

OPTIONS

Revolutionary Ideas in the War on Cancer



THE NEWSLETTER OF PEOPLE AGAINST CANCER

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FDA Joins The Nazis To Rebuild The Berlin Wall

Editorial

All that is necessary for the forces of evil to win in the world—is for enough good men to do nothing. —Edmund Burke

It was June 16, 2000, a warm summer evening in Berlin. The sun was slowly setting over the Brandenberg Gate. Checkpoint Charlie and the Berlin Wall seemed a distant memory—cold war relics of a time gone by.

Germany was re-unified. Berlin was the capital once again. Most Berliners were optimistic. The streets were alive.

Yet despite the friendly German faces that smiled from the bustling crowds, there was something unsettled. All afternoon I'd had the strange feeling we were being followed.

"Its the Stasi," said Ralf, my new German friend, "They are watching you. They're watching all of us," he said calmly. "Ever since The Wall came down they have been working for the Pharma-Cartel. That's where the money is." I thought he was joking.

He wasn't.

I began to worry about the speech I was scheduled to give the next day at the CODEX Pharma-Cartel protest rally and I called my kids back home. "There is a cancer on the body politic of the New World Order—a massive malignant tumor. The primary site has been identified in and around Berlin with a massive metastatic lesion identified as FDA headquarters, Rockville, MD."

The next day, at the end of our march through the streets of Berlin, at the legendary Wittenberg Platz, I took the stage and shouted "Hello Berlin! I come from America but today 'Ich bin ein Berliner'. Up with vitamins—down with drugs" and 3,000 Germans joined in.

OPTIONS

Options: Revolutionary Ideas in the War on Cancer is published quarterly as the Newsletter of People Against Cancer. We hope you find it both provocative and informative.



Denise and Frank Wiewel in Berlin for the CODEX protest march, June 18, 2000.

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PEOPLE
AGAINST
CANCER

CODEX: Massive Protest in Berlin Slows Pharma-Cartel—For Now

"I come from America. But today—Ich bin ein Berliner," shouted health activist Frank Wiewel. The Germans clearly loved it. The historic words of JFK—"I am a Berliner"—still resonated with the German people after 40 years. Wiewel and his wife Denise had come from America to protest the International CODEX Conference and to join together with the thousands of German and Europeans assembled in Berlin's legendary Wittenberg Platz. "Up with vitamins—down with drugs," chanted Wiewel as thousands of Germans and Europeans joined him.

While most people have never heard of CODEX, over 3,000 health freedom activists from around the world traveled to Berlin for the fight of their lives in the latest round of CODEX in Berlin on June 17-23, 2000.

Wiewel and his wife Denise, lead a protest march through the Berlin City Center with Dr Matthias Rath, a colleague of the late two-time Nobel laureate Linus Pauling. Rath, who founded the World Health Network, and organized the Anti-CODEX Health Rally in Berlin, is convinced that CODEX represents the single greatest threat to health and freedom that the world has ever faced.

CODEX—A Wolf in Sheep's Clothing?

CODEX Alimentarius is Latin for "food code." It is also the name of the United Nations commission that operates as part of the World Health Organization. The CODEX Alimentarius Commission's goal is to set international standards for trade in all kinds of food products.

CODEX will indeed force interna-
CODEX cont'd on page 2

CODEX (cont'd from page 1)

tional controls on food, pesticide and other contaminant levels, nutritional content, and food and supplement labeling. CODEX also seeks to control global trade rules for health supplements. That is what frightened health activists around the world.

Critics charge that it is part of "The New World Order." They charge that CODEX Commission, acting on behalf of the International Pharma-Cartel, wants to establish a world guideline, which says that no dietary supplement can be sold for preventive or therapeutic purposes. CODEX Alimentarius is an effort to standardize or "harmonize" the world's regulations of foods, drugs and vitamin supplements. "To 'harmonize' the world's regulation of foods, drugs and vitamins—sounds reasonable enough—and that's the problem," says Wiewel who heads the international advocacy organization People Against Cancer, "CODEX is a wolf in sheep's clothing."

At the "Health Rally," held on June 17th and 18th, Rath argued that CODEX is nothing more than an effort of the international pharmaceutical cartel to control the new and emerging field of alternative medicine. Dr Rath, now headquartered in the Netherlands, doesn't hide his outrage when he speaks of the "Nazi terrorists" in the German Pharma-Cartel who want to deny us access to vitamins, minerals and herbs and make them drugs.

Rath believes that heart disease and cancer can be prevented by proper diet and nutritional supplements. If the CODEX regulations are voted in, it will eliminate vitamins, minerals, herbs and other supplements as a way to prevent and fight disease. In his speech in Berlin, Rath asked, "Why is Health Not Yet a Human Right?" He charged, "The market place of the pharmaceutical industry is the human body. The foundation of this industry is the 'Business of Disease'—not its prevention or eradication. There are more than 24,000 pharmaceutical drugs currently on the market. But 98% of all drugs are without any proven therapeutic value."

Rath further states, "The dangerous side effects of these pharmaceutical

drugs have become the fourth leading cause of death—after heart attack, strokes and cancer—thereby further expanding the global pharmaceutical market."

German FDA Adopts Siege Mentality

The Bgv (German FDA) compound, surrounded on the perimeter by barbed wire, resembled a "siege mentality" Germany of days gone by. Berlin Riot Police stood watch near guardhouses reminiscent of "Checkpoint Charley." Massive steel barricades had been erected to block the demonstrators.

On Monday, June 19, the opening day of CODEX, Dr Rath led thousands in a peaceful protest with demonstrators carrying signs and chanting "Ein, Zwie, Drie, Stop the Pharma-cartel." In



Dr Mathias Rath and Frank and Denise Wiewel leading the CODEX protest parade through the streets of Berlin.

preparation for the protests, Dr Rath had erected massive billboards in most major European cities and throughout Germany. Berlin city buses carried the protest banners "Stop the Pharma-Cartel." Outside the perimeter, anti CODEX speeches were given against the backdrop of a huge billboard which read "Stop the Pharma-Cartel."

Frustrated CODEX officials peered out as the large public address system aimed at the building boomed the anti-CODEX message as protester after protester mounted the stage to give testimony about how vitamins had helped them recover from cancer, heart disease and other life threatening diseases. John Hammel, former CODEX observer from the US, was banned by FDA from attending the CODEX proceedings for videotaping the previous CODEX meeting in violation of a purported "secrecy code." Hammel, the founder of the International Advocates Health

Freedom (IAHF), who is a long time CODEX critic, videotaped the historic event from "the outside." A helicopter was seen filming as the protesters formed a mile long line and thousands of colorful helium balloons and hundreds of doves climaxed the protest to signify that "The Truth Can Not Be Suppressed Forever."

The FDA Joins The Nazis

Wiewel agrees with Dr Rath that CODEX may be the greatest threat to medical freedom in modern times. "While in Berlin, we uncovered the headquarters of a sophisticated well-organized global medical monopoly—a Pharma-Cartel—and we traced the roots of this cartel all the way back to the IG Farben company and the Nazis.

"Now the FDA has joined together with their Nazi counterparts," charges Wiewel. The FDA supported the US pharmaceutical industries attempt to make dietary supplements into drugs in the early 90s. However, in 1994, a massive grassroots effort in support of DSHEA passage produced the single largest outpouring of mail and phone calls in the US congress history. As a result, Congress passed DSHEA "to protect supplements from the historic animosity of the US Food and Drug Administration (FDA)."

"Like ghouls feasting on the bodies of the dead and the dying—they're vicious criminals. The Pharma-Cartel openly prey upon the weak and the sick—those disabled with the diseases of the modern world. They are drug dealers. They are the 'Disease Industry.' We are the 'Health Industry.' They are holding a 'Disease Conference' with American money and American FDA government officials. We oppose everything they stand for," Wiewel told the audience of thousands of European citizens—ordinary men and women—who traveled from across Europe to attend the rally to protest CODEX in Berlin." They should be jailed for crimes against humanity."

Cartel Convicted of Price Fixing

And in fact, it now appears that many will be jailed. Recently a massive international medical monopoly was uncovered engaging in a global price fixing scheme. Criminal convictions were



recently obtained by the US Justice department and many in the Pharma-Cartel will go to prison.

Two of the German pharmaceutical manufacturers (Merck KgaA and Degussa-Huls AG) and two US pharmaceutical companies (Nepera Inc. and Reilly Industries Inc.) just agreed to plead guilty and pay criminal antitrust fines totaling \$33 million for participating in two separate worldwide conspiracies to suppress and eliminate competition in the vitamin industry, US Department of Justice Department officials recently announced. In addition, two former executives of Nepera have agreed to plead guilty, pay criminal antitrust fines totaling \$150,000, and to serve time in prison for their roles in the conspiracy. Including these cases, 24 prosecutions have resulted from the Antitrust Division's ongoing investigation of the worldwide vitamin industry. In a one-count criminal case filed in US District Court in Dallas, the Department of Justice charged Merck with conspiring to raise, fix, maintain prices and allocate sales volumes of vitamin C sold by it and other unnamed co-conspirators in the US and elsewhere. *Options* has recently learned that more indictments may be forthcoming. And Joel I. Klein, Assistant Attorney General in charge of the Department's Antitrust Division has vowed, "These prosecutions reinforce our determination to prosecute and eliminate international cartels. We will continue to vigorously pursue convictions and significant sentences against corporations and business executives who violate US antitrust laws to the detriment of American consumers."

**"From Stockholm and Otho and Aukland they came.
The young and the old—the healthy and lame.
They flew from London—the train from France
To strut and fret in Freedom's Dance"**

NAS Joins FDA vs Supplements

Critics argue that FDA even introduced a fraudulent document by the once prestigious National Academy of Sciences (NAS) which "invented" imaginary health risks for supplements. Health freedom activists recently uncovered the fact that the NAS document was paid for by the pharmaceutical cartel.

FDA Defies US Law

Critics charge, that in open defiance of US law, the FDA is now refusing to allow the health industry to make truthful statements about the health benefits of supplements. In open violation of the 1st Amendment, the FDA will not allow those who sell vitamins and supplements to make any health statements on the label—even if they are supported by sound scientific evidence.

Dirk Pearson and Sandy Shaw, authors of the best seller *The Life Extension Revolution* and a leader of the Health Freedom Movement in the US, recently won a historic battle against the FDA in Federal court. The court has said the FDA must immediately allow true and valid health claims. To this day FDA has defied the federal court order.

Now the FDA and the CODEX Commission, driven by the International Pharma-Cartel wants to create international regulations that limit over-the-counter sales of dietary supplements to those of low or RDA dosage, the kind that prevent deficiency diseases but not chronic diseases like heart disease and

cancer. High potency supplements would not be allowed to be sold, except as "prescription only." Dietary supplements of higher potency—the dosages that strengthen the immune system and fight heart disease and cancer would become pharmaceuticals available only after a doctors visit and a trip to the pharmacy.

Additionally critics argue that many supplements have never been given a recommended daily allowance (RDA). These substances, such as MGN-3, Beta 1,3, Glucan, CO-enzyme Q-10, IP-6, bioflavonoids, selenium and chromium would also be classified as drugs available from a doctor by prescription only.

"Once again the FDA has demonstrated an unerring instinct to do the wrong thing. The FDA should be dismantled—They are a clear and present danger to the citizens of America," Wiewel told the protest in Berlin.

Health Freedom Triumphs

But in the final analysis, in the face of overwhelming odds, the CODEX protesters won the day. The CODEX committee couldn't come to a consensus and was forced to push back regulations.

On a warm Berlin day—June 2000—a small group of dedicated individuals once again defended human rights for all the people of the world.

"This is a demonstration of how powerful people can be—if they have the courage to publicly state the truth," proclaimed Dr Rath, "For now—we have free access to vitamins and nutritional supplements. For now—we have the right to choose."

"They are wounded—not dead. Trust me—they'll be back. The price of liberty is eternal vigilance," said Wiewel. ☒



If you are a citizen of Canada, Australia, Israel, Japan, New Zealand, Switzerland, South Africa, Austria, Belgium, Denmark, Germany, Greece, Finland, France, Ireland, Italy, Luxembourg, the Netherlands, Portugal, Spain, Sweden, United Kingdom, Iceland, and Norway, you can freely get Dr. Burzynski's treatment from your physician. In the land of the free and the home of the brave—the United States of America—we can't.

—Frank Wiewel

Thomas Navarro: Still Al-

Friday, August 25, 2000
By STEVE DUNLEAVY

In the hallway on the 10th floor of Beth Israel Hospital North, Mickey and Minnie Mouse prance, stuffed animals smile and paintings of handsome zebras line the walls. Inside the rooms, however, tragedy hovers in the pediatric ward. And when strangers walk in, the atmosphere is guaranteed to force an attitude adjustment. Here, in Room 1023A, is little Tommy Navarro, 5 years old. His parents, Jim and Donna, are praying for a sixth birthday, a milestone in a young life they believe has been seriously threatened by mindless bureaucracy. "My daddy!" yells young Thomas with a toothy smile, despite the tubes, as his 3-year-old brother, Patrick, races around on a tricycle. Tommy's dad, a former Marine from Tucson, Ariz., and his wife, an ex-Army medic, have probably used up all the tears anyone could shed. "It's tough waking up," Jim says, "and not knowing whether the little guy will be laughing and smiling at you in a week's time."

The family's saga began in mid-August last year when young Thomas was misdiagnosed with the flu in Tucson and later found to have a rare form of brain cancer. "In September of last year, an operation was performed to remove a large tumor, and in the postoperative stages, he did suffer partial loss of sight, speech and mobility, but he regained it," Jim was saying. "The radiologist came to me and asked me to sign a release for continued treatment, which included radiation and chemotherapy. When I asked about side effects, I was told there could be loose bowels, cramps and maybe some fluid, which I thought he could live with. He returned about 10 minutes later, after I signed the form, and said that side effects could include loss of speech, hearing, mobility and IQ. That was a swindle."

Jim and Donna immersed themselves in research, thousands of words on the Internet, when they heard about Dr. Stanislaw Burzynski, a man who had impressive results with an immune-

system buildup treatment using cells from the patient.

"When I indicated that I wanted a second opinion and Dr Burzynski of Texas was someone I was thinking of, the doctor contacted the officials," Jim recalls. "My lawyer was telling me that I could not only lose Tom and Patrick for neglect for not doing what the doctor ordered me, but my wife and I could be charged with manslaughter if Thomas died. Just for seeking a second opinion." Jim and Donna locked up their home, mortgaged it out of existence and fled to Texas to consult with Burzynski. "He had 74 FDA-approved clinical trials—and a 90 percent cure rate," said Jim. "But as soon as he started getting good results, the Food and Drug Administration changed the rules on him and barred him from practicing a treatment on my son that had proved successful. You see, healthy people don't make money for certain interested parties." Suddenly, the Child Protective Services agency in Texas has had the word passed along from Arizona. Now, Texas bureaucrats are on his tail.

Enter one-time GOP presidential candidate Alan Keyes. "The bureaucrats were so obtuse, I couldn't believe it when I heard the story," Keyes said.

"I saw this little boy who is critical, and yet he was radiating such good



Frank Wiewel discussing Thomas Navarro with Ambassador Alan Keyes.

ive at Five

nature. And his parents were caring, decent, wonderful people who only wanted a second opinion." Keyes championed the cause and got Governor George W. Bush involved. Suddenly, the child-welfare people in Texas decided the Navarros are good people. Bush spoke and they called off the dogs. Next stop, Washington—for a congressional hearing to try to get permission for Burzynski to get involved. No good. Dr Fred Epstein of Beth Israel heard about the frightening financial plight of the Navarros and the health plight of young Thomas. "He donated his services and performed a life-saving operation with no side effects," Jim Navarro said. "He is wonderful." But their other bills mounted, to tens of thousands of dollars. Then money anonymously appeared from a group called Save One Child, and Jim got his Web site—CancerBusters.com—and NYPD Sgt. Mike Cantatore of the Street Crime Unit started a blood drive. "What is most stunning is that the doctors at Beth Israel, while giving Thomas traditional treatment, have written letters to the Food and Drug Administration (FDA) urging that complementary treatment would be advisable," Keyes said. "And they haven't even got a reply." As if misery has not visited the Navarro household enough, Jim has been diagnosed with prostate cancer. "We are gonna have to put my problems on hold right now," he tells me. "I have \$263 to my name and gratefully living in the Ronald McDonald House here in Manhattan. But I still can't get permission for complementary treatment from the FDA. "And my son is dying."

URGENT—September 18, 2000

Thomas and His Family Need Financial Help Right Now! To make a tax-deductible donation, send checks to:

Cancerbusters Foundation

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Scottsdale, AZ 85262



Melanie's Miracle

Melanie Serr was 18. She had just graduated from high school and she dreamed of becoming an actress.

Then she had her first grand mal seizure. Her arms were flailing wildly out of control and she couldn't speak a word. Her mother Donna as terrified.

The physicians had found a tumor on the frontal lobe of her brain and she would need surgery immediately.

But as with all brain surgeries, it was risky. There was no way to know just how much cancer Melanie had in her brain until the surgeons got in there to look. Further, multiple and significant side effects threatened to change her life forever.

After a seven hour surgery the surgeons appeared with grim news. The tumor was much more extensive than originally thought and they were only able to remove 70% for fear of permanent and serious brain damage. And that wasn't the worst. She had a very aggressive type of brain tumor with less than a 10% chance of 5-year survival.

After the initial shock of hearing it was cancer, Melanie said, "I'm in God's hands—everything will be OK."

The doctors offered little hope. They told her that there is no cure for this type of cancer in this stage. It will grow back. And it will keep growing back—each time more aggressively. Even with aggressive radiation and chemotherapy 90% of those treated will die within 5 years. And worst of all, the therapy appeared worse than the disease. Despite these terrible odds, the physicians insisted there was no other option. They said bleakly, "without this treatment your daughter will be dead in a few months."

Donna got on the computer in a desperate attempt to find something—anything—to save her life.

Then she found it—hope. She discovered an article on the maverick Texas cancer researcher Stanislaw Burzynski MD PhD. Burzynski had discovered a series of naturally occurring peptides which he called antineoplastons. The



Melanie Serr, 18, with mother Donna.

antineoplastons were messengers which acted to program the cell to live and die normally instead of growing endlessly out of control when cells are malignant.

Amazingly, Burzynski had the best results ever documented with brain tumors and the therapy was non-toxic so she would not have to endure the devastating side effects of chemotherapy and radiation.

Melanie, her mother Donna and her father Ken, flew from their home in Alberta, Canada to the Burzynski Clinic in Houston. Burzynski told her, "I can't make any guarantees, but I won't give up on you." He told them she should come as soon as possible.

Physicians inserted a catheter below the clavical to deliver the medicine continuously through a portable infusion pump.

During the next nine months, Melanie's condition steadily improved. But the jury was still out.

In June 1999, Dr Burzynski ordered a PET scan to determine how much tumor remained. Amazingly, the tumor was gone. The radiologist said, "Everything looks perfectly normal. When they asked the radiologist what about the 30% that the surgeons could not get. "its disappeared...completely!"

First Melanie cried then she thanked the Lord.

Woman's World magazine called it "Melanie's Miracle" in a recent article.

Today Melanie is working and living a normal life. She travels to churches to tell others about her "miracle."

"I am so grateful to everyone," she told *Woman's World*. "Dr Burzynski, my parents, and my friends. But mostly to God for giving me a second chance. Miracles really do happen."

FDA Stops Hydrazine Sulfate and Laetrile

Federal officials at the Food and Drug Administration (FDA) have raided and secured indictments against all of the known American suppliers of Hydrazine Sulfate and Laetrile.

Tens of thousands of American citizens now fear for their lives.

"Do you know where I can get laetrile," asked a frightened voice on the phone. "Nearly 10 years ago I was diagnosed with prostate cancer and my PSA was over 30. My doctor put me on laetrile and a very strict diet. Now I am fine and my PSA is normal—but now they have indicted my supplier, placed a 'gag-order' on him and threatened to jail him if he says a word to anyone."

Laetrile (or *amygdalin* which is Greek for almond) is a naturally occurring substance found in bitter almonds, apricot and peach kernels and over 1,200 plants worldwide including beans, peas, lentils, brown rice and many other grains.

The use of various kernels against tumors dates back to the Chinese emperors in the 1st and 2nd Centuries AD. And Laetrile has been available in America as a cancer therapy for nearly 50 years. Its popularity reached its peak in the 1970s when it was reported that hundreds of thousands may have been taking the substance in one form or another. The controversy became so intense that physicians at the Mayo Clinic and Memorial Sloan Kettering Cancer Center (MSKCC) in New York were forced to study the substance. But critics charged that these studies were rigged and evidence actually surfaced that officials tried to suppress the work of MSKCC's own researcher, Dr Kanematsu Sugiura, who found all animal data to be positive. For decades, laetrile has been used by tens of thousands in a cancer underground.

Hydrazine Sulfate

In 1995, Kathy Keeton took "rocket fuel" and claims it cured her cancer. Her claim has exploded into a firestorm of controversy which has swept across the US, Europe and Russia.

Under ordinary circumstances, Keeton and her claims could have been



written off as "just another looney" promoting another "quack cancer cure." But Keeton and her husband, Bob Guccione, had published *Omni*, *Longevity* and *Penthouse* magazines, which ran a series of exposés called "The Politics of Cancer."

Keeton's use of hydrazine and the surrounding publicity re-ignited a long smoldering debate over hydrazine sulfate, both a component of rocket fuel, and a medicine long studied by scientists in Russia and the US as an effective and non-toxic cancer treatment.

In a television appearance on the Montel Williams talk show, Keeton said hydrazine first eliminated the pain then eliminated most of her cancer after being diagnosed with terminal stage IV breast cancer.

Hydrazine sulfate works by normalizing glucose metabolism. "In advanced cancer, the tumor grows and the patient wastes. This is called cachexia (ka-kex'-ia). Hydrazine is a non-toxic anti-cachexia drug which acts to reverse improper glucose metabolism," says cancer researcher Frank D Wiewel.

Wiewel was the chairman of the pharmacological and biological treatments committee at the Office of Alternative Medicine (OAM) in the National Institutes of Health (NIH) in Washington. Wiewel investigated charges that hydrazine sulfate studies done by the National Cancer Institute (NCI), with OAM money, were fraudulent.

"When NCI officials appeared before our committee, it appeared that there was a deliberate attempt by the NCI to mislead the committee and the general public about the methods of testing and the results," says Wiewel. "There was a strangely unscientific attitude taken by

the NCI which was disturbing. They ignored specific instructions and all of the clinical research done by Dr Joseph Gold, a former NASA scientist, the proponent scientist of hydrazine sulfate."

Officials of the NCI claimed that the studies they conducted on hydrazine, involving a total of 600 patients, failed to show any "significant benefit" to hydrazine. However, Gold and other critics charge that the studies were rigged.

In one of the studies the NCI failed to disclose that they had given the patients chemotherapy and hydrazine sulfate together. In another study, 94 percent of the patients were given tranquilizers. Gold warned the NCI that hydrazine was an MAO inhibitor and should not be used with alcohol, tranquilizers, barbiturates or foods such as aged cheeses which are high in the amino acid tyrosine.

After decades of study at major cancer centers both in the US and Russia, which demonstrated the benefits of hydrazine sulfate, NCI still remained unconvinced. Critics charge that NCI deliberately ignored both the body of scientific evidence and Gold's warnings and designed a trial which purposely would fail to show benefit.

Under the pressure of a General Accounting Office (GAO) investigation, NCI officials, after first denying the wide spread use of tranquilizers, admitted that tranquilizers were used in 94% of all study patients, with 50% receiving tranquilizers long term.

While Kathy Keeton's cancer appeared to be in check for years, Keeton died unexpectedly while undergoing a surgery to remove a blockage resulting from previous radiation therapy. But the controversy rages on.

"There was no evidence that hydrazine sulfate or laetrile had harmed anyone. And many claimed success.

"Now thousands feel that FDA has condemned them to die in the Great Medical Monopoly War circa 2000," says Wiewel.

For information about other treatment options call People Against Cancer at: 515-972-4444 or www.PeopleAgainstCancer.com

Natural Antioxidant Supplements & Multivitamins Reduce the Risk of Cancer and Heart Disease!

Combining Vitamin E and other antioxidants with multivitamins reduces the risk of heart disease and stroke says a new study by researchers at the federal Centers for Disease Control and Prevention (CDC) in Atlanta.

This study now joins the thousands of studies which have confirmed the value of vitamins, minerals and nutritional supplements in preventing, fighting and treating the major killer diseases.

The study shows that persons taking multivitamins can benefit from combining them with antioxidant vitamins such as Vitamin E to help reduce risks from serious disease such as heart illness and stroke.

Mortality risk from heart disease and stroke was 15 percent lower for users who took a combination of the vitamins, the study showed.

The researchers said their data provides support for the proposition that antioxidant vitamins taken in conjunction with multivitamins can reduce death risk from heart disease and cardiovascular disease or

stroke. Vitamin E has been found in numerous previous studies to be effective in preventing a wide array



of diseases. In the Atlanta study, Vitamins E, C and A, were studied.

In the study entitled "Multivitamin Use and Mortality in a Large Prospective Study," published in the *American Journal of Epidemiology*, researchers from the Atlanta center reported on their research into causes of death among more than one million adults.

The researchers compared death rates for persons who used Vitamin E and other antioxidant vitamins in combination with multivitamins, for persons who used multivitamins alone, and for persons who used the antioxidant vitamins only with the death rates of those who didn't take any vitamins.

The results showed adults who used Vitamin E or other antioxidant vitamins in combination with their multivitamin had a 15 percent lower risk of dying from heart disease or stroke than those who did not take vitamins.

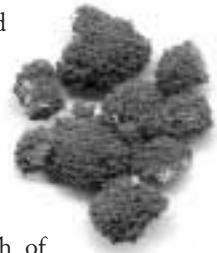
Margaret L. Watkins and her associates at the Atlanta Center called for further studies to examine the role of vitamins in lowering mortality risks. The researchers indicated they were concerned with data that shows male smokers facing higher cancer risks with certain vitamin intakes, and said additional study is needed on cancer. "No such associations were seen in women," the researchers reported.

Multivitamin and combination use showed a small but beneficial effect on cancer mortality in the study, the researchers said.

However a wealth of studies have confirmed the value of antioxidants in cancer prevention. And cancer researchers point out that the natural forms of vitamins and minerals may be vital.

"Consumption of fruits and vegetables high in specific carotenoids and vitamins reduces the risk of the types of cancer which are the major killers—lung cancer, breast cancer, prostate cancer, colon cancer and pancreatic cancer," says cancer activist Frank Wiewel. "Natural supplements are safer, more effective and cost effective. Synthetic forms made by the drug companies should be avoided like the plague. Natural BetaCarotene with all of the chemical carotenoid cousins like alpha carotene, leutine, lycopene are clearly beneficial in cancer prevention and in cancer therapy. Synthetic forms of BetaCarotene may actually increase the risk of certain cancers."

For more info on "natural" vitamins call People Against Cancer at 515-972-4444 or www.PeopleAgainstCancer.com



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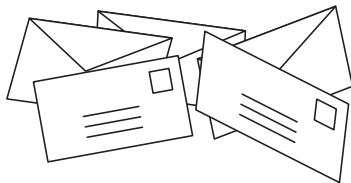
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LETTERS TO THE EDITOR

Hydrazine Sulfate: The End of an Era



To The Editor,

To my knowledge, the FDA and the Department of Justice have shut down ALL domestic distributors of Amygdalin (laetrile) and Hydrazine Sulfate.

The only suggestions that we have offered to callers, is to contact their elected official regarding these actions.

Our supplier maintains a website that provides links to the Congress and the Senate, as well as to Rep Dan Burton's office. They are also linking to other sites, particularly regarding the Thomas Navarro situation.

We are not referring callers to this website as we were named in the indictment papers as "co-conspirators." Despite the absurdity of those allegations, we are fully aware of what the system has been allowed to do. The website takes a notably defiant stance. Having gone through the "legal" system once before, we are not willing to take such a provocative stand.

We feel the only way this issue will be handled is by public outcry. Judging

from the callers leaving messages on our system, there is public anger. How much I cannot judge. All concerned callers need to be directed to their elected officials. Even then, I give it a slim chance at best, given the present political scene in this country. Congress seems to be more concerned with gas prices and tire manufacturers than with controversial issues like this one—especially in an election year.

I find it interesting that the FDA has stated that Hydrazine Sulfate would be banned beginning in November. Convenient. I guess the next administration can handle the fall-out.

I do not know how to resolve these issues. It is very disturbing that the federal agencies involved exercise that kind of control.

We are, indeed, shutting down our operation. It seems an abrupt end to a venture that has survived for 27 years. However, we see no other choice.

Great Lakes Metabolics
 Rochester, MN



*New Directions
in the War on Cancer*