionary Ideas in the War on Cancer is published as the Newsletter of People Against Cancer. We hope you find it both provocative and informative.



On October 23, 2001, England decriminalized the use of medical marijuana.

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PEOPLE
AGAINST
CANCER

Medical Marijuana: The Government vs. The People

On October 3, 2001 armed agents of the Federal Government of the United States of America launched the latest battle in the "war on drugs." They raided a California Club which supplied medical marijuana to sick people.

Agents from the Federal Drug Enforcement Agency (DEA) the West El Dorado Narcotics Enforcement Team stormed the offices of the California Medical Research Center and another team used a federal search warrant to seize 6,000 confidential patient files and 32 pot plants from the rural El Dorado County home of the centers directors Dale Schafer and breast cancer patient Mollie Fry, MD.

Dale Schafer, the director of the Research Center said, "My wife is an eighth-generation practicing physician whose grandfather used cannabis to treat anorexia," he said. "She's trained to be a free thinker and help patients. Politics should have no place in medicine."

The raid followed a US Supreme Court ruling in May that declared that illness is no excuse for legalizing marijuana—not even to ease the suffering of patients with cancer, AIDS or other life-threatening diseases.

"The Federal Government is now openly brutalizing people with cancer. They have launched a vicious terrorist attack against the desperately ill and defenseless," said Frank Wiewel, founder of People Against Cancer. "For people with cancer, medical marijuana is perfectly safe, it increases appetite, it relieves pain better than drugs, it relieves nausea better than drugs and creates euphoria for those who are desperately ill. How can this be bad?"

Despite the decision, there was no *Marijuana* cont'd on page 2

Marijuana (cont'd from page 1)

clear consensus from the high court. While they affirmed the government's power to shut down a cannabis cooperative, in Oakland, California, it stopped short of invalidating laws passed by nine states allowing marijuana for medical use Justice Stevens wrote in defense of medical necessity for "...a seriously ill patient for whom there is no other means of avoiding starvation or extraordinary suffering."

Predictably, the highest ranking law enforcement official in the government, Attorney General John Ashcroft, praised the Supreme Court decision saying, "We can't function well as a country if each state makes its own rules about what's available health-care-wise. If Congress wants to exempt various people from the laws of this country, it's their duty."

In the battle between the Federal government and the people, the scientists seem to support the American people.

Institute of Medicine Finds Benefit

Two years ago, the Institute of Medicine concluded that marijuana was safe, has potential therapeutic value, and that there was no evidence that it was a "gateway drug."

Polls show nearly three-quarters of Americans favor medical-marijuana use, and juries are increasingly reluctant to convict sick people for possession. Oregon, Alaska and Hawaii have set up state registries for medical marijuana users; Colorado, California, Nevada and Maine are debating similar moves. But the grassroots enthusiasm carries little weight with drug warriors, who dispute the scientific data and argue that marijuana leads to hard narcotics.

Innovative physicians and researchers argue that medical marijuana not only works better than drugs against pain and nausea. Also it's far less expensive. However, it can't be made into a drug and patented by the pharmaceutical industry. And this may be the problem.

"If the pharmaceutical industry had a drug which was as good as marijuana, it would be hailed as a miracle cure," says, Lothar Hirneise, the founder of



Menchen Gegen Krebs (People Against Cancer-DE) in Germany. "The pharmaceutical industry controls medicine in Europe and American medicine. And all too often they don't act in the best interests of the people."

"Medical marijuana is perfectly safe, it increases appetite, it relieves pain better than drugs, it relieves nausea better than drugs and creates euphoria for those who are desperately ill. How can this be bad?"

—Frank D Wiewel

The Issue of Safety

Incredibly, the DEA's own Administrative Law Judge, Francis Young, concluded: "In strict medical terms marijuana is far safer than many foods we commonly consume. For example, eating 10 raw potatoes can result in a toxic response. By comparison, it is physically impossible to eat enough marijuana to induce death. Marijuana in its natural form is one of the safest therapeutically active substances known to man. By any measure of rational analysis marijuana can be safely used within the supervised routine of medical care."

The US National Commission on

Marihuana (sic) and Drug Abuse, commissioned by President Nixon in 1972, concluded that "Marihuana's relative potential for harm to the vast majority of individual users and its actual impact on society does not justify a social policy designed to seek out and firmly punish those who use it."

The Advisory Committee on Drug Dependence and Cannabis in London, England found that Government-appointed commissions in the United States, Canada, England, Australia, and the Netherlands concluded, after reviewing the scientific evidence, that marijuana's dangers had previously been greatly exaggerated, and urged lawmakers to drastically reduce or eliminate penalties for marijuana possession.

The Police Foundation chaired by Prince Charles in England stated, "Our conclusion is that the present law on cannabis produces more harm than it prevents. It is very expensive of the time and resources of the criminal justice system and especially of the police. It criminalizes large numbers of otherwise law-abiding, mainly young, people to the detriment of their futures."

Canada Legalizes Medical Marijuana

On July 31, Canada began allowing seriously ill people to buy, cultivate and use marijuana to alleviate their symptoms.

England Decriminalizes

Based on the vast body of scientific evidence, with the support of law enforcement and the people, on October 23, England effectively decriminalized marijuana—not just medical marijuana, all marijuana. "Finally, at long last, the people in the UK will be able to use this safe and effective remedy without risk of prosecution," says Klaus Pertl the founder of People Against Cancer-UK.

Since 1996, the District of Columbia and nine states (Alaska, Arizona, California, Colorado, Hawaii, Maine, Nevada, Oregon and Washington) have passed laws protecting patient use of marijuana.

According to the most recent Gallop poll, 73 percent of Americans support the use of marijuana as a physician-prescribed pain reliever. ☑



Marijuana Shrinks Tumors—Safely!

THC Shrinks Tumors, Relieves Pain and Nausea, and Improves the Quality of Life

While the medical establishment desperately searches for the “magic bullet” drug, dramatic new experiments show that THC, the active ingredient in marijuana actually safely destroys brain tumors.

Researchers in Madrid, Spain reported in the March issue of *Nature Medicine* that THC, the active ingredient in marijuana, actually destroys incurable brain tumors—in the majority of cases. And the term “medical marijuana” has now taken on dramatic new meaning.

The Madrid study marks only the second time in history that THC has been administered to tumor-bearing animals. The first was a Virginia investigation 26 years ago.

Both studies found potent anticancer effects. Both times the media was silent.

In 1974 the National Institutes of Health paid researchers at the Medical College of Virginia to find evidence that marijuana damages the immune system.

Ironically, instead they found that THC slowed the growth of three kinds of cancer—lung and breast cancer, and a virus-induced leukemia.

US Government Suppression

The DEA quickly shut down the Virginia study and all further cannabis/tumor research.

In 1976 President Gerald Ford put an end to all public cannabis research and granted exclusive research rights to major pharmaceutical companies, who set out—unsuccessfully—to develop synthetic forms of THC that would deliver the medical benefits without the “high.”

“While the Medical Establishment is desperately searching for the next highly profitable magic bullet drug—THC from marijuana is proven to relieve pain and nausea, and is a potent anti-cancer agent,” says cancer researcher Frank D Wiewel, “It’s money vs. truth and the government vs. the people.”

Survived Longer

The Madrid Researchers reported, “...Cannabinoid (THC)-treated rats survived significantly longer than control rats. THC administration was inef-



Drugs vs. Nature

“While the Medical Establishment spends billions of dollars desperately searching for the next highly profitable magic bullet drug—THC from marijuana is proven to relieve pain and nausea, and is a potent anti-cancer agent.”

—Frank D Wiewel

fective in three rats, which died by days 16–18. Nine of the THC-treated rats surpassed the time of death of untreated rats, and survived up to 19–35 days.”

Tumors Completely Eradicated

“Moreover, the tumor was completely eradicated in three of the treated rats. All the rats left untreated uniformly died 12–18 days after glioma (brain cancer) cell inoculation.”

The Spanish researchers, led by Dr. Manuel Guzman of Complutense University, also irrigated healthy rats’ brains with large doses of THC for seven days, to test for harmful biochemical or neurological effects. They found none.

THC Safe—No Sign of Damage

“Careful MRI analysis of all those tumor-free rats showed no sign of damage related to necrosis, edema, infection or trauma....We also examined other potential side effects of cannabinoid administration. In both tumor-free and tumor-bearing rats, cannabinoid administration induced no substantial change

in behavioral parameters such as motor coordination or physical activity. Food and water intake as well as body weight gain were unaffected during and after cannabinoid delivery. Likewise, the general hematological profiles of cannabinoid-treated rats were normal.

“Thus, neither biochemical parameters nor markers of tissue damage changed substantially during the 7-day delivery period or for at least 2 months after cannabinoid treatment ended.”

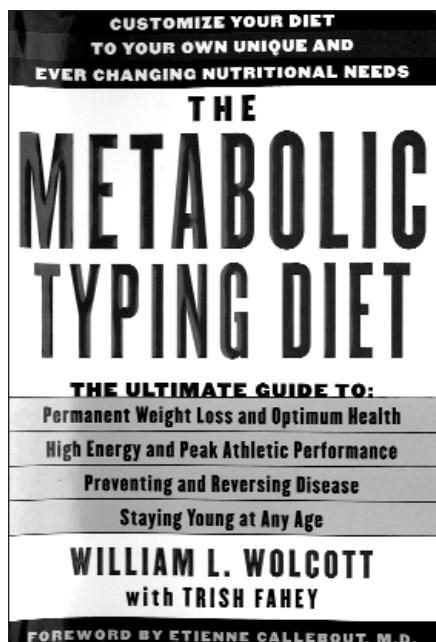
Guzman’s investigation is the only time since the 1974 Virginia study that THC has been administered to live tumor-bearing animals.

In 1983 the Reagan/Bush Administration tried to persuade American universities and researchers to destroy all 1966–76 cannabis research work, including compendiums in libraries, reports Jack Herer, who states, “We know that large amounts of information have since disappeared.”

The Virginia study entitled, *Antineoplastic Activity of Cannabinoids*, an article in a 1975 *Journal of the National Cancer Institute* begins, “Lewis lung adenocarcinoma growth was retarded by the oral administration of tetrahydrocannabinol (THC) and cannabinol (CBN)—two types of cannabinoids, a family of active components in marijuana. “Mice treated for 20 consecutive days with THC and CBN had reduced primary tumor size.”

On August 18, 1974, the *Washington Post* reported, “The active chemical agent in marijuana curbs the growth of three kinds of cancer in mice and may also suppress the immunity reaction that causes rejection of organ transplants, a Medical College of Virginia team has discovered.” The researchers “found that THC slowed the growth of lung cancers, breast cancers and a virus-induced leukemia in laboratory mice, and prolonged their lives by as much as 36 percent.”

“Cancer, you hear about it. You read about it. You see it on TV. But there is one thing you are never told. You are never told the truth about cancer,” says Wiewel.



The Advanced NutriTherapy Program uses Metabolic Typing as the scientific way to find out what foods and food supplements will help an individual and what foods will harm.

Thousands of years ago, Hippocrates said, "Let your food be your medicine and your medicine be your food." But modern conventional medicine has ignored this age-old wisdom.

Some researchers are now suggesting that "food can indeed be medicine." They suggest that diet and nutrition may in fact be the fundamental aspect of health and healing.

For decades researchers and innovative physicians have been telling us that if we eat right and take certain supplements we can prevent cancer and other diseases.

There are now literally thousands of studies which demonstrate the role of food as good preventative medicine.

However, these same physicians and researchers are now suggesting that there is mounting evidence that food and food supplements may not only

NutriTherapy: The Future of Medicine

"Let your food be your medicine."

prevent cancer and heart disease—the major killers of the modern world—but food and supplements may also be equally important in the treatment of these diseases.

In fact, some researchers have now suggested that the most exciting new field of cancer therapy is NutriTherapy. NutriTherapy is the selective use of foods and nutrients to treat disease.

"NutriTherapy is the frontier of science and health," says Frank Wiewel who was the former Chairman of the Pharmacological and Biological Treatments Committee at the Office of Alternative Medicine (OAM) in the National Institutes of Health (NIH).

"However, don't look for your conventional physicians to embrace this new frontier anytime soon," says Wiewel. "Conventional doctors get little training about diet. They get less training about nutrition. And they get virtually no training whatsoever about the therapeutic potential of nutritional supplements. The average person on the street knows more about nutrition than their doctor."

And Lothar Hirneise agrees, "They're still searching for the magic bullet—the billion dollar drug bonanza. It's the same in Germany. The search for the magic bullet is an exercise in futility," says Hirneise. "We have never found one and we never will."

But there are powerful critics who disagree. "Recently, there has been a great deal of interest in the use of alternative medicines including vitamins, minerals, nutraceuticals, and herbal preparations," stated Wolfgang H. Vogel, PhD, of Thomas Jefferson University, Philadelphia, Pennsylvania. "Although used widely by many

individuals, little is still known about their efficacy as well as toxicity." When money becomes involved, ethics and morals often fly out the window, suggested Vogel in a discussion entitled "Alternative Therapies and Herbal Remedies as Complicating Factors in the Diagnosis and Treatment of Diseases."

However critics of the conventional system argue the same could be said of conventional medicine where there is far more money to be found. Marcia Angell, MD, Editor-in-Chief of the *New England Journal of Medicine* recently wrote, "We certainly are in a health care crisis. If we had set out to design the worst system that we could imagine, we couldn't have imagined one as bad as we have."

"Here's a system in which we spend over twice what the next most expensive country spends on health care...we spend roughly \$4,500 for every American...Switzerland spends maybe \$2,500...Canada spends

Super broccoli was found to contain significant amounts of a potent cancer fighter sulforaphane.



Frontier of Science and Health!

“Let your medicine be your food.” —Hippocrates

\$2,000...and poor little Great Britain spends about \$1,000 for every British citizen.

“And what do we get for it? What do we get for that \$4,500? Well, we certainly don’t get our money’s worth.

“Our life expectancy is shorter. Our infant mortality is higher. Our childhood immunization rate is lower. And look at how often we get to see the doctor, how long we get to stay in the hospital. Canadians see their doctors far more often than we do. Americans really can’t afford to go see their doctor.”

Hirneise who recently hosted a groundbreaking World Cancer Conference in Munich points out, “In Germany, we admit that chemotherapy and radiotherapy are not effective. So we look in these new directions. We have documented scientific evidence that it is entirely possible to cure advanced cancer using diet, nutrition and detoxification. The Budwig diet and the Stockholm Protocol are important examples of this new immersing field of medicine.”

The Stockholm Protocol

The Stockholm Protocol is a regimen developed in Europe that suggests removing poisons from the food, air, water and environment, then significant detoxification, followed by a strict diet and very specific forms of nutritional supplements.

The Budwig Regimen

The Budwig Regimen was developed by Johanna Budwig, the legendary scientist from Freudenstadt Germany who has been nominated seven times for a Nobel Prize. Budwig, now a vibrant 94 years old, insists that you can cure cancer and heart disease

and many other chronic degenerative diseases with an organic diet made up of significant amounts of essential fatty acids and sulphadryl proteins.

Considered by many to be the world’s premier lipid chemist, Budwig has championed the use of organic flax seeds and flax seed oil as the world’s most important source of essential fatty acids, combined with organic dairy like cottage cheese, yogurt and Quark for the vital sulphadryl protein.

Budwig names trans-fatty acids in processed fats and oils as a major enemy and blames “the grease industry, conventional physicians and the government” for the insidious death toll from cancer and heart disease. It is reported that Budwig has cured 10,000 people of cancer and heart disease in Europe alone.

The NutriTherapy Program

Innovative physicians and researchers in Europe and the US have recently began to focus on NutriTherapy using an exciting new scientific technology called Metabolic Typing.

For decades it has been known that there are significant differences in the way each individual metabolizes foods. While some researchers would argue “we are what we eat,” others argue, “we are what we metabolize.”

One of the most important innovators in the field of Metabolic Typing is William Wolcott. Wolcott recently wrote the book entitled *The Metabolic Typing Diet* which he co-authored with Trish Fahey.

Wolcott worked for decades to refine the science of Metabolic Assessment. Wolcott points out, “Metabolism is simply the sum total of



Carrots and dark green leafy vegetables are very important sources of anticancer carotenoids!

all the chemical and biological activities that are necessary to sustain life. We all need a full spectrum of nutrients.

“But, different people have genetically programmed requirements for different amounts of the various nutrients...this explains why a given nutrient can cause one person to feel good, have no effect on another, and cause a third person to feel poorly.”

Wolcott uses leading edge computer technology and specific metabolic tests to determine a person’s individual “metabolic type.” Then he uses computer analysis to determine what foods and nutritional supplements are necessary to provide optimum health.

“It is science applied to diet and nutrition,” says Frank Wiewel. The NutriTherapy Program explains why some people do well with a vegetarian diet and others do very poorly. The Atkins Diet, The Zone Diet, The Blood Type Diet, The Macrobiotic Diet may work well for some people and be dangerous and harmful to others.

“NutriTherapy using Metabolic Typing is the only way to determine what is best for each person individually,” says Wiewel.

Information: People Against Cancer, PO Box 10, Otho, IA 50569 or call 515-972-4444 or Info@PeopleAgainstCancer.com 

NutriTherapy: The Stockholm Protocol

During the first part of the 20th Century we were successful in dramatically increasing human life span and reducing needless death largely through better sanitation, and improved food supply.

Since then, the major killers which have emerged are the chronic degenerative diseases of aging such as heart disease and cancer.

In 1955, a discovery was made that would change the face of medicine forever. It is called the free radical theory of aging.

But the theory was largely ignored as we spent decades in a fruitless search for magic bullets.

The free radical theory of aging was first put forward in a ground breaking paper by Denham Harman, MD, PhD, at Berkley over 40 years ago entitled, *Aging: A Theory Based on Free Radical and Radiation Chemistry* published by University of California at Berkeley in 1955.

It has taken nearly 50 years, but the theory has finally gained wide acceptance as the cause of the degeneration in aging and the underlying cause of chronic degenerative diseases like heart disease, rheumatoid arthritis and cancer.

It is also now recognized that substances called antioxidants in diet and dietary supplements can dramatically slow these dangerous free radical reactions in the human body. Some of the most well established antioxidants are vitamin C, vitamin E, vitamin A, Beta-carotene, selenium and zinc.

Denham Harmon, now professor emeritus at the University of Nebraska, is studying what he believes to be one of the most important anti-oxidants of all, called Co-enzyme Q10 (CoQ10).

The substance, a powerful antioxidant and free radical scavenger, may be a very important new weapon in the "war on disease." Clinical studies around the world have now shown it to be a very important substance for the prevention and treatment of cancer, heart disease and other types of chronic degenerative disease. And the interesting part—it is in every cell of the human body—but deficient as we age.

As a potent antioxidant, CoQ10 scavenges the very free radicals that wreak havoc on the body's cells.

The Stockholm Protocol

Co-Enzyme Q-10 Nutrient Mixture

Each Tbsp. contains 300 mg CoQ10 in a proprietary mixture of organic, cold-pressed high linoleic flax seed oil for Omega-3 and 6, borage seed oil for Gamma Linoleic Acid (GLA), Evening Primrose Oil for GLA, and Conjugated Linoleic Acid (CLA).

Dose: One Tbsp. per 50 lbs of body weight per day.

Combination Vitamin C

Each capsule contains 500mg Vitamin C Activity per capsule as Calcium, Magnesium, Potassium, Manganese Ascorbate, Ascorbyl Palmitate, with Bioflavonoids Rutin, Hesperidin, Quercetin and Citrus.

Dose: 12 grams per day (or bowel tolerance) taken as 4 capsules 6 times per day.

Vitamin E

Each capsule contains 400iu of natural D-Alpha Tocopherol Succinate.

Dose: 2500iu (4 capsules of 400iu plus 900iu from 3 Tbsp of CoQ10 Nutrient Mixture) per day.

Natural Beta Carotene

Each capsule contains 20,000iu of BetaCarotene and Vitamin A activity in a mixed carotenoid complex from natural D Salina.

Dose: 60,000iu (3 capsules per day).

Selenium

Each capsule contains 200mcg of selenium from selenomethionine.

Dose: 400mcg (2 capsules per day).

Comprehensive Multiple Vitamin

Each capsule contains 65 vital nutrients. The most complete nutrient formula available.

Dose: 3 tablets taken 3 times per day.

Enzyme Mixture

Each tablet contains a comprehensive formula of enzymes and co-factors.

Dose: 6 tablets taken 6 times per day.

Pancreatic Enzymes

Each tablet contains a comprehensive formula of pancreatic enzymes.

Dose: 6 tablets taken 6 times per day.

The Stockholm Protocol is available exclusively from Innovative Therapeutics: 888-688-9922.

In his original paper, over forty years ago, Harman wrote, "The universality of this phenomenon (aging) suggests that the reactions, which cause it, are basically the same in all living things. Viewing this process, which in essence is cellular degeneration...It seems possible that one factor in aging may be related to deleterious side attacks of free radicals on cell constituents."

Important research by Dr Karl Folkers at the University of Texas, and Dr Knut Lockwood in Denmark, suggests that CoQ10 combined with other antioxidants and nutrients, in what they call *The Stockholm Protocol*, may regress and even eliminate tumors. Lockwood and Folkers studied breast cancer and found that even when it had spread to the liver, the cancer could be eliminated by using high doses of CoQ10 with select antioxidants, fatty acids, enzymes and other nutrients.

The substances in the Stockholm Protocol, in the proper form, given together with a diet which was very high in vegetables and fruits and grains and low in animal fats eliminated existing breast cancer in those treated.

However, Folkers, a respected researcher from the University of Texas, cautioned that the dry form of CoQ10 commonly found in health food stores is poorly absorbed and nearly useless.

Many of the other components of the Stockholm Protocol have been demonstrated to be potent antioxidants and act synergistically with CoQ10.

Vitamin C was widely researched by the late Linus Pauling, a two time Nobel prize recipient. In his cancer research, he found it safe and effective. "Pauling's research clearly shows that Vitamin C, taken together with these other antioxidants, produced significant life extension in people with advanced cancer, even after all other therapies had failed," says Frank Wiewel, the founder of People Against Cancer.

We now know Pauling was right all along. Important new research demonstrates that Vitamin C when taken with select bioflavonoids may be 10 times more powerful than ascorbic acid alone.

For further information on the Stockholm Protocol call: 515-972-4444.



White House Commission on Complementary and Alternative Medicine Policy



Testimony:

I am Frank Wiewel and the founder of an international nonprofit organization, People Against Cancer, and some would consider me a revolutionary in the war on cancer.

Cancer: You hear about it. You read about it and you see it on TV but there is one thing you never hear. You never hear the truth about cancer.

You are never told the truth about cancer incidence. In 1960 it was one in four; today it is one in two. This year 1,500,000 American citizens will get cancer.

Despite these horrifying facts, the cancer establishment claims progress against cancer. You are never told the truth about cancer incidence.

You are never told the truth about cancer death rates. Death from cancer is on the rise. This year over 750,000 American citizens will die, notwithstanding the best conventional treatment. You are never told the truth about cancer death.

You are never told the truth about cancer diagnosis. The public is told that the earlier the diagnosis the better the chance of a cure. It is a lie. Through the use of scare tactics, many forms of cancer are now being diagnosed at a much earlier stage producing a "statistical cure" but no real survival advantage. Radiation from mammograms and x-rays is a major cause of cancer. In the Canadian Breast Cancer Study, routine yearly mammograms for those ages 40 to 50, as recommended by

our National Cancer Institute, produced a 52 percent increase in the rate of cancer. You are never told the truth about cancer diagnosis.

You are never told the truth about what causes cancer. Recently the FDA found 60 to 80 pesticides in the average American food basket. They did not tell the public and they did not do a thing about it.

You are never told the truth about how you can prevent cancer. We can lower our risk by eliminating carcinogens in the food, the air, the water and the environment. There is also good scientific evidence that we can significantly lower the risk of cancer with exercise, dietary changes, nutritional supplements and stress reduction.

You are never told the truth about conventional cancer therapy. For decades the cancer establishment has relied upon the crude and primitive treatments of surgery, radiotherapy and chemotherapy as their only weapons. These therapies are dangerous, toxic, ineffective and highly profitable. There is an ongoing and deliberate sophisticated hoax being perpetrated on people with cancer.

You are never told the truth about what innovative cancer therapies can do. There are promising new methods of treating cancer that are safe, effective and cost effective.

Amazing discoveries about the power of nutrients to prevent and treat cancer are

made every day. Nutritherapy is the use of nutrients in therapeutic doses to resolve disease.

Nutritherapy is the future of medicine. Chemotherapy and radiotherapy are the past. However, nutritherapy will never be approved under the current FDA medical monopoly scheme.

The White House Council on Alternative Medicine has the opportunity to tell the truth and demand reforms of the current system. The Commission has the opportunity to bring together physicians and researchers and people with cancer to discuss new directions in the war on cancer and research new strategies for cancer prevention through the use of the mind, body, diet, nutrition, detoxification and through the high tech biologicals.

What needs to be done? For people with cancer, we need to tell the truth. We need to conduct good scientific research and tell people there are innovative and alternative therapies which are safe, effective and cost effective. We need to tell people that you can do more for yourself than any doctor.

We need to dismantle the FDA and the National Cancer Institute. They cannot be reformed. We need to reestablish all of the National Cancer Advisory Boards as Citizen's Advisory Boards. These boards should be controlled by people with cancer, not physicians and cancer researchers with a vested interest. ¶

MEMBERSHIP FORM

Yes! I would like to support the important work of *People Against Cancer*.

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 \$100Supporting Annual Membership — Includes our newsletter, *Options*, plus a free book.

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OPTIONS

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Options is for educational purposes only. It does not advocate any treatment modality. Each reader is strongly urged to consult a qualified health professional for medical problems.

A LETTER FROM THE EDITOR

From A Personal Tragedy: A Call to Action



On October 17, 2001, my brother-in-law Randy Dallman died of advanced liver disease at age 52.

Worst of all—he died in agony—and he didn't have to.

Like his father Robert, Randy proudly served his country in the armed forces. And like so many, when he went into the service he learned to drink. And it took its toll.

As I watched Randy lay lifeless in a coma in the Vets Hospital in Des Moines, I thought about the fact that alcohol—the legal drug—had ravaged his body. And how marijuana—the illegal drug—could have saved him from his agony.

Randy stopped smoking medical marijuana because he was waiting for a liver transplant. And federal regulations prohibit the use of marijuana which was the only thing that ever relieved his pain and suffering.

Marijuana raised his spirits and made him laugh in the face of the repeated challenges of a terminal illness. It gave him hope. And what could be wrong with that?

No one deserves to die in pain and agony.

Canada has legalized medical marijuana. England has decriminalized it. In my travels to help people with cancer, I often travel through the Netherlands. In Amsterdam, marijuana is legal. You can buy it in a coffee shop and you can grow it on your farm. Physicians in the Netherlands are free to prescribe medical marijuana without the fear of prosecution. They are also free to assist their fellow citizens with terminal illness to die with dignity.

I was reminded that the Dutch have a distinguished history of humanitarianism, when Denise and I took our daughters Megan and Allsion to see the "Anne Frank House." We could learn a lot from the Dutch.

Increasingly we see our friends and family members dying of illnesses, unaffected by treatments feared more than the diseases themselves. As a people, we should not overlook any alternative to help end the suffering of our fellow man.

Write your member of Congress. Ask them to allow Americans the same freedom as our brothers and sisters around the world.

—Frank D Wiewel, Editor



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*New Directions
 in the War on Cancer*